

Soft Skills for Career Success Video Series

Here is a list of the final edits of the 8 videos in the series. The videos are hosted on 3C Media Solutions. The direct link to each video is provided below along with a link to a playlist that contains all 8 videos.

The 3C media link contains a direct download option.

Captioning requests have been submitted for all videos through our Mt. SAC request form. I will add them when I receive them.

Each item has the following data (playlists only have direct links):

- 3C Link – A direct link to the video to view on 3C Media's website
- 3C Embed Code – HTML code you can embed from 3C Media
- YouTube Link – A link to the video on YouTube
- YouTube Embed Code – HTML code you can embed from YouTube

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- [Grow Your EQ](#)
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- [Critical Thinking](#)
- [Conflict Resolution](#)
- [Empathy and Active Listening](#)
- [Giving and Receiving Feedback](#)
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SMART Goals

3C Link:

<https://www.3cmEDIASOLUTIONS.org/privid/464668?key=bf29853bf53336a8705e9b5db9c25983e4f7508f>

3C Embed Code:

```
<iframe title="Smart Goals"  
src="https://3cmEDIASOLUTIONS.org/privid/464668?embed=&key=bf29853bf53336a8705e9b5db  
9c25983e4f7508f&width=640&height=360" width="640" height="360" scrolling="no"  
allowfullscreen frameborder="0"></iframe>
```

YouTube Link:

<https://youtu.be/LmHaia2HMkU>

YouTube Embed Code:

```
<iframe width="560" height="315"  
src="https://www.youtube.com/embed/LmHaia2HMkU?si=NpUrUGdcisxSV1n6" title="SMART  
Goals" frameborder="0" allow="accelerometer; autoplay; clipboard-write; encrypted-media;  
gyroscope; picture-in-picture; web-share" referrerpolicy="strict-origin-when-cross-origin"  
allowfullscreen></iframe>
```

Time Management

3C Link:

<https://3cmEDIAsolutions.org/privid/464842?key=295a43e09855090470cb58ca0f091e9e899bf3b7>

3C Embed Code:

```
<iframe title="Time Management Skills"  
src="https://3cmEDIAsolutions.org/privid/464842?embed=&key=295a43e09855090470cb58ca0  
f091e9e899bf3b7&width=640&height=360" width="640" height="360" scrolling="no"  
allowfullscreen frameborder="0"></iframe>
```

YouTube Link:

<https://youtu.be/oIX3XbjESmY>

YouTube Embed Code:

```
<iframe width="560" height="315"  
src="https://www.youtube.com/embed/oIX3XbjESmY?si=XOENbcZR_2xQhuEF" title="Time  
Management Skills" frameborder="0" allow="accelerometer; autoplay; clipboard-write;  
encrypted-media; gyroscope; picture-in-picture; web-share" referrerpolicy="strict-origin-when-  
cross-origin" allowfullscreen></iframe>
```

Grow Your EQ

3C Link:

<https://3cmEDIAsolutions.org/privid/464980?key=7303f076f99b35bbe4d45119d3e1e3f680fe863a>

3C Embed Code:

```
<iframe title="Grow Your EQ"  
src="https://3cmEDIAsolutions.org/privid/464980?embed=&key=7303f076f99b35bbe4d45119d  
3e1e3f680fe863a&width=640&height=360" width="640" height="360" scrolling="no"  
allowfullscreen frameborder="0"></iframe>
```

YouTube Link:

<https://youtu.be/gsT2Se-1y6M>

YouTube Embed Code:

```
<iframe width="560" height="315" src="https://www.youtube.com/embed/gsT2Se-  
1y6M?si=uLdfNOMi1WBP0Us_" title="Grow Your EQ" frameborder="0" allow="accelerometer;  
autoplay; clipboard-write; encrypted-media; gyroscope; picture-in-picture; web-share"  
referrerPolicy="strict-origin-when-cross-origin" allowfullscreen></iframe>
```

Adaptability and Resilience

3C Link:

<https://3cmEDIAsolutions.org/privid/465024?key=9ba449a45befa49966eeddb682799f55c92994a1>

3C Embed Code:

```
<iframe title="Adaptability & Resilience"  
src="https://3cmEDIAsolutions.org/privid/465024?embed=&key=9ba449a45befa49966eeddb682799f55c92994a1&width=640&height=360" width="640" height="360" scrolling="no"  
allowfullscreen frameborder="0"></iframe>
```

YouTube Link:

<https://youtu.be/43Gj8cZOWr4>

YouTube Embed Code:

```
<iframe width="560" height="315"  
src="https://www.youtube.com/embed/43Gj8cZOWr4?si=Ha8md5musI_PvCZj"  
title="Adaptability & Resilience" frameborder="0" allow="accelerometer; autoplay; clipboard-write; encrypted-media; gyroscope; picture-in-picture; web-share" referrerpolicy="strict-origin-when-cross-origin" allowfullscreen></iframe>
```

Critical Thinking

3C Link:

<https://3cmEDIAsolutions.org/privid/465212?key=3cec88bd04d6fb32675b1e60e55072ce6cb0e20d>

3C Embed Code:

```
<iframe title="Critical Thinking"  
src="https://3cmEDIAsolutions.org/privid/465212?embed=&key=3cec88bd04d6fb32675b1e60e55072ce6cb0e20d&width=640&height=360" width="640" height="360" scrolling="no"  
allowfullscreen frameborder="0"></iframe>
```

YouTube Link:

<https://youtu.be/XnUYmFgYyKA>

YouTube Embed Code:

```
<iframe width="560" height="315"  
src="https://www.youtube.com/embed/XnUYmFgYyKA?si=zZhysKTRjpEAkR92" title="Critical  
Thinking" frameborder="0" allow="accelerometer; autoplay; clipboard-write; encrypted-media;  
gyroscope; picture-in-picture; web-share" referrerpolicy="strict-origin-when-cross-origin"  
allowfullscreen></iframe>
```

Conflict Resolution

3C Link:

<https://3cmEDIASOLUTIONS.org/privid/465336?key=1faaa9a9a0c5215cb152003a4595c37beb754d44>

3C Embed Code:

```
<iframe title="Conflict Resolution"  
src="https://3cmEDIASOLUTIONS.org/privid/465336?embed=&key=1faaa9a9a0c5215cb152003a4595c37beb754d44&width=640&height=360" width="640" height="360" scrolling="no"  
allowfullscreen frameborder="0"></iframe>
```

YouTube Link:

<https://youtu.be/qOjHMEMOQTM>

YouTube Embed Code:

```
<iframe width="560" height="315"  
src="https://www.youtube.com/embed/qOjHMEMOQTM?si=COHxt1LVxH9tNqaO"  
title="Conflict Resolution" frameborder="0" allow="accelerometer; autoplay; clipboard-write;  
encrypted-media; gyroscope; picture-in-picture; web-share" referrerpolicy="strict-origin-when-  
cross-origin" allowfullscreen></iframe>
```

Empathy and Active Listening

3C Link:

<https://3cmEDIASOLUTIONS.org/privid/465526?key=bd2678d758aca471badc54eef312a5dde3fa4490>

3C Embed Code:

```
<iframe title="Empathy and Active Listening"  
src="https://3cmEDIASOLUTIONS.org/privid/465526?embed=&key=bd2678d758aca471badc54eef  
312a5dde3fa4490&width=640&height=360" width="640" height="360" scrolling="no"  
allowfullscreen frameborder="0"></iframe>
```

YouTube Link:

<https://youtu.be/bKoi671cxqM>

YouTube Embed Code:

```
<iframe width="560" height="315"  
src="https://www.youtube.com/embed/bKoi671cxqM?si=vOdBw-mVbaBj1RF_" title="Empathy  
and Active Listening" frameborder="0" allow="accelerometer; autoplay; clipboard-write;  
encrypted-media; gyroscope; picture-in-picture; web-share" referrerpolicy="strict-origin-when-  
cross-origin" allowfullscreen></iframe>
```

Giving and Receiving Feedback

3C Link:

<https://3cmEDIAsolutions.org/privid/465768?key=12e859efb0a93308999cbd644744e7dc289de076>

3C Embed Code:

```
<iframe title="Giving and Receiving Feedback"  
src="https://3cmEDIAsolutions.org/privid/465768?embed=&key=12e859efb0a93308999cbd644  
744e7dc289de076&width=640&height=360" width="640" height="360" scrolling="no"  
allowfullscreen frameborder="0"></iframe>
```

YouTube Link:

<https://youtu.be/07v8JjGf3yM>

YouTube Embed Code:

```
<iframe width="560" height="315"  
src="https://www.youtube.com/embed/07v8JjGf3yM?si=F3h7Gz9XzM-f1H5q" title="Giving and  
Receiving Feedback" frameborder="0" allow="accelerometer; autoplay; clipboard-write;  
encrypted-media; gyroscope; picture-in-picture; web-share" referrerpolicy="strict-origin-when-  
cross-origin" allowfullscreen></iframe>
```

Playlists

3C Media

<https://3cmEDIAsolutions.org/playlists/4931>

The screenshot shows a college website interface. At the top, there's a navigation bar with icons for home, search, and user account. Below it is a banner for 'SOFT SKILLS FOR CAREER SUCCESS' presented by Matthias Paretsky. The banner features a stylized 'SMART Goals' logo with a play button icon and a target icon. The MT.SAC logo is also present. A sidebar on the left lists various soft skills: Smart Goals, Time Management Skills, Grow Your EQ, Adaptability & Resilience, Critical Thinking, Conflict Resolution, Empathy and Active Listening, and Giving and Receiving Feedback.

YouTube

<https://www.youtube.com/playlist?list=PLMPzIVfS0mi0S9QIWjERZqm-5RPDfn88X>

The screenshot shows a YouTube playlist page for 'Soft Skills for Career Success' by Professor Sable. The playlist has 8 videos. The first video, 'Step #2: The 5 Why's', is currently playing. The other videos in the list are: 'Critical Thinking' (Thumbnail shows a hammer), 'Grow Your EQ' (Thumbnail shows two people and a dog), 'Giving and Recieving Feedback' (Thumbnail shows a person writing), 'How to do it right:' (Thumbnail shows a person writing), 'Time Management' (Thumbnail shows a person in a classroom), and 'SMART Goals' (Thumbnail shows a person with a speech bubble). The interface includes a 'Sort' dropdown, 'All' (selected), 'Videos', and 'Shorts' buttons.