

Interviewing with AI Softwares



The way we participate in interviews is changing. These are some tips to adapt your approach to interviewing in an enthusiastic and engaged manner, even when you don't have another person to engage with.

Understand the Parameters

Read the instructions thoroughly. Decipher **what type of AI format** the company is requesting you to engage with: chat-format, game-based assessments, pre-recorded video Q&A, etc.

Some platforms may allow multiple attempts. **Take each attempt as you would your best attempt**, even when you have multiple opportunities.

Utilize the STAR method

[Click here for a STAR method resource](#)

AI analyzes the structure and organization of your answers.

Utilize Zoom Tips & Tricks

[Click here for the Zoom Tips & Tricks resource.](#) These tips and tricks are highly relevant to the AI Interview process, as you should **treat this conversation as though you are speaking with a live individual.**

Don't try to "beat the system" - AI can detect when you try to "hack" personality tests or read off of a script.

Practice Clarity

Practicing answering common interview questions is vital for all interview preparation. In addition to this practice, when interviewing with AI software, it is vital to **practice speaking clearly.** These softwares often analyze your speech patterns, tone, pacing, and keywords. **Avoid filler words** (um, like) and **utilize keywords from the job description** (project management, collaboration, etc.)

Don't Sound Like a Robot (That's Their Job)

Practice recording your answers to common questions on video and watch those responses back. *Do you sound enthusiastic about your answers, are you using inflections in your voice, are you smiling?* **AI analyzes for "tone" mathematically.** You want to make sure you **sound confident and excited, not over-rehearsed or robotic.**

Think of the top 3 soft and hard skills that define the role—and hit each one at least once.

Rest in between questions, if you can, and treat each question like a new opportunity.

