

ANIMAL RELATED



OPPORTUNITIES





# FRIENDS OF UPLAND ANIMAL SHELTER

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To provide a high quality of  
animal care and find homes  
for as many adoptable pets as  
possible.

## SIGN UP & WEBSITE

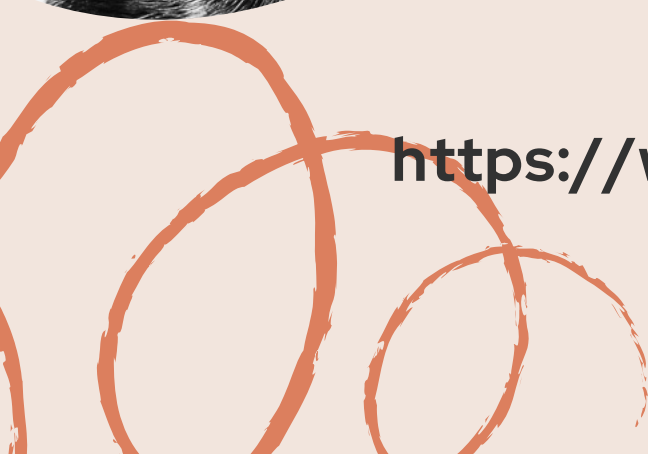
Sign up via Email

[volunteer@friendsofuplandanimalshelter.org](mailto:volunteer@friendsofuplandanimalshelter.org)

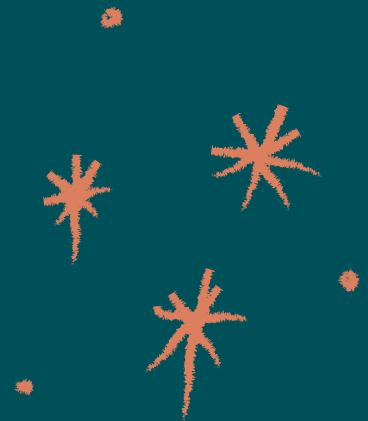
<https://www.friendsofuplandanimalshelter.org/volunteer>

## SOCIAL MEDIA

IG: @friendsofuplandanimalshelter







## HELPING OUT PETS EVERYDAY

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Formed by the desire to save lives, and as advocates for all canine and feline animals, guided in the spirit of being the caretakers of God's creatures, stewards to young people through example and leadership, entrusted with educating the public on spaying and neutering, empowered through volunteer dedication, and committed in our mission to make a difference.

### SIGN UP & WEBSITE

Sign up Online

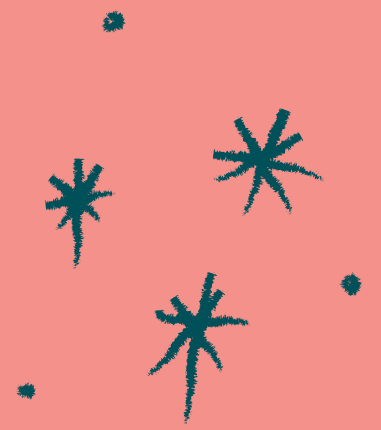
<https://www.helpingoutpetseveryday.com/volunteer>

### SOCIAL MEDIA

IG: @helpingoutpetseveryday







## PAWS FOR SUCCESS

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To help people with disabilities gain independence and enhance public safety through community based programming with the use of highly trained canines.

### SIGN UP & WEBSITE

Sign up Online  
<https://www.paws4success.org/get-involved>

### SOCIAL MEDIA

IG: @helpingoutpetseveryday







# HOMESLESS TO FOREVER FOUNDATION

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**We strive to rescue animals that will never have a chance of survival and place them in Forever Homes that will transform their lives to incredible happiness and security.**

**SIGN UP & WEBSITE**

Sign up Online

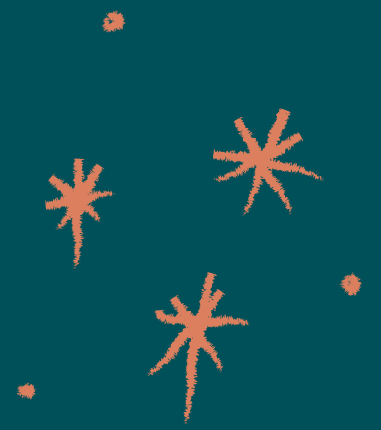
<https://www.homelesstoforever.com/volunteers/>

**SOCIAL MEDIA**

**IG: @homelesstoforeverfoundation**







## THE LITTLE RED DOG

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We rescue dogs from high kill shelters across Southern California, rehab them through dog behavior and find them forever homes.

**SIGN UP & WEBSITE**

Sign up Online  
<https://thelittlereddog.org/>

**SOCIAL MEDIA**  
IG: @thelittlereddog











## COACHART

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To create a transformative  
arts and athletics community  
for families impacted by  
childhood chronic illness.

**SIGN UP & WEBSITE**

Sign up Online

<https://coachart.org/volunteer/>

**SOCIAL MEDIA**

IG: @coachartorg





# CALIFORNIA BOTANIC GARDEN

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Promoting botany,  
conservation and horticulture  
to inspire, inform and educate  
the public and the scientific  
community about California's  
native flora.

## SIGN UP & WEBSITE

Sign up via Email  
[dbryan@calbg.org](mailto:dbryan@calbg.org)

<https://www.calbg.org/>

## SOCIAL MEDIA

IG: @californiabotanicgarden





# INNER-CITY ARTS

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Our mission is to engage young people in the creative process in order to shape a society of creative, confident and collaborative individuals.

## SIGN UP & WEBSITE

Sign up Online  
<https://inner-cityarts.org/>

## SOCIAL MEDIA

IG: @innercityarts







# WALNUT CREEK ARTS & REC

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To impact lives in an  
inclusive, fun, and  
innovative environment.

## SIGN UP & WEBSITE

Sign up Online

<https://www.walnut-creek.org/departments/arts-and-recreation>

## SOCIAL MEDIA

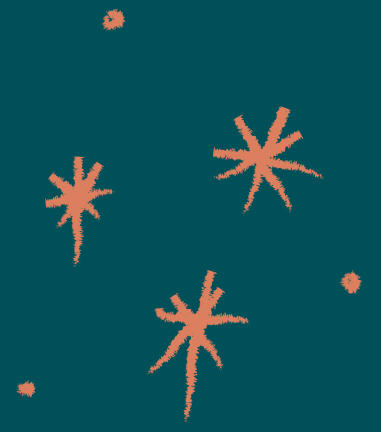
IG: @walnutcreekgov











## ABILITYFIRST

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AbilityFirst provides programs and services to help children and adults with physical and developmental disabilities realize their full potential throughout their lives.

## SIGN UP & WEBSITE

Sign up Online

<https://www.abilityfirst.org/get-involved/volunteer/>

## SOCIAL MEDIA

IG: @abilityfirstla







# BOYS AND GIRLS CLUB OF WEST SAN GABRIEL VALLEY

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To enable all young people,  
especially those who need  
us the most, to reach their  
full potential as productive,  
caring, responsible citizens.

## SIGN UP & WEBSITE

Sign up Online

<https://www.wsgvbgc.org/>

## SOCIAL MEDIA

IG: @wsgvbgc







# BRIGHT PROSPECT

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**Bright Prospect empowers low-income, first-generation students to gain admission, succeed and graduate from four-year colleges and universities by providing a comprehensive counseling and support system throughout their high school and college years.**

**SIGN UP & WEBSITE**

**Sign up Online**

**<https://brightprospect.org/>**

**SOCIAL MEDIA**

**IG: @bright\_prospect**







C.L.A.S.P.

# CLAREMONT AFTER-SCHOOL PROGRAMS

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To help elementary-school children enhance their academic, organizational and social skills by providing high-quality after-school programs in Claremont Unified School District neighborhoods.

**SIGN UP & WEBSITE**

Sign up Online

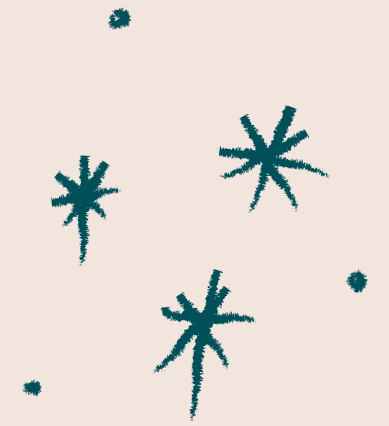
<https://clasp4kids.org/>

**SOCIAL MEDIA**

FB: @ClaremontAfterSchoolPrograms







# CHILDREN'S FOUNDATION OF AMERICA

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The Children's Foundation of America identifies and accesses resources to support foster care, adoption, residential treatment, mental health and community-based programs of the highest quality, so that children in need or who have been the victims of trauma, abuse, neglect or abandonment may lead healthy, productive lives.

## SIGN UP & WEBSITE

Sign up Online

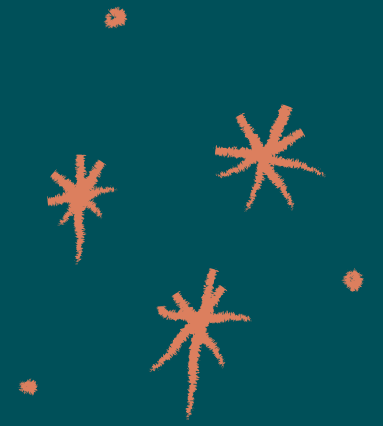
<https://childrensfoundationofamerica.org/>

## SOCIAL MEDIA

IG: @childrensfoundationofamerica







## GIRLS ON THE RUN

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Dedicated to creating a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams.

## SIGN UP & WEBSITE

Sign up Online

<https://www.gotrla.org/>

## SOCIAL MEDIA

IG: @gotrla







# FOR GOODNESS CAKES

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For Goodness Cakes® is a nonprofit organization that gives underprivileged youth the chance to have a birthday by matching volunteers to bake special cakes just for them.

**SIGN UP & WEBSITE**

Sign up Online

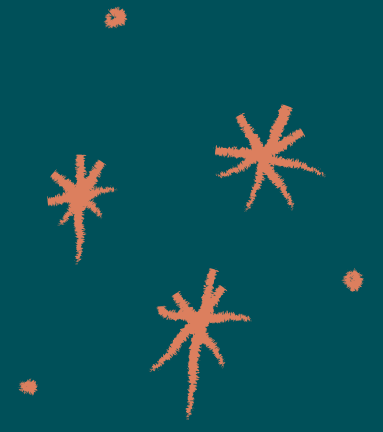
<https://www.forgoodnesscakes.org/volunteer/>

**SOCIAL MEDIA**

IG: @4\_goodness\_cakes







## JUST US 4 YOUTH

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We exist to transform the lives of urban youth by providing them opportunities to heal through mentoring. We develop their character, leadership, and vocational skills.

## SIGN UP & WEBSITE

Sign up Online

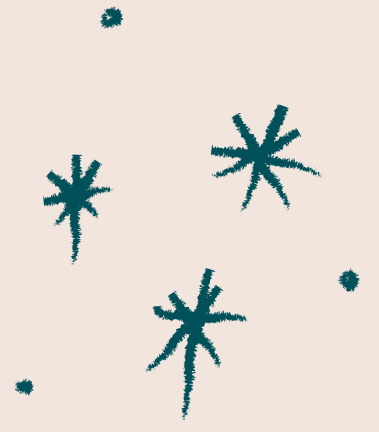
<http://www.justus4youth.org/>

## SOCIAL MEDIA

IG: @justus4youth







## MAKE A WISH

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Together, we create life-changing wishes for children with critical illnesses.

## SIGN UP & WEBSITE

Sign up via Email  
[volunteerservices@ocie.wish.org](mailto:volunteerservices@ocie.wish.org)  
<https://wish.org/volunteer>

## SOCIAL MEDIA

IG: @makeawishamerica







# SERENITY, INC. FOSTER CARE & ADOPTION

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To break the cycle of abuse  
through early intervention  
programs for child victims  
and their biological family.

## SIGN UP & WEBSITE

Sign up Online

<https://serenitykids.com/get-involved/>

## SOCIAL MEDIA

IG: @serenityfostercare







## STEVEN'S HOPE FOR CHILDREN

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To support the families of  
seriously ill or injured  
children during a child's  
extended treatment and  
care.

**SIGN UP & WEBSITE**

Sign up Online  
<https://stevenshope.org/>

**SOCIAL MEDIA**

IG: @stevenshope







# UNCOMMONGOOD

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To break the  
intergenerational cycle of  
poverty and to work for the  
restoration of our planet.

## SIGN UP & WEBSITE

Sign up Online

<https://uncommongood.org/apply/>

## SOCIAL MEDIA

IG: @uncommon\_good





COMMUNITY



RELATED OPPORTUNITIES





# UPLAND PUBLIC LIBRARY

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To provide information  
resources and services for  
the intellectual, educational,  
cultural enrichment of our  
community.

**SIGN UP & WEBSITE**

Sign up Online

<https://www.governmentjobs.com/careers/uplandca/transferjobs>

**SOCIAL MEDIA**

IG: @uplandpubliclibrary







## INLAND VALLEY HOPE PARTNERS

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To bring together faith communities, individuals, businesses and community groups to ensure the empowerment of people in need, by providing food, shelter and supportive services.

### SIGN UP & WEBSITE

Sign up via Email

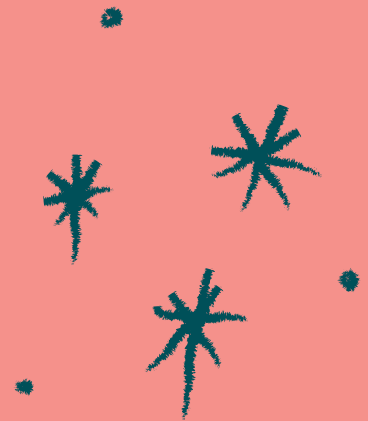
[vcoordinator@inlandvalleyhopepartners.org](mailto:vcoordinator@inlandvalleyhopepartners.org)

<http://www.inlandvalleyhopepartners.org/Ways-To-Help/Volunteering.asp>

### SOCIAL MEDIA

IG: @inlandvalleyhopepartners





# AMERICAN RED CROSS

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**To prevent and alleviate  
human suffering in the face  
of emergencies by  
mobilizing the power of  
volunteers and the  
generosity of donors.**

**SIGN UP & WEBSITE**

**Sign up Online**

**<https://www.redcross.org/volunteer/become-a-volunteer.html#step1>**

**SOCIAL MEDIA**

**IG: @americanredcross**







## POMONA HOPE

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We are a community-driven, faith-based non-profit whose local partnerships and holistic programs cultivate meaningful relationships and empower people of all backgrounds, particularly at-risk youth and their families, to work together toward personal and community transformation.

## SIGN UP & WEBSITE

Sign up via Email OR Call

[nora@pomonahope.org](mailto:nora@pomonahope.org) OR 909-921-3618\*4

<https://www.pomonahope.org/join-us/volunteer/>

## SOCIAL MEDIA

IG: @pomona.hope







# CASA OF LOS ANGELES

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CASA of Los Angeles  
mobilizes community  
volunteers to advocate for  
children who have  
experienced abuse and  
neglect.

**SIGN UP & WEBSITE**

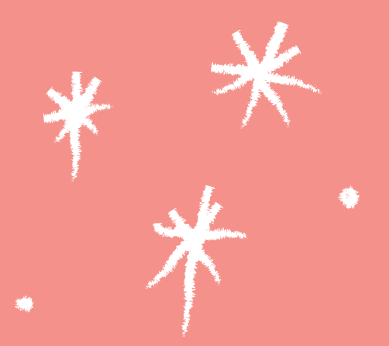
Sign up Online

<https://casala.org/category/volunteer/>

**SOCIAL MEDIA**

IG: @casa.la





# THE KIND ACTS FACTORY

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To empower our local communities through random acts of kindness. (More so focused on lower income communities and mostly through resources and programs).

## SIGN UP & WEBSITE

Sign up via Email or on Social Media  
[thekindactsfactory@gmail.com](mailto:thekindactsfactory@gmail.com)

## SOCIAL MEDIA

IG: [@the.kind.acts.factory](https://www.instagram.com/the.kind.acts.factory)





HEALTH RELATED



OPPORTUNITIES





## CANDENCE HOSPICE

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Our caring staff and volunteers endeavor to provide an atmosphere of love, caring, peace, and dignity to each individual we serve. We also want the patients and their families to have the opportunity to live the remainder of your life with respect, understanding and joy.

## SIGN UP & WEBSITE

Sign up via Email

[info@CadenceHospice.com](mailto:info@CadenceHospice.com)

<https://www.cadencehospice.com/Volunteers.html>

## SOCIAL MEDIA

FB:@cadencehospiceOC







# MISSION HOSPICE

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To provide exceptional  
care for out patients  
and their families  
during this difficult  
time in their lives

**SIGN UP & WEBSITE**

Sign up Online

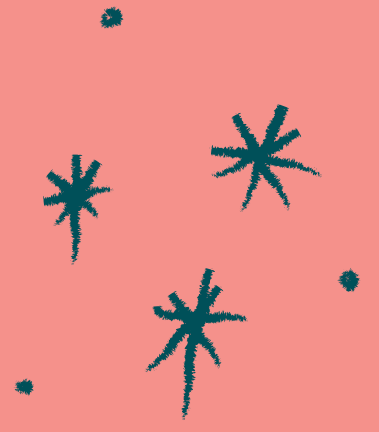
<https://www.missionhospice.net/>

**SOCIAL MEDIA**

FB: @hospicemission







**VITAS  
HEALTHCARE OF  
INLAND EMPIRE**

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**VITAS Healthcare  
recognizes the  
importance of a strong  
and innovative program.**

**SIGN UP & WEBSITE**

**Sign up Online  
<https://www.vitas.com/>**

**SOCIAL MEDIA**

**IG: @vitashospice**





HOMESLESSNESS & FOOD PANTRY



RELATED OPPORTUNITIES





# PATHWAYS OF HOPE

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We lead a community effort  
to provide access to food,  
shelter, and housing to those  
experiencing hunger and  
homelessness in North  
Orange County.

**SIGN UP & WEBSITE**

Sign up Online

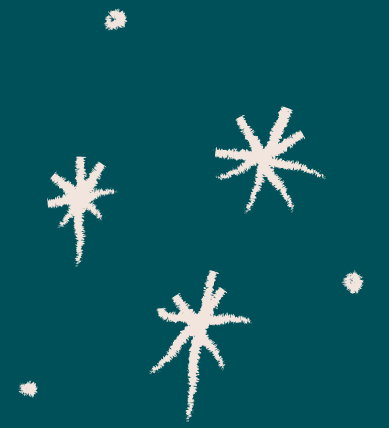
<https://www.pohoc.org/volunteer/>

**SOCIAL MEDIA**

IG: @pathwaysofhope







**LOS ANGELES  
REGIONAL  
FOOD BANK**

---

**To mobilize  
resources to fight  
hunger in our  
community.**

**SIGN UP & WEBSITE**

Sign up Online

<https://www.lafoodbank.org/>

**SOCIAL MEDIA**

IG: @lafoodbank







**FEEDING  
AMERICA**

---

**To alleviate hunger in the  
Inland Empire. We envision a  
community where everyone  
has access to an adequate  
and nutritious food supply.**

**SIGN UP & WEBSITE**

**Sign up Online**

**<https://www.feedingamericaie.org/>**

**SOCIAL MEDIA**

**IG: @feedingamericaie**







## MEALS ON WHEELS AMERICA

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To empower local  
community programs to  
improve the health and  
quality of life of the seniors  
they serve so that no one is  
left hungry or isolated.

### SIGN UP & WEBSITE

Sign up Online

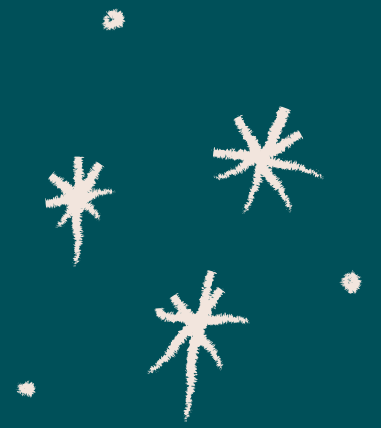
<https://www.mealsonwheelsamerica.org/>

### SOCIAL MEDIA

IG: @mealsonwheelsamerica







# SECOND HARVEST FOOD BANK

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To end hunger in  
Orange County.

SIGN UP & WEBSITE

Sign up Online

<https://www.feedoc.org/>

SOCIAL MEDIA

IG: @secondharvestfoodbankoc







# **SOWING SEEDS FOR LIFE**

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**To provide food for the hungry, respond to emergencies for those in need and to eliminate hunger in the communities in which we serve.**

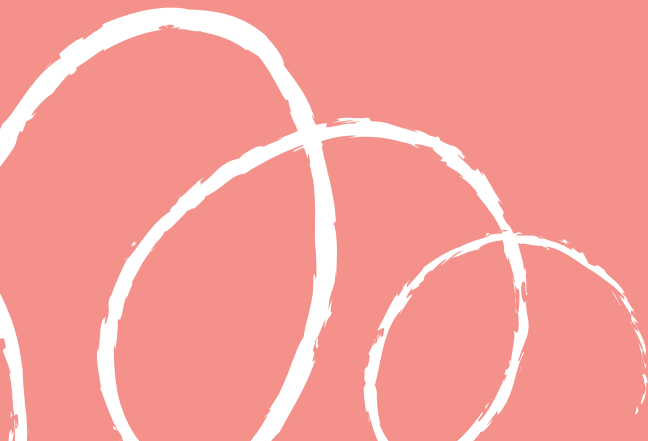
**SIGN UP & WEBSITE**

**Sign up Online**

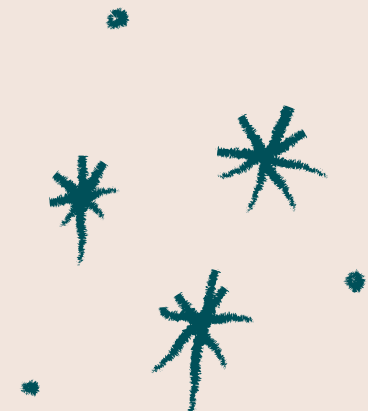
**<https://sowingseedsforlife.org/>**

**SOCIAL MEDIA**

**FB: @Sowing Seeds For Life**







**UNION RESCUE  
MISSIONS THE  
WAY HOME**

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**We embrace people  
with the compassion  
of Christ.**

**SIGN UP & WEBSITE**

**Sign up Online**

**<https://urm.org/get-involved/volunteer/>**

**SOCIAL MEDIA**

**IG: @unionrescuemission**







## FOOTHILL FAMILY SHELTER

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Foothill Family Shelter is a nonprofit organization founded in 1984 which houses homeless families with children for a period of up to 120 days, free of rent and utility charges.

### SIGN UP & WEBSITE

Sign up via Email

[raquel@foothillfamilyshelter.org](mailto:raquel@foothillfamilyshelter.org)

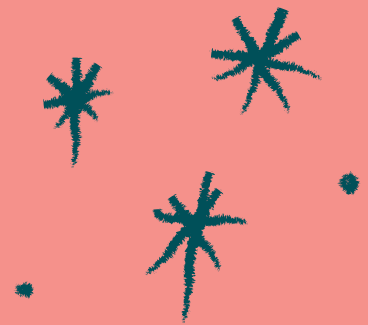
<https://www.foothillfamilyshelter.org/>

### SOCIAL MEDIA

IG: @foothillfamilyshelter







# ILLUMINATION FOUNDATION

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To provide targeted,  
interdisciplinary services for  
the most vulnerable homeless  
clients in order to disrupt the  
cycle of homelessness in  
Southern California.

## SIGN UP & WEBSITE

Sign up via Email

Sydney Quinn: [squinn@ifhomeless.org](mailto:squinn@ifhomeless.org)

<https://clasp4kids.org/>

## SOCIAL MEDIA

FB: @ifhomeless





OTHER



OPPORTUNITIES





## FOOTHILL UNITY CENTER

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We help neighbors in crisis attain self-sufficiency by partnering with the community and using our resources wisely to provide vital support services with love and dignity.

### SIGN UP & WEBSITE

Sign up via Email

[volunteer@foothillunitycenter.org](mailto:volunteer@foothillunitycenter.org)

<https://foothillunitycenter.org/get-involved-2/>

### SOCIAL MEDIA

IG: @foothillunitycenter







## INSAN FOR HUMANITY

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To empower underserved residents in the local communities. To promote humanitarian value and volunteerism among students.

**SIGN UP & WEBSITE**

Sign up Online

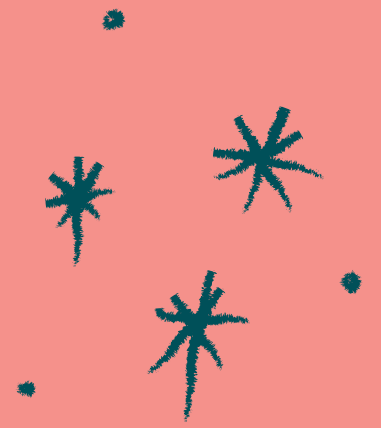
<http://insanfoundation.org/>

**SOCIAL MEDIA**

IG: @insan4humanity







## **L.A. WORKS**

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**INCREASE** volunteer participation in community service projects; **PROVIDE** our nonprofit partners with access to volunteer labor and other **RESOURCES**; and **EDUCATE** and encourage people to engage in the broader social issues affecting the greater Los Angeles Community.

**SIGN UP & WEBSITE**

Sign up Online

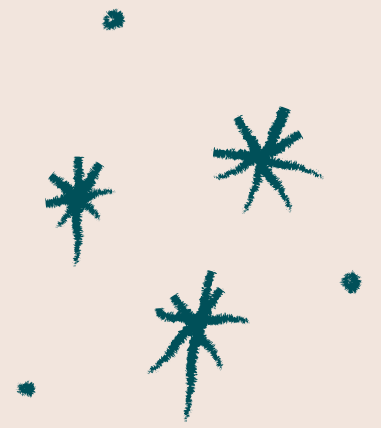
<https://www.laworks.com/>

**SOCIAL MEDIA**

**IG: @laworksnow**







## MERCY HOUSE

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To be a leader in ending homelessness by providing a unique system of dignified housing opportunities, programs, and supportive services.

## SIGN UP & WEBSITE

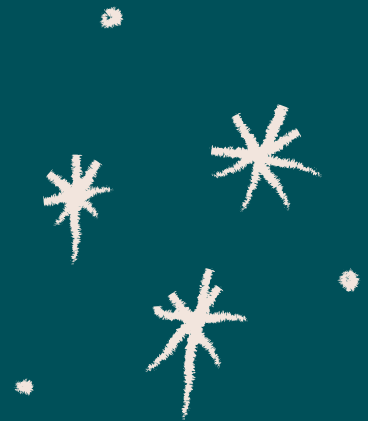
Sign up Online  
<https://mercyhouse.net/>

## SOCIAL MEDIA

IG: @mercyhouselc







## NEIGHBORHOOD LEGAL SERVICES

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Neighborhood Legal Services  
combats the effects of  
poverty and creates lasting  
improvements in the lives of  
individuals and families  
throughout Los Angeles  
County.

### SIGN UP & WEBSITE

Sign up: Download Application and send via email  
[volunteers@nlsia.org](mailto:volunteers@nlsia.org)

<https://www.nlsia.org/>

**SOCIAL MEDIA**

IG: @nlslosangeles







# PROJECT ACCESS RESOURCE CENTERS

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To be the leading provider  
of vital on-site health,  
education, and employment  
services to families, children,  
and seniors living in  
affordable housing  
communities.

## SIGN UP & WEBSITE

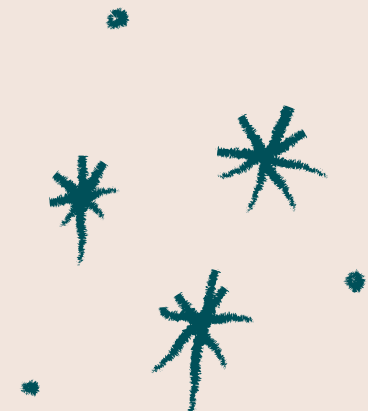
Sign up Online  
<https://www.project-access.org/>

## SOCIAL MEDIA

IG: @projectaccess







# PROJECT SISTER FAMILY SERVICES

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**To reduce the trauma  
and risk of sexual  
assault. Together, we  
can impact lives in our  
community.**

**SIGN UP & WEBSITE**

**Sign up Online  
<http://projectsister.org/>**

**SOCIAL MEDIA**

**IG: @projectsisterfamilyservices**







# SOUTHERN CALIFORNIA SERVICE CORPS

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Supporting the spirit of  
service and the  
development of resources  
for community & nonprofit  
organizations.

**SIGN UP & WEBSITE**

Sign up Online

<https://www.socalservicecorps.org/>

**SOCIAL MEDIA**

IG: @socalservicecorps

