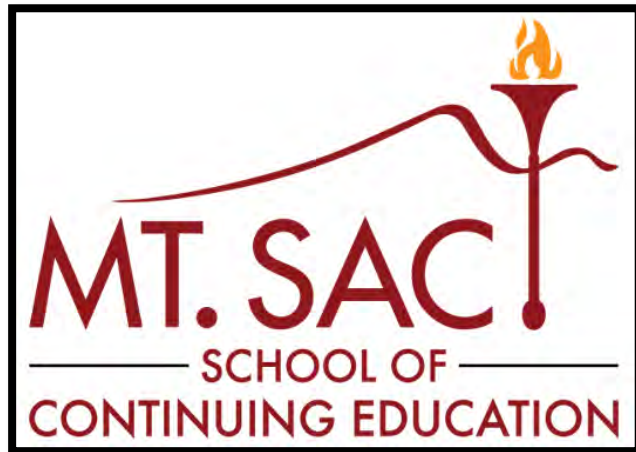


Education for Older Adults Class Schedule Winter 2024



January 8 to February 18, 2024

Holidays: 1/15 and 2/16

Registration begins on Monday, November 6

Contact Us

Phone

Registration inquiries: 909-274-4220

Program inquiries: 909-274-4192

Email

eoas@mtsac.edu

Website

www.mtsac.edu/eoa

Facebook

www.facebook.com/mtsaceoa

Instagram

www.instagram.com/mtsac_eoa

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Class Location Key

BPAQ ... Baldwin Park Aquatic Center

4100 Baldwin Park Boulevard
Baldwin Park, CA. 91706
(626) 813-5270

BPSC ... Baldwin Park Julia McNeil Senior Center

4100 Baldwin Park Blvd,
Baldwin Park, CA 91706
(626) 813-5245

CSCC ... Covina Senior & Community Center

815 North Barranca Avenue
Covina, CA 91723
Phone: (626) 430-2284

DBC ... Diamond Bar Center

1600 S. Grand Ave.
Diamond Bar, CA 91765
Phone: (909) 839-7070

ESGVJC ... East San Gabriel Valley Japanese

Community Center
1203 W Puente Avenue
West Covina, CA 91790
Phone: (626) 960-2566

GPP ... Ganesha Park Pool

1575 N. White Ave.
Pomona, CA 91768
Phone: (909) 620-2304

GSC ... Gibson Senior Center

250 N. 3rd Ave.,
Upland, CA 91786
Phone: (909) 981-4501

HERI ... Heritage Park Community Center

2900 Brea Canyon Rd.
Diamond Bar, CA 91765
Phone: (909) 396-5699

IRC ... Irwindale Recreation Center

5050 Irwindale Ave.
Irwindale, CA 91706
Phone: (626) 430-2248

IRWN ... Irwindale Senior Citizen's Center

16116 Arrow Hwy.
Irwindale, CA 91706
Phone: (626) 430-2284

LV ... La Verne Community Center

3680 D Street
La Verne, CA 91750
Phone: (909) 596-8776

Mt. SAC ... Mt. San Antonio College

1100 N. Grand Ave.
Walnut, CA 91789
Phone: (909) 274-4220

PLUM ... Stanley Plummer Building

245 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6290

PSC ... Palomares Senior Center

499 East Arrow Highway
Pomona, CA 91767
Phone: (909) 620-2324

SD ... San Dimas Senior/Community Center

201 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6293

WALT ... Walnut Senior Center

21215 La Puente Rd.
Walnut, CA 91789
Phone: (909) 598-6200

WCSCC ... West Covina Senior Citizen's Center

2501 E. Cortez St.
West Covina, CA 91791
Front desk (626) 331-5366

WPK ... Washington Park

865 E. Grand Avenue
Pomona, CA 91766
Phone: (909) 620-2305

WSSC ... William Steinmetz Senior Center

1545 South Stimson Avenue
Hacienda Heights, CA 91745
Phone: (626) 934-7041

Registration Information

Registration begins on Monday, November 6.

How to Register for a Class

Students can register for classes online or in person.

To register online, complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at www.mtsac.edu/noncreditapp

To register in person, complete a yellow registration card. This registration card serves as your application and registration document. You can get a blank yellow registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

Need help?

Come see us in person! We have application workshops and registration support dates out in the community at a location near you. See the following pages for details.

Winter 2024 Registration Support Dates

Registration begins on Monday, November 6.

If you need assistance with your registration please come see us at the days, times, and locations listed below. We can assist with your online application, or help you with the paper registration forms. We look forward to seeing you!

Date	Time	Location
Tuesday, November 7	9am-11am	West Covina Senior Citizen's Center
Wednesday, November 8	10am-12pm	Washington Park Community Center, Pomona
Thursday, November 9	10am-12pm	Palomares Senior Center, Pomona
Monday, November 13	10am-12pm	Heritage Park, Diamond Bar
Monday, November 13	10am-12pm	Covina Senior Center
Tuesday, November 14	9am-11am	San Dimas Senior/Community Center
Tuesday, November 14	10am-12pm	Diamond Bar Center
Wednesday, November 15	10am-12pm	Irwindale Senior Center
Wednesday, November 15	2pm-4pm	Gibson Senior Center, Upland
Thursday, November 16	12pm-2pm	Online via Zoom https://tinyurl.com/reghelp2024
Monday, November 20	9am-11am	Walnut Senior Center
Tuesday, November 21	10am-12pm	La Verne Community Center
Monday, November 27	10am-12pm	Mt. SAC, Bldg. 40 – Rm. 140
Tuesday, November 28	4pm-6pm	Online via Zoom https://tinyurl.com/reghelp2024

****VRE In Person Technology Classes & Select Sewing Classes**

(Sewing class CRNs 31128, 31132, and 31134)

You must come in person to the center where you plan to take class to register for all in person computer classes. Dates and time for registration at each site are listed above. Each person must register for themselves. Students may not register for anyone else. Registration is first come first served.

If you miss the dates listed above, you may attend on the first day of class to see if space is still available. Or, you can contact the professor.

Additional Program Information

About the Education for Older Adults Program

Mt. San Antonio College's School of Continuing Education offers classes for older adults that provide opportunities for personal growth and development, community involvement, skills for mental and physical well-being, and economic self-sufficiency. Classes are available online and at various senior centers, community centers, and residential facilities. These courses are designed for older adults (age 55+ years). Education for Older Adults (EOA) students enter class with different levels of real world experience as well as a multitude of educational levels, age variances, and life skills. Some learn about emerging technology to improve communication, while others focus on healthy aging goals.

Do you have questions about a class?

All faculty members teach their classes slightly differently based on their knowledge, expertise, and teaching philosophy. It is the policy of Mt. San Antonio College to maintain and encourage freedom for its faculty, within the law, of inquiry, teaching and research, and the pursuit of knowledge. If you have questions about a specific class, we encourage you to email the faculty member.

Course Modality

Course Modality refers to how an instructor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

Class Schedule

Brain Health Classes

OAD BHTH1 – Brain Health 1 Introduction to Brain Training

Critical thinking and cognitive skills through understanding key structures and functions of the brain. Focus on maintaining and/or improving cognitive abilities through brain training.

CRN	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31359	W	9:00 AM	11:30 AM	1/10	2/14	ONLINE - Asynch Zoom 9am-10:30am	Bloom, Danielle dbloom@mtsac.edu
31108	Th	1:00 PM	3:30 PM	1/11	2/15	ONLINE - Asynch Zoom 1pm-2:30pm	Zapata, Kristine kzapata5@mtsac.edu

OAD BHTH 2 – Brain Health 2 Brain Health Topics

This course improves cognitive abilities by combining brain training with brain health topics/lectures to strengthen and improve brain function. Particular focus on how to live a brain healthy lifestyle.

CRN	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31110	T	1:00 PM	3:30 PM	1/9	2/13	ONLINE - Asynch Zoom 1pm-2:30pm	White, Shelby swhite@mtsac.edu
30981	W	1:00 PM	3:20 PM	1/10	2/14	SD	Friedman, Karena kfriedman@mtsac.edu
31109	Th	10:00 AM	12:30 PM	1/11	2/15	ONLINE - Asynch Zoom 10:00am-11:30am	Jones, Vanessa vjones11@mtsac.edu

Healthy Aging Classes

OAD MOX01 Healthy Aging

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness principles to maintain health while aging.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31085	M	7:20 AM	8:25 AM	1/8	2/12	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu
31068	M	8:00 AM	8:50 AM	1/8	2/12	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
31075	M	8:00 AM	8:50 AM	1/8	2/12	ONLINE - Synchronous	Cole, Danelle dcole18@mtsac.edu
31079	M	9:00 AM	9:50 AM	1/8	2/12	ONLINE - Synchronous	Hunnicut, Leslie lhunnicut@mtsac.edu
31208	M	9:00 AM	9:50 AM	1/8	2/12	WCSCC	White, Shelby swhite@mtsac.edu
31186	M	9:30 AM	10:20 AM	1/8	2/12	SD	Castro, Candice ccastro@mtsac.edu
31187	M	1:00 PM	1:50 PM	1/8	2/12	CSCC	Castro, Candice ccastro@mtsac.edu
31198	MWF	8:00 AM	8:50 AM	1/8	2/16	WALT	McLaren, Erin emclaren@mtsac.edu
31204	MWF	9:00 AM	9:50 AM	1/8	2/16	DBC	Barnes, MacKenzie mbarnes35@mtsac.edu
31188	MWF	9:30 AM	10:35 AM	1/8	2/16	WALT	Cole, Danelle dcole18@mtsac.edu
31205	MWF	10:00 AM	10:50 AM	1/8	2/16	DBC	Barnes, MacKenzie mbarnes35@mtsac.edu
31199	MW	10:30 AM	11:20 AM	1/8	2/14	PSC	McLaren, Erin emclaren@mtsac.edu
31194	MW	10:45 AM	11:35 AM	1/8	2/14	WPK	Jones, Vanessa vjones11@mtsac.edu
31202	MTWThF	11:00 AM	12:05 PM	1/8	2/16	BPSC	Ortiz, Frank fortiz27@mtsac.edu

OAD MOX01 Healthy Aging (Continued)

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31069	T	8:00 AM	8:50 AM	1/9	2/13	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
31207	T	9:00 AM	9:50 AM	1/9	2/13	WALT	White, Elizabeth ewhite31@mtsac.edu
31080	T	10:00 AM	10:50 AM	1/9	2/13	ONLINE - Synchronous	Hunnicut, Leslie lhunnicut@mtsac.edu
31195	TTh	8:00 AM	8:50 AM	1/9	2/15	PLUM	Jones, Vanessa vjones11@mtsac.edu
31190	TTh	8:15 AM	9:35 AM	1/9	2/15	LV	Cole, Danelle dcole18@mtsac.edu
31086	W	7:20 AM	8:25 AM	1/10	2/14	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu
31070	W	8:00 AM	8:50 AM	1/10	2/14	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
31076	W	8:00 AM	8:50 AM	1/10	2/14	ONLINE - Synchronous	Cole, Danelle dcole18@mtsac.edu
31071	W	9:00 AM	9:50 AM	1/10	2/14	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
31081	W	9:00 AM	9:50 AM	1/10	2/14	ONLINE - Synchronous	Hunnicut, Leslie lhunnicut@mtsac.edu
31196	W	9:30 AM	10:20 AM	1/10	2/14	PLUM	Jones, Vanessa vjones11@mtsac.edu
31072	W	10:00 AM	10:50 AM	1/10	2/14	<i>Tentative:</i> WSCC	TBA eoa@mtsac.edu
31082	W	10:30 AM	11:20 AM	1/10	2/14	SOP	Hunnicut, Leslie lhunnicut@mtsac.edu

OAD MOX01 Healthy Aging (Continued)

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31073	Th	8:00 AM	8:50 AM	1/11	2/15	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
31083	Th	10:00 AM	10:50 AM	1/11	2/15	ONLINE - Synchronous	Hunnicut, Leslie lhunnicut@mtsac.edu
31074	Th	11:00 AM	11:50 AM	1/11	2/15	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
31193	Th	1:00 PM	1:50 PM	1/11	2/15	IRWN	Hunnicut, Leslie lhunnicut@mtsac.edu
31077	F	8:00 AM	8:50 AM	1/12	2/16	ONLINE - Synchronous	Cole, Danelle dcole18@mtsac.edu
31191	F	9:00 AM	9:50 AM	1/12	2/16	WCSCC	Figueroa-Darby, Raea adarby1@mtsac.edu
31088	F	9:00 AM	10:30 AM	1/12	2/16	ONLINE - Synchronous	White, Shelby swhite@mtsac.edu
31200	F	9:30 AM	10:20 AM	1/12	2/16	SD	McLaren, Erin emclaren@mtsac.edu
31192	F	10:00 AM	10:50 AM	1/12	2/16	WCSCC	Figueroa-Darby, Raea adarby1@mtsac.edu
31201	F	1:00 PM	1:50 PM	1/12	2/16	IRWN	Miranda, Blanche bmiranda22@mtsac.edu
31087	Sa	8:30 AM	10:05 AM	1/13	2/17	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu

OAD MOX02 Healthy Aging - Principles of Slow Movement

Healthy aging, including diet, nutrition, disease prevention and application of Tai Chi Principles to maintain health while aging for the older adult.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31212	MW	9:00 AM	9:50 AM	1/8	2/14	IRWN	Figueroa-Darby, Raea adarby1@mtsac.edu
31213	MW	10:00 AM	10:50 AM	1/8	2/14	IRWN	Figueroa-Darby, Raea adarby1@mtsac.edu
31214	M	12:00 PM	1:25 PM	1/8	2/12	WCSCC	Figueroa-Darby, Raea adarby1@mtsac.edu
31216	M	1:30 PM	2:55 PM	1/8	2/12	WCSCC	Figueroa-Darby, Raea adarby1@mtsac.edu
31211	T	9:00 AM	10:05 AM	1/9	2/13	PLUM	Chou, Kathy kchou@mtsac.edu
31210	T	4:00 PM	4:50 PM	1/9	2/13	GSC	Chou, Kathy kchou@mtsac.edu
31089	Th	9:00 AM	9:50 AM	1/11	2/15	ONLINE - Synchronous	White, Shelby swhite@mtsac.edu
31217	Th	9:30 AM	11:20 AM	1/11	2/15	DBC	Figueroa-Darby, Raea adarby1@mtsac.edu
31218	Th	1:00 PM	2:50 PM	1/11	2/15	LV	Figueroa-Darby, Raea adarby1@mtsac.edu

OAD MOX04 Healthy Aging - Principles of Posture and Flexibility

Health aging, including diet, nutrition, disease prevention, and application of Yoga principles to maintaining health while aging for the older adult population.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31321	M	8:00 AM	8:50 AM	1/8	2/12	HERI	TBA eoa@mtsac.edu
31093	M	8:30 AM	9:50 AM	1/8	2/12	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
31094	M	11:30 AM	12:55 PM	1/8	2/12	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
31101	T	7:20 AM	8:25 AM	1/9	2/13	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu
31090	T	9:00 AM	9:50 AM	1/9	2/13	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
31095	T	10:00 AM	10:50 AM	1/9	2/13	ONLINE - Synchronous	White, Shelby swhite@mtsac.edu
31224	T	10:15 AM	11:20 AM	1/9	2/13	DBC	White, Elizabeth ewhite31@mtsac.edu
31223	T	11:25 AM	12:30 PM	1/9	2/13	DBC	White, Elizabeth ewhite31@mtsac.edu
31221	TTh	10:00 AM	10:50 AM	1/9	2/15	WCSCC	Cole, Danelle dcole18@mtsac.edu
31092	TTh	6:30 PM	7:50 PM	1/9	2/15	ONLINE - Synchronous	Cole, Danelle dcole18@mtsac.edu
31096	W	8:30 AM	9:55 AM	1/10	2/14	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
31251	W	10:45 AM	11:50 AM	1/10	2/14	WALT	Cole, Danelle dcole18@mtsac.edu
31097	W	11:30 AM	12:55 PM	1/10	2/14	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
31098	W	1:00 PM	2:05 PM	1/10	2/14	ONLINE - Synchronous	Hunnicut, Leslie lhunnicut@mtsac.edu

OAD MOX04 Healthy Aging - Principles of Posture and Flexibility (Continued)

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31102	Th	7:20 AM	8:25 AM	1/11	2/15	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu
31091	Th	9:00 AM	9:50 AM	1/11	2/15	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
31220	Th	9:00 AM	10:20 AM	1/11	2/15	PLUM	Chou, Kathy kchou@mtsac.edu
31099	F	8:30 AM	9:55 AM	1/12	2/16	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
31225	F	9:00 AM	10:50 AM	1/12	2/16	PLUM	Chou, Kathy kchou@mtsac.edu
31222	F	11:00 AM	11:50 AM	1/12	2/16	IRWN	Cole, Danelle dcole18@mtsac.edu
31100	F	11:30 AM	12:55 PM	1/12	2/16	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu

OAD MOX06 Healthy Aging - Principles of Aquatic Resistance

Healthy aging, including diet nutrition, disease prevention, and application of aquatic resistance principles to maintain health while aging for the older adult population.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31229	MTWThF	8:00 AM	9:20 AM	1/8	2/16	BPAQ	Ortiz, Frank fortiz27@mtsac.edu
31235	MTWThF	9:30 AM	10:50 AM	1/8	2/16	BPAQ	Ortiz, Frank fortiz27@mtsac.edu
31236	MTWTh	7:15 PM	8:05 PM	1/8	2/15	BPAQ	Slim, Yamil yslim1@mtsac.edu
31226	MTWTh	8:45 AM	9:35 AM	1/9	2/15	SDSR	Friedman, Karena kfriedman@mtsac.edu
31227	MTWTh	9:45 AM	10:35 AM	1/9	2/15	SDSR	Friedman, Karena kfriedman@mtsac.edu
31237	F	8:45 AM	9:35 AM	1/12	2/16	SDSR	Hunnicutt, Leslie lhunnicutt@mtsac.edu
31238	F	9:45 AM	10:35 AM	1/12	2/16	SDSR	Hunnicutt, Leslie lhunnicutt@mtsac.edu

OAD MOX11 Healthy Aging – Fall Prevention Balance and Mobility

Addresses, particularly for older adults, the risks and fears associated with falling. Includes setting realistic goals, minimizing environmental risks and balance exercises.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31103	M	10:00 AM	11:25 AM	1/8	2/12	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
31104	M	1:00 PM	2:05 PM	1/8	2/12	ONLINE - Synchronous	Hunnicutt, Leslie lhunnicutt@mtsac.edu
31228	T	11:00 AM	11:50 AM	1/9	2/13	IRWN	Castro, Candice ccastro@mtsac.edu
31249	T	11:00 AM	11:50 AM	1/9	2/13	ONLINE - Synchronous	White, Shelby swhite@mtsac.edu
31234	TTh	1:30 PM	2:20 PM	1/9	2/15	LV	Slim, Yamil yslim1@mtsac.edu
31105	W	10:00 AM	11:25 AM	1/10	2/14	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
31233	W	12:40 PM	1:45 PM	1/10	2/14	ESGVJC	McLaren, Erin emclaren@mtsac.edu
31230	Th	11:30 AM	12:20 PM	1/11	2/15	PSC	Hunnicutt, Leslie lhunnicutt@mtsac.edu
31106	F	10:00 AM	11:25 AM	1/12	2/16	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu

Painting and Drawing

OAD FNA03 Oil Painting

Principles of drawing, design, color and composition for oil painting emphasizing creative skill development for the older adult population.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31143	W	1:00 PM	3:50 PM	1/10	2/14	WALT	Conte, Kelly kconte@mtsac.edu
31144	Th	9:00 AM	11:50 AM	1/11	2/15	WALT	Conte, Kelly kconte@mtsac.edu

OAD FNA04 Watercolor Painting

Principles of watercolor painting for the older adult population. Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31065	M	9:00 AM	11:50 AM	1/8	2/12	ONLINE - Synchronous	Tucker, Ray rtucker@mtsac.edu
31150	M	10:00 AM	11:50 AM	1/8	2/12	BPSC	Sanchez, Angelica asanchez487@mtsac.edu
31146	T	9:00 AM	11:50 AM	1/9	2/13	LV	Conte, Kelly kconte@mtsac.edu
31147	T	1:00 PM	4:05 PM	1/9	2/13	SD	Conte, Kelly kconte@mtsac.edu
31148	Th	1:00 PM	3:50 PM	1/11	2/15	DBC	Conte, Kelly kconte@mtsac.edu
31149	F	10:00 AM	12:30 PM	1/12	2/16	WCSCC	Conte, Kelly kconte@mtsac.edu
31151	F	12:55 PM	4:00 PM	1/12	2/16	LV	Tucker, Ray rtucker@mtsac.edu

OAD FNA32 Drawing— Beginning-Advanced

Drawing while emphasizing the development of perceptual and technical skills. Students will advance their abilities in dry and fluid media while expanding their use of the formal elements and principles. The development of works of art will utilize observation of single objects, still life and landscape for representation and expression.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31155	T	12:30 PM	3:20 PM	1/9	2/13	DBC	Tucker, Ray rtucker@mtsac.edu
31066	W	9:00 AM	11:30 AM	1/10	2/14	ONLINE - Synchronous	Conte, Kelly kconte@mtsac.edu
31156	Th	8:55 AM	12:00 PM	1/11	2/15	LV	Tucker, Ray rtucker@mtsac.edu
31153	F	9:00 AM	11:50 AM	1/12	2/16	WSSC	Johnson, Bernard bjohnson98@mtsac.edu
31152	F	1:00 PM	3:05 PM	1/12	2/16	DBC	Cardona, Yasmin ycardona3@mtsac.edu

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/ea.

SCE SOS

Our Student Online Support program provides, LIVE, one-on-one help for noncredit students who need assistance with any technology support to help you succeed, navigate and access your courses!

WHAT WE HELP WITH:

- Mt. SAC Portal
- Mountie Mail
- Download files for coursework
- Canvas
- Office 365
- Noncredit Application
- Zoom
- Convert Files/Docs
- And much more!

FALL 2023 ZOOM HOURS:

Monday-Thursday: 9am-1pm & 3pm-7pm
Friday 8:30am-4pm

FALL 2023 HYBRID HOURS (IN-PERSON OR ON ZOOM)

Mondays: 9am - 1pm (Location: Bldg 30, Rm 111 or on Zoom)

HOW TO CONTACT US:



ZOOM: <https://mtsac-edu.zoom.us/j/95117998111>

- Click the link above to join
- Type the URL address above to join
- Scan QR code to join →



CALL: (909) 274-6100



EMAIL: sce@mtsac.edu



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Semester Dates

Fall 2023

Classes Begin: August 28, 2023

Classes End: December 17, 2023

Holidays: September 4, November 10, November 23, and November 24

Winter 2024

Registration Begins: November 6, 2023

Classes Begin: January 8, 2024

Classes End: February 18, 2024

Holidays: January 15 and February 16

Spring 2024

Registration Begins: January 16, 2024

Classes Begin: February 26, 2024

Classes End: June 16, 2024

Holidays: April 1 and May 27

Summer 2024

Registration Begins: May 6, 2024

Classes Begin: June 20, 2024 (*Thursday*)

Classes End: Varies, see schedule for details

Holidays: July 4