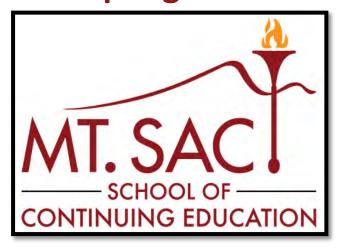
# Education for Older Adults Class Schedule Spring 2024



February 26 to June 16, 2024 Holidays: 4/1 and 5/27

Registration begins on Tuesday, January 16

**Contact Us** 

#### **Phone**

Registration inquiries: 909-274-4220 Program inquiries: 909-274-4192

#### **Email**

eoa@mtsac.edu

#### Website

www.mtsac.edu/eoa

#### **Facebook**

www.facebook.com/mtsaceoa

#### Instagram

www.instagram.com/mtsac eoa

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#### **Class Location Key**

#### **BPAQ ... Baldwin Park Aquatic Center**

4100 Baldwin Park Boulevard Baldwin Park, CA. 91706 (626) 813-5270

### BPSC ... Baldwin Park Julia McNeil Senior Center

4100 Baldwin Park Blvd, Baldwin Park, CA 91706 (626) 813-5245

#### **CSCC ... Covina Senior & Community Center**

815 North Barranca Avenue Covina, CA 91723

Phone: (626) 430-2284

#### **CMRMPK ... Cameron Park, West Covina**

1305 E Cameron Avenue West Covina, CA 91791 Phone: (626) 919-6966

#### **DBC ... Diamond Bar Center**

1600 S. Grand Ave. Diamond Bar, CA 91765 Phone: (909) 839-7070

## ESGVJC ... East San Gabriel Valley Japanese Community Center

1203 W Puente Avenue West Covina, CA 91790 Phone: (626) 960-2566

#### **GPP ... Ganesha Park Pool**

1575 N. White Ave. Pomona, CA 91768 Phone: (909) 620-2304

#### **GSC ... Gibson Senior Center**

250 N. 3<sup>rd</sup> Ave., Upland, CA 91786

Phone: (909) 981-4501

#### **HERI ... Heritage Park Community Center**

2900 Brea Canyon Rd. Diamond Bar, CA 91765 Phone: (909) 396-5699

#### **IRC ... Irwindale Recreation Center**

5050 Irwindale Ave. Irwindale, CA 91706 Phone: (626) 430-2248

#### IRWN ... Irwindale Senior Citizen's Center

16116 Arrow Hwy. Irwindale, CA 91706 Phone: (626) 430-2284

#### LV ... La Verne Community Center

3680 D Street La Verne, CA 91750 Phone: (909) 596-8776

#### Mt. SAC ... Mt. San Antonio College

1100 N. Grand Ave. Walnut, CA 91789 Phone: (909) 274-4220

#### PATH ... Rowland Heights Community Center

18150 Pathfinder Rd.

Rowland Heights, CA 91748

Phone: (562) 691-1624

#### **PLUM ... Stanley Plummer Building**

245 E. Bonita Ave.

San Dimas, CA 91773

Phone: (909) 394-6290

#### **PSC ... Palomares Senior Center**

499 East Arrow Highway

Pomona, CA 91767

Phone: (909) 620-2324

#### **PVPK ... Palmview Park, West Covina**

1340 E Puente Ave,

West Covina, CA 91790

Phone: (626) 919-6966

#### SD ... San Dimas Senior/Community Center

201 E. Bonita Ave.

San Dimas, CA 91773

Phone: (909) 394-6293

#### SDSR ... San Dimas Swim & Racquet Club

990 W. Covina Blvd.

San Dimas, CA 91773

Phone: (909) 592-1430

#### SOP ... Shadow Oak Park, West Covina

2121 Shadow Oak Drive

West Covina, CA 91792

Phone: (626) 965-0328

#### **WALT ... Walnut Senior Center**

21215 La Puente Rd.

Walnut, CA 91789

Phone: (909) 598-6200

#### **WCSCC ... West Covina Senior Citizen's Center**

2501 E. Cortez St.

West Covina, CA 91791

Front desk (626) 331-5366

#### **WPK ... Washington Park**

865 E. Grand Avenue

Pomona, CA 91766

Phone: (909) 620-2305

#### **WSSC ... William Steinmetz Senior Center**

1545 South Stimson Avenue

Hacienda Heights, CA 91745

Phone: (626) 934-7041

#### **Registration Information**

Registration begins on Tuesday, January 16.

#### **How to Register for a Class**

Students can register for classes online or in person.

**To register online,** complete the noncredit application online each semester. After completing the noncredit application, we will email you a personalized registration link where you can select your classes. The noncredit application is available online at <a href="https://www.mtsac.edu/noncreditapp">www.mtsac.edu/noncreditapp</a>

**To register in person,** complete a yellow registration card. This registration card serves as your application and registration document. You can get a blank yellow registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

#### Need help?

Come see us in person! We have application workshops and registration support dates out in the community at a location near you. See the following pages for details.

#### **Spring 2024 Registration Support Dates**

#### Registration begins on Tuesday, January 16.

If you need assistance with your registration please come see us at the days, times, and locations listed below. We can assist with your online application, or help you with the paper registration forms. We look forward to seeing you!

Date	Time	Location
Wednesday, January 17	10am-12pm	Irwindale Senior Center
Monday, January 22	10am-12pm	Heritage Park, Diamond Bar
Tuesday, January 23	9am-11am	West Covina Senior Citizen's Center
Wednesday, January 24	10am-12pm	La Verne Community Center
Friday, January 26	10am-12pm	Baldwin Park Julia McNeill Senior Center
Monday, January 29	9am-11am	San Dimas Senior/Community Center
Tuesday, January 30	10am-12pm	Diamond Bar Center
Wednesday, January 31	10am-12pm	Washington Park Community Center, Pomona
Thursday, February 1	10am-12pm	Palomares Senior Center, Pomona
Monday, February 5	10am-12pm	Covina Senior Center
Tuesday, February 6	9am-11am	Walnut Senior Center
Wednesday, February 7	2pm-4pm	Gibson Senior Center, Upland
Thursday, February 8	9am-11am	Mt. SAC, Bldg. 40 – Rm. 138
Tuesday, February 13	2pm-4pm	Online via Zoom <a href="https://tinyurl.com/reghelp2024">https://tinyurl.com/reghelp2024</a>
Wednesday, February 14	10am-12pm	Online via Zoom <a href="https://tinyurl.com/reghelp2024">https://tinyurl.com/reghelp2024</a>

#### \*\*VRE In Person Technology Classes & Select Sewing Classes

(Sewing class CRNs 43563, 43564 and 43560)

You must come in person to the center where you plan to take class to register for all in person computer classes. Dates and time for registration at each site are listed above. Each person must register for themselves. Students may not register for anyone else. Registration is first come first served.

If you miss the dates listed above, you may attend on the first day of class to see if space is still available. Or, you can contact the professor.

#### **Additional Program Information**

#### **About the Education for Older Adults Program**

Mt. San Antonio College's School of Continuing Education offers classes for older adults that provide opportunities for personal growth and development, community involvement, and skills for mental and physical well-being. Classes are available online and at various senior centers, community centers, and residential facilities. These courses are designed for older adults (age 55+ years). Education for Older Adults (EOA) students enter class with different levels of real world experience as well as a multitude of educational levels, age variances, and life skills.

#### Do you have questions about a class?

All faculty members teach their classes slightly differently based on their knowledge, expertise, and teaching philosophy. It is the policy of Mt. San Antonio College to maintain and encourage freedom for its faculty, within the law, of inquiry, teaching and research, and the pursuit of knowledge. If you have questions about a specific class, we encourage you to email the faculty member.

#### **Course Modality**

Course Modality refers to how an instructor delivers their course.

- In Person Learning takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- Asynchronous Learning is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

#### **Class Schedule**

#### **Brain Health Classes**

#### OAD BHTH1 - Brain Health 1 Introduction to Brain Training

Critical thinking and cognitive skills through understanding key structures and functions of the brain. Focus on maintaining and/or improving cognitive abilities through brain training.

CDN	CRN Day Start Time Er		Fred Times	Start	End	Lacation	Instructor O Francil			
CKN	рау	Start Time	End Time	Date	Date	Location	Instructor & Email			
43704	W	9:00 AM	11:30 AM	2/28	6/12	ONLINE - Asynch	Bloom, Danielle			
43704	VV	9.00 AIVI	11.50 AIVI	2/20	0/12	Zoom 9am-10:30am	dbloom@mtsac.edu			
43530	Th	1:00 DM	1.00 DN/	1.00 DN/	1:00 PM	3:30 PM 2	2/29	6/13	ONLINE - Asynch	Bloom, Danielle
45550	'''	1.00 PIVI	3.30 PIVI	2/29	0/13	Zoom 1pm-2:30pm	dbloom@mtsac.edu			
43895	Th	1:00 PM	2.20 DM	2/29	6/13	SD	Friedman, Karena			
43693	3895 Th 1:00 PM 3:20 PM 2		2/29	0/13	JU	kfriedman@mtsac.edu				

#### OAD BHTH 2 - Brain Health 2 Brain Health Topics

This course improves cognitive abilities by combining brain training with brain health topics/lectures to strengthen and improve brain function. Particular focus on how to live a brain healthy lifestyle.

CDN	Day	Start Time	Fred Times	Start	End	Location	Instructor 9 Fmail
CRN	Day	Start Time	Ena Time	Date	Date	Location	Instructor & Email
43680	т	1:00 PM	3:30 PM	2/27	6/11	ONLINE - Asynch	White, Shelby
43000	'	1.00 PIVI	3.30 1 101	2/2/	0/11	Zoom 1pm-2:30pm	swhite@mtsac.edu
12222	W	1:00 PM	3:20 PM	2/28	6/12	SD	Friedman, Karena
43232		1.00 PIVI	3.20 PIVI	2/20	0/12	טנ	kfriedman@mtsac.edu
43681	Th	10.00 414	12.20 DM	2/20	6/13	ONLINE - Asynch	Jones, Vanessa
43061	111	10.00 AW	12:30 PM 2/29		0/13	Zoom 10am-11:30am	vjones11@mtsac.edu

<sup>8</sup> 

<sup>\*</sup>Class may be full. Please contact the instructor to join the waitlist for the class.

#### **Healthy Aging Classes**

#### **OAD MOX01 Healthy Aging**

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness principles to maintain health while aging.

CRN	Day(s)	Start	End	Start	End	Location	Instructor & Email
CKIN	Day(s)	Time	Time	Date	Date	Location	instructor & Email
12171	N /	7:20 AM	0.25 414	2/26	6/10	ONLINE -	Tan, Jeremy
43471	M	7.20 AIVI	8:25 AM	2/26	6/10	Synchronous	jtan9@mtsac.edu
43472	N /	8:00 AM	0.50 414	2/26	6/10	ONLINE -	Castro, Candice
43472	M	6.00 AIVI	8:50 AM	2/26 6/10 Syr	Synchronous	ccastro@mtsac.edu	
43473	М	8:00 AM	8:50 AM	2/26	6/10	ONLINE -	Cole, Danelle
43473	IVI	6.00 AIVI	6.50 AIVI	2/26	0/10	Synchronous	dcole18@mtsac.edu
43474	М	9:00 AM	9:50 AM	2/26	6/10	ONLINE -	Hunnicutt, Leslie
434/4	IVI	9.00 AIVI	9.50 AIVI	2/20	0/10	Synchronous	lhunnicutt@mtsac.edu
43626	М	9:00 AM	9:50 AM	2/26	6/10	WCSCC	White, Shelby
43020	IVI	9.00 AIVI	9.30 AIVI	2/20	0/10	WCSCC	swhite@mtsac.edu
43627	М	9:30 AM	10:20 AM	2/26	6/10	SD	Castro, Candice
43027	IVI	9.30 AIVI	10.20 AW	2/20	0/10	30	ccastro@mtsac.edu
43629	М	1:00 PM	1:50 PM	2/26	6/10	CSCC	Castro, Candice
43023	IVI	1.00 FIVI	1.50 FIVI	2/20	0/10	CSCC	ccastro@mtsac.edu
43632	M,W	10·30 AM	11:20 AM	2/26	6/12	PSC	McLaren, Erin
43032	101,00	10.30 AIVI	11.20 AW	2/20	0/12	130	emclaren@mtsac.edu
43633	M,W	10:45 AM	11:35 AM	2/26	6/12	WPK	Jones, Vanessa
43033	101,00	10.43 AW	TI.55 AIVI	2/20	0/12	VVIIX	vjones11@mtsac.edu
43634	M,W,F	8:00 AM	8:50 AM	2/26	6/14	WALT	McLaren, Erin
43034	101,00,1	0.00 AIVI	6.50 AIVI	2/20	0/14	VVALI	emclaren@mtsac.edu
43635	M,W,F	9:00 AM	9:50 AM	2/26	6/14	DBC	Barnes, MacKenzie
43033	101,00,1	3.00 AIVI	J.JU AIVI	2/20	0/14	DBC	mbarnes35@mtsac.edu
43636	M,W,F	9:30 AM	10:35 AM	2/26	6/14	WALT	Cole, Danelle
43030	101,00,1	3.30 AIVI	10.55 AIVI	2/20	0/14	VVALI	dcole18@mtsac.edu
43637	M,W,F	10:00 AM	10:50 AM	2/26	6/14	DRC	Barnes, MacKenzie
+303/	101,00,1	10.00 AIVI	10.30 AIVI	2/20	0/ 14	DBC	mbarnes35@mtsac.edu
43631	M,T,W,	11:00 AM	12:05 PM	2/26	6/14	BPSC	Ortiz, Frank
75051	Th,F	11.00 AIVI	12.03 F W	2/20	0/ 14	DI SC	fortiz27@mtsac.edu

<sup>9</sup> 

<sup>\*</sup>Class may be full. Please contact the instructor to join the waitlist for the class.

**OAD MOX01 Healthy Aging (Continued)** 

CRN         Day(s)         Start Time         End Time         Start Time         End Date         Location         Instructor & Email           43476         T         8:00 AM         8:50 AM         2/27         6/11         ONLINE - Synchronous castro@mtsac.edu           43638         T         9:00 AM         9:50 AM         2/27         6/11         WALT         White, Elizabeth ewhite31@mtsac.edu           43477         T         10:00 AM         10:50 AM         2/27         6/11         ONLINE - Synchronous Plumicutt, Leslie Hunnicutt, Leslie Ilhunnicutt@mtsac.edu           43641         T,Th         8:00 AM         8:50 AM         4/2         6/13         PLUM         Jones, Vanessa vjones11@mtsac.edu           43642         T,Th         8:15 AM         9:35 AM         2/27         6/13         LV         Cole, Danelle dcole18@mtsac.edu           43481         W         7:20 AM         8:25 AM         2/28         6/12         ONLINE - Synchronous jtan9@mtsac.edu           43482         W         8:00 AM         8:50 AM         2/28         6/12         ONLINE - Synchronous castro@mtsac.edu           43483         W         8:00 AM         8:50 AM         2/28         6/12         ONLINE - Synchronous castro@mtsac.edu           43484				Continue	•			
43476         T         8:00 AM         8:50 AM         2/27         6/11         Synchronous         ccastro@mtsac.edu           43638         T         9:00 AM         9:50 AM         2/27         6/11         WALT         White, Elizabeth ewhite31@mtsac.edu           43477         T         10:00 AM         10:50 AM         2/27         6/11         ONLINE - Synchronous         Hunnicutt, Leslie lhunnicutt@mtsac.edu           43641         T,Th         8:00 AM         8:50 AM         4/2         6/13         PLUM         Jones, Vanessa vjones11@mtsac.edu           43642         T,Th         8:15 AM         9:35 AM         2/27         6/13         LV         Cole, Danelle dcole18@mtsac.edu           43481         W         7:20 AM         8:25 AM         2/28         6/12         ONLINE - Synchronous         Castro, Candice ccastro@mtsac.edu           43482         W         8:00 AM         8:50 AM         2/28         6/12         ONLINE - Synchronous         Castro, Candice ccastro@mtsac.edu           43483         W         8:00 AM         8:50 AM         2/28         6/12         ONLINE - Synchronous         Castro, Candice ccastro@mtsac.edu           43484         W         9:00 AM         9:50 AM         2/28         6/12 <t< th=""><th>CRN</th><th>Day(s)</th><th>Start Time</th><th>End Time</th><th>Start Date</th><th>End Date</th><th>Location</th><th>Instructor &amp; Email</th></t<>	CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
3638   T   9:00 AM   9:50 AM   2/27   6/11   WALT   White, Elizabeth ewhite31@mtsac.edu	12176	т	8.00 414	Q-50 AM	2/27	6/11	ONLINE -	Castro, Candice
43638   1   9:00 AM   9:50 AM   2/27   6/11   WALI   ewhite31@mtsac.edu     43477   T   10:00 AM   10:50 AM   2/27   6/11   ONLINE - Synchronous   Hunnicutt, Leslie   Ihunnicutt@mtsac.edu     43641   T,Th   8:00 AM   8:50 AM   4/2   6/13   PLUM   Jones, Vanessa   vjones11@mtsac.edu     43642   T,Th   8:15 AM   9:35 AM   2/27   6/13   LV   Cole, Danelle   dcole18@mtsac.edu     43481   W   7:20 AM   8:25 AM   2/28   6/12   ONLINE - Synchronous   Jtan9@mtsac.edu     43482   W   8:00 AM   8:50 AM   2/28   6/12   ONLINE - Synchronous   Castro, Candice   ccastro@mtsac.edu     43483   W   8:00 AM   8:50 AM   2/28   6/12   ONLINE - Synchronous   Cole, Danelle   dcole18@mtsac.edu     43484   W   9:00 AM   9:50 AM   2/28   6/12   ONLINE - Synchronous   Castro, Candice   ccastro@mtsac.edu     43485   W   9:00 AM   9:50 AM   2/28   6/12   ONLINE - Synchronous   Jones, Vanessa   Vjones11@mtsac.edu     43643   W   9:30 AM   10:20 AM   4/3   6/12   PLUM   Jones, Vanessa   Vjones11@mtsac.edu     43644   W   10:30 AM   11:20 AM   2/28   6/12   WSSC   Castro, Candice   ccastro@mtsac.edu     43645   W   10:30 AM   11:20 AM   2/28   6/12   SOP   Hunnicutt, Leslie	43470	ı	6.00 AIVI	6.30 AIVI	2/2/	0/11	Synchronous	ccastro@mtsac.edu
43477   T   10:00 AM   10:50 AM   2/27   6/11   ONLINE - Synchronous   Hunnicutt, Leslie   Ihunnicutt@mtsac.edu     43641   T,Th   8:00 AM   8:50 AM   4/2   6/13   PLUM   Jones, Vanessa   vjones11@mtsac.edu     43642   T,Th   8:15 AM   9:35 AM   2/27   6/13   LV   Cole, Danelle   dcole18@mtsac.edu     43481   W   7:20 AM   8:25 AM   2/28   6/12   ONLINE - Synchronous   Jtan9@mtsac.edu     43482   W   8:00 AM   8:50 AM   2/28   6/12   ONLINE - Synchronous   Castro, Candice   ccastro@mtsac.edu     43483   W   8:00 AM   8:50 AM   2/28   6/12   ONLINE - Synchronous   Cole, Danelle   dcole18@mtsac.edu     43484   W   9:00 AM   9:50 AM   2/28   6/12   ONLINE - Synchronous   Castro, Candice   ccastro@mtsac.edu     43485   W   9:00 AM   9:50 AM   2/28   6/12   ONLINE - Synchronous   Hunnicutt, Leslie   Ihunnicutt@mtsac.edu     43643   W   9:30 AM   10:20 AM   4/3   6/12   PLUM   Jones, Vanessa   vjones11@mtsac.edu     43644   W   10:30 AM   11:20 AM   2/28   6/12   SOP   Hunnicutt, Leslie   Hunnicutt, Leslie   Hunnicutt, Leslie   Castro, Candice   ccastro@mtsac.edu   Hunnicutt, Leslie   Hunnicutt, Leslie   Castro, Candice   Castro & C	13638	т	0.00 VV	0·50 AM	2/27	6/11	\\/\IT	White, Elizabeth
43477         T         10:00 AM 10:50 AM 2/27 6/11         Synchronous         Ihunnicutt@mtsac.edu           43641         T,Th         8:00 AM 8:50 AM 9:35 AM 9:35 AM 2/27 6/13         PLUM Cole, Danelle dcole18@mtsac.edu           43642         T,Th         8:15 AM 9:35 AM 2/27 6/13         LV Cole, Danelle dcole18@mtsac.edu           43481         W 7:20 AM 8:25 AM 2/28 6/12         ONLINE - Synchronous jtan9@mtsac.edu           43482         W 8:00 AM 8:50 AM 2/28 6/12         ONLINE - Synchronous ccastro@mtsac.edu           43483         W 8:00 AM 8:50 AM 2/28 6/12         ONLINE - Synchronous dcole18@mtsac.edu           43484         W 9:00 AM 9:50 AM 2/28 6/12         ONLINE - Synchronous dcole18@mtsac.edu           43485         W 9:00 AM 9:50 AM 2/28 6/12         ONLINE - Synchronous dcole18@mtsac.edu           43643         W 9:30 AM 10:20 AM 4/3 6/12         PLUM PLUM PLUM PLUM PLUM PLUM PLUM PLUM	43038	<b>'</b>	9.00 AIVI	9.30 AIVI	2/2/	0/11	WALI	ewhite31@mtsac.edu
Synchronous	13177	т	10.00 AM	10.50 ΔΜ	2/27	′27   6/11	ONLINE -	Hunnicutt, Leslie
1,1h   8:00 AM   8:50 AM   4/2   6/13   PLUM   Vjones11@mtsac.edu	43477	•	10.00 AIVI	TO.SO AIVI	2/2/		Synchronous	lhunnicutt@mtsac.edu
43642   T,Th	136/1	T Th	8.00 VM	8·50 AM	1/2	6/13	DITIM	Jones, Vanessa
1,1h	43041	1,111	8.00 AIVI	0.30 AIVI	4/ 2	0/13	I LOW	vjones11@mtsac.edu
43481	43642	T Th	2·15 ΔM	9·35 ΔM	2/27	6/13	LV	Cole, Danelle
43481         W         7:20 AM         8:25 AM         2/28         6/12         Synchronous         jtan9@mtsac.edu           43482         W         8:00 AM         8:50 AM         2/28         6/12         ONLINE - Synchronous         Castro, Candice ccastro@mtsac.edu           43483         W         8:00 AM         8:50 AM         2/28         6/12         ONLINE - Synchronous         Cole, Danelle dcole18@mtsac.edu           43484         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Castro, Candice ccastro@mtsac.edu           43485         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Hunnicutt, Leslie lhunnicutt@mtsac.edu           43643         W         9:30 AM         10:20 AM         4/3         6/12         PLUM         Jones, Vanessa vjones11@mtsac.edu           43644         W         10:30 AM         11:20 AM         2/28         6/12         WSSC         Castro, Candice ccastro@mtsac.edu           43645         W         10:30 AM         11:20 AM         2/28         6/12         SOP         Hunnicutt, Leslie	73072	1,111	0.13 AIVI	J.33 AIVI	2/2/	0/13	LV	dcole18@mtsac.edu
Synchronous   Jtan9@mtsac.edu	43481	\٨/	7·20 AM	8·25 AM	2/28	6/12	ONLINE -	Tan, Jeremy
43482         W         8:00 AM         8:50 AM         2/28         6/12         Synchronous         ccastro@mtsac.edu           43483         W         8:00 AM         8:50 AM         2/28         6/12         ONLINE - Synchronous         Cole, Danelle dcole18@mtsac.edu           43484         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Castro, Candice ccastro@mtsac.edu           43485         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Hunnicutt, Leslie lhunnicutt@mtsac.edu           43643         W         9:30 AM         10:20 AM         4/3         6/12         PLUM         Jones, Vanessa vjones11@mtsac.edu           43644         W         10:30 AM         11:20 AM         2/28         6/12         WSSC         Castro, Candice ccastro@mtsac.edu           43645         W         10:30 AM         11:20 AM         2/28         6/12         SOP         Hunnicutt, Leslie	45461	43481 VV 7.2	7.20 AIVI	0.237		0/12	Synchronous	jtan9@mtsac.edu
Synchronous   Ccastro@mtsac.edu	13/182	\٨/	8.00 VM	8:50 AM 2	2/28	6/12	ONLINE -	Castro, Candice
43483         W         8:00 AM         8:50 AM         2/28         6/12         Synchronous         dcole18@mtsac.edu           43484         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Castro, Candice ccastro@mtsac.edu           43485         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Hunnicutt, Leslie Ihunnicutt@mtsac.edu           43643         W         9:30 AM         10:20 AM         4/3         6/12         PLUM         Jones, Vanessa vjones11@mtsac.edu           43644         W         10:30 AM         11:20 AM         2/28         6/12         WSSC         Castro, Candice ccastro@mtsac.edu           43645         W         10:30 AM         11:20 AM         2/28         6/12         SOP         Hunnicutt, Leslie	70702	VV	6.00 AIVI		2/20	0/12	Synchronous	ccastro@mtsac.edu
43484         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Castro, Candice ccastro@mtsac.edu           43485         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Hunnicutt, Leslie Ihunnicutt@mtsac.edu           43643         W         9:30 AM         10:20 AM         4/3         6/12         PLUM         Jones, Vanessa vjones11@mtsac.edu           43644         W         10:30 AM         11:20 AM         2/28         6/12         WSSC         Castro, Candice ccastro@mtsac.edu           43645         W         10:30 AM         11:20 AM         2/28         6/12         SOP         Hunnicutt, Leslie	13183	۱۸/	8.00 VM	8·50 AN/I	1 2/20	6/12	ONLINE -	Cole, Danelle
43484         W         9:00 AM         9:50 AM         2/28         6/12         Synchronous         ccastro@mtsac.edu           43485         W         9:00 AM         9:50 AM         2/28         6/12         ONLINE - Synchronous         Hunnicutt, Leslie Ihunnicutt@mtsac.edu           43643         W         9:30 AM         10:20 AM         4/3         6/12         PLUM         Jones, Vanessa vjones11@mtsac.edu           43644         W         10:30 AM         11:20 AM         2/28         6/12         WSSC         Castro, Candice ccastro@mtsac.edu           43645         W         10:30 AM         11:20 AM         2/28         6/12         SOP         Hunnicutt, Leslie	75765	VV	0.00 AIVI	0.50 AIVI	2/20	0/12	Synchronous	dcole18@mtsac.edu
Synchronous   Ccastro@mtsac.edu	13/18/	\٨/	9.00 ΔΜ	9·50 AM	2/28	6/12	ONLINE -	Castro, Candice
43485         W         9:00 AM         9:50 AM         2/28         6/12         Synchronous         Ihunnicutt@mtsac.edu           43643         W         9:30 AM         10:20 AM         4/3         6/12         PLUM         Jones, Vanessa vjones11@mtsac.edu           43644         W         10:30 AM         11:20 AM         2/28         6/12         WSSC         Castro, Candice ccastro@mtsac.edu           43645         W         10:30 AM         11:20 AM         2/28         6/12         SOP         Hunnicutt, Leslie	43404	VV	3.00 AIVI	9.50 AIVI	2/20	0/12	Synchronous	ccastro@mtsac.edu
43643 W 9:30 AM 10:20 AM 4/3 6/12 PLUM Jones, Vanessa vjones11@mtsac.edu  43644 W 10:30 AM 11:20 AM 2/28 6/12 WSSC Castro, Candice ccastro@mtsac.edu  43645 W 10:30 AM 11:20 AM 2/28 6/12 SOP Hunnicutt, Leslie	13185	\٨/	9.00 ΔΜ	9·50 AM	2/28	6/12	ONLINE -	Hunnicutt, Leslie
43643 W 9:30 AM 10:20 AM 4/3 6/12 PLUM vjones11@mtsac.edu  43644 W 10:30 AM 11:20 AM 2/28 6/12 WSSC Castro, Candice ccastro@mtsac.edu  43645 W 10:30 AM 11:20 AM 2/28 6/12 SOP Hunnicutt, Leslie	43403	VV	3.00 AIVI	9.50 AIVI	2/20	0/12	Synchronous	lhunnicutt@mtsac.edu
43644 W 10:30 AM 11:20 AM 2/28 6/12 WSSC Castro, Candice ccastro@mtsac.edu  43645 W 10:30 AM 11:20 AM 2/28 6/12 SOP Hunnicutt, Leslie	43643	\\/	0.3U VV	10·20 ΔΝ4	4/2	6/12	DITIM	Jones, Vanessa
43644 W 10:30 AM 11:20 AM 2/28 6/12 WSSC ccastro@mtsac.edu  43645 W 10:30 AM 11:20 AM 2/28 6/12 SOP Hunnicutt, Leslie	43043	VV	9.30 AIVI	10.20 AIVI	4/3	0/12	I LOW	vjones11@mtsac.edu
43645 W 10:30 AM 11:20 AM 2/28 6/12 SOP Ccastro@mtsac.edu  Hunnicutt, Leslie	43644	\\/	10.30 ΔΝ/	11.20 ΔΝ4	2/28	6/12	WSSC	Castro, Candice
43645  W  10:30 AM 11:20 AM  2/28   6/12   SOP	75044	VV	10.30 AIVI	TT.ZU AIVI	2/28	0/ 12	VV 33C	ccastro@mtsac.edu
Ihunnicutt@mtsac.edu	43645	\\/	W 10:30 AM	11·20 ΔΜ	2/28	6/12	SOP	Hunnicutt, Leslie
	+3043	VV		TT.ZU AIVI		0/12	301	lhunnicutt@mtsac.edu

**OAD MOX01 Healthy Aging (Continued)** 

		Start	End	Start	End			
CRN	Day(s)	Time	Time	Date	Date	Location	Instructor & Email	
43478	Th	8:00 AM	8:50 AM	2/20	6/12	ONLINE -	Castro, Candice	
43476	1111	8.00 AIVI	6.50 AIVI	2/29	6/13	Synchronous	ccastro@mtsac.edu	
43894	Th	8:30 AM	9:20 AM	2/29	6/13	WSCC	ТВА	
43694	1111	6.50 AIVI	9.20 AIVI	2/29	9   0/13	WSCC	eoa@mtsac.edu	
43479	Th	10:00 AM	10:50 AM	2/29	6/13	ONLINE -	Hunnicutt, Leslie	
43479	111	10.00 AW	10.50 AIVI	2/29	0/13	Synchronous	lhunnicutt@mtsac.edu	
43480	Th	11:00 AM	11:50 AM	2/29	6/13	ONLINE -	Castro, Candice	
43460	111	11.00 AW	11.30 AIVI	2/29	0/13	Synchronous	ccastro@mtsac.edu	
43640	Th	1:00 PM	1:50 PM	2/29	6/13	IRWN	Hunnicutt, Leslie	
43040	111	1.00 PIVI	1.50 PIVI	2/29	0/15   160	IIVVIV	lhunnicutt@mtsac.edu	
43469	F	8:00 AM	8:50 AM	3/1	6/14	ONLINE -	Cole, Danelle	
43409	•	6.00 AIVI	0.30 AIVI	3/1	0/14	Synchronous	dcole18@mtsac.edu	
43470	F	9:00 AM	10:30 AM	3/1	6/14	ONLINE -	White, Shelby	
43470	ı	9.00 AIVI	10.30 AIVI	3/1	J/ 1	0/14	Synchronous	swhite@mtsac.edu
43622	F	9:00 AM	9:50 AM	3/1	6/14	WCSCC	Figueroa-Darby, Raea	
43022		J.00 AIVI	J.JU AIVI	3/1	0/14	Wesee	adarby1@mtsac.edu	
43623	F	9:30 AM	10:20 AM	3/1	6/14	SD	McLaren, Erin	
43023		3.30 AIVI	10.20 AIVI	3/1	0/14	30	emclaren@mtsac.edu	
43624	F	10:00 AM	10:50 AM	3/1	6/14	WCSCC	Figueroa-Darby, Raea	
43024	ı	10.00 AIVI	10.30 AIVI	J/ I	0/14	WCSCC	adarby1@mtsac.edu	
43625	F	1:00 PM	1:50 PM	3/1	6/14	IRWN	Miranda, Blanche	
+3023		1.00 F 101	1.50 1 101	J/ 1	0/14	0/ 14	IIVVIV	bmiranda 22@mtsac.edu
43475	Sa	8:30 AM	10:05 AM	3/2	6/15	ONLINE -	Tan, Jeremy	
43473	Ja	0.30 AIVI	10.03 AIVI	3/ 2	0/13	Synchronous	jtan9@mtsac.edu	

#### OAD MOX02 Healthy Aging - Principles of Slow Movement

Healthy aging, including diet, nutrition, disease prevention and application of Tai Chi Principles to maintain health while aging for the older adult.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email						
43649	M,W	9:00 AM	9:50 AM	2/26	6/12	IRWN	Figueroa-Darby, Raea						
43043	101,00	9.00 AIVI	J.30 AIVI	2/20	0,12	IIXVVIV	adarby1@mtsac.edu						
43650	M,W	10:00 AM	10:50 AM	2/26	6/12	IRWN	Figueroa-Darby, Raea						
43030	101,00	10.00 AIVI	10.30 AIVI	2/26	0/12	ILVVIA	adarby1@mtsac.edu						
43653	М	1:00 PM	1:50 PM	2/26	6/10	GSC	Chou, Kathy						
43033	IVI		1.50 PIVI	2,20	20 0/10	GSC	kchou@mtsac.edu						
43647	М	12:00 PM	12:00 DM	12.00 DN/	12:00 DM	12:00 DN4	12.00 DN4	12.00 DN4	1:25 PM	2/26	6/10	WCSCC	Figueroa-Darby, Raea
43047	+3647   101		1.23 F 101	2/20	0, 10	WCSCC	adarby1@mtsac.edu						
12610	B M	1.20 014	1.20 DM	1:30 PM	2:55 PM	2/26	6/10	WCSCC	Figueroa-Darby, Raea				
43648		1.50 PIVI	2.33 PIVI	2/20	0/10	WCSCC	adarby1@mtsac.edu						
43656	Т	9:00 AM	10:05 AM	4/2	6/11	PLUM	Chou, Kathy						
43030	ı	9.00 AIVI	TO.O2 AIVI	4/2	6/11	PLUIVI	kchou@mtsac.edu						
43486	Th	9:00 AM	9:50 AM	2/29	6/13	ONLINE -	White, Shelby						
43460	111	9.00 AIVI	9.50 AIVI	2/29	0/13	Synchronous	swhite@mtsac.edu						
43654	Th	9:30 AM	11.20 414	2/20	6/12	DRC	Figueroa-Darby, Raea						
43034	54 III   9.50 AIVI	9.30 AIVI	11:20 AM	2/29	6/13	DBC	adarby1@mtsac.edu						
42655	Th	h 1:00 PM	) DN4   2.EO DN4	2/20	6/13	137	Figueroa-Darby, Raea						
43655	111		2:50 PM	2/29		LV	adarby1@mtsac.edu						

#### OAD MOX04 Healthy Aging - Principles of Posture and Flexibility

Health aging, including diet, nutrition, disease prevention, and application of Yoga principles to maintaining health while aging for the older adult population.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
43705	М	8:00 AM	8:50 AM	2/26	6/10	HERI	Mehta, Surendra
						0.111.115	eoa@mtsac.edu
43495	М	8:30 AM	9:55 AM	2/26	6/10	ONLINE -	Klein, Gabriela
					•	Synchronous	gklein@mtsac.edu
43496	М	11:30 AM	12:55 PM	2/26	6/10	ONLINE -	Klein, Gabriela
					-,	Synchronous	gklein@mtsac.edu
43497	Т	7:20 AM	8:25 AM	2/27	2/27 6/11	ONLINE -	Tan, Jeremy
43437	<b>'</b>	7.207(14)	0.23 / ((V)	2/2/		Synchronous	jtan9@mtsac.edu
43498	Т	9:00 AM	9:50 AM	2/27	6/11	ONLINE -	Castro, Candice
43436	•	9.00 AIVI	3.30 AIVI	2/2/	0/11	Synchronous	ccastro@mtsac.edu
43503	Т	10:00 AM	10:50 AM	2/27	6/11	ONLINE -	White, Shelby
43303	ı	10.00 AIVI	10.50 AIVI	2/27	7   6/11	Synchronous	swhite@mtsac.edu
43659	т	10.15 414	11:20 AM	2/27	C /1.1	DDC	White, Elizabeth
43039	Т	10:15 AM	11.20 AIVI	2/27	6/11	DBC	ewhite31@mtsac.edu
42660	<b>T</b>	11.25 414	12.20 DN4	2/27	C /1.1	DDC	White, Elizabeth
43660	Т	11:25 AM	12:30 PM	2/27	6/11	DBC	ewhite31@mtsac.edu
42662	T Tb	10.00 414	40.50.44	2/27	C/12	MCCCC	Cole, Danelle
43662	T,Th	10:00 AM	10:50 AM	2/27	6/13	WCSCC	dcole18@mtsac.edu
42504	T Tb	C-20 DN4	7.50 014	2/27	C /12	ONLINE -	Cole, Danelle
43501	T,Th	6:30 PM	7:50 PM	2/27	6/13	Synchronous	dcole18@mtsac.edu
42502	<b>NA</b> /	0.20 414	0.55 484	2/20	C/12	ONLINE -	Klein, Gabriela
43502	W	8:30 AM	9:55 AM	2/28	6/12	Synchronous	gklein@mtsac.edu
12662	\A/	10.45 004	11.50 414	2/20	6/12	\A/A T	Cole, Danelle
43663	W	10:45 AM	11:50 AM	2/28	6/12	WALT	dcole18@mtsac.edu
/2E0/	W	11:30 AM	12:55 PM	2/20	6/12	ONLINE -	Klein, Gabriela
43504	VV	TT.30 AIVI	12.55 PIVI	2/28	8 6/12	Synchronous	gklein@mtsac.edu
12E0E	\^/	1.00 014	2.05 DN/I	<b>1/10</b>	6/12	ONLINE -	Hunnicutt, Leslie
43505 W	1:00 PM	2:05 PM	2/28	6/12	Synchronous	lhunnicutt@mtsac.edu	

<sup>13</sup> 

<sup>\*</sup>Class may be full. Please contact the instructor to join the waitlist for the class.

**OAD MOX04** Healthy Aging - Principles of Posture and Flexibility (Continued)

CDN	Day/a)	Ctart Time	Fuel Time	Start	End	Location	Instructor & Email
CRN	Day(s)	Start Time	Ena Time	Date	Date	Location	instructor & Email
43499	Th	7:20 AM	8:25 AM	2/29	6/13	ONLINE -	Tan, Jeremy
43433 111	7.20 AIVI	O.ZJ AIVI	2/29	0/13	Synchronous	jtan 9@mtsac.edu	
43500	Th	9:00 AM	9:50 AM	2/29	6/13	ONLINE -	Castro, Candice
45500	111	9.00 AIVI	9.50 AIVI	2/29	9   6/13	Synchronous	ccastro@mtsac.edu
12661	Th E	9:00 AM	10:20 AM	M 4/4	6/13	PLUM	Chou, Kathy
45001	43661 Th,F		TO.ZU AIVI			PLOIVI	kchou@mtsac.edu
43493	F	8:30 AM	И 9:55 AM	3/1	C /1 A	ONLINE -	Klein, Gabriela
43433	Г	6.30 AIVI		3/1	6/14	Synchronous	gklein@mtsac.edu
43658	2650 5 11.	F 11:00 AM 11:5	M 11:50 AM	3/1	6/14	IRWN	Cole, Danelle
43036	Г	11.00 AIVI	11.50 AIVI	3/1	0/14	ILVVIN	dcole18@mtsac.edu
13101	Е	11:30 AM	AM 12:55 PM	3/1	6/14	ONLINE -	Klein, Gabriela
43494 F	11:30 AIVI	12.33 PIVI	3/ I	0/ 14	Synchronous	gklein@mtsac.edu	

#### OAD MOX06 Healthy Aging - Principles of Aquatic Resistance

Healthy aging, including diet nutrition, disease prevention, and application of aquatic resistance principles to maintain health while aging for the older adult population.

CRN	Day(s)	Start	End	Start	End	Location	Instructor & Email
CIVIA	Day(s)	Time	Time	Date	Date	Location	mstructor & Linan
43667	M,T,W,Th,F	8:00 AM	9:20 AM	2/26	6/14	BPAQ	Ortiz, Frank
43007	101,1,00,111,6	6.00 AIVI	9.20 AIVI	2,20 0,14	0/14	ы да	fortiz27@mtsac.edu
43668	M,T,W,Th,F	9:30 AM	10:50 AM	2/26	6/14	BPAQ	Ortiz, Frank
43006	101,1,00,111,6	9.50 AIVI	10.50 AIVI	2/20	0/14		fortiz27@mtsac.edu
43666	M,T,W,Th	7:15 PM	8:05 PM	2/26	6/13	BPAQ	Slim, Yamil
43000	101,1,00,111	7.13 FIVI	6.03 FIVI	2/20	0/13		yslim1@mtsac.edu
43669	N4 T N/ Th	1,T,W,Th 8:45 AM 9:35 AM 2,	2/26	6/13	SDSR	Friedman, Karena	
43009	141,1,44,111		J.JJ / IVI	2/20	0/13	JUJN	kfriedman@mtsac.edu
43670	N	9:45 AM	10.25 444	2/26	6/13	SDSR	Friedman, Karena
43070	M,T,W,Th	9.45 AIVI	10:35 AM	2/20	0/13	אכעכ	kfriedman@mtsac.edu
43664	F	8:45 AM	9:35 AM	3/1	6/14	SDSR	Hunnicutt, Leslie
43004	Г	6.45 AIVI	AIVI 9.33 AIVI 3/1 0/14 303K	SDSK	lhunnicutt@mtsac.edu		
43665	F	9:45 AM	10:35 AM	3/1	6/14	CUCD	Hunnicutt, Leslie
43003	Γ	J.43 AIVI	TO:33 AIVI	3/1	0/ 14	SDSR	lhunnicutt@mtsac.edu

#### OAD MOX11 Healthy Aging – Fall Prevention Balance and Mobility

Addresses, particularly for older adults, the risks and fears associated with falling. Includes setting realistic goals, minimizing environmental risks and balance exercises.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email	
43510	М	10:00 AM	11:25 AM	2/26	6/10	ONLINE -	Klein, Gabriela	
43310	IVI	10.00 AIVI	II.ZJ AIVI	2/20	0/10	Synchronous	gklein@mtsac.edu	
43511	М	1:00 PM	2:05 PM	2/26	6/10	ONLINE -	Hunnicutt, Leslie	
45511	IVI	1.00 PW	2.05 PIVI	2/20	26   6/10   3	Synchronous	Ihunnicutt@mtsac.edu	
43671	Т	11:00 AM	11:50 AM	2/27	6/11	IRWN	Castro, Candice	
45071	ı	11.00 AIVI	11.50 AIVI	2/2/	0/11	0/11	ILVVIN	ccastro@mtsac.edu
12507	42507 T	11:00 AM	1 11:50 AM	2/27	6/11	ONLINE -	White, Shelby	
43507 T	11.00 AIVI	11.30 AIVI	2/2/	0/11	Synchronous	swhite@mtsac.edu		
43674	42674 T.Th	1:30 PM	0 PM 2:20 PM	2/27	/27 6/13	LV	Slim, Yamil	
43074	T,Th	1.50 PIVI	2.20 PIVI	2/2/		LV	yslim1@mtsac.edu	
43512	W	10:00 AM	11:25 AM	2/20	6/12	ONLINE -	Klein, Gabriela	
45512	VV	10.00 AIVI	11.25 AIVI	1 2/28	2/20	0/12	Synchronous	gklein@mtsac.edu
43675	W	12:40 PM	1:45 PM	2/28	6/12	ESGVJC	McLaren, Erin	
43073	VV	12.40 PIVI	1.45 PIVI	2/20	0/12	ESGAIC	emclaren@mtsac.edu	
43672	Th	11:30 AM	12.20 DN4	2/20	2/20 6/42	PSC	Hunnicutt, Leslie	
43072	111	11.30 AIVI	1 12:20 PM	2/29	6/13	P3C	lhunnicutt@mtsac.edu	
12500	Е	F 10:00 AM	11:25 AM	2 /1	6/14	ONLINE -	Klein, Gabriela	
43508	Г			3/1		Synchronous	gklein@mtsac.edu	

#### **Painting and Drawing**

#### **OAD FNA03 Oil Painting**

Principles of drawing, design, color and composition for oil painting emphasizing creative skill development for the older adult population.

CRN	Day(s)	Start Time	End Time	Start	End	Location	Instructor & Email
CKIV	Day(s)	Start Time	Ella Tillle	Date	Date		instructor & Email
43570	W	1:00 PM	3:50 PM	2/28	6/12	WALT	Conte, Kelly
43370	VV	1.00 PIVI	3.30 PIVI	2/20	0/12	VVALI	kconte@mtsac.edu
42560	Th	9:00 AM	11:50 AM	2/29	6/13	WALT	Conte, Kelly
43569	111	9.00 AIVI	TT.50 AIVI	2/29	0/13		kconte@mtsac.edu

#### **OAD FNA04 Watercolor Painting**

Principles of watercolor painting for the older adult population. Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
43467	М	9:00 AM	11:50 AM	2/26	6/10 ONLIN	ONLINE -	Tucker, Ray
43407	IVI	9.00 AIVI	11.50 AIVI	2/20	0/10	Synchronous	rtucker@mtsac.edu
43580	М	10:00 AM	11:50 AM	2/26	6/10	BPSC	Sanchez, Angelica
43380	IVI	10.00 AIVI	11.50 AIVI	2/20	0/10	BF 3C	asanchez487@mtsac.edu
43581	Т	9:00 AM	11:50 AM	2/27	6/11	LV	Conte, Kelly
43361	•	9.00 AIVI					kconte@mtsac.edu
43582	Т	1:00 PM	4:05 PM	2/27	6/11	SD	Conte, Kelly
43362	ı	1.00 FIVI	4.03 FIVI	2/2/	0/11	30	kconte@mtsac.edu
43583 Th	Th	1:00 PM	3:50 PM	2/29	6/13	DBC	Conte, Kelly
43363	111	1.00 PW	3.30 PIVI	2/29	0/13	DBC	kconte@mtsac.edu
<b>12571</b>	F	10:00 AM	12:30 PM	3/1	6/14	WCSCC	Conte, Kelly
43571	r						kconte@mtsac.edu
43577	F	12:45 PM	3:50 PM	3/1	6/14	LV	Tucker, Ray
43377							rtucker@mtsac.edu

<sup>17</sup> 

<sup>\*</sup>Class may be full. Please contact the instructor to join the waitlist for the class.

#### OAD FNA32 Drawing—Beginning-Advanced

Drawing while emphasizing the development of perceptual and technical skills. Students will advance their abilities in dry and fluid media while expanding their use of the formal elements and principles. The development of works of art will utilize observation of single objects, still life and landscape for representation and expression.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
43586	Т	12:30 PM	3:20 PM	2/27	6/11	DBC	Tucker, Ray
43300	•	12.501101	3.2011	2/2/	0/11	DBC	rtucker@mtsac.edu
43468	۱۸/	W 9:00 AM 11:30 AM 2/28 6/12 ONLINE - Synchronou	ONLINE -	Conte, Kelly			
43406	VV		11.30 AIVI	2/20	0/12	Synchronous	kconte@mtsac.edu
43587	Th	8:55 AM	12:00 PM	2/29	6/12	LV	Tucker, Ray
43367	111	6.33 AIVI	12.00 PIVI	2/29	6/13		rtucker@mtsac.edu
42504	F	0.00 414	11.50 414	2 /1	C /1 A	MCCC	Johnson, Bernard
43584	Г	9:00 AM	11:50 AM	3/1	6/14	WSSC	bjohnson 98@mtsac.edu
43585	F	1:00 PM	3:05 PM	3/1	6/14	DBC	Cardona, Yasmin
							ycardona3@mtsac.edu

#### **Vocational Re-Entry Program**

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/eoa.



#### SCHOOL OF CONTINUING EDUCATION STUDENT ONLINE SUPPORT

# SCE SOS

**Our Student Online Support program** provides, LIVE, one-on-one help for noncredit students who need assistance with any technology support to help you succeed, navigate and access your courses!

#### WHAT WE HELP WITH:

- Mt. SAC Portal
- **Canvas**
- Zoom

- Mountie Mail
- Office 365
- Convert Files/Docs
   And much more!
- Download files for coursework
- Noncredit Application

#### **WINTER 2024 ZOOM HOURS:**

Monday-Thursday: 9am-1pm & 3pm-7pm Friday 8:30am-4pm

#### <u> WINTER 2024 HYBRID HOURS (IN-PERSON OR ON ZOOM)</u>

Monday: 9am-1pm (Location: Bldg 30, Rm 111 or on Zoom) Tuesday: 9am-1pm (Location: Bldg 66, Rm 171 or on Zoom) Tuesday: 9am-1pm (Location: Bldg 40, Rm 140 or on Zoom)

#### **HOW TO CONTACT US:**



ZOOM: <a href="https://mtsac-edu.zoom.us/j/95117998111">https://mtsac-edu.zoom.us/j/95117998111</a>



Type the URL address above to join

Scan QR code to join



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CALL: (909) 274-6100

#### **Semester Dates**

#### Winter 2024

Classes Begin: January 8, 2024 Classes End: February 18, 2024

Holidays: January 15 and February 16

#### Spring 2024

Registration Begins: January 16, 2024

Classes Begin: February 26, 2024

Classes End: June 16, 2024 Holidays: April 1 and May 27

#### **Summer 2024**

Registration Begins: May 6, 2024