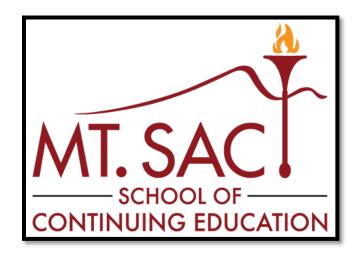
Education for Older Adults Class Schedule Fall 2023



August 28 to December 17, 2023 Holidays: 9/4, 11/10, 11/23, and 11/24

Registration begins on Monday, July 10

Contact Us

Phone

Registration inquiries: 909-274-4220 Program inquiries: 909-274-4192

Email

eoa@mtsac.edu

Website

www.mtsac.edu/eoa

Facebook

www.facebook.com/mtsaceoa

Instagram

www.instagram.com/mtsac eoa

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Class Location Key

BPAQ ... Baldwin Park Aquatic Center

4100 Baldwin Park Boulevard Baldwin Park, CA. 91706 (626) 813-5270

BPSC ... Baldwin Park Julia McNeil Senior Center

4100 Baldwin Park Blvd, Baldwin Park, CA 91706 (626) 813-5245

CSCC ... Covina Senior & Community Center

815 North Barranca Avenue Covina. CA 91723

Phone: (626) 430-2284

DBC ... Diamond Bar Center

1600 S. Grand Ave. Diamond Bar, CA 91765

Phone: (909) 839-7070

ESGVJC ... East San Gabriel Valley Japanese

Community Center

1203 W Puente Avenue

West Covina, CA 91790

Phone: (626) 960-2566

GPP ... Ganesha Park Pool

1575 N. White Ave.

Pomona, CA 91768

Phone: (909) 620-2304

GSC ... Gibson Senior Center

250 N. 3rd Ave.,

Upland, CA 91786

Phone: (909) 981-4501

IRC ... Irwindale Recreation Center

5050 Irwindale Ave. Irwindale, CA 91706

Phone: (626) 430-2248

IRWN ... Irwindale Senior Citizen's Center

16116 Arrow Hwy.

Irwindale, CA 91706

Phone: (626) 430-2284

LV ... La Verne Community Center

3680 D Street

La Verne, CA 91750

Phone: (909) 596-8776

Mt. SAC ... Mt. San Antonio College

1100 N. Grand Ave.

Walnut, CA 91789

Phone: (909) 274-4220

PLUM ... Stanley Plummer Building

245 E. Bonita Ave.

San Dimas, CA 91773

Phone: (909) 394-6290

PSC ... Palomares Senior Center

499 East Arrow Highway

Pomona, CA 91767

Phone: (909) 620-2324

SD ... San Dimas Senior/Community Center

201 E. Bonita Ave.

San Dimas, CA 91773

Phone: (909) 394-6293

WALT ... Walnut Senior Center

21215 La Puente Rd. Walnut, CA 91789

Phone: (909) 598-6200

WCSCC ... West Covina Senior Citizen's Center

2501 E. Cortez St. West Covina, CA 91791 Front desk (626) 331-5366

WPK ... Washington Park

865 E. Grand Avenue Pomona, CA 91766

Phone: (909) 620-2305

WSSC ... William Steinmetz Senior Center

1545 South Stimson Avenue Hacienda Heights, CA 91745

Phone: (626) 934-7041

Registration Information

Registration begins on Monday, July 10.

How to Register for a Class

Online: Students taking online classes must complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at www.mtsac.edu/noncreditapp

In Person: Students taking classes in person can complete the noncredit application online at www.mtsac.edu/noncreditapp. Or, students can complete a yellow registration card. This registration card serves as your application and registration document. You can get a blank yellow registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

Need help?

Come see us in person! We have application workshops and registration support dates out in the community at a location near you. See the following pages for details.

Fall 2023 Registration Support Days

Mt. San Antonio College

EDUCATION FOR OLDER ADULTS
& IMPACT PROGRAMS

Scan to view instructions on how to register



Fall Term: August 28 - December 15

Fall 2023 Registration Opens July 10

Need Help? Come see us!

Mon. July 10	10am-12pm	Heritage Park, Diamond Bar
Tue. July 11	10am-12pm	Diamond Bar Center
Wed. July 12	10am-12pm	Washington Park Community Center, Pomona
Thur. July 13	9am-11am	West Covina Senior Citizen's Center
Tue. July 18	9am-11am	Walnut Senior Center
Wed. July 19	10am-12pm	La Verne Community Center
Thur. July 20	10am-12pm	Palomares Senior Center, Pomona
Mon. July 24	9am-11am	San Dimas Senior Center
Tue. July 25	10am-12pm	Irwindale Senior Center
Wed. July. 26	11am-1pm	Julia McNeil Senior Center, Baldwin Park

Registration Inquiries

**** 909-274-4220

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Additional Program Information

About the Education for Older Adults Program

Mt. San Antonio College's School of Continuing Education offers classes for older adults that provide opportunities for personal growth and development, community involvement, skills for mental and physical well-being, and economic self-sufficiency. Classes are available online and at various senior centers, community centers, and residential facilities. These courses are designed for older adults (age 55+ years). Education for Older Adults (EOA) students enter class with different levels of real world experience as well as a multitude of educational levels, age variances, and life skills. Some learn about emerging technology to improve communication, while others focus on healthy aging goals.

Do you have questions about a class?

All faculty members teach their classes slightly differently based on their knowledge, expertise, and teaching philosophy. It is the policy of Mt. San Antonio College to maintain and encourage freedom for its faculty, within the law, of inquiry, teaching and research, and the pursuit of knowledge. If you have questions about a specific class, we encourage you to email the faculty member.

Course Modality

Course Modality refers to how an instructor delivers their course.

- In Person Learning takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- Asynchronous Learning is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

Class Schedule

Brain Health Classes

OAD BHTH1 - Brain Health 1

Critical thinking and cognitive skills through understanding key structures and functions of the brain. Focus on auditory processing

CRN	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23708	Th	1:00 PM	3:30 PM	8/29	29 12/12	ONLINE - Asynchronous	Zapata, Kristine
23708	111	1.00 FIVI	3.30 FIVI	0/29	12/12	1:00 PM - 2:30 PM	kzapata5@mtsac.edu

OAD BHTH 2 - Brain Health 2

Designed to improve age-related cognitive decline through preventative measures in order to strengthen and improve brain function. Focusing on visual processing.

CRN	CRN Day Start Time End Time		Start	End	Location	Instructor & Email			
CKIV	Day	Start Tille	Liiu iiiie	Date	e Date		mistructor & Email		
23710	т	1:00 PM	3:30 PM 8/29		12/12	ONLINE - Asynchronous	White, Shelby		
23/10	'	1.00 PIVI	3.30 PIVI	0/23	0,23	0/23 12/12	0,23 12,12	1:00 PM - 2:30 PM	swhite@mtsac.edu
23711	W	۱ ۱۸/	1:00 PM	3:20 PM 8/3	8/30	12/13	SD	Friedman, Karena	
23/11		1.00 FIVI	3.20 F W 8/30		8/30 12/13	30	kfriedman@mtsac.edu		
23709	Th	10:00 AM	12.20 DN/	0/21	8/31	8/31 12/14	ONLINE - Asynchronous	Jones, Vanessa	
23709	111	10.00 AW	12.30 P W	0/31	12/14	10:00 AM - 11:30 AM	vjones11@mtsac.edu		

Healthy Aging Classes

OAD MOX01 Healthy Aging

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness principles to maintain health while aging.

CRN	Day(s)	Start	End	Start	End	Location	Instructor & Email
CKIN	Day(s)	Time	Time	Date	Date	Location	instructor & Email
23842	N /	7.20 414	0.20 414	0/20	12/11	ONLINE -	Tan, Jeremy
23842	M	7:30 AM	8:20 AM	8/28	12/11	Synchronous	jtan 9@mtsac.edu
23843	М	8:00 AM	8:50 AM	8/28	12/11	ONLINE -	Castro, Candice
23043	IVI	6.00 AIVI	6.50 AIVI	0/20	12/11	Synchronous	ccastro@mtsac.edu
23844	М	8:00 AM	8:50 AM	8/28	12/11	ONLINE -	Cole, Danelle
23044	IVI	6.00 AIVI	6.30 AIVI	0/20	12/11	Synchronous	dcole18@mtsac.edu
23845	М	9:00 AM	9:50 AM	8/28	12/11	ONLINE -	Hunnicutt, Leslie
23043	IVI	3.00 AIVI	9.30 AIVI	0/20	12/11	Synchronous	lhunnicutt@mtsac.edu
23870	М	9:00 AM	9:50 AM	8/28	12/11	WCSCC	White, Shelby
23870	IVI	3.00 AIVI	9.30 AIVI	0/20	12/11	Weste	swhite@mtsac.edu
23862	М	9:30 AM	10:20 AM	8/28	12/11	SD	Castro, Candice
23802	IVI	9.30 AIVI	10.20 AW	0/20	12/11	30	ccastro@mtsac.edu
23833	М	1:00 PM	1:50 PM	8/28	12/11	CSCC	Castro, Candice
23633	IVI	1.00 FIVI	1.50 FIVI	0/20	12/11	CSCC	ccastro@mtsac.edu
23859	MW	10:30 AM	11:20 AM	8/28	12/13	PSC	McLaren, Erin
23633	IVIVV	10.30 AIVI	11.20 AW	0/20	12/13	PSC	emclaren@mtsac.edu
23871	MW	10:45 AM	11:35 AM	8/28	12/13	WPK	Jones, Vanessa
23071	10100	10.45 AW	TI.33 AIVI	0/20	12/13	VVIIX	vjones11@mtsac.edu
23865	MWF	8:00 AM	8:50 AM	8/28	12/15	WALT	McLaren, Erin
23803	IVIVVI	6.00 AIVI	6.50 AIVI	0/20	12/13	WALI	emclaren@mtsac.edu
23834	MWF	9:00 AM	9:50 AM	8/28	12/15	DBC	TBA
23634	IVIVVI	9.00 AIVI	9.30 AIVI	0/20	12/13	DBC	eoa@mtsac.edu
23866	MWF	9:30 AM	10:35 AM	8/28	12/15	WALT	Cole, Danelle
23800	101001	9.50 AIVI	10.55 AIVI	0/20	12/13	WALI	dcole18@mtsac.edu
23835	MWF	10:00 AM	10:50 AM	8/28	12/15	DBC	TBA
23033	101001	10.00 AIVI	10.30 AIVI	0/20	12/13	DBC	eoa@mtsac.edu
23830	NATWATE	11:00 AM	12:05 PM	8/28	12/15	BPSC	Ortiz, Frank
23030	IAII VV IIII	11.00 AIVI	12.03 101	0,20	12/13	טו טכ	fortiz27@mtsac.edu

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^{*}Classes with an asterisk may be full. Please contact the instructor to join the waitlist for the class.

OAD MOX01 Healthy Aging (Continued)

CRN	Day(s)	Start	End	Start	End	Location	Instructor & Email
CKIN	Day(3)	Time	Time	Date	Date	Location	mstructor & Eman
22047	Т	0.00 414	0.50 414	8/29	12/12	ONLINE -	Castro, Candice
23847	I	8:00 AM	8:50 AM	0/29	12/12	Synchronous	ccastro@mtsac.edu
23867	Т	9:00 AM	9:50 AM	8/29	12/12	WALT	White, Elizabeth
23607	I	9.00 AIVI	9.50 AIVI	0/29	12/12	WALI	ewhite31@mtsac.edu
23848	Т	10.00 414	10:50 AM	8/29	12/12	ONLINE -	Hunnicutt, Leslie
23040	l	10.00 AIVI	TO.30 AIVI	6/23	12/12	Synchronous	lhunnicutt@mtsac.edu
23857	TTh	8:00 AM	8:50 AM	8/29	12/14	PLUM	Jones, Vanessa
23037	1 111	8.00 AIVI	6.50 AIVI	6/23	12/14	FLOW	vjones11@mtsac.edu
23838	TTh	8:15 AM	9:35 AM	8/29	12/14	LV	Cole, Danelle
23030	1 111	0.13 AIVI	3.33 AIVI	6/23	12/14	LV	dcole18@mtsac.edu
23852	W	7:30 AM	8:20 AM	8/30	12/13	ONLINE -	Tan, Jeremy
23032	VV	7.30 AIVI	0.20 AIVI	8/30	12/13	Synchronous	jtan 9@mtsac.edu
23853	W	8:00 AM	8:50 AM	8/30	12/13	ONLINE -	Castro, Candice
23033	VV	0.00 AIVI	0.50 AIVI	6/30	12/13	Synchronous	ccastro@mtsac.edu
23854	W	8:00 AM	8:50 AM	8/30	12/13	ONLINE -	Cole, Danelle
23034	VV	0.00 AIVI	0.50 AIVI	6/30	12/13	Synchronous	dcole18@mtsac.edu
23856	W	9:00 AM	9:50 AM	8/30	12/13	ONLINE -	Castro, Candice
23030	VV	J.00 AIVI	J.50 AIVI	6/30	12/13	Synchronous	ccastro@mtsac.edu
23855	W	9:00 AM	9:50 AM	8/30	12/13	ONLINE -	Hunnicutt, Leslie
23033	VV	J.00 AIVI	J.50 AIVI	6/30	12/13	Synchronous	lhunnicutt@mtsac.edu
23858	W	0.3U VV	10:20 AM	8/30	12/13	PLUM	Jones, Vanessa
23030	VV	J.30 AIVI	10.20 AIVI	0/30	12/13	I LOIVI	vjones11@mtsac.edu
23863	W	10.30 ΔΝ/	11:20 AM	8/30	12/13	SOP	Hunnicutt, Leslie
23003	VV	10.30 AIVI	11.20 AIVI	3/30	12/13	301	lhunnicutt@mtsac.edu
23831	W	3:00 PM	5:00 PM	8/30	12/13	BPSC	Ezumah, Muna
23031	VV	3.001101	3.00 1 101	3,30	12,13	D1 3C	mezumah@mtsac.edu

^{*}Classes with an asterisk may be full. Please contact the instructor to join the waitlist for the class.

OAD MOX01 Healthy Aging (Continued)

CDAL	D (-)	Start	End	Start	End		Luckovska v O Forsil
CRN	Day(s)	Time	Time	Date	Date	Location	Instructor & Email
23849	Th	8:00 AM	8:50 AM	0/21	12/14	ONLINE -	Castro, Candice
23049	111	6.00 AIVI	6.50 AIVI	8/31 12/14	12/14	Synchronous	ccastro@mtsac.edu
23850	Th	10:00 AM	10:50 AM	8/31	12/14	ONLINE -	Hunnicutt, Leslie
23630	111	10.00 AW	10.30 AIVI	0/31	12/14	Synchronous	lhunnicutt@mtsac.edu
23851	Th	11:00 AM	11:50 AM	8/31	12/14	ONLINE -	Castro, Candice
23631	111	11.00 AW	II.JU AIVI	0/31	12/14	Synchronous	ccastro@mtsac.edu
23837	Th	1:00 PM	1:50 PM	8/31	12/14	IRWN	Gutierrez, Shawn
23637	111	1.00 FIVI	1.30 FIVI	0/31	12/14	ILVAIN	cgutierrez64@mtsac.edu
23840	F	8:00 AM	8:50 AM	9/1	12/15	ONLINE -	Cole, Danelle
23040	'	6.00 AIVI	6.30 AIVI	3/1	12/13	Synchronous	dcole18@mtsac.edu
23868	F	9:00 AM	9:50 AM	9/1	12/15	WCSCC	Figueroa-Darby, Raea
23808	'	9.00 AIVI	9.30 AIVI	9/1	12/13	Wesee	adarby1@mtsac.edu
23841	F	9:00 AM	10:30 AM	9/1	12/15	ONLINE -	White, Shelby
23041		3.00 AIVI	10.30 AIVI	<i>3</i> / 1	12/13	Synchronous	swhite@mtsac.edu
23861	F	9:30 AM	10:20 AM	9/1	12/15	SD	McLaren, Erin
23001	' 	J.30 AIVI	10.20 AIVI	<i>3</i> / ±	12/13	30	emclaren@mtsac.edu
23869	F	10:00 AM	10:50 AM	9/1	12/15	WCSCC	Figueroa-Darby, Raea
23803		10.00 AIVI	10.50 AIVI	<i>3</i> / 1	12/13	Wesee	adarby1@mtsac.edu
23836	F	1:00 PM	1:50 PM	9/1	12/15	IRWN	Miranda, Blanche
23030	'	1.00 F 101	1.50 1101	<i>9</i> / ±	12/13	IIVVIV	bmiranda 22@mtsac.edu
23846	Sa	8:30 AM	10:00 AM	9/2	12/16	ONLINE -	Tan, Jeremy
23040	Ja	0.30 AIVI	10.00 AIVI	<i>3 L</i>	12/10	Synchronous	jtan9@mtsac.edu

OAD MOX02 Healthy Aging - Principles of Slow Movement

Healthy aging, including diet, nutrition, disease prevention and application of Tai Chi Principles to maintain health while aging for the older adult.

CDN	Davida)	Chaut Time a	Fuel Times	Start	End	Lasation	Instructor C Freedi
CRN	Day(s)	Start Time	Ena Time	Date	Date	Location	Instructor & Email
23881	М	12:00 PM	1:25 PM	8/28	12/11	WCSCC	Figueroa-Darby, Raea
23001	IVI	12.00 PIVI	1.23 F W	0/20	5/20 12/11	.1 VVC3CC	adarby1@mtsac.edu
23882	М	1:30 PM	2:55 PM	8/28	12/11	WCSCC	Figueroa-Darby, Raea
23002	IVI	1.30 F W	2.33 F W	0/20	12/11	WCSCC	adarby1@mtsac.edu
23876	MW	9:00 AM	9:50 AM	8/28	12/13	IRWN	Figueroa-Darby, Raea
23870	10100	3.00 AIVI	9.30 AIVI	0/20	12/13	ILAAIA	adarby1@mtsac.edu
23877	MW	10:00 AM	10:50 AM	8/28	12/13	IRWN	Figueroa-Darby, Raea
230//	IVIVV	10.00 AIVI	10.50 AIVI	0/20	12/13	ILVAIN	adarby1@mtsac.edu
23875	Т	4:00 PM	4:50 PM	8/29	12/12	GSC	Chou, Kathy
23073	-	4.00 PW	4.30 FIVI	0/29	12/12	GSC	kchou@mtsac.edu
23879	Th	9:00 AM	9:50 AM	8/31	12/14	ONLINE -	White, Shelby
23073	111	3.00 AIVI	9.30 AIVI	0/31	12/14	Synchronous	swhite@mtsac.edu
23873	Th	9:30 AM	11:20 AM	8/31	12/14	DBC	Figueroa-Darby, Raea
23073	111	3.30 AIVI	11.20 AIVI	0/31	12/14	DBC	adarby1@mtsac.edu
23878	Th	1:00 PM	2:50 PM	8/31	12/14	LV	Figueroa-Darby, Raea
23070	111	1.00 FIVI	2.30 FIVI	0/31	12/14	LV	adarby1@mtsac.edu
23880	F	9:00 AM	10:50 AM	9/1	12/15	PLUM	Chou, Kathy
23000	Г	9.00 AIVI	TO.30 AIVI	<i>3</i> / 1	12/13	FLUIVI	kchou@mtsac.edu

OAD MOX04 Healthy Aging - Principles of Posture and Flexibility

Health aging, including diet, nutrition, disease prevention, and application of Yoga principles to maintaining health while aging for the older adult population.

CRN	Day(s)	Start Time	End Time	Start	End	Location	Instructor & Email
CIVIA	Day(3)	Start Time	Liid Tiille	Date	Date	Location	mstructor & Eman
23887	М	8:30 AM	9:50 AM	8/28	12/11	ONLINE -	Klein, Gabriela
23007	IVI	6.50 AIVI	9.50 AIVI	0/20	12/11	Synchronous	gklein@mtsac.edu
23888	М	11:30 AM	12:50 PM	8/28	12/11	ONLINE -	Klein, Gabriela
23000	IVI	11.30 AIVI	12.30 PIVI	0/20	12/11	Synchronous	gklein@mtsac.edu
23889	Т	7:30 AM	8:20 AM	8/29	/20 42/42	ONLINE -	Tan, Jeremy
23009	•	7.50 AIVI	6.ZU AIVI	0/29	12/12	Synchronous	jtan 9@mtsac.edu
23890	Т	0.00 414	9:50 AM	8/29	12/12	ONLINE -	Castro, Candice
23690		9:00 AM 9:50 A	9.50 AIVI	0/29	12/12	Synchronous	ccastro@mtsac.edu
22907	23897 T 9:00 AM	0.00 414	10:05 AM	AM 8/29	12/12	PLUM	White, Shelby
23097		TO.OS AIVI	6/23	12/12	PLUIVI	swhite@mtsac.edu	
23883	Т	10:15 AM	11:30 AM	9/20	12/12	DBC	White, Elizabeth
23003		10.15 AIVI	11.50 AIVI	30 AM 8/29		DBC	ewhite31@mtsac.edu
23900	TTh	10:15 AM	11:05 AM	0/20	12/11	WCSCC	Cole, Danelle
23900	1111	10.15 AIVI	II.US AIVI	8/29	12/14	WCSCC	dcole18@mtsac.edu
23893	TTh	6:30 PM	7:50 PM	8/29	12/14	ONLINE -	Cole, Danelle
23693	1 111	0.30 PIVI	7.30 FIVI	0/29	12/14	Synchronous	dcole18@mtsac.edu
23894	W	8:30 AM	9:50 AM	8/30	12/13	ONLINE -	Klein, Gabriela
23034	VV	6.50 AIVI	9.50 AIVI	0/30	12/13	Synchronous	gklein@mtsac.edu
23895	W	11:30 AM	12:50 PM	8/30	12/13	ONLINE -	Klein, Gabriela
23033	VV	11.30 AW	12.30 FIVI	0/30	12/13	Synchronous	gklein@mtsac.edu
23896	22006	1.00 DN4	1:50 PM	8/30	12/13	ONLINE -	Klein, Gabriela
23030	W	1:00 PM	1.30 FIVI			Synchronous	gklein@mtsac.edu

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^{*}Classes with an asterisk may be full. Please contact the instructor to join the waitlist for the class.

OAD MOX04 Healthy Aging - Principles of Posture and Flexibility (Continued)

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email	
22001	Th	7.20 484	0.20 414	0/21	12/14	ONLINE -	Tan, Jeremy	
23891	Th	7:30 AM	8:20 AM	8/31	3/31 12/14	Synchronous	jtan9@mtsac.edu	
23892	Th	9:00 AM	9:50 AM	0/21	12/14	ONLINE -	Castro, Candice	
23092	111	9.00 AIVI	9.50 AIVI	0/31	8/31 12/14	Synchronous	ccastro@mtsac.edu	
23898	98 Th 9:00 AM 10:20 AM	0.00 414 10.30 41/	10.20 414 9/21	0/21	8/31 12/14	12/14	PLUM	Chou, Kathy
23090	111	9.00 AIVI	10.20 AIVI	0/31			12/14	12/14
23885	F	8:30 AM	8:30 AM 9:50 AM	9/1	12/15	ONLINE -	Klein, Gabriela	
23883	'	6.30 AIVI	9.30 AIVI	9/1	12/13	Synchronous	gklein@mtsac.edu	
23884	F	11:00 AM	AM 11:50 AM	9/1	12/15	IRWN	Cole, Danelle	
23004	Г	11.00 AIVI	11.30 AIVI	9/1	12/15	ILAAIA	dcole18@mtsac.edu	
23886	F	11:30 AM	12:50 PM	0/1	9/1 12/15	ONLINE -	Klein, Gabriela	
23000	Г	11.30 AIVI	12.30 PW	3/1		Synchronous	gklein@mtsac.edu	

OAD MOX06 Healthy Aging - Principles of Aquatic Resistance

Healthy aging, including diet nutrition, disease prevention, and application of aquatic resistance principles to maintain health while aging for the older adult population.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email		
22002	MTWThF	8:00 AM	9:20 AM	8/28	12/15	BPAQ	Ortiz, Frank		
23902	IVIIVVIIIF	6.00 AIVI	9.20 AIVI	0/20	12/13	BPAQ	fortiz 27@mtsac.edu		
23003	MTWThF	9:30 AM	10:50 AM	8/28	12/15	BPAQ	Ortiz, Frank		
23903	IVIIVVIIIF	3.30 AIVI	10.30 AIVI	0/20	12/13	BPAQ	fortiz 27@mtsac.edu		
23901	MTWTh	7:15 PM	8:05 PM	8/28	12/14	BPAQ	Slim, Yamil		
23901	IVIIVVIII	7.15 PIVI	6.05 PIVI	0/20	12/14	BPAQ	yslim1@mtsac.edu		
23904	NAE	8:45 AM	9:35 AM	8/28	12/15	SDSR	ТВА		
23904	MF	6.45 AIVI	J.JJ AIVI	0/20	8/28 12/15	SDSK	eoa@mtsac.edu		
23905	NAE	0.45 414	10:35 AM	8/28	12/15	SDSR	ТВА		
23903	MF	9:45 AM	10.55 AIVI	0/20	12/13	SDSK	eoa@mtsac.edu		
22006	T\A/Th	0.45 414	0.25 414	0/20	12/14	CDCD	Friedman, Karena		
23906	TWTh	8:45 AM	9:35 AM	8/29	12/14	SDSR	kfriedman@mtsac.edu		
22007	T\A/Th	0.45 414	10.25 484	0/20	42/44	CDCD	Friedman, Karena		
23907	TWTh	9:45 AM	10:35 AM	8/29	12/14	4 SDSR	kfriedman@mtsac.edu		

OAD MOX11 Healthy Aging - Fall Prevention Balance and Mobility

Addresses, particularly for older adults, the risks and fears associated with falling. Includes setting realistic goals, minimizing environmental risks and balance exercises.

CDN	Davida	Chart Times	Fuel Times	Start	End	Lasation	lucaturata a O Facall
CRN	Day(s)	Start Time	End Time	Date	Date	Location	Instructor & Email
23914	М	10:00 AM	11:25 AM	8/28	12/11	ONLINE -	Klein, Gabriela
23314	IVI	10.00 AIVI	II.ZJ AIVI	0/20	20 12/11	Synchronous	gklein@mtsac.edu
23915	М	1:00 PM	1:50 PM	8/28	12/11	ONLINE -	Klein, Gabriela
23913	IVI	1.00 F W	1.30 FIVI	0/20	12/11	Synchronous	gklein@mtsac.edu
23910	Т	11:00 AM	11:50 AM	8/29 12/12	IRWN	Castro, Candice	
23910	Į.	11.00 AIVI	II.30 AIVI	0/29	12/12	IRVVIN	ccastro@mtsac.edu
22011	3911 TTh 1:30 PM	2:20 PM	8/29	12/14	LV	Slim, Yamil	
23911		2.20 PIVI			LV	yslim1@mtsac.edu	
23916	W	10:00 AM	11:25 AM	.:25 AM 8/30	12/13	ONLINE -	Klein, Gabriela
23910	VV	10.00 AIVI	II.ZJ AIVI	8/30		Synchronous	gklein@mtsac.edu
23909	W	12:15 PM	1:05 PM	8/30	12/13	ESGVJC	McLaren, Erin
23909	VV	12.13 PIVI	1.03 FIVI	8/30	12/13	LOGVIC	emclaren@mtsac.edu
23917	Th	11:00 AM	12:05 PM	8/31	12/14	PSC	Gutierrez, Shawn
23917	111	11.00 AIVI	12.05 PIVI	0/31	12/14	PSC	cgutierrez64@mtsac.edu
23912	F	10:00 AM	11:25 AM	9/1	12/15	ONLINE -	Klein, Gabriela
23312	<u>г</u>	TO.OO AIVI	TT.CO HIVI	9/1	12/15	Synchronous	gklein@mtsac.edu
23913	F	1:00 PM	1:50 PM	9/1	12/15	ONLINE -	Klein, Gabriela
73313	Г	1.00 FIVI	1.30 F IVI	<i>3)</i> 1	12/15	Synchronous	gklein@mtsac.edu

Painting and Drawing

OAD FNA03 Oil Painting

Principles of drawing, design, color and composition for oil painting emphasizing creative skill development for the older adult population.

CRN	Day(s)	Start Time	End Time	Start	End	Location	Instructor & Email
				Date	Date		
23769	W	1:00 PM	3:50 PM	8/30	12/13	WALT	Conte, Kelly
							kconte@mtsac.edu
23768	Th	9:00 AM	11:50 AM	8/31	12/14	WALT	Conte, Kelly
							kconte@mtsac.edu

OAD FNA04 Watercolor Painting

Principles of watercolor painting for the older adult population. Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique.

CRN	Day(s)	Start Time	End Time	Start	End	Location	Instructor & Email
				Date	Date		
23774	M	9:00 AM	11:50 AM	8/28	12/11	ONLINE -	Tucker, Ray
						Synchronous	rtucker@mtsac.edu
23770	M	10:00 AM	11:50 AM	8/28	12/11	BPSC	Porter, Adam
							amickeyporter@mtsac.edu
23773	Т	9:00 AM	11:50 AM	8/29	12/12	LV	Conte, Kelly
							kconte@mtsac.edu
23776	Т	1:00 PM	3:50 PM	8/29	12/12	SD	Conte, Kelly
23770							kconte@mtsac.edu
22771	Th	1:00 PM	3:50 PM	8/31	12/14	DBC	Conte, Kelly
23771							kconte@mtsac.edu
23777	F	10:00 AM	12:30 PM	9/1	12/15	WCSCC	Conte, Kelly
							kconte@mtsac.edu
23772	F	12:55 PM	4:00 PM	9/1	12/15	LV	Tucker, Ray
							rtucker@mtsac.edu

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^{*}Classes with an asterisk may be full. Please contact the instructor to join the waitlist for the class.

OAD FNA32 Drawing—Beginning-Advanced

Drawing while emphasizing the development of perceptual and technical skills. Students will advance their abilities in dry and fluid media while expanding their use of the formal elements and principles. The development of works of art will utilize observation of single objects, still life and landscape for representation and expression.

CRN	Day(s)	Start Time	End Time	Start	End	Location	Instructor & Email
				Date	Date		
23782	M	1:00 PM	3:50 PM	8/28	12/11	PSC	Porter, Adam
							amickeyporter@mtsac.edu
23779	Т	12:30 PM	3:20 PM	8/29	12/12	DBC	Tucker, Ray
							rtucker@mtsac.edu
23781	W	9:00 AM	11:30 AM	8/30	12/13	ONLINE -	Conte, Kelly
						Synchronous	kconte@mtsac.edu
23780	Th	8:55 AM	12:00 PM	8/31	12/14	LV	Tucker, Ray
							rtucker@mtsac.edu
23783	F	9:00 AM	11:50 AM	9/1	12/15	WSSC	Johnson, Bernard
							bjohnson 98@mtsac.edu
23778	F	1:00 PM	3:05 PM	9/1	12/15	DBC	Cardona, Yasmin
							ycardona3@mtsac.edu

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/eoa.



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Tuesdays: 9am - 1pm (Location: Bldg 66, Rm 171 or on Zoom)

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- Click the link above to join
- Type the URL address above to join
- Scan QR code to join —



EMAIL: sce@mtsac.edu



CALL: (909) 274-6100





Semester Dates

Fall 2023

Registration Begins: July 10, 2023 Classes Begin: August 28, 2023 Classes End: December 17, 2023

Holidays: September 4, November 10, November 23, and November 24

Winter 2024

Registration Begins: November 6, 2023

Classes Begin: January 8, 2024 Classes End: February 18, 2024

Holidays: January 15 and February 16

Spring 2024

Registration Begins: January 16, 2024

Classes Begin: February 26, 2024

Classes End: June 16, 2024 Holidays: April 1 and May 27

Summer 2024

Registration Begins: May 6, 2024

Classes Begin: June 20, 2024 (*Thursday*)
Classes End: Varies, see schedule for details

Holidays: July 4