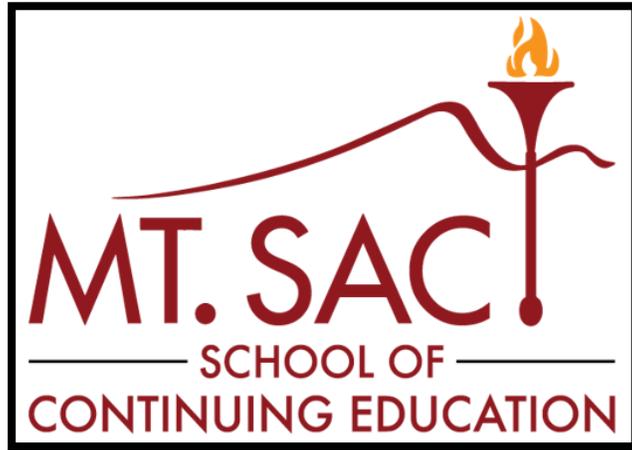


Adults with Disabilities AWD/IMPACT Class Schedule Summer 2023



Summer Semester Begins Tuesday, June 20, 2023*

Holidays: Tuesday, July 4

Registration begins on Monday, May 8

**Check individual classes for end dates, as there is variation.*

Contact Us

Phone

909-274-4192

Email

impact@mtsac.edu

Website

www.mtsac.edu/impact

Facebook

www.facebook.com/mtsacimpact

Instagram

www.instagram.com/mtsacimpact

Version 3: Updated 5/3/23
Schedule subject to change.

Table of Contents

Class Location Key.....	3
Registration Information.....	4
Additional Program Information	5
Class Schedule	6
Lifelong Learning and Community Involvement	6
DSPA ELL01 Lifelong Learning for the Special Needs Population	6
ACCS ILPLS Independent Living Skills – Practical Living Skills	6
ACCS ILSPC Independent Living Skills – Personal Care	7
ACCS ILCS Independent Living Skills – Consumer Skills	7
ACCS ILHFS Independent Living Skills – Health and Fitness	7
Personal Safety and Emergency Preparedness.....	8
ACCS ILSSS Independent Living Skills – Safety Skills.....	8
DSPA IAEP Interacting with Emergency Personnel and Authorities	8
Budgeting and Money Skills	9
ACCS IBSID Introduction to Banking for Students with Intellectual Disabilities	9
ACCS ILMS Independent Living Skills – Money Skills.....	9
Communication and Managing Relationships	9
ACCS ILSRR Independent Living Skills – Romantic Relationships.....	9
Functional Skills for Academic Success.....	10
ACCS MBS Independent Living Skills – Memory Building Skills	10
Other Skills.....	10
Vocational Re-Entry Program.....	11

Class Location Key

CMRMPK ... Cameron Park Community Center

1305 E. Cameron Ave.
West Covina, CA 91790
Phone: (626) 919-6966

LV ... La Verne Community Center

3680 D Street
La Verne, CA 91750
Phone: (909) 596-8776

Mt. SAC ... Mt. San Antonio College

1100 N. Grand Ave.
Walnut, CA 91789
Phone: (909) 274-4220

PALM ... Palmview Park

1340 E Puente Ave.
West Covina, CA 91790
Phone: (626) 919-6966

PLUM ... Stanley Plummer Building

245 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6290

SD ... San Dimas Senior/Community Center

201 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6293

Registration Information

Registration begins on Monday, May 8.

New Students

If you are new to the AWD/IMPACT program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these things, please call us at 909-274-4192 or send us an email at impact@mtsac.edu.

1. Complete the School of Continuing Education Application (noncredit)
www.mtsac.edu/noncreditapp
2. Complete the AWD/IMPACT Student Intake Form
www.tinyurl.com/AWDintake
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

Current Students

Online: Students taking online classes must complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at www.mtsac.edu/noncreditapp

In Person: Students taking classes in person can complete the noncredit application online at www.mtsac.edu/noncreditapp. Or, students can complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

Additional Program Information

About the Adults with Disabilities AWD/IMPACT Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

Course Modality

Course Modality refers to how an instructor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

Counseling

Our Adults with Disabilities (AWD/IMPACT) counselors provide career, academic, and personal guidance. If you are in need of support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you are in need of counseling, please contact us at 909-274-4192 to schedule an appointment.

Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the [AWD/IMPACT Volunteer Form](#) each term. All volunteers are expected to comply with college policies and procedures on and off campus.

Class Schedule

Lifelong Learning and Community Involvement

DSPS ELL01 Lifelong Learning for the Special Needs Population

Educational activities for special needs students emphasizing physical, cognitive, social, and emotional skill development.

For more information about these classes, please contact a counselor.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11184	M	9:00 AM	11:50 AM	6/26	8/7	Mt. SAC; 40-126	Zapata, Kristine kzapata5@mtsac.edu
11182	M	10:00 AM	12:25 PM	6/26	8/7	Mt. SAC; 40-121	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
11185	M	1:00 PM	3:50 PM	6/26	8/7	Mt. SAC; 40-126	Zapata, Kristine kzapata5@mtsac.edu
11812	T	10:00 AM	12:25 PM	6/20	8/8	Mt. SAC; 40-121	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
11172	W	10:00 AM	12:25 PM	6/21	8/9	Mt. SAC; 40-121	Espinoza, Laura lespinozarodriguez@mtsac.edu
10850	Th	9:00 AM	11:50 AM	6/22	7/27	ONLINE - Synchronous	Zapata, Kristine kzapata5@mtsac.edu
11170	Th	10:00 AM	12:25 PM	6/22	8/10	Mt. SAC; 40-119	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
11811	Th	10:00 AM	12:25 PM	6/22	8/10	Mt. SAC; 40-121	Espinoza, Laura lespinozarodriguez@mtsac.edu

ACCS ILPLS Independent Living Skills – Practical Living Skills

Practical living skills to successfully integrate into the community setting.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11056	T	9:00 AM	11:50 AM	6/20	7/25	ONLINE - Synchronous	Zapata, Kristine kzapata5@mtsac.edu

ACCS ILSPC Independent Living Skills – Personal Care

Daily living skills in personal care.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11544	M	9:00 AM	11:50 AM	6/26	8/7	LV	Espinoza, Laura lespinozarodriguez@mtsac.edu
11545	T	10:00 AM	12:25 PM	6/20	8/15	Mt. SAC; 40-119	TBA impact@mtsac.edu

ACCS ILCS Independent Living Skills – Consumer Skills

Basic consumer skills for students with intellectual disabilities to improve independent living.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11795	W	9:00 AM	11:50 AM	6/26	8/14	Tentative: CMRMPK	TBA impact@mtsac.edu

ACCS ILHFS Independent Living Skills – Health and Fitness

Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11541	Th	10:30 AM	11:55 AM	6/22	8/17	PLUM	TBA impact@mtsac.edu

Personal Safety and Emergency Preparedness

ACCS ILSSS Independent Living Skills – Safety Skills

Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11797	T	9:00 AM	11:50 AM	6/20	8/15	Tentative: PALM	TBA impact@mtsac.edu
11547	Th	1:00 PM	3:50 PM	6/22	8/17	Mt. SAC; 40-119	Medina, Allison amedina41@mtsac.edu

DSPS IAEP Interacting with Emergency Personnel and Authorities

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11538	M	10:00 AM	12:25 PM	6/26	8/14	Mt. SAC; 40-119	TBA impact@mtsac.edu
11800	Th	9:00 AM	11:50 AM	6/22	8/17	Tentative: PALM	Medina, Allison amedina41@mtsac.edu
11537	F	9:00 AM	11:50 AM	6/23	8/18	LV	Cardona, Yasmin ycardona3@mtsac.edu

Budgeting and Money Skills

ACCS IBSID Introduction to Banking for Students with Intellectual Disabilities

Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
12052	W	9:00 AM	11:50 AM	6/21	8/16	LV	Luu, Jennifer jluu15@mtsac.edu

ACCS ILMS Independent Living Skills – Money Skills

Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11539	T	9:00 AM	11:20 AM	6/20	8/8	SD	Espinoza, Laura lespinozarodriguez@mtsac.edu
11542	T	1:00 PM	3:50 PM	6/20	8/8	Mt. SAC; 40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu

Communication and Managing Relationships

ACCS ILSRR Independent Living Skills – Romantic Relationships

Overview of adult relationships including friendships, romantic, and intimate relationships.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11796	M	9:00 AM	11:50 AM	6/26	8/14	Tentative: CMRMPK	TBA impact@mtsac.edu
11546	W	10:00 AM	12:25 PM	6/21	8/16	Mt. SAC; 40-119	TBA impact@mtsac.edu

Functional Skills for Academic Success

ACCS MBS Independent Living Skills – Memory Building Skills

Memory building skills for students with developmental disabilities.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
11814	W	1:00 PM	3:50 PM	6/21	8/16	Mt. SAC; 40-119	Luu, Jennifer jluu15@mtsac.edu

Other Skills

Workplace Readiness

AWD/IMPACT is currently developing curriculum to prepare students for employment. We anticipate that these classes will begin in the fall 2023 semester.

OAD BHTH1 Brain Health 1

Critical thinking and cognitive skills through understanding key structures and functions of the brain. Particular focus on auditory processing.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
10848	F	12:30 PM	2:00 PM	6/23	8/11	ONLINE - Synchronous	Zapata, Kristine kzapata5@mtsac.edu

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/ea.

Semester Dates

Summer 2023

Registration Begins: May 8, 2023

Classes Begin: June 19, 2023

Classes End: Varies, see schedule for details

Holidays: July 4

Fall 2023

Registration Begins: July 10, 2023

Classes Begin: August 28, 2023

Classes End: December 17, 2023

Holidays: September 4, November 10, November 23, and November 24

Winter 2024

Registration Begins: November 6, 2023

Classes Begin: January 8, 2024

Classes End: February 18, 2024

Holidays: January 15 and February 16

Spring 2024

Registration Begins: January 16, 2024

Classes Begin: February 26, 2024

Classes End: June 16, 2024

Holidays: April 1 and May 27

Summer 2024

Registration Begins: May 6, 2024

Classes Begin: June 20, 2024 (*Thursday*)

Classes End: Varies, see schedule for details

Holidays: July 4