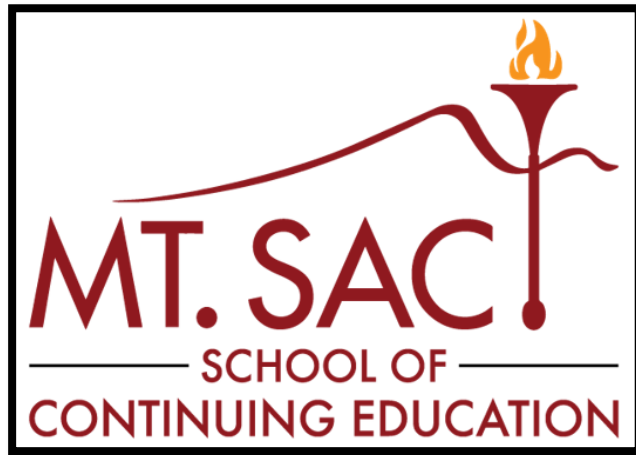


Adults with Disabilities AWD/IMPACT Class Schedule Winter 2024



January 8 to February 18, 2024

Holidays: 1/15 and 2/16

Registration begins on Monday, November 6

Contact Us

Phone

909-274-4192

Email

impact@mtsac.edu

Website

www.mtsac.edu/impact

Facebook

www.facebook.com/mtsacimpact

Instagram

www.instagram.com/mtsacimpact

Version 2: Updated 10/30/23
Schedule subject to change.

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Class Location Key

CMRMPK ... Cameron Park Community Center

1305 E. Cameron Ave.
West Covina, CA 91790
Phone: (626) 919-6966

LV ... La Verne Community Center

3680 D Street
La Verne, CA 91750
Phone: (909) 596-8776

Mt. SAC ... Mt. San Antonio College

1100 N. Grand Ave.
Walnut, CA 91789
Phone: (909) 274-4220

PLUM ... Stanley Plummer Building

245 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6290

PVPM ... Palmview Park

1340 E Puente Ave.
West Covina, CA 91790
Phone: (626) 919-6966

SD ... San Dimas Senior/Community Center

201 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6293

Registration Information

Registration begins on Monday, November 6.

New Students

If you are new to the AWD/IMPACT program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these things, please call us at 909-274-4192 or send us an email at impact@mtsac.edu.

1. Complete the School of Continuing Education Application (noncredit)
www.mtsac.edu/noncreditapp
2. Complete the AWD/IMPACT Student Intake Form
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

Current Students

Students can register for classes online, in person, or by meeting with their counselor.

To register online, complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at www.mtsac.edu/noncreditapp

To register in person, complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

****Impacted Classes:** You must come in person to Mt. SAC on Monday, November 20 to register for these classes. Registration will begin at 11:30am. Each person must register for themselves. Students may not register for anyone else. Registration is first come first served. If you miss the registration date for these classes, you may attend on the first day of class to see if space is still available. Or, you can contact the professor.

Monday, November 20	11:30am-1:30pm	Mt. SAC, Bldg. 40 – Rm. 140
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Need help?

Come see us in person! We have registration support dates out in the community at a location near you. See the following pages for details.

Winter 2024 Registration Support Dates

Registration begins on Monday, November 6.

If you need assistance with your registration please come see us at the days, times, and locations listed below. We can assist with your online application, or help you with the paper registration forms. We look forward to seeing you!

Date	Time	Location
Tuesday, November 7	9am-11am	West Covina Senior Citizen's Center
Wednesday, November 8	10am-12pm	Washington Park Community Center, Pomona
Thursday, November 9	10am-12pm	Palomares Senior Center, Pomona
Monday, November 13	10am-12pm	Heritage Park, Diamond Bar
Monday, November 13	10am-12pm	Covina Senior Center
Tuesday, November 14	9am-11am	San Dimas Senior/Community Center
Tuesday, November 14	10am-12pm	Diamond Bar Center
Wednesday, November 15	10am-12pm	Irwindale Senior Center
Wednesday, November 15	2pm-4pm	Gibson Senior Center, Upland
Thursday, November 16	12pm-2pm	Online via Zoom https://tinyurl.com/reghelp2024
Monday, November 20	9am-11am	Walnut Senior Center
Monday, November 20	11:30am-1:30pm	Mt. SAC, Bldg. 40 – Rm. 140
<i>This date/time is for the AWD Lifelong Learning classes only (CRNs 31002, 31003, and 31004)</i>		
Tuesday, November 21	10am-12pm	La Verne Community Center
Monday, November 27	10am-12pm	Mt. SAC, Bldg. 40 – Rm. 140
Tuesday, November 28	4pm-6pm	Online via Zoom https://tinyurl.com/reghelp2024

****VRE In Person Technology Classes & Select Sewing Classes**

(Sewing class CRNs 31128, 31132, and 31134)

You must come in person to the center where you plan to take class to register for all in person computer classes. Dates and time for registration at each site are listed above. Each person must register for themselves. Students may not register for anyone else. Registration is first come first served.

If you miss the dates listed above, you may attend on the first day of class to see if space is still available. Or, you can contact the professor.

Additional Program Information

About the Adults with Disabilities AWD/IMPACT Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

Course Modality

Course Modality refers to how an instructor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

Counseling

Our Adults with Disabilities (AWD/IMPACT) counselors provide career, academic, and personal guidance. If you are in need of support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you are in need of counseling, please contact us at 909-274-4192 to schedule an appointment.

Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the [AWD/IMPACT Volunteer Form](#) each term. All volunteers are expected to comply with college policies and procedures on and off campus.

Class Schedule

Budgeting and Money Skills

ACCS ILSBB Independent Living Skills – Basic Budgeting and Money Management

Build independent living skills through personal basic money management and budgeting.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31167	M	10:00 AM	12:25 PM	1/8	2/12	Mt. SAC; 40-119	Fears-Hackett, Lisa lfears@mtsac.edu

ACCS ILMS Independent Living Skills – Money Skills

Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31165	T	9:00 AM	11:20 AM	1/9	2/13	SD	Espinoza, Laura lespinozarodriguez@mtsac.edu
31166	T	1:00 PM	3:50 PM	1/9	2/13	Mt. SAC; 40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu

ACCS IBSID Introduction to Banking for Students with Intellectual Disabilities

Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31161	W	9:00 AM	11:50 AM	1/10	2/14	LV	Luu, Jennifer jluu15@mtsac.edu

**Class may be full. Please contact the instructor to join the waitlist for the class.*

***Class is impacted due to high popularity and limited class space. You must come in person to Mt. SAC on Monday, November 20 at 11:30am to register. See page 4 for additional information.*

Communication and Managing Relationships

ACCS ILSRR Independent Living Skills – Romantic Relationships

Overview of adult relationships including friendships, romantic, and intimate relationships.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31172	M	9:00 AM	11:50 AM	1/8	2/12	CMRMPK	Ramirez, Briseida bramirezcatalan@mtsac.edu
31173	W	10:00 AM	12:25 PM	1/10	2/14	Mt. SAC; 40-119	Albertson, Sydney salbertson1@mtsac.edu

**Class may be full. Please contact the instructor to join the waitlist for the class.*

***Class is impacted due to high popularity and limited class space. You must come in person to Mt. SAC on Monday, November 20 at 11:30am to register. See page 4 for additional information.*

Functional Skills for Academic Success

ACCS ELL01 Lifelong Learning for Adults with Disabilities

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development.

For more information about these classes, please contact a counselor.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31000	T	10:00 AM	12:25 PM	1/9	2/13	Mt. SAC; 40-121	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
30996	W	10:00 AM	12:10 PM	1/10	2/14	Mt. SAC; 40-121	Espinoza, Laura lespinozarodriguez@mtsac.edu

ACCS MBS Independent Living Skills – Memory Building Skills

Memory building skills for students with developmental disabilities.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31244	M	10:00 AM	12:25 PM	1/8	2/12	Mt. SAC; 40-121	Luu, Jennifer jluu15@mtsac.edu
31176	W	1:00 PM	3:50 PM	1/10	2/14	Mt. SAC; 40-119	Luu, Jennifer jluu15@mtsac.edu

**Class may be full. Please contact the instructor to join the waitlist for the class.*

***Class is impacted due to high popularity and limited class space. You must come in person to Mt. SAC on Monday, November 20 at 11:30am to register. See page 4 for additional information.*

Lifelong Learning and Community Involvement

ACCS ELL01 Lifelong Learning for Adults with Disabilities

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development.

For more information about these classes, please contact a counselor.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
**31003	M	9:00 AM	11:30 AM	1/8	2/12	Mt. SAC; 40-126	Zapata, Kristine kzapata5@mtsac.edu
**31004	M	12:30 PM	3:00 PM	1/8	2/12	Mt. SAC; 40-126	Zapata, Kristine kzapata5@mtsac.edu
**31002	W	9:00 AM	11:35 AM	1/10	2/14	PVPK	Zapata, Kristine kzapata5@mtsac.edu
31001	Th	10:00 AM	12:25 PM	1/11	2/15	Mt. SAC; 40-119	Medina, Allison amedina41@mtsac.edu

ACCS ILPLS Independent Living Skills – Practical Living Skills

Practical living skills to successfully integrate into the community setting.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31067	T	9:00 AM	11:50 AM	1/9	2/13	ONLINE - Synchronous	Stroebel, Susan sstroebel@mtsac.edu

ACCS ILSPC Independent Living Skills – Personal Care

Daily living skills in personal care.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31170	M	9:00 AM	11:50 AM	1/8	2/12	LV	Espinoza, Laura lespinozarodriguez@mtsac.edu
31171	T	10:00 AM	12:25 PM	1/9	2/13	Mt. SAC; 40-119	Zapata, Kristine kzapata5@mtsac.edu

**Class may be full. Please contact the instructor to join the waitlist for the class.*

***Class is impacted due to high popularity and limited class space. You must come in person to Mt. SAC on Monday, November 20 at 11:30am to register. See page 4 for additional information.*

ACCS ILCS Independent Living Skills – Consumer Skills

Basic consumer skills for students with intellectual disabilities to improve independent living.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31162	W	9:00 AM	11:50 AM	1/10	2/14	CMRMPK	Beltran, Jo Anne jbeltran66@mtsac.edu

ACCS ILHFS Independent Living Skills – Health and Fitness

Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31164	M	10:00 AM	11:20 AM	1/8	2/12	PVPMK	Albertson, Sydney salbertson1@mtsac.edu
31163	Th	10:30 AM	11:55 AM	1/11	2/15	PLUM	Albertson, Sydney salbertson1@mtsac.edu

ACCS ILSD Independent Living Skills - Self Determination

Self-determination skills for students including personal responsibility, choices, and skills and limits.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31169	T	10:00 AM	12:25 PM	1/9	2/13	Mt. SAC; 80-1401	Ramirez, Briseida bramirezcatalan@mtsac.edu
31243	Th	10:00 AM	12:25 PM	1/11	2/15	Mt. SAC; 40-121	Espinoza, Laura lespinozarodriguez@mtsac.edu
31168	F	9:00 AM	11:50 AM	1/12	2/16	LV	Cardona, Yasmin ycardona3@mtsac.edu

**Class may be full. Please contact the instructor to join the waitlist for the class.*

***Class is impacted due to high popularity and limited class space. You must come in person to Mt. SAC on Monday, November 20 at 11:30am to register. See page 4 for additional information.*

Personal Safety and Emergency Preparedness

ACCS ILSSS Independent Living Skills – Safety Skills

Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31175	T	9:00 AM	12:05 PM	1/9	2/13	PVPK	Reyes, Oscar oreyes25@mtsac.edu
31174	Th	1:00 PM	3:50 PM	1/11	2/15	Mt. SAC; 40-119	Medina, Allison amedina41@mtsac.edu

ACCS IAEP Interacting with Emergency Personnel and Authorities

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31160	Th	9:00 AM	12:05 PM	1/11	2/15	PVPK	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu

**Class may be full. Please contact the instructor to join the waitlist for the class.*

***Class is impacted due to high popularity and limited class space. You must come in person to Mt. SAC on Monday, November 20 at 11:30am to register. See page 4 for additional information.*

Preparing for a Career

ACCS SSW Social Skills for the Workforce

Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31240	W	10:00 AM	12:25 PM	1/10	2/14	Mt. SAC; 80-1401	Ramirez, Briseida bramirezcatalan@mtsac.edu

ACCS RRW Introduction to your Rights and Responsibilities in the Workplace

Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
31239	Th	10:00 AM	12:25 PM	1/11	2/15	Mt. SAC; 80-1401	Zapata, Kristine kzapata5@mtsac.edu

**Class may be full. Please contact the instructor to join the waitlist for the class.*

***Class is impacted due to high popularity and limited class space. You must come in person to Mt. SAC on Monday, November 20 at 11:30am to register. See page 4 for additional information.*

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/ea.



MICROENTERPRISE CERTIFICATE

This certificate is designed to prepare students to start and manage a home-based business for self-employment, or obtain a job in the field of business management.

Required Courses:

Starting a Home-Based Business

Managing and Growing your Home-Based Business

Mobile Information Technology

Class Details



Tuesdays starting January 9, 2024



1:00 PM – 3:50 PM



Mt. SAC, Bldg. 40 Rm. 121





BASIC COMPUTER PRESENTATION & PUBLICATION CERTIFICATE

This certificate prepares students for positions where entry-level skills in presentation and publishing software are needed.

Required Courses

PowerPoint Basics 1

PowerPoint Basics 2

Desktop Publishing

Class Details



Wednesdays starting January 10, 2024



1:00 PM – 3:50 PM



Mt. SAC, Bldg. 40 Rm. 121





DIGITAL PHOTOGRAPHY

In this class students will learn digital camera operations, image management, composition, and use of graphics software.

Students who pass Digital Photography, Basic Computing 1, and Basic Computing 2 will earn a certificate in office computer applications.

Class Details



Fridays starting January 12, 2024



9:00 AM – 11:50 AM



Cameron Park Center, West Covina



SCE SOS

Our Student Online Support program provides, LIVE, one-on-one help for noncredit students who need assistance with any technology support to help you succeed, navigate and access your courses!

WHAT WE HELP WITH:

- Mt. SAC Portal
- Mountie Mail
- Download files for coursework
- Canvas
- Office 365
- Noncredit Application
- Zoom
- Convert Files/Docs
- And much more!

FALL 2023 ZOOM HOURS:

Monday-Thursday: 9am-1pm & 3pm-7pm
Friday 8:30am-4pm

FALL 2023 HYBRID HOURS (IN-PERSON OR ON ZOOM)

Mondays: 9am - 1pm (Location: Bldg 30, Rm 111 or on Zoom)

HOW TO CONTACT US:



ZOOM: <https://mtsac-edu.zoom.us/j/95117998111>

- Click the link above to join
- Type the URL address above to join
- Scan QR code to join →



CALL: (909) 274-6100



EMAIL: sce@mtsac.edu



Follow us on Instagram!



@MTSACSOS

Semester Dates

Fall 2023

Classes Begin: August 28, 2023

Classes End: December 17, 2023

Holidays: September 4, November 10, November 23, and November 24

Winter 2024

Registration Begins: November 6, 2023

Classes Begin: January 8, 2024

Classes End: February 18, 2024

Holidays: January 15 and February 16

Spring 2024

Registration Begins: January 16, 2024

Classes Begin: February 26, 2024

Classes End: June 16, 2024

Holidays: April 1 and May 27

Summer 2024

Registration Begins: May 6, 2024

Classes Begin: June 20, 2024 (*Thursday*)

Classes End: Varies, see schedule for details

Holidays: July 4