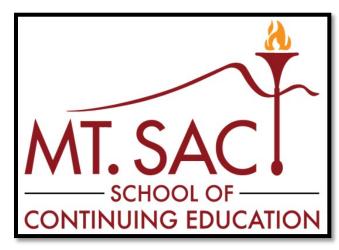
# Adults with Disabilities AWD/IMPACT Class Schedule Summer & Fall 2024



Summer Term: June 17 to August 18, 2024

Fall Term: August 26-December 15, 2024

Holidays: 6/19, 7/4, 9/2, 11/11, 11/28, & 11/29

Registration begins on Monday, May 6, 2024.

**Contact Us** 

#### Phone

909-274-4192

#### **Email**

impact@mtsac.edu

#### Website

www.mtsac.edu/impact

#### **Facebook**

www.facebook.com/mtsacimpact

#### Instagram

www.instagram.com/mtsacimpact

# Website QR Code

Scan with your phone



Version 1: Updated 4/29/24 *Schedule subject to change.* 

# The class schedule is subject to change.

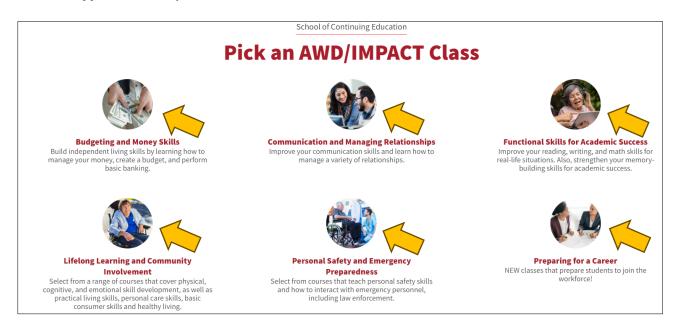
1. For the most up-to-date schedule of classes, visit our website or scan the QR code to the right. Website: www.mtsac.edu/impact



2. Click on "Pick a Class"



3. Click the type of class you are interested in.



4. **Scroll down** to see the most current schedule of classes at all locations!

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# **Registration Information**

#### Registration begins on Monday, May 6.

#### **New Students**

If you are new to the AWD/IMPACT program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these things, please call us at 909-274-4192 or send us an email at impact@mtsac.edu.

- Complete the School of Continuing Education Application (noncredit) www.mtsac.edu/noncreditapp
- 2. Complete the AWD/IMPACT Student Intake Form
- 3. Meet with a counselor where you will complete an orientation and select your classes
- 4. You're ready to start classes!

#### **Current Students**

Students can register for classes online, in person, or by meeting with their counselor.

**To register online**, complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at <a href="https://www.mtsac.edu/noncreditapp">www.mtsac.edu/noncreditapp</a>

**To register in person**, complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

**To register for in-person** *Computer Skills* classes or *other impacted classes*, see the following page for registration information.

#### Need help?

Come see us in person! We have registration support dates out in the community at a location near you. See the following pages for details.

# **Summer & Fall 2024 Registration Support Dates**

# Registration begins on Monday, May 6.

If you would like to register for **in-person** *Computer Skills* class or *other impacted class*, you **must** attend the registration support day at the location where you plan to take the class (*see schedule below*). You do not need to attend registration support day if you are not interested in taking impacted classes. Impacted classes are noted in the schedule book with a double-asterisk (\*\*) next to the CRN number.

Date	Time	Location					
Tuesday, May 7	10am-12pm	Diamond Bar Center					
Wednesday, May 8	10am-12pm	Heritage Park, Diamond Bar					
Thursday, May 9	10am-12pm	La Verne Community Center					
Friday, May 10	10am-12pm	Baldwin Park Julia McNeil Senior Center					
Monday, May 13	9am-11am	San Dimas Senior/Community Center					
Tuesday, May 14	9am-11am	West Covina Senior Citizen's Center					
Wednesday, May 15	10am-12pm	Washington Park, Pomona					
Thursday, May 16	10am-12pm	Palomares Senior Center, Pomona					
Friday, May 17	10am-12pm	Irwindale Senior Center					
Monday, May 20	11:30am-12:30pm	Mt. SAC, Bldg. 40 – Rm. 140					
This date/time is for the following		•					
Summer CRNs 11453, 11456, and	d 11458 & Fall CRNs 234	155, 23456, and 23463					
Tuesday, May 21	9am-11am	Walnut Senior Center					
Wednesday, May 22	11am-1pm	Gibson Senior Center, Upland					
Wednesday, May 29	10am-12pm	Covina Senior Center					
Wednesday, May 29	9am-11am	Palmview Park, West Covina					
This date/time is for the following	g AWD Lifelong Learnin	g class only: Summer CRN 11460 & Fall CRN 23460					

# \*\* In Person Technology Classes & Additional Impacted Classes

(Additional impacted classes are: Summer CRNs 11576, 11563, 11564, and 11587 & Fall CRNs 23478, 23595, 23610, and 23593)

Each person must register for themselves. Students may not register for anyone else. Registration is first-come, first-served.

If you miss the dates listed above, you may attend on the first day of class to see if space is still available, or you can contact the professor.

# **Additional Program Information**

# About the Adults with Disabilities AWD/IMPACT Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

# **Course Modality**

Course Modality refers to how an instructor delivers their course.

- In Person Learning takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

# Counseling

Our Adults with Disabilities (AWD/IMPACT) counselors provide career, academic, and personal guidance. If you are in need of support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you are in need of counseling, please contact us at 909-274-4192 to schedule an appointment.

# **Student Support Volunteers**

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the <a href="AWD/IMPACT">AWD/IMPACT</a> Volunteer Form each term. All volunteers are expected to comply with college policies and procedures on and off campus.

# **Class Descriptions**

# **Budgeting and Money Skills**

# ACCS ILSBB: Independent Living Skills – Basic Budgeting and Money Management

Build independent living skills through personal basic money management and budgeting.

# **ACCS ILMS: Independent Living Skills – Money Skills**

Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

#### **ACCS IBSID: Introduction to Banking for Students with Intellectual Disabilities**

Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

#### **Communication and Managing Relationships**

#### **ACCS ILSRR: Independent Living Skills – Romantic Relationships**

Overview of adult relationships including friendships, romantic, and intimate relationships.

# **ACCS ILSHS: Independent Living Skills – Human Sexuality**

Overview of human sexuality including health, safety, attitudes, behaviors, personal values, and relationships.

#### **Functional Skills for Academic Success**

# **ACCS MBS: Independent Living Skills – Memory Building Skills**

Memory building skills for students with developmental disabilities.

# **Lifelong Learning and Community Involvement**

# **ACCS ELL01: Lifelong Learning for Adults with Disabilities**

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development. For more information about these classes, please contact a counselor.

#### **ACCS ILPLS: Independent Living Skills – Practical Living Skills**

Practical living skills to successfully integrate into the community setting.

#### **ACCS ILSPC: Independent Living Skills – Personal Care**

Daily living skills in personal care.

# **ACCS ILCS: Independent Living Skills – Consumer Skills**

Basic consumer skills for students with intellectual disabilities to improve independent living.

# ACCS ILHFS: Independent Living Skills - Health and Fitness

Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

# **ACCS ILSD: Independent Living Skills - Self Determination**

Self-determination skills for students including personal responsibility, choices, and skills and limits.

# **Personal Safety and Emergency Preparedness**

# **ACCS ILSSS: Independent Living Skills – Safety Skills**

Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

# **ACCS IAEP: Interacting with Emergency Personnel and Authorities**

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

# **Preparing for a Career**

#### **ACCS SSW: Social Skills for the Workforce**

Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

# ACCS RRW: Introduction to your Rights and Responsibilities in the Workplace

Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.

# **Mt. San Antonio College Classes**

# **Summer 2024**

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
**11453	ELL01 Lifelong Learning	M	9:00 AM	11:30 AM	6/17	8/12	40-126	Zapata, Kristine kzapata5@mtsac.edu
11592	ILCS Consumer Skills	M	10:00 AM	12:25 PM	6/17	8/12	40-119	Fears-Hackett, Lisa Ifears@mtsac.edu
**11456	ELL01 Lifelong Learning	M	12:30 PM	3:00 PM	6/17	8/12	40-126	Zapata, Kristine kzapata5@mtsac.edu
11597	ILPLS Practical Living Skills	Т	10:00 AM	12:25 PM	6/18	8/13	40-119	Zapata, Kristine kzapata5@mtsac.edu
11457	ELL01 Lifelong Learning	Т	10:00 AM	12:25 PM	6/18	8/13	80-1401	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
11683	RRW Rights and Responsibilities in the Workplace	Т	1:00 PM	3:50 PM	6/18	8/13	40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu
11583	IAEP Interacting with Emergency Personnel	W	10:00 AM	12:25 PM	6/26	8/7	40-119	Reyes, Breanne breyes31@mtsac.edu
11600	ILSD Self Determination	W	1:00 PM	3:50 PM	6/26	8/14	40-119	Luu, Jennifer jluu15@mtsac.edu
11604	MBS Memory Building Skills	W	10:00 AM	12:10 PM	6/26	8/14	40 - 121	Espinoza, Laura lespinozarodriguez@mtsac.edu
11585	IBSID Introduction to Banking	Th	10:00 AM	12:25 PM	6/20	8/15	40-119	Medina, Allison amedina41@mtsac.edu
**11458	ELL01 Lifelong Learning	Th	10:45 AM	12:50 PM	6/20	8/15	40-126	Zapata, Kristine kzapata5@mtsac.edu
11684	SSW Social Skills for the Workforce	Th	1:00 PM	3:50 PM	6/20	8/15	40-119	Medina, Allison amedina41@mtsac.edu

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CRN	Class	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
**23455	ELL01 Lifelong Learning	M	9:00 AM	11:30 AM	8/26	12/16	40-126	Zapata, Kristine kzapata5@mtsac.edu
23607	ILCS Consumer Skills	M	10:00 AM	12:25 PM	8/26	12/16	40-119	Fears-Hackett, Lisa Ifears@mtsac.edu
23613	ILMS Money Skills	M	10:00 AM	12:25 PM	8/26	12/16	40-121	TBA impact@mtsac.edu
**23456	ELL01 Lifelong Learning	Μ	12:30 PM	3:00 PM	8/26	12/16	40-126	Zapata, Kristine kzapata5@mtsac.edu
23616	ILSBB Basic Budgeting and Money Management	M	1:00 PM	3:50 PM	8/26	12/16	40-119	Luu, Jennifer jluu15@mtsac.edu
23614	ILPLS Practical Living Skills	Т	10:00 AM	12:25 PM	8/27	12/17	40-119	Zapata, Kristine kzapata5@mtsac.edu
23618	ILSD Self Determination	Т	10:00 AM	12:25 PM	8/27	12/10	40-121	Ramirez, Briseida bramirezcatalan@mtsac.edu
23457	ELL01 Lifelong Learning	Т	10:00 AM	12:25 PM	8/27	12/17	80-1401	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
23626	RRW Rights and Responsibilities in the Workplace	Т	1:00 PM	3:50 PM	8/27	12/17	40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu
23624	MBS Memory Building Skills	Т	1:00 PM	3:50 PM	8/27	12/17	40-121	Medina, Allison amedina41@mtsac.edu
23604	IAEP Interacting with Emergency Personnel	W	9:45 AM	12:35 PM	8/28	12/18	40-119	TBA impact@mtsac.edu
23461	ELL01 Lifelong Learning	W	10:00 AM	12:10 PM	8/28	12/18	40-121	Espinoza, Laura lespinozarodriguez@mtsac.edu
23620	ILSHS Human Sexuality	W	10:00 AM	12:25 PM	8/28	12/11	80-1401	Ramirez, Briseida bramirezcatalan@mtsac.edu
23619	ILSD Self Determination	W	1:00 PM	3:50 PM	8/28	12/18	40-119	Luu, Jennifer jluu15@mtsac.edu
23462	ELL01 Lifelong Learning	Th	10:00 AM	12:25 PM	8/29	12/19	40-119	Medina, Allison amedina41@mtsac.edu
23625	MBS Memory Building Skills	Th	10:00 AM	12:25 PM	8/29	12/19	80 -1401	Espinoza, Laura lespinozarodriguez@mtsac.edu
**23463	ELL01 Lifelong Learning	Th	11:00 AM	12:50 PM	8/29	12/19	40-126	Zapata, Kristine kzapata5@mtsac.edu
23627	SSW Social Skills for the Workforce	Th	1:00 PM	3:50 PM	8/29	12/19	40-119	Medina, Allison amedina41@mtsac.edu

# **Cameron Park Community Center Classes**

1305 E. Cameron Ave. West Covina, CA 91790 Phone: (626) 919-6966

# **Summer 2024**

CRN	Class	Day	Start	End	Start	End	Instructor & Email	
CKIV	Class	Day	Time	Time	Date	Date	mstructor & Eman	
11603	ILSSS Safety Skills	М	9:00 AM	11:50 AM	6/17	8/12	Reyes, Oscar oreyes25@mtsac.edu	
11599	ILSBB Basic Budgeting and Money Management	W	9:00 AM	11:50 AM	6/26	8/14	Reyes, Oscar oreyes25@mtsac.edu	

CRN	Class	Class		Start	End	Start	End	Instructor & Email
CKIN	Class	Day	Time	Time	Date	Date	mistractor & Linan	
23623	ILSSS Safety Skills	М	9:00 AM	11:50 AM	8/26	12/16	Reyes, Oscar oreyes25@mtsac.edu	
23617	ILSBB Basic Budgeting and Money Management	W	9:00 AM	11:50 AM	8/28	12/18	Reyes, Oscar oreyes25@mtsac.edu	

# **Palmview Park Classes**

1340 E Puente Ave. West Covina, CA 91790 Phone: (626) 919-6966

# **Summer 2024**

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
11594	ILHFS Health and Fitness Skills	М	9:00 AM	11:50 AM	6/17	8/5	Avila, David davila70@mtsac.edu
11601	ILSPC Personal Care	Т	9:00 AM	12:05 PM	6/18	8/13	Luu, Jennifer jluu15@mtsac.edu
**11460	ELL01 Lifelong Learning	W	9:00 AM	11:35 AM	6/26	8/14	Zapata, Kristine kzapata5@mtsac.edu
11602	ILSRR Romantic Relationships	Th	9:00 AM	12:05 PM	6/20	8/15	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23611	ILHFS Health and Fitness Skills	М	9:00 AM	11:50 AM	8/26	12/16	TBA impact@mtsac.edu
23606	IBSID Introduction to Banking	Т	9:00 AM	12:05 PM	8/27	12/17	Luu, Jennifer jluu15@mtsac.edu
**23460	ELL01 Lifelong Learning	W	9:00 AM	11:35 AM	8/28	12/18	Zapata, Kristine kzapata5@mtsac.edu
23622	ILSRR Romantic Relationships	Th	9:00 AM	12:05 PM	8/29	12/19	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu

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<sup>\*\*</sup>This is an impacted class. There is a specific date to register. See page 4 for additional information.

# **La Verne Community Center Classes**

3680 D St. La Verne, CA 91750 Phone: (909) 596-8776

# **Summer 2024**

CRN	Class	Day	Start	End	Start	End	Instructor & Email
CKIN	Class	Day	Time	Time	Date	Date	mstructor & Eman
11584	IBSID Introduction to Banking	М	9:00 AM	11:50 AM	6/17	8/12	Espinoza, Laura lespinozarodriguez@mtsac.edu
11598	ILPLS Practical Living Skills	W	9:00 AM	11:50 AM	6/26	8/14	Luu, Jennifer jluu15@mtsac.edu
11596	ILMS Money Skills	F	9:00 AM	11:50 AM	6/21	8/16	Reyes, Oscar oreyes25@mtsac.edu

CRN	Class	Day	Start	End	Start	End	Instructor & Email
CKIN	CldSS	Day	Time	Time	Date	Date	ilistructor & Ellian
23605	IBSID Introduction to Banking	М	9:00 AM	11:50 AM	8/26	12/16	Espinoza, Laura lespinozarodriguez@mtsac.edu
23615	ILPLS Practical Living Skills	W	9:00 AM	11:50 AM	8/28	12/18	Luu, Jennifer jluu15@mtsac.edu
23621	ILSPC Personal Care	F	9:00 AM	11:50 AM	8/30	12/20	Reyes, Oscar oreyes25@mtsac.edu

# **San Dimas Senior/Community Center Classes**

201 E. Bonita Ave. San Dimas, CA 91773 Phone: (909) 394-6293

# **Summer 2024**

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
11593	ILCS Consumer Skills	Т	9:00 AM	11:20 AM	6/18	8/13	Espinoza, Laura lespinozarodriguez@mtsac.edu

# Fall 2024

CRN	Class	Day	Start Time		Start Date	End Date	Instructor & Email
23608	ILCS Consumer Skills	Т	9:00 AM	11:20 AM	8/27	12/17	Espinoza, Laura lespinozarodriguez@mtsac.edu

# **Stanley Plummer Building Classes**

245 E. Bonita Ave. San Dimas, CA 91773 Phone: (909) 394-6290

# **Summer 2024**

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
11595	ILHFS Health and Fitness Skills	Th	10:30 AM	11:55 AM	6/20	8/15	Albertson, Sydney salbertson1@mtsac.edu

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23612	ILHFS Health and Fitness Skills	Th	10:30 AM	11:55 AM	8/29	12/19	TBA impact@mtsac.edu

# **Vocational Re-Entry Program**

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at <a href="https://www.mtsac.edu/eoa">www.mtsac.edu/eoa</a>.



# SCHOOL OF CONTINUING EDUCATION STUDENT ONLINE SUPPORT

# SCE SOS

**Our Student Online Support program** provides noncredit students with LIVE, one-on-one assistance with online/technology support to help you navigate, access, and succeed in your courses!

# **WHAT WE HELP WITH:**

Mountie Mail

Mt. SAC Portal

Canvas

Noncredit Application

Zoom

And much more!

# **SPRING 2024 ZOOM HOURS:**

Monday-Thursday: 9am-1pm & 3pm-7pm

Friday 8:30am-4pm

# **SPRING 2024 IN-PERSON HOURS:**

Monday: 9am-1pm (Bldg 30, Rm 111) Tuesday: 9am-1pm (Bldg 66, Rm 171) Tuesday: 9am-1pm (Bldg 40, Rm 127)

# **HOW TO CONTACT US:**



ZOOM: <a href="https://mtsac-edu.zoom.us/j/95117998111">https://mtsac-edu.zoom.us/j/95117998111</a>



CALL: (909) 274-6100

- Click the link above to join
- Type the URL address above to join
- Scan QR code to join



EMAIL: sce@mtsac.edu





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#### **Semester Dates**

#### Spring 2024

Registration is ongoing

Classes Begin: February 26, 2024

Classes End: June 16, 2024 Holidays: April 1 and May 27

#### **Summer 2024**

Registration Begins: May 6, 2024

Classes Begin: June 17, 2024

Classes End: Varies - Check schedule for details

Holidays: June 19 and July 4

#### Fall 2024

Registration Begins: May 6, 2024 Classes Begin: August 26, 2024 Classes End: December 22, 2024

Holidays: September 2, November 11, November 28, and November 29

#### **Winter 2025**

Registration Begins: November 6, 2024

Classes Begin: January 6, 2025 Classes End: February 16, 2025

Holidays: January 20 and February 14

#### **Spring 2025**

Registration Begins: November 6, 2024

Classes Begin: February 24, 2025

Classes End: June 15, 2025

Holidays: March 31 and May 26