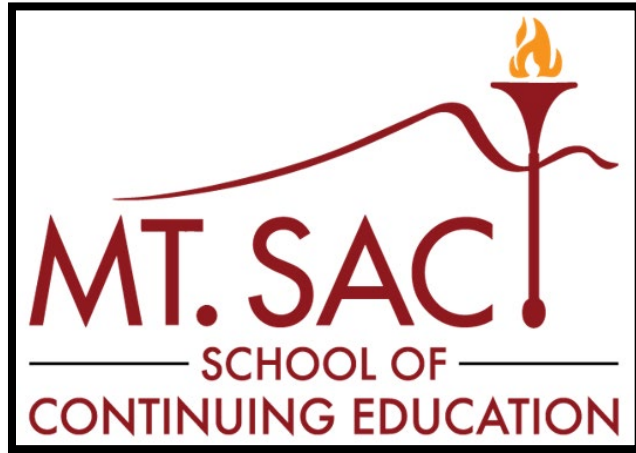


# **Adults with Disabilities AWD/IMPACT Class Schedule Summer & Fall 2024**



**Summer Term:** June 17 to August 18, 2024

**Fall Term:** August 26-December 15, 2024

**Holidays:** 6/19, 7/4, 9/2, 11/11, 11/28, & 11/29

**Register today!**

**Contact Us**

**Phone**

909-274-4192

**Email**

[impact@mtsac.edu](mailto:impact@mtsac.edu)

**Website**

[www.mtsac.edu/impact](http://www.mtsac.edu/impact)

**Facebook**

[www.facebook.com/mtsacimpact](http://www.facebook.com/mtsacimpact)

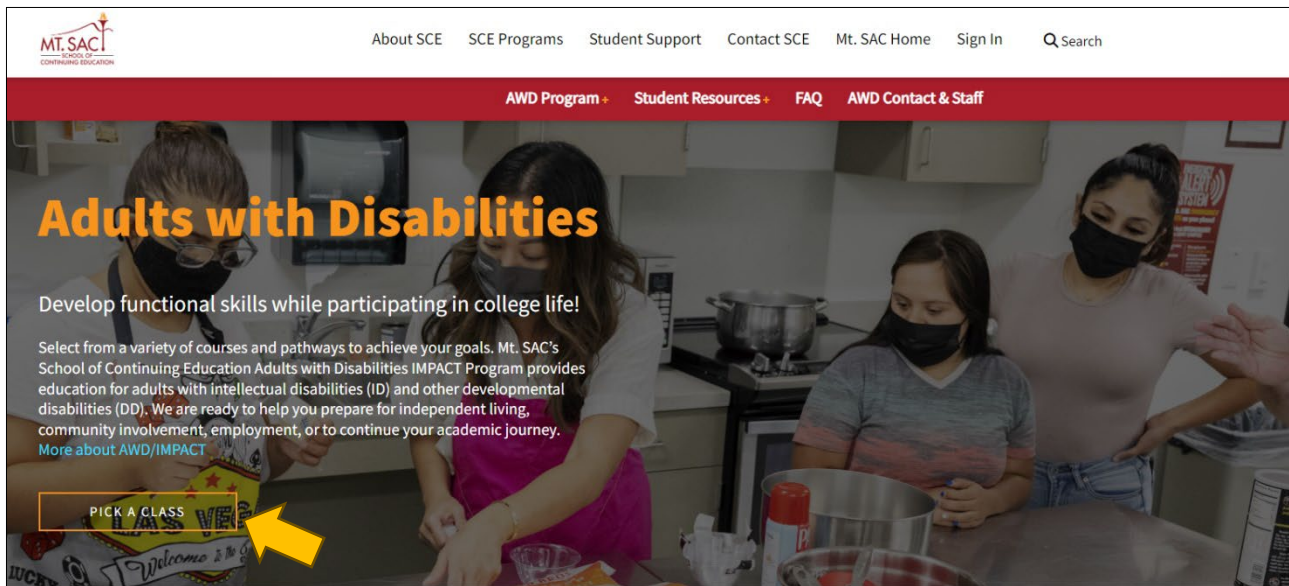
**Instagram**

[www.instagram.com/mtsacimpact](http://www.instagram.com/mtsacimpact)

Version 3: Updated 5/28/24  
*Schedule subject to change.*

## The class schedule is subject to change.

1. For the most up-to-date schedule of classes, visit our website or scan the QR code to the right. Website: [www.mtsac.edu/impact](http://www.mtsac.edu/impact).
2. Click on “Pick a Class”



3. Scroll down to “Pick an AWD/IMPACT Class.” Click on the type of class you are interested in.

School of Continuing Education

### Pick an AWD/IMPACT Class



**Budgeting and Money Skills**  
Build independent living skills by learning how to manage your money, create a budget, and perform basic banking.



**Communication and Managing Relationships**  
Improve your communication skills and learn how to manage a variety of relationships.



**Functional Skills for Academic Success**  
Improve your reading, writing, and math skills for real-life situations. Also, strengthen your memory-building skills for academic success.



**Lifelong Learning and Community Involvement**  
Select from a range of courses that cover physical, cognitive, and emotional skill development, as well as practical living skills, personal care skills, basic consumer skills and healthy living.



**Personal Safety and Emergency Preparedness**  
Select from courses that teach personal safety skills and how to interact with emergency personnel, including law enforcement.



**Preparing for a Career**  
NEW classes that prepare students to join the workforce!

4. **Scroll down** to see the most current schedule of classes at all locations!

## Table of Contents

Registration Information.....	4
Summer & Fall 2024 Registration Support Dates .....	5
Additional Program Information .....	6
Class Descriptions .....	7
Budgeting and Money Skills .....	7
Communication and Managing Relationships .....	7
Functional Skills for Academic Success.....	7
Lifelong Learning and Community Involvement.....	7
Personal Safety and Emergency Preparedness.....	8
Preparing for a Career.....	8
Mt. San Antonio College Classes (Mt. SAC) .....	9
Cameron Park Community Center Classes (CMRMPK) .....	11
La Verne Community Center Classes (LV).....	12
Palmview Park Classes (PVPK).....	13
San Dimas Senior/Community Center Classes (SD) .....	14
Stanley Plummer Building Classes (PLUM) .....	14
Vocational Re-Entry Program.....	15
SCE SOS Tech Support.....	17
Semester Dates.....	18

## Registration Information

***Registration is happening now. Sign up today!***

### New Students

If you are new to the AWD/IMPACT program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these things, please call us at 909-274-4192 or send us an email at [impact@mtsac.edu](mailto:impact@mtsac.edu).

1. Complete the School of Continuing Education Application (noncredit)  
[www.mtsac.edu/noncreditapp](http://www.mtsac.edu/noncreditapp)
2. Complete the AWD/IMPACT Student Intake Form
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

### Current Students

Students can register for classes online, in person, or by meeting with their counselor.

**To register online**, complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at [www.mtsac.edu/noncreditapp](http://www.mtsac.edu/noncreditapp)

**To register in person**, complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

**To register for in-person *Computer Skills* classes or *other impacted classes***, see the following page for registration information.

### Need help?

Come see us in person! We have registration support dates out in the community at a location near you. See the following pages for details.

## Summer & Fall 2024 Registration Support Dates

If you would like to register for **in-person *Computer Skills*** class or ***other impacted class***, you **must** attend the registration support day at the location where you plan to take the class (*see schedule below*). You do not need to attend registration support day if you are not interested in taking impacted classes. Impacted classes are noted in the schedule book with a double-asterisk (\*\*) next to the CRN number.

Date	Time	Location
Tuesday, May 7	10am-12pm	Diamond Bar Center
Wednesday, May 8	10am-12pm	Heritage Park, Diamond Bar
Thursday, May 9	10am-12pm	La Verne Community Center
Friday, May 10	10am-12pm	Baldwin Park Julia McNeil Senior Center
Monday, May 13	9am-11am	San Dimas Senior/Community Center
Tuesday, May 14	9am-11am	West Covina Senior Citizen's Center
Wednesday, May 15	10am-12pm	Washington Park, Pomona
Thursday, May 16	10am-12pm	Palomares Senior Center, Pomona
Friday, May 17	10am-12pm	Irwindale Senior Center
Monday, May 20	11:30am-12:30pm	Mt. SAC, Bldg. 40 – Rm. 140
<i>This date/time is for the following AWD Lifelong Learning classes only: Summer CRNs 11453, 11456, and 11458 &amp; Fall CRNs 23455, 23456, and 23463</i>		
Tuesday, May 21	9am-11am	Walnut Senior Center
Wednesday, May 22	11am-1pm	Gibson Senior Center, Upland
Wednesday, May 29	10am-12pm	Covina Senior Center
Wednesday, May 29	9am-11am	Palmview Park, West Covina
<i>This date/time is for the following AWD Lifelong Learning class only: Summer CRN 11460 &amp; Fall CRN 23460</i>		

### **\*\* In Person Technology Classes & Additional Impacted Classes**

*(Additional impacted classes are: Summer CRNs 11576, 11563, 11564, and 11587 & Fall CRNs 23478, 23595, 23610, and 23593)*

Each person must register for themselves. Students may not register for anyone else. Registration is first-come, first-served.

If you miss the dates listed above, you may attend on the first day of class to see if space is still available, or you can contact the professor.

## Additional Program Information

### About the Adults with Disabilities AWD/IMPACT Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

### Course Modality

Course Modality refers to how an instructor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

### Counseling

Our Adults with Disabilities (AWD/IMPACT) counselors provide career, academic, and personal guidance. If you are in need of support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you are in need of counseling, please contact us at 909-274-4192 to schedule an appointment.

### Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the [AWD/IMPACT Volunteer Form](#) each term. All volunteers are expected to comply with college policies and procedures on and off campus.

## Class Descriptions

### Budgeting and Money Skills

#### **ACCS ILSBB: Independent Living Skills – Basic Budgeting and Money Management**

Build independent living skills through personal basic money management and budgeting.

#### **ACCS ILMS: Independent Living Skills – Money Skills**

Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

#### **ACCS IBSID: Introduction to Banking for Students with Intellectual Disabilities**

Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

### Communication and Managing Relationships

#### **ACCS ILSRR: Independent Living Skills – Romantic Relationships**

Overview of adult relationships including friendships, romantic, and intimate relationships.

#### **ACCS ILSHS: Independent Living Skills – Human Sexuality**

Overview of human sexuality including health, safety, attitudes, behaviors, personal values, and relationships.

### Functional Skills for Academic Success

#### **ACCS MBS: Independent Living Skills – Memory Building Skills**

Memory building skills for students with developmental disabilities.

### Lifelong Learning and Community Involvement

#### **ACCS ELL01: Lifelong Learning for Adults with Disabilities**

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development. *For more information about these classes, please contact a counselor.*

#### **ACCS ILPLS: Independent Living Skills – Practical Living Skills**

Practical living skills to successfully integrate into the community setting.

#### **ACCS ILSPC: Independent Living Skills – Personal Care**

Daily living skills in personal care.

**ACCS ILCS: Independent Living Skills – Consumer Skills**

Basic consumer skills for students with intellectual disabilities to improve independent living.

**ACCS ILHFS: Independent Living Skills – Health and Fitness**

Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

**ACCS ILSD: Independent Living Skills - Self Determination**

Self-determination skills for students including personal responsibility, choices, and skills and limits.

**Personal Safety and Emergency Preparedness****ACCS ILSSS: Independent Living Skills – Safety Skills**

Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

**ACCS IAEP: Interacting with Emergency Personnel and Authorities**

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

**Preparing for a Career****ACCS SSW: Social Skills for the Workforce**

Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

**ACCS RRW: Introduction to your Rights and Responsibilities in the Workplace**

Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.



## Mt. San Antonio College Classes (Mt. SAC)

### Summer 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
**11453	ELL01 Lifelong Learning	M	9:00 AM	11:30 AM	6/17	8/12	40-126	Zapata, Kristine kzapata5@mtsac.edu
11592	ILCS Consumer Skills	M	10:00 AM	12:25 PM	6/17	8/12	40-119	Fears-Hackett, Lisa lfears@mtsac.edu
**11456	ELL01 Lifelong Learning	M	12:30 PM	3:00 PM	6/17	8/12	40-126	Zapata, Kristine kzapata5@mtsac.edu
11597	ILPLS Practical Living Skills	T	10:00 AM	12:25 PM	6/18	8/13	40-119	Zapata, Kristine kzapata5@mtsac.edu
11457	ELL01 Lifelong Learning	T	10:00 AM	12:25 PM	6/18	8/13	80-1401	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
11683	RRW Rights and Responsibilities in the Workplace	T	1:00 PM	3:50 PM	6/18	8/13	40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu
11583	IAEP Interacting with Emergency Personnel	W	10:00 AM	12:25 PM	6/26	8/7	40-119	Reyes, Breanne breyes31@mtsac.edu
11600	ILSD Self Determination	W	1:00 PM	3:50 PM	6/26	8/14	40-119	Luu, Jennifer jluu15@mtsac.edu
11604	MBS Memory Building Skills	W	10:00 AM	12:10 PM	6/26	8/14	40-121	Espinoza, Laura lespinozarodriguez@mtsac.edu
11585	IBSID Introduction to Banking	Th	10:00 AM	12:25 PM	6/20	8/15	40-119	Medina, Allison amedina41@mtsac.edu
**11458	ELL01 Lifelong Learning	Th	10:45 AM	12:50 PM	6/20	8/15	40-126	Zapata, Kristine kzapata5@mtsac.edu
11684	SSW Social Skills for the Workforce	Th	1:00 PM	3:50 PM	6/20	8/15	40-119	Medina, Allison amedina41@mtsac.edu

## Fall 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
**23455	ELL01 Lifelong Learning	M	9:00 AM	11:30 AM	8/26	12/16	40-126	Zapata, Kristine kzapata5@mtsac.edu
23607	ILCS Consumer Skills	M	10:00 AM	12:25 PM	8/26	12/16	40-119	Fears-Hackett, Lisa lfears@mtsac.edu
23613	ILMS Money Skills	M	10:00 AM	12:25 PM	8/26	12/16	40-121	TBA impact@mtsac.edu
**23456	ELL01 Lifelong Learning	M	12:30 PM	3:00 PM	8/26	12/16	40-126	Zapata, Kristine kzapata5@mtsac.edu
23616	ILSBB Basic Budgeting and Money Management	M	1:00 PM	3:50 PM	8/26	12/16	40-119	Luu, Jennifer jluu15@mtsac.edu
23614	ILPLS Practical Living Skills	T	10:00 AM	12:25 PM	8/27	12/17	40-119	Zapata, Kristine kzapata5@mtsac.edu
23618	ILSD Self Determination	T	10:00 AM	12:25 PM	8/27	12/10	40-121	Ramirez, Briseida bramirezcatalan@mtsac.edu
23457	ELL01 Lifelong Learning	T	10:00 AM	12:25 PM	8/27	12/17	80-1401	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
23626	RRW Rights and Responsibilities in the Workplace	T	1:00 PM	3:50 PM	8/27	12/17	40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu
23624	MBS Memory Building Skills	T	1:00 PM	3:50 PM	8/27	12/17	40-121	Medina, Allison amedina41@mtsac.edu
23604	IAEP Interacting with Emergency Personnel	W	9:45 AM	12:35 PM	8/28	12/18	40-119	TBA impact@mtsac.edu
23461	ELL01 Lifelong Learning	W	10:00 AM	12:10 PM	8/28	12/18	40 -121	Espinoza, Laura lespinozarodriguez@mtsac.edu
23620	ILSHS Human Sexuality	W	10:00 AM	12:25 PM	8/28	12/11	80-1401	Ramirez, Briseida bramirezcatalan@mtsac.edu
23619	ILSD Self Determination	W	1:00 PM	3:50 PM	8/28	12/18	40-119	Luu, Jennifer jluu15@mtsac.edu
23462	ELL01 Lifelong Learning	Th	10:00 AM	12:25 PM	8/29	12/19	40-119	Medina, Allison amedina41@mtsac.edu
23625	MBS Memory Building Skills	Th	10:00 AM	12:25 PM	8/29	12/19	80-1401	Espinoza, Laura lespinozarodriguez@mtsac.edu
**23463	ELL01 Lifelong Learning	Th	11:00 AM	12:50 PM	8/29	12/19	40-126	Zapata, Kristine kzapata5@mtsac.edu
23627	SSW Social Skills for the Workforce	Th	1:00 PM	3:50 PM	8/29	12/19	40-119	Medina, Allison amedina41@mtsac.edu

## Cameron Park Community Center Classes (CMRMPK)

1305 E. Cameron Ave.  
West Covina, CA 91790  
Phone: (626) 919-6966

### Summer 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
11603	ILSSS Safety Skills	M	9:00 AM	11:50 AM	6/17	8/12	Reyes, Oscar oreyes25@mtsac.edu
11599	ILSBB Basic Budgeting and Money Management	W	9:00 AM	11:50 AM	6/26	8/14	Reyes, Oscar oreyes25@mtsac.edu

### Fall 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23623	ILSSS Safety Skills	M	9:00 AM	11:50 AM	8/26	12/16	Reyes, Oscar oreyes25@mtsac.edu
23617	ILSBB Basic Budgeting and Money Management	W	9:00 AM	11:50 AM	8/28	12/18	Reyes, Oscar oreyes25@mtsac.edu

## La Verne Community Center Classes (LV)

3680 D St.  
La Verne, CA 91750  
Phone: (909) 596-8776

### Summer 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
11584	IBSID Introduction to Banking	M	9:00 AM	11:50 AM	6/17	8/12	Espinoza, Laura lespinozarodriguez@mtsac.edu
11598	ILPLS Practical Living Skills	W	9:00 AM	11:50 AM	6/26	8/14	Luu, Jennifer jluu15@mtsac.edu
11596	ILMS Money Skills	F	9:00 AM	11:50 AM	6/21	8/16	Cardona, Yasmin ycardona3@mtsac.edu

### Fall 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23605	IBSID Introduction to Banking	M	9:00 AM	11:50 AM	8/26	12/16	Espinoza, Laura lespinozarodriguez@mtsac.edu
23615	ILPLS Practical Living Skills	W	9:00 AM	11:50 AM	8/28	12/18	Luu, Jennifer jluu15@mtsac.edu
23621	ILSPC Personal Care	F	9:00 AM	11:50 AM	8/30	12/20	Cardona, Yasmin ycardona3@mtsac.edu

## Palmview Park Classes (PVPK)

1340 E Puente Ave.  
West Covina, CA 91790  
Phone: (626) 919-6966

### Summer 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
11594	ILHFS Health and Fitness Skills	M	9:00 AM	11:50 AM	6/17	8/5	Avila, David davila70@mtsac.edu
11601	ILSPC Personal Care	T	9:00 AM	12:05 PM	6/18	8/13	Luu, Jennifer jlou15@mtsac.edu
**11460	ELL01 Lifelong Learning	W	9:00 AM	11:35 AM	6/26	8/14	Zapata, Kristine kzapata5@mtsac.edu
11602	ILSRR Romantic Relationships	Th	9:00 AM	12:05 PM	6/20	8/15	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
12421	ILMS Money Skills	F	9:00 AM	11:50 AM	6/21	8/16	Reyes, Oscar oreyes25@mtsac.edu

### Fall 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23611	ILHFS Health and Fitness Skills	M	9:00 AM	11:50 AM	8/26	12/16	Albertson, Sydney salbertson1@mtsac.edu
23606	IBSID Introduction to Banking	T	9:00 AM	12:05 PM	8/27	12/17	Luu, Jennifer jlou15@mtsac.edu
**23460	ELL01 Lifelong Learning	W	9:00 AM	11:35 AM	8/28	12/18	Zapata, Kristine kzapata5@mtsac.edu
23622	ILSRR Romantic Relationships	Th	9:00 AM	12:05 PM	8/29	12/19	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
23899	ILSPC Personal Care	F	9:00 AM	11:50 AM	8/30	12/20	Reyes, Oscar oreyes25@mtsac.edu

## San Dimas Senior/Community Center Classes (SD)

201 E. Bonita Ave.  
San Dimas, CA 91773  
Phone: (909) 394-6293

### Summer 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
11593	ILCS Consumer Skills	T	9:00 AM	11:20 AM	6/18	8/13	Espinoza, Laura lespinozarodriguez@mtsac.edu

### Fall 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23608	ILCS Consumer Skills	T	9:00 AM	11:20 AM	8/27	12/17	Espinoza, Laura lespinozarodriguez@mtsac.edu

## Stanley Plummer Building Classes (PLUM)

245 E. Bonita Ave.  
San Dimas, CA 91773  
Phone: (909) 394-6290

### Summer 2024

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
11595	ILHFS Health and Fitness Skills	Th	10:30 AM	11:55 AM	6/20	8/15	Albertson, Sydney salbertson1@mtsac.edu

### Fall 2024

CRN	Class	Day (s)	Start Time	End Time	Start Date	End Date	Instructor & Email
23612	ILHFS Health and Fitness Skills	Th	10:30 AM	11:55 AM	8/29	12/19	Albertson, Sydney salbertson1@mtsac.edu

## **Vocational Re-Entry Program**

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at [www.mtsac.edu/ea](http://www.mtsac.edu/ea).

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# **SCE SOS**

**Our Student Online Support program  
provides noncredit students with LIVE, one-on-one assistance  
with online/technology support to help you navigate, access, and  
succeed in your courses!**

## **WHAT WE HELP WITH:**

- **Mt. SAC Portal**
- **Canvas**
- **Mountie Mail**
- **Zoom**
- **Noncredit Application**
- **And much more!**

## **SUMMER 2024 ZOOM HOURS:**

**Monday-Thursday: 9am-1pm & 3pm-7pm**

## **SUMMER 2024 IN-PERSON HOURS:**

**Monday: 9am- 1pm (Bldg 30, Rm 111)**

**Tuesday: 9am- 1pm (Bldg 66, Rm 171)**

**Tuesday: 9am- 1pm (Bldg 40, Rm 127)**

## **HOW TO CONTACT US:**



**ZOOM:** <https://mtsac-edu.zoom.us/j/95117998111>

- Click the link above to join
- Type the URL address above to join
- Scan QR code to join →



**CALL:** (909) 274-6100



**EMAIL:** [sce@mtsac.edu](mailto:sce@mtsac.edu)



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@MTSACSOS

## Semester Dates

### Spring 2024

**Registration is ongoing**

**Classes Begin:** February 26, 2024

**Classes End:** June 16, 2024

**Holidays:** April 1 and May 27

### Summer 2024

**Registration Begins:** May 6, 2024

**Classes Begin:** June 17, 2024

**Classes End:** Varies - Check schedule for details

**Holidays:** June 19 and July 4

### Fall 2024

**Registration Begins:** May 6, 2024

**Classes Begin:** August 26, 2024

**Classes End:** December 22, 2024

**Holidays:** September 2, November 11, November 28, and November 29

### Winter 2025

**Registration Begins:** November 6, 2024

**Classes Begin:** January 6, 2025

**Classes End:** February 16, 2025

**Holidays:** January 20 and February 14

### Spring 2025

**Registration Begins:** November 6, 2024

**Classes Begin:** February 24, 2025

**Classes End:** June 15, 2025

**Holidays:** March 31 and May 26