# Adults with Disabilities (AWD)
# Fall 2026 Classes

**Fall Term**: August 24 – December 20, 2026

**No Class:** September 7, November 11, November 26, November 27

**Register today!**

## Contact Us


**Phone**
909-274-4192

**Email**
awd@mtsac.edu

**Website**
www.mtsac.edu/sce/awd

**Facebook**
http://www.facebook.com/mtsacawd

**Instagram**
http://www.instagram.com/mtsacawd


**Website QR Code**
Scan with your phone

*Printed on 8/20/2026.*
*Class details subject to change.*

# *Class details are subject to change.*

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# Registration Information

***Registration is ongoing.***

## New Students

If you are new to the Adults with Disabilities (AWD) program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these steps, please call us at 909-274-4192 or send us an email at awd@mtsac.edu.

1. Complete the School of Continuing Education Application (noncredit) www.mtsac.edu/noncreditapp
2. Complete the AWD Student Intake Form
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

## Current Students

Students can register for classes online, in person, or by meeting with their counselor.

**To register online**, complete the noncredit application online each registration period. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at **www.mtsac.edu/noncreditapp**

**To register in person**, complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your professor. After filling it out completely, please give it back to your professor for processing.

**To register for impacted classes**, such as Cultural Awareness and Cooking, see the following page for registration information.

# Additional Program Information

## About the Adults with Disabilities (AWD) Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

## Counseling

Our Adults with Disabilities (AWD) counselors provide career, academic, and personal guidance. If you need support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you need counseling, please contact us at 909-274-4192 to schedule an appointment.

## Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the AWD Volunteer Form each term. All volunteers are expected to comply with college policies and procedures on and off campus.

# Class Descriptions

## Budgeting and Money Skills

**ACCS ILSBB: Independent Living Skills – Basic Budgeting and Money Management**
Build independent living skills through personal basic money management and budgeting.

**ACCS ILMS: Independent Living Skills – Money Skills**
Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

**ACCS IBSID: Introduction to Banking for Students with Intellectual Disabilities**
Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

## Communication and Managing Relationships

**ACCS ILSRR: Independent Living Skills – Romantic Relationships**
Overview of adult relationships including friendships, romantic, and intimate relationships.

**ACCS ILSHS: Independent Living Skills – Human Sexuality**
Overview of human sexuality including health, safety, attitudes, behaviors, personal values, and relationships.

## Functional Skills for Academic Success

**ACCS BMS: Basic Math Skills**
Application of basic math skills for students with disabilities emphasizing algebraic expressions, equations, and statistics.

**ACCS BRWS: Basic Reading and Writing Skills**
Basic reading and writing skills for students with disabilities. Emphasis on reading comprehension and essay writing.

**ACCS FMS: Fundamental Math Skills**
Math fundamentals for students with disabilities. Review of math number operations emphasizing addition, subtraction, multiplication, and division. Application of pre-algebra: fractions, decimals, percentages, and basic geometry skills.

## Functional Skills for Academic Success (continued)

**ACCS FRWS: Fundamental Reading and Writing Skills**
Fundamental reading and writing skills for students with disabilities.

**ACCS MBS: Independent Living Skills – Memory Building Skills**
Memory building skills for students with developmental disabilities.

## Lifelong Learning and Community Involvement

**ACCS ELL01: Lifelong Learning for Adults with Disabilities**
Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development. *For more information about these classes, please contact a counselor.*

**ACCS ILCAC: Independent Living Skills – Cultural Awareness and Cooking**
Cultural awareness and cooking course for students with disabilities.

**ACCS ILPLS: Independent Living Skills – Practical Living Skills**
Practical living skills to successfully integrate into the community setting.

**ACCS ILSPC: Independent Living Skills – Personal Care**
Daily living skills in personal care.

**ACCS ILCS: Independent Living Skills – Consumer Skills**
Basic consumer skills for students with intellectual disabilities to improve independent living.

**ACCS ILHFS: Independent Living Skills – Health and Fitness**
Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

**ACCS ILSD: Independent Living Skills - Self Determination**
Self-determination skills for students including personal responsibility, choices, and skills and limits.

## Personal Safety and Emergency Preparedness

**ACCS ILSSS: Independent Living Skills – Safety Skills**
Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

**ACCS IAEP: Interacting with Emergency Personnel and Authorities**
Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

## Preparing for a Career

**ACCS SSW: Social Skills for the Workforce**
Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

**ACCS RRW: Introduction to your Rights and Responsibilities in the Workplace**
Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.

# AWD Certificate Programs

## Independent Living Skills

This certificate program provides a comprehensive curriculum designed to empower students with essential independent living skills. Through focused instruction, students will cultivate proficiency in areas such as community engagement, self-advocacy, and social interaction. This holistic approach equips students to confidently define personal life goals and effectively apply learned skills toward greater autonomy. Key topics explored will include navigating community resources, asserting personal needs and rights, and accessing vital community information. **Required courses**: Interacting with Emergency Personnel and Authorities (ACCS IAEP), Cultural Awareness and Cooking (ACCS ILCAC), Practical Living Skills (ACCS ILPLS), Basic Budgeting and Money Management (ACCS ILSBB), and Self Determination (ACCS ILSD).

If you'd like to learn more about earning a certificate, please meet with a counselor. Contact us at 909-274-4192 to schedule an appointment.

**Enroll in tuition-free college classes for adults with disabilities!**

Register online at www.mtsac.edu/sce/awd or register in-person with the professor.

## Mt. San Antonio College Classes (Mt. SAC)

1100 N. Grand Ave.
Walnut, CA 91789

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor Name & Email | Location |
|---|---|---|---|---|---|---|---|---|---|
| 21588 | ILCAC | Cultural Awareness and Cooking | M | 9:00am | 11:30am | 8/24 | 12/14 | Kristine Zapata kzapata5@mtsac.edu | 40-126 |
| 21487 | BMS | Basic Math Skills | MW | 9:30am | 12:20pm | 8/24 | 12/9 | Laura Espinoza lespinozarodriguez@mtsac.edu | 79-3290 |
| 21579 | FRWS | Fundamental Reading & Writing Skills | MW | 9:30am | 12:20pm | 8/24 | 12/9 | Briseida Ramirez bramirezcatalan@mtsac.edu | 40-119 |
| 21611 | ILSSS | Safety Skills | M | 9:30am | 12:20pm | 8/24 | 12/14 | Allison Medina amedina41@mtsac.edu | 40-121 |
| 21589 | ILCAC | Cultural Awareness and Cooking | M | 12:30pm | 3:00pm | 8/24 | 12/14 | Kristine Zapata kzapata5@mtsac.edu | 40-126 |
| 21788 | SSW | Social Skills for the Workforce | M | 1:00pm | 3:50pm | 8/24 | 12/14 | Jennifer Luu jluu15@mtsac.edu | 40-119 |
| 21489 | BRWS | Basic Reading and Writing Skills | TTh | 9:30am | 12:20pm | 8/25 | 12/10 | Kristine Zapata kzapata5@mtsac.edu | 79-2270 |
| 21546 | FMS | Fundamental Math Skills | TTh | 9:30am | 12:20pm | 8/25 | 12/10 | Laura Espinoza lespinozarodriguez@mtsac.edu | 40-119 |
| 21518 | ELL01 | Lifelong Learning | T | 9:30am | 12:20pm | 8/25 | 12/15 | Agnes Ndirangu-Mwathi andirangu@mtsac.edu | 80-1220 |
| 21600 | ILPLS | Practical Living Skills | T | 9:30am | 12:20pm | 8/25 | 12/15 | Edge Francisco efrancisco3@mtsac.edu | 40-121 |
| 21629 | MBS | Memory Building Skills | T | 1:00pm | 3:50pm | 8/25 | 12/15 | Greg Hollenbeck ghollenbeck1@mtsac.edu | 40-119 |
| 21603 | ILSD | Self Determination | T | 1:00pm | 3:50pm | 8/25 | 12/15 | Laura Espinoza lespinozarodriguez@mtsac.edu | 40-121 |

**All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners.** For the most current class schedule, visit our website: https://www.mtsac.edu/sce/awd

Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/sce/awd or register in-person with the professor.

# Mt. San Antonio College Classes (Mt. SAC)

**(continued)**

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor Name & Email | Location |
|---|---|---|---|---|---|---|---|---|---|
| 21606 | ILSHS | Human Sexuality | W | 9:30am | 12:20pm | 8/26 | 12/16 | Cassandra Hall chall48@mtsac.edu | 40-121 |
| 21593 | ILCS | Consumer Skills | W | 9:30am | 12:20pm | 8/26 | 12/16 | Greg Hollenbeck ghollenbeck1@mtsac.edu | 80-1220 |
| 21786 | RRW | Rights & Responsibilities in the Workplace | W | 1:00pm | 3:50pm | 8/26 | 12/16 | Kristine Zapata kzapata5@mtsac.edu | 40-119 |
| 21592 | ILCAC | Cultural Awareness and Cooking | Th | 9:30am | 12:20pm | 8/27 | 12/17 | Edge Francisco efrancisco3@mtsac.edu | 40-126 |
| 24960 | SSW | Social Skills in the Workforce | Th | 9:30am | 12:20pm | 9/10 | 12/10 | Briseida Ramirez bramirezcatalan@mtsac.edu | 80-1200 |
| 21610 | ILSRR | Romantic Relationships | Th | 9:30am | 12:20pm | 8/27 | 12/17 | Allison Medina amedina41@mtsac.edu | 80-1331 |
| 21787 | RRW | Rights & Responsibilities in the Workplace | Th | 1:00pm | 3:50pm | 8/27 | 12/17 | Allison Medina amedina41@mtsac.edu | 40-119 |

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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## Cameron Park Community Center Classes (CMRNPK)

1305 E. Cameron Ave.
West Covina, CA 91790

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---|---|---|---|---|---|---|---|---|
| 21586 | IAEP | Interacting with Emergency Personnel & Authorities | M | 9:00am | 12:05pm | 8/24 | 12/14 | Oscar Reyes oreyes25@mtsac.edu |
| 21596 | ILHFS | Health and Fitness Skills | T | 9:00am | 12:05pm | 8/25 | 12/8 | Ariana Lemus alemus36@mtsac.edu |
| 21587 | IBSID | Introduction to Banking | W | 9:00am | 12:05pm | 8/26 | 12/16 | Yasmin Cardona ycardona3@mtsac.edu |
| 21604 | ILSD | Self Determination | Th | 9:00am | 12:05pm | 8/27 | 12/17 | Agnes Ndirangu-Mwathi andirangu@mtsac.edu |
| 21594 | ILCS | Consumer Skills | F | 9:00am | 12:05pm | 8/28 | 12/18 | Edge Francisco efrancisco3@mtsac.edu |

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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## Covina Public Library Classes (COVPL)

234 N. Second Ave.
Covina, CA 91723

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---|---|---|---|---|---|---|---|---|
| 21599 | ILMS | Money Skills | T | 10:00am | 12:20pm | 8/25 | 12/15 | Jennifer Luu jluu15@mtsac.edu |

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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## Irwindale Community Center Classes (IRCC)

16102 Arrow Hwy.
Irwindale, CA 91706

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---|---|---|---|---|---|---|---|---|
| 21590 | ILCAC | Cultural Awareness and Cooking | W | 9:00am | 11:50am | 8/26 | 12/16 | Edge Francisco efrancisco3@mtsac.edu |

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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## La Verne Community Center Classes (LV)

3680 D St.
La Verne, CA 91750

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---|---|---|---|---|---|---|---|---|
| 21601 | ILSBB | Basic Budgeting and Money Management | M | 9:00am | 11:50am | 8/24 | 12/14 | Cassandra Hall chall48@mtsac.edu |
| 21605 | ILSD | Self Determination | T | 9:00am | 11:30am | 8/25 | 12/15 | Yasmin Cardona ycardona3@mtsac.edu |
| 21607 | ILSPC | Personal Care | W | 9:00am | 11:50am | 8/26 | 12/16 | Jennifer Luu jluu15@mtsac.edu |

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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## Palmview Park Classes (PVPK)

1340 E Puente Ave.
West Covina, CA 91790

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---|---|---|---|---|---|---|---|---|
| 21595 | ILHFS | Health and Fitness Skills | M | 9:00am | 12:05pm | 8/24 | 12/14 | Edge Francisco efrancisco3@mtsac.edu |
| 21609 | ILSRR | Romantic Relationships | T | 9:00am | 12:05pm | 8/25 | 12/8 | Ruby Wu rwu34@mtsac.edu |
| *21591 | ILCAC | Cultural Awareness and Cooking | W | 9:00am | 11:35am | 8/26 | 12/16 | Kristine Zapata kzapata5@mtsac.edu |
| 21612 | ILSSS | Safety Skills | F | 9:00am | 12:05pm | 8/28 | 12/18 | Cassandra Hall chall48@mtsac.edu |

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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Register online at www.mtsac.edu/sce/awd or register in-person with the professor.

## San Dimas Senior/Community Center Classes (SD)

201 E. Bonita Ave.
San Dimas, CA 91773

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---|---|---|---|---|---|---|---|---|
| 21602 | ILSBB | Basic Budgeting and Money Management | T | 9:00am | 11:20am | 8/25 | 12/15 | Allison Medina amedina41@mtsac.edu |

## Stanley Plummer Building Classes (PLUM)

245 E. Bonita Ave.
San Dimas, CA 91773

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---|---|---|---|---|---|---|---|---|
| 21598 | ILHFS | Health and Fitness Skills | Th | 10:30am | 11:55am | 8/27 | 12/17 | Yasmin Cardona ycardona3@mtsac.edu |

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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## Westmont Park Community Center

1808 W. 9th St.
Pomona, CA 91766

| CRN | Course | Class Title | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---|---|---|---|---|---|---|---|---|
| 21608 | ILSPC | Personal Care | Th | 9:00am | 11:50am | 8/27 | 12/17 | Jennifer Luu jluu15@mtsac.edu |

**All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners.** For the most current class schedule, visit our website: https://www.mtsac.edu/sce/awd

Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

# Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Digital Media Specialist, Microenterprise, Regenerative Communities, and/or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/eoa.

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

MT. SAC
SCHOOL OF CONTINUING EDUCATION

## OAD MBH

# MUSIC & BRAIN HEALTH

*Learn strategies for strengthening memory skills with music!*

**Thursdays, 1pm - 3:50pm**
**Mt. SAC (Bldg. 80, Rm. 1331)**
**Professor: James Hartford**

Fall 2026: Aug. 26-Dec. 16 (21624)

eoa@mtsac.edu
909-274-4192
mtsac.edu/eoa

MT. SAC
SCHOOL OF CONTINUING EDUCATION

(OAD FNA04 - 21560)

# Watercolor Painting

Principles of watercolor painting. Emphasis will be on **creative expression** to develop **primary skills** for watercolor as they relate to composition and technique.

## Wednesdays, 1pm - 3:50pm
## August 26 - December 16, 2026
## Mt. SAC - Building 80, Room 1220
## Professor: Yasmin Cardona

To register, attend class to complete and submit a Mt. SAC registration form to the instructor, or enroll online at www.mtsac.edu/sce/eoa.

eoa@mtsac.edu (909) 274-4192 mtsac.edu/eoa

MT. SAC
Mt. San Antonio College

## SCHOOL OF CONTINUING EDUCATION
## STUDENT ONLINE SUPPORT

# SCE SOS

**Our Student Online Support program provides noncredit students with LIVE, one-on-one assistance with online/technology support to help you navigate, access, and succeed in your courses!**

## WHAT WE HELP WITH:

- Mt. SAC Portal
- Canvas
- Mountie Mail
- Zoom
- Noncredit Application
- And much more!

## FALL 2026 ZOOM HOURS:

Monday-Thursday: 9am-1pm & 3pm-7pm
Friday: 8:30am-4pm

## FALL 2026 IN-PERSON HOURS:

Monday: 9am- 1pm (Bldg 40, Rm 125)
Wednesday: 9am- 1pm (Bldg 30, Rm 111)
Thursday: 9am- 1pm (Bldg 66, Rm 130)

## HOW TO CONTACT US:

ZOOM: bit.ly/4fcBSDZ
- Scan QR code to join

CALL: (909) 274-6100

EMAIL: sce@mtsac.edu

FOLLOW: On Instagram!
- Scan QR code to join

WEB: bit.ly/3VCj6z0

# Semester Dates

## Fall 2026

**Registration Begins:** May 6, 2026
**Classes Begin**: August 24, 2026
**Classes End**: December 20, 2026
**Holidays**: September 7, November 11, November 26, November 27
**No classes from December 21, 2026 – January 3, 2027*

## Winter 2027

**Registration Begins**: November 12, 2026
**Classes Begin**: January 4, 2027
**Classes End**: February 14, 2027
**Holidays**: January 18, February 12

**No classes from February 15 – February 22, 2027*

## Spring 2027

**Registration Begins**: November 12, 2026
**Classes Begin**: February 23, 2027
**Classes End**: June 13, 2027
**Holidays**: March 31, May 31

Education for Adults with Disabilities | 1100 N. Grand Ave., Walnut, CA 91789
909-274-4192 | awd@mtsac.edu