

Adults with Disabilities (AWD) Fall 2025 Classes



Fall Term: August 25 to December 21, 2025

Holidays: 9/1, 11/11, 11/27, 11/28

Register today!

Contact Us

Phone

909-274-4192

Email

awd@mtsac.edu

Website

www.mtsac.edu/sce/awd

Facebook

<http://www.facebook.com/mtsacawd>

Instagram

<http://www.instagram.com/mtsacawd>

Website QR Code

Scan with your phone



*Printed September 19, 2025
Class details subject to change.*

***Class details
are subject to
change.***

Table of Contents

Registration Information.....	3
Additional Program Information	4
Class Descriptions	5
Budgeting and Money Skills	5
Communication and Managing Relationships	5
Functional Skills for Academic Success.....	5
Lifelong Learning and Community Involvement	6
Personal Safety and Emergency Preparedness.....	6
Preparing for a Career.....	7
Mt. San Antonio College Classes (Mt. SAC)	8
Cameron Park Community Center Classes (CMRNPK)	10
Irwindale Community Center Classes (IRCC)	11
La Verne Community Center Classes (LV).....	12
Palmview Park Classes (PVPK).....	13
San Dimas Senior/Community Center Classes (SD)	14
Stanley Plummer Building Classes (PLUM)	14
Vocational Re-Entry Program.....	15
SOS Tech Support	17
Semester Dates.....	18

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

Registration Information

Registration is ongoing.

New Students

If you are new to the Adults with Disabilities (AWD) program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these steps, please call us at 909-274-4192 or send us an email at awd@mtsac.edu.

1. Complete the School of Continuing Education Application (noncredit)
www.mtsac.edu/noncreditapp
2. Complete the AWD Student Intake Form
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

Current Students

Students can register for classes online, in person, or by meeting with their counselor.

To register online, complete the noncredit application online each registration period. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at www.mtsac.edu/noncreditapp

To register in person, complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your professor. After filling it out completely, please give it back to your professor for processing.

To register for impacted classes, such as Lifelong Learning with an emphasis on Cooking Skills, see the following page for registration information.

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

Additional Program Information

About the Adults with Disabilities (AWD) Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

Counseling

Our Adults with Disabilities (AWD) counselors provide career, academic, and personal guidance. If you need support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you need counseling, please contact us at 909-274-4192 to schedule an appointment.

Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the [AWD Volunteer Form](#) each term. All volunteers are expected to comply with college policies and procedures on and off campus.

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

Class Descriptions

Budgeting and Money Skills

ACCS ILSBB: Independent Living Skills – Basic Budgeting and Money Management

Build independent living skills through personal basic money management and budgeting.

ACCS ILMS: Independent Living Skills – Money Skills

Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

ACCS IBSID: Introduction to Banking for Students with Intellectual Disabilities

Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

Communication and Managing Relationships

ACCS ILSRR: Independent Living Skills – Romantic Relationships

Overview of adult relationships including friendships, romantic, and intimate relationships.

ACCS ILSHS: Independent Living Skills – Human Sexuality

Overview of human sexuality including health, safety, attitudes, behaviors, personal values, and relationships.

Functional Skills for Academic Success

ACCS FMS: Fundamental Math Skills

Math fundamentals for students with disabilities. Review of math number operations emphasizing addition, subtraction, multiplication, and division. Application of pre-algebra: fractions, decimals, percentages, and basic geometry skills.

ACCS FRWS: Fundamental Reading and Writing Skills

Fundamental reading and writing skills for students with disabilities.

ACCS MBS: Independent Living Skills – Memory Building Skills

Memory building skills for students with developmental disabilities.

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

Lifelong Learning and Community Involvement

ACCS ELL01: Lifelong Learning for Adults with Disabilities

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development. *For more information about these classes, please contact a counselor.*

ACCS ILCAC: Independent Living Skills – Cultural Awareness and Cooking

Cultural awareness and cooking course for students with disabilities.

ACCS ILPLS: Independent Living Skills – Practical Living Skills

Practical living skills to successfully integrate into the community setting.

ACCS ILSPC: Independent Living Skills – Personal Care

Daily living skills in personal care.

ACCS ILCS: Independent Living Skills – Consumer Skills

Basic consumer skills for students with intellectual disabilities to improve independent living.

ACCS ILHFS: Independent Living Skills – Health and Fitness

Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

ACCS ILSD: Independent Living Skills - Self Determination

Self-determination skills for students including personal responsibility, choices, and skills and limits.

Personal Safety and Emergency Preparedness

ACCS ILSSS: Independent Living Skills – Safety Skills

Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

ACCS IAEP: Interacting with Emergency Personnel and Authorities

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

Preparing for a Career

ACCS SSW: Social Skills for the Workforce

Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

ACCS RRW: Introduction to your Rights and Responsibilities in the Workplace

Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

**Enroll in tuition-free
college classes for adults
with disabilities!**



Register online at
www.mtsac.edu/sce/awd or
register in-person with the
professor.

Mt. San Antonio College Classes (Mt. SAC)

1100 N. Grand Ave.
Walnut, CA 91789

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor Name & Email	Location
23732	ILCAC	Cultural Awareness and Cooking	M	9:00am	11:30am	8/25	12/15	Kristine Zapata kzapata5@mtsac.edu	40-126
22951	MBS	Memory Building Skills	M	9:30am	12:20pm	8/25	12/8	Joanne Beltran jbeltran66@mtsac.edu	40-121
22893	ILSPC	Personal Care	M	9:30am	12:20pm	8/25	12/15	Allison Medina amedina41@mtsac.edu	40-119
23733	ILCAC	Cultural Awareness and Cooking	M	12:30pm	3:00pm	8/25	12/15	Kristine Zapata kzapata5@mtsac.edu	40-126
23154	SSW	Social Skills for the Workforce	M	1:00pm	3:50pm	8/25	12/15	Jennifer Luu jluu15@mtsac.edu	40-119
22347	ELL01	Lifelong Learning	T	9:30am	12:20pm	8/26	12/16	Agnes Ndirangu-Mwathi andirangu@mtsac.edu	80-1200
23737	FRWS	Fundamental Reading and Writing Skills	T	9:30am	12:20pm	8/26	12/9	Briseida Ramirez bramirezatalan@mtsac.edu	79-3290
24425	FRWS	Fundamental Reading and Writing Skills	T	9:30am	12:20pm	8/26	12/9	Kristine Zapata kzapata5@mtsac.edu	40-119
22720	ILMS	Money Skills	T	9:30am	12:20pm	8/26	12/16	Ruby Wu awd@mtsac.edu	40-121
22897	ILSSS	Safety Skills	T	1:00pm	3:50pm	8/26	12/16	Greg Hollenbeck ghollenbeck1@mtsac.edu	40-121
23138	RRW	Rights & Responsibilities in the Workplace	T	1:00pm	3:50pm	8/26	12/16	Edge Francisco efrancisco3@mtsac.edu	40-119

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

**Enroll in tuition-free
college classes for adults
with disabilities!**



Register online at
www.mtsac.edu/sce/awd or
register in-person with the
professor.

Mt. San Antonio College Classes (Mt. SAC)

(continued)

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor Name & Email	Location
22895	ILSRR	Romantic Relationships	W	8:20am	11:10am	8/27	12/10	Briseida Ramirez bramirezatalan@mtsac.edu	80-1421
23155	SSW	Social Skills for the Workforce	W	9:30am	12:20pm	8/27	12/17	Oscar Reyes oreyes25@mtsac.edu	40-119
23736	FMS	Fundamental Math Skills	W	9:30am	12:05pm	8/27	12/17	Laura Espinoza lespinozarodriguez@mtsac.edu	40-121
22891	ILSD	Self Determination	W	1:00pm	3:50pm	8/27	12/17	Kristine Zapata kzapata5@mtsac.edu	40-119
23730	ILPLS	Practical Living Skills	Th	9:00am	12:05pm	8/28	12/18	Agnes Ndirangu-Mwathi andirangu@mtsac.edu	80-1220
22710	ILCS	Consumer Skills	Th	9:30am	12:20pm	8/28	12/18	Allison Medina amedina41@mtsac.edu	40-119
22696	IAEP	Interacting with Emergency Personnel	Th	9:30am	12:20pm	8/28	12/18	Laura Espinoza lespinozarodriguez@mtsac.edu	80-1401
23734	ILCAC	Cultural Awareness and Cooking	Th	9:30am	12:20pm	8/28	12/18	Kristine Zapata kzapata5@mtsac.edu	40-126
22701	IBSID	Introduction to Banking	Th	1:00pm	3:50pm	8/28	12/18	Allison Medina amedina41@mtsac.edu	40-119

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

**Enroll in tuition-free
college classes for adults
with disabilities!**



Register online at
www.mtsac.edu/sce/awd or
register in-person with the
professor.

Cameron Park Community Center Classes (CMRNPK)

1305 E. Cameron Ave.
West Covina, CA 91790

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
22718	ILMS	Money Skills	M	9:00am	11:50am	8/25	12/15	Oscar Reyes oreyes25@mtsac.edu
22714	ILHFS	Health and Fitness	T	9:00am	11:50am	8/26	12/16	Ariana Lemus alemus36@mtsac.edu
22709	ILCS	Consumer Skills	W	9:00am	11:50am	8/27	12/17	Yasmin Cardona ycardona3@mtsac.edu
22890	ILSBB	Basic Budgeting and Money Management	Th	9:00am	11:50am	8/28	12/18	Edge Francisco efrancisco3@mtsac.edu
22896	ILSRR	Romantic Relationships	F	9:00am	11:50am	8/29	12/19	Edge Francisco efrancisco3@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

**Enroll in tuition-free
college classes for adults
with disabilities!**



Register online at
www.mtsac.edu/sce/awd or
register in-person with the
professor.

Irwindale Community Center Classes (IRCC)

16102 Arrow Hwy.
Irwindale, CA 91706

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
22889	ILSBB	Basic Budgeting and Money Management	W	9:00am	11:50am	8/27	12/17	Edge Francisco efrancisco3@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

**Enroll in tuition-free
college classes for adults
with disabilities!**



Register online at
www.mtsac.edu/sce/awd or
register in-person with the
professor.

La Verne Community Center Classes (LV)

3680 D St.
La Verne, CA 91750

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
22892	ILSPC	Personal Care	M	9:00am	11:50am	8/25	12/15	Laura Espinoza lespinozarodriguez@mtsac.edu
22952	MBS	Memory Building Skills	W	9:00am	11:50am	8/27	12/17	Jennifer Luu jluu15@mtsac.edu
23157	SSW	Social Skills for the Workforce	F	9:00am	11:50am	8/29	12/19	Yasmin Cardona ycardona3@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

**Enroll in tuition-free
college classes for adults
with disabilities!**



Register online at
www.mtsac.edu/sce/awd or
register in-person with the
professor.

Palmview Park Classes (PVPK)

1340 E Puente Ave.
West Covina, CA 91790

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
22713	ILHFS	Health and Fitness	M	9:00am	11:50am	8/25	12/15	Edge Francisco efrancisco3@mtsac.edu
22894	ILSPC	Personal Care	T	9:00am	12:05pm	8/26	12/16	Yasmin Cardona ycardona3@mtsac.edu
23735	ILCAC	Cultural Awareness and Cooking	W	9:00am	11:35am	8/27	12/17	Kristine Zapata kzapata5@mtsac.edu
22898	ILSSS	Safety Skills	F	9:00am	12:05pm	8/29	12/19	Oscar Reyes oreyes25@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

**Enroll in tuition-free
college classes for adults
with disabilities!**



Register online at
www.mtsac.edu/sce/awd or
register in-person with the
professor.

San Dimas Senior/Community Center Classes (SD)

201 E. Bonita Ave.
San Dimas, CA 91773

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
22719	ILMS	Money Skills	T	9:00am	11:20am	8/26	12/16	Allison Medina amedina41@mtsac.edu

Stanley Plummer Building Classes (PLUM)

245 E. Bonita Ave.
San Dimas, CA 91773

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
22716	ILHFS	Health and Fitness	Th	10:30am	11:55am	8/28	12/18	Yasmin Cardona ycardona3@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Digital Media Specialist, Microenterprise, Regenerative Communities, and/or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/ea.

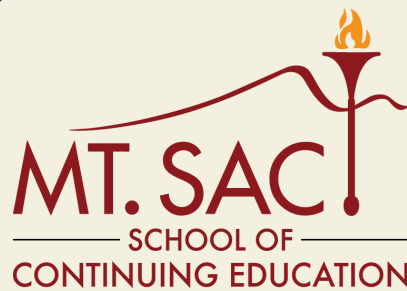
All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: <https://www.mtsac.edu/sce/awd>

Contact us at:

email: awd@mtsac.edu

phone: (909) 274-4192

NEW



OAD MBH - CRN 22906 MUSIC & BRAIN HEALTH



Thursdays, 1pm - 3:50pm
August 28 - December 18, 2025
Mt. SAC, Building 80 - Room 1401

Focus on **improving cognitive functions** through:

- engaging **musical** exercises
- **interactive** challenges
- **creating** your own music
- displaying your mastery of the material in a collaborative **performance**



eo@mtsac.edu



909-274-4192



mtsac.edu/eoa

SCE SOS

Our Student Online Support program
provides noncredit students with LIVE, one-on-one assistance
with online/technology support to help you navigate, access, and
succeed in your courses!

WHAT WE HELP WITH:

- Mt. SAC Portal
- Mountie Mail
- Noncredit Application
- Canvas
- Zoom
- And much more!

FALL 2025 ZOOM HOURS:

Monday-Thursday: 9am-1pm & 3pm-7pm
Friday 8:30am-4pm

FALL 2025 IN-PERSON HOURS:

Monday: 9am- 1pm (Bldg 30, Rm 111)
Wednesday: 9am- 1pm (Bldg 40, Rm 127)
Thursday: 9am- 1pm (Bldg 66, Rm 130)

HOW TO CONTACT US:



ZOOM: bit.ly/4fcBSDZ
• Scan QR code to join



FOLLOW: On Instagram!
• Scan QR code to join



CALL: (909) 274-6100



EMAIL: sce@mtsac.edu



WEB: bit.ly/3VCj6z0

Semester Dates

Fall 2025

Registration Begins: May 7, 2025

Classes Begin: August 25, 2025

Classes End: December 21, 2025

Holidays: September 1, November 11, November 27, November 28

Winter 2026

Registration Begins: November 12, 2025

Classes Begin: January 5, 2026

Classes End: February 15, 2026

Holidays: January 19, February 13

No classes from February 16 – February 22, 2026

Spring 2026

Registration Begins: November 12, 2025

Classes Begin: February 23, 2026

Classes End: June 14, 2026

Holidays: March 31, May 25