**Mt. San Antonio College**

**Alcohol and Other Drugs Prevention Program**

The Drug-Free Schools and Campuses Regulations (EDGAR Part 86) require all Institutions of Higher Educations (IHE), who receive any form of federal funding, to adopt and implement a program to prevent the unlawful possessions, use or distribution of illicit drugs and alcohol by students and employees. Mt. San Antonio College Alcohol and Other Drugs Prevention Program has been developed and implemented, and adopted by the Board of Trustees on August 22, 1990. The program complies with the federal law to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. This Program includes the annual notification of the following:

* Mt. San Antonio College Board Policy 3550;
* Mt. SAC Student Standards of Conduct;
* description of sanctions for violating federal, state, local law and campus policy;
* description of health risks associated with AOD use;
* description of treatment options; and
* biennial review of the program’s effectiveness and the consistency of the enforcement sanctions.

**Mt. San Antonio Board Policies:**

Mt. San Antonio College Board Policy 3550 prohibits the possession, use or distribution of illicit drugs and alcohol on college property during any college-sponsored field trips, activities or workshops, by students and employees. All employees are given a copy of Board Policy 3550 and the **District Policy on Drug Free Environment** during their hiring process. Employees acknowledge receipt of these policies stating they have received an explanation. They also acknowledge the rules and regulations of this policy and have a reasonable understanding of the policy.

Mt. San Antonio College will impose disciplinary sanctions on students and employees, consistent with local, State and Federal law. The description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct is discussed in Board Policy 3550.

<http://zeus.mtsac.edu/governance/trustees/apbp/BP%203550%20-%20Drug-Free%20Environment%20and%20Drug%20Prevention%20Program.pdf>

Mt. San Antonio Board Policy 7360, Discipline and Dismissals – Academic, addresses the basis upon which academic employees might be disciplined as a result of the failure to comply with the District’s AOD policy. <http://zeus.mtsac.edu/governance/trustees/apbp/BP%207360%20-%20Discipline%20and%20Dismissals%20-%20Academic%20Employees.pdf>

Mt. San Antonio Board Policy 7365, Discipline and Dismissals – Classified, addresses the basis upon which classified, confidential, supervisory and management employees might be disciplined as a result of the failure to comply with the District’s AOD policy. <http://zeus.mtsac.edu/governance/trustees/apbp/BP%207365%20-%20Discipline%20and%20Dismissals%20-%20Classified%20Employees.pdf>

**Mt. San Antonio College Student Standards of Conduct:**

Mt. San Antonio College updates and publishes the Student Standards of Conduct annually in the Student Handbook. The unlawful possession, use, sale, offer to sell, or furnishing, or being under the influence of, any controlled substance listed in Chapter 2, Section 11053, Division 10 of the California Health and Safety Code, an alcoholic beverage, or an intoxicant of any kind; or unlawful possession of, or offering, arranging or negotiating the sale of any drug paraphernalia (California Health and Safety Code Section 11014.5) shall constitute good cause for discipline, including but not limited to the removal, suspension or expulsion. (<http://www.mtsac.edu/studentlife/standardsofconduct.html>)

Students are made aware of College policies, procedures, standards of conduct, resources, preventive programs, etc., through a variety of methods. These include:

1. College website;
2. College catalog: <http://catalog.mtsac.edu/registration-policies/college-policies-notices/college-policies-notices.pdf>
3. Student Handbook, which is distributed during orientation and at key campus locations;
4. Anti-drug symbol prominently visible on all college parking permits.

**Mt. San Antonio Alcohol and Other Drugs Prevention Programs:**

Mt. San Antonio Student Health Center offers Alcohol and other Drug outreach programs each semester. These programs include:

* **“Alcohol & You” Awareness Booth:**  The Mt Sac Peer Health Educators set-up a booth several times a semester to conduct activities that demonstrate the physical effects of Alcohol. The students wear “Alcohol impairment *simulation goggles”, which alter vision, perception and balance. This provides the participant a realistic* simulation of intoxication. While wearing the goggles, the students attempt to walk a line and stack cups in the shape of a pyramid. This is a very popular Alcohol awareness outreach with around 150 students participating.
* **Buzz Fest: So You Live to See Tomorrow:** A multi-disciplinary event, the Student Health Services Health Educators, Registered Nurses and Mental Health Counselors set-up numerous booths related to alcohol awareness. Students participate in different activities in each booth to receive a freebie. Our goal is to create a fun, hands-on learning experience that provides young people with the knowledge and skills they need to make responsible decisions about alcohol use.
* **Welcome to the Party:** A sexual violence interactive awareness and prevention presentation utilizing a PowerPoint discussion and a video that addresses sexual violence and partying smarter/safer. The Mt. SAC professors invite Student Health Services to present this two-part presentation (90 minutes each) on this topic.

For a current list of Student Health outreach educations, please go to: <http://www.mtsac.edu/healthcenter/events/index.html>

**COMMONLY USED AND ABUSED SUBSTANCES:**

Commonly used and abused drugs include alcohol, marijuana, cocaine, amphetamines, methamphetamine (crystal meth), prescription drugs such as Vicodin, and anabolic steroids (used to build muscle). While some of these substances are legal, they all may result in addiction, serious health problems, death, financial and legal challenges, and negative social implications.

**Common Side Effects**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Controlled Substances – Uses and Effects** | | | | | | | | | | |
| **DRUGS**  **CSA**  **SCHEDULES** | **TRADE OR**  **OTHER NAMES** | **MEDICAL**  **USES** | **DEPENDENCE**  **Physical Psychological** | | **TOLER- ANCE** | **DURATION**  **(Hours)** | **USUAL METHODS OF ADMINIS- TRATION** | **POSSIBLE EFFECTS** | **EFFECTS OF OVERDOSE** | **WITHDRAWAL SYNDROME** |
| **NARCOTICS** | | | | | | | | | | |
| Opium II III V II III V | Dover's Powder, Paregoric, Parepectolin | Analgesic, Antidiarrheal | High | High | Yes | 3-6 | Oral, smoked | Euphoria, drowsiness, respiratory depression, constricted pupils, nausea | Slow and shallow breathing, clammy skin, convulsions, coma, possible death | Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills, and sweating |
| Morphine II III II III | Morphine, MS-Contin, Roxanol, Roxanol-SR | Analgesic, Antitussive | High | High | Yes | 3-6 | Oral, smoked, injected |
| Codeine | Tylenol w/Codeine, Empirin w/Codeine, Robitussan A-C, Fiorinal w/Codeine | Analgesic, Antitussive | Moderate | Moderate | Yes | 3-6 | Oral, injected |
| Heroin I I | Diacetylmorphine, Horse, Smack | None | High | High | Yes | 3-6 | Injected, sniffed, smoked |
| Hydromorphone II II | Dilaudid | Analgesic | High | High | Yes | 3-6 | Oral, injected |
| Meperidine (Pethidine) II | Demerol, Mepergan | Analgesic | High | High | Yes | 3-6 | Oral, injected |
| Methadone II II | Dolophine, Methadone, Methadose | Analgesic | High | High-Low | Yes | 12-24 | Oral, injected |
| Other NarcoticsI II III IV V | Numorphan, Percodan, Percocet, Tylox, Tussionex, Fentan2 yl, Darvon, Lomotil,  Talwin | Analgesic, antidiarrheal, antitussive | High-Low | High-Low | Yes | Variable | Oral, injected |
| **DEPRESSANTS** | | | | | | | | | | |
| Chloral Hydrate IV IV | Noctec | Hypnotic | Moderate | Moderate | Yes | 5-8 | Oral | Slurred speech, disorientation, drunken behavior without odor of alcohol | Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death | Anxiety, insomnia, tremors, delirium, convulsions, possible death |
| Barbiturates II III IV II III IV | Amytal, Butisol, Florinal, Lotusate, Nembutal, Seconal, Tuinal, Phenobarbital | Anesthetic, anticonvulsant, sedative, hypnotic, veterinary euthanasic agent | High- Mod. | High-Mod. | Yes | 1-16 | Oral |
| Benzodiazepines IV IV | Ativan, Dalmane, Dlazepam, Librium, Xanax, Serax, Valium, Tranxexe, Verstran, Versed, Halcion, Paxipam, Restoril | Antianxiety, anticonvulsant, sedative, hypnotic | Low | Low | Yes | 4-8 | Oral |
| Methaqualone I I | Quaalude | Sedative, hypnotic | High | High | Yes | 4-8 | Oral |
| Glutethimide III III | Doriden | Sedative, hypnotic | High | Moderate | Yes | 4-8 | Oral |
| Other Depressants III IV | Equanil, Miltown, Noludar, Placidyl, Valmid | Antianxiety, sedative, hypnotic | Moderate | Moderate | Yes | 4-8 | Oral |

**Common Side Effects of Alcohol, Marijuana, Methamphetamines and Steroids**

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| --- | --- | --- | --- |
| **Substance** | **Possible Effects** | **Effects of Overdose** | **Dependence** |
| Alcohol-determined on the amount consumed | Euphoria, Excitement, Confusion | Stupor, Coma, Death | Low to moderate  alcohol withdrawal syndrome is a potentially life threatening, seizures,  irregular heartbeat, coma |
| Marijuana | impaired short-term memory and concentration, distorted perception and judgment, diminished motor skills, Marijuana smoke irritates the lungs, and frequent marijuana smokers can have the same breathing problems that tobacco smokers have | Accelerated heart rate and increased blood pressure, apathy | Low to Moderate  Marijuana affects brain development. When marijuana users begin using as teenagers, the drug may reduce thinking, memory, and learning functions and affect how the brain builds connections between the areas necessary for these  functions |
| Methamphetamine | wakefulness, increased physical activity, decreased appetite, increased respiration, rapid heart rate, irregular heartbeat, increased blood pressure, and increased body temperature | Delusions, hallucinations, psychosis, Heart arrhythmias | Moderate  psychological and physical dependence. long-term may experience anxiety, confusion, insomnia, and mood disturbances, hallucinations and display violent behavior |
| Steroids | Cancers of various types including liver, brain and prostate, increase blood pressure, Testicular shrinking, decreased sperm count, and infertility | Dramatic mood swings, depression, paranoia  high doses, increase irritability and aggression | Low to moderate  withdrawal symptoms when stopping steroids, such as mood swings, fatigue, restlessness, loss of appetite, insomnia, reduced sex drive, and steroid cravings. The most dangerous of the withdrawal symptoms is depression, because it sometimes leads to suicide attempts**.** |
| Cocaine | Accelerated heart rate and increased blood pressure, dilated pupils, nasal damage requiring medical and surgical intervention | Seizures and strokes | Moderate  Psychological and physical dependence |

**Penalties of Illegal Alcohol and other Drug Abuse:**

**California Uniform Controlled Substance Act**

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| --- | --- | --- |
| **AOD**  **California Schedules under the California Uniform Controlled Substances Act** | **SPECIFICS** | **SENTENCES** |
| Alcohol | Driving a motor vehicle while intoxicated is a misdemeanor | Up to one year in jail. Will include fines  Subsequent offenses may be charged as a felony under certain circumstances. |
| Cannabis Schedule 1 | It is illegal to possess Cannabis on campus according to the Health and Safety Code.  Cannabis is still illegal under federal law.  Under State law, it is legal if is less than an ounce |  |
| Heroin and other Opiates Schedule 1   * Raw Opium * Opium Poppy and Straw * Morphine * Oxycodone * Hydrocodone Schedule 2 * Codeine Schedule 2 | Heroin is illegal to possess under California Health and Safety Code 11350 | Possession can be prosecuted as a misdemeanor or Felony with up to 3 years in prison. California  Health and Safety Code 11351 Possession for sale is 2,3,4 years in state prison  Health and Safety Code 11352 pertains to sale/trafficking with increased penalties.  Those convicted for sale under Health and Safety Code 11351 or sale/trafficking under 11352 can serve 1year to 18 months in county jail |
| Cocaine/Crack Schedule 2 | Cocaine is illegal to possess under California Health and Safety Code 11350.  Crack Cocaine, Cocaine Salt is illegal to possess under California Health and Safety Code 11351 | Possession can be prosecuted as a misdemeanor or felony with up to 3 years in prison.  Penalties for Possession for sale of cocaine salt are 2,3,4 years.  Prior conviction of selling cocaine salt may serve more time in state prison. |
| MDMA (Ecstasy) Schedule 1 | MDMA is illegal to possess under the California Health and Safety Code 11377, possession to sale under HS 11378 | Conviction of HS 11378, possession of MDMA for sale may receive anything from Probation up to 4 years in prison |
| Amphetamines Schedule 2   * Methamphetamine * dimethylamphetamine | Amphetamines are illegal for possession under California Health and Safety Code 11377, and for sale under Health and Safety Code 11378 | No prior conviction of 11377, PC1000, Proposition 36, or felony probation.  Conviction of HS 11378, possession of amphetamines for sale, may receive probations up to 4 years in prison.  Harsher sentences are given for those convicted of manufacturing amphetamines such as methamphetamines |
| Psilocybin (mushrooms) Schedule 1 | Mushrooms containing psilocybin, psilocybin, and psilocybin spores are illegal to possess, import, buy sell, trade or give away if intended to be cultivated. Growing psilocybin-containing mushrooms from spores is considered manufacturing a controlled substance |  |
| Other drugs   * Lysergic acid diethylamide (LSD) is Schedule 1 * Peyote all forms of Peyote and its derivatives, included its active compound mescaline are Schedule 1 * Phencyclidine (PCP) is Schedule 2 * Ketamine Schedule 3 * Anabolic Steroids, including testosterone and human chorionic gonadotropin is a Schedule 3 | LSD is illegal for possession under the California Health and Safety Act 11377 and illegal for sale under 11378  PCP is illegal for possession for sale under California Health and Safety Code 11378  Ketamine is illegal under Health and Safety Code 11377 | Ketamine-it is a misdemeanor to possess and punishment includes 6 months in jail and up to $1,000 fine. Under PC 1000, Prop 36 supervised probation or no jail time. Prior records will be given small jail terms 30.90 or 180 days, along with felony probation. |

# Federal Trafficking Penalties

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  | |  |  |  |  | |  |
|  | CSA | PENALTY | | Quantity | DRUG | Quantity | PENALTY | |  |
| 2nd Offense | 1st Offense | 1st Offense | 2nd Offense |  |
|  | I  and  II | Not less than 10 years. Not more  than life.  If death or serious injury, not less  than life.  Fine of not more than $4 million  individual,  $10 million other than individual. | Not less than 5 years. Not more than 40 years.  If death or serious injury, not less than 20 years. Not more than life.  Fine of not more than $2 million individual, $5 million other than  individual. | 10-99 gm or  100-999 gm  mixture | METHAMPHETAMINE | 100 gm or more  or 1 kg1 or more mixture | Not less than 10 years. Not more than life.  If death or serious injury, not less than 20 years. Not more than life.  Fine of not more than $4 million individual. $10 million other than individual. | Not less than 20 years. Not more than life.  If death or serious injury, not less than life.  Fine of not more than $8 million individual. $20 million other than individual. |  |
| 100-999 gm  mixture | HEROIN | 1 kg or more  mixture |
| 500-4.999  gm mixture | COCAINE | 5 kg or more  mixture |
| 5-49 gm mixture | COCAINE BASE | 50 gm or more  mixture |
| 0-99 gm or  100-999 gm PCP | | 100 gm or more or 1 kg or more  mixture |
| 1-10 gm mixture | LSD | 10 gm or more  mixture |
| 40-399 gm  mixture | FENTANYL | 400 gm or more  mixture |
| 10-99 gm  mixture | FENTANYL ANALOGUE | 100 gm or more  mixture |
| Drug | Quantity | First Offense | | Second Offense | | |  |
| Others2 | Any | Not more than 20 years.  If death or serious injury, not less than 20 years, not more than life.  Fine $1 million individual. $5 million not individual. | | Not more than 30 years.  If death or serious injury, life.  Fine $2 million individual. $10 million not individual. | | |  |
|  | III | All | Any | Not more than 5 years.  Fine not more than $250,000 individual. $1 million not individual. | | Not more than 10 years.  Fine not more than $500,000 individual. $2 million not individual. | | |  |
|  | IV | All | Any | Not more than 3 years.  Fine not more than $250,000 individual. $1 million not individual. | | Not more than 6 years.  Fine not more than $500,000 individual. $2 million not individual. | | |  |
|  | V | All | Any | Not more than 1 year.  Fine not more than $100,000 individual. $250,000 not individual. | | Not more than 2 years.  Fine not more than $200,000 individual. $500,000 not individual. | | |  |
|  |  |  |  |  | |  | | |  |

1Law as originally enacted states 100 gm. Congress requested to make technical correction to 1 kg. 2Does not include marijuana, hashish, or hash oil. (See separate chart.)

Federal Trafficking Penalties – Marijuana 2017

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| --- | --- | --- | --- |
| Drug | Quantity | First Offense | Second Offense |
| **Marijuana** (Schedule I) | 1,000 kg or more marijuana mixture; or 1,000 or more marijuana plants | Not less than 10 years or more than life. If death or serious bodily injury, not less than 20 yrs, or more than life. Fine not more than $10 million if an individual, $50 million if other than an individual | Not less than 20 yrs or more than life. If death or serious bodily injury, life imprisonment. Fine not more than $20 million if an individual, $75 million if other than an individual. |
| **Marijuana**  (Schedule I) | 100 kg to 999 kg marijuana mixture; or 100 to 999 marijuana plants | Not less than 5 yrs or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs or more than life. Fine not more than $5 million if an individual, $25 million if other than an individual. | Not less than 10 yrs or more than life. If death or serious bodily injury, life imprisonment. Fine not more than $20 million if an individual, $75 million if other than an individual. |
| **Marijuana**  (Schedule I) | More than 10 kgs hashish; 50 to 99 kg marijuana mixture  More than 1 kg of hashish oil; 50 to 99 marijuana plants | Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs or more than life. Fine $1 million if an individual, $5 million if other than an individual. | Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine $2 million if an individual, $10 million if other than an individual. |
| **Marijuana**  (Schedule I) | Less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight)  1 to 49 marijuana plants | Not more than 5 yrs. Fine not more than $250,000, $1 million if other than an individual. | Not more than 10 yrs. Fine $500,000 if an individual, $2 million if other than an individual. |
| **Hashish**  (Schedule I) | 10 kg or less |  |  |
| **Hashish Oil**  (Schedule I) | 1 kg or less |  |  |

\*The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is a mandatory term of life imprisonment without release and a fine up to $20 million if an individual and $75 million if other than an individual.

**Referrals and Resources:**

**On-Campus**

Student Health Center Building 67B………………………………………………………………………….(909) 274-4400

**Off-Campus**

**NORTH ORANGE COUNTY**

Alcoholic Anonymous (24 hrs. help)……………………………………………………………………………(714) 773-4357

Al-Anon (for family members of alcoholic & friends)………………………………………………….(714) 748-1113

Center for Substance Abuse Treatment (24 hr. hotline for drug abuse)……………………..(800) 662-4357

Narcotics Anonymous Southern California…………………………………………………………………(800) 863-2962

**SAN GABRIEL/ POMONA VALLEY**

A.A…………………………………………………………………………………………………………………………….(626) 914-1861

EASE Program …………………………………………………………….................................................(800) 882-1341 http://www.mtsac.edu/hr/benefits/pdf/EASE%20Flyer.pdf

National Council on Alcoholism………………………………………………………………………………….(909) 629-4084

Narcotics Anonymous………………………………………………………………………………………………..(626) 359-0084

Adult Children of Alcoholics ……………………………………………………………………………………..(310) 534-1815

**INLAND EMPIRE**

Alcoholics Anonymous …………………………………………………………………………………………….(909) 825-4700

Al-Anon …………………………………………………………………………………………………………………….(909) 824-1516

National Council on Alcoholism ……………………………………………………………………………….(909) 629- 4084

**Additional information can be found at:**

[https://www.drugabuse.gov/publications/drugfacts/marijuana](https://www.drugabuse.gov/publications/drugfacts/marijuana%20)

[http://www.emedicinehealth.com/cocaine\_abuse/article\_em.htm](http://www.emedicinehealth.com/cocaine_abuse/article_em.htm%20)

<https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption>

<https://www.drugabuse.gov/publications/research-reports/anabolic-steroid-abuse/what-effects-do-anabolic-steroids-have-behavior>

<https://www.drugabuse.gov/publications/drugfacts/methamphetamine>

<http://catalog.mtsac.edu/registration-policies/college-policies-notices/college-policies-notices.pdf>

**References:**

Complying with the Drug-Free Schools and Campuses Regulations, A Guide for University and College Administrators. U.S Department of Education, Edgar Part 86

Health and Safety Code Section 11350-11356.5

Health and Safety Code Section 11377-11382.5

DRUGS OF ABUSE I 2017 EDITION: A DEA Resource Guide