

Mt. San Antonio College
Alcohol and Other Drugs Prevention Program

The Drug-Free Schools and Campuses Regulations (EDGAR Part 86) require all Institutions of Higher Education (IHE), who receive any form of federal funding, to adopt and implement a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. Mt. San Antonio College Alcohol and Other Drugs Prevention Program was developed, implemented and adopted in August 22, 1990 by the Board of Trustees to comply with the federal law and to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. This Program includes annual notification of the following: Mt. San Antonio College Board Policy 3550, the Mt. SAC Student Standards of conduct, a description of sanctions for violating federal, state, local law and campus policy, a description of health risks associated with AOD use, a description of treatment options, and a biennial review of this program's effectiveness and the consistency of the enforcement sanctions.

Mt. San Antonio Board Policies:

Mt. San Antonio College Board Policy 3550 prohibits the possession, use or distribution of illicit drugs and alcohol on College property during any College-sponsored field trips, activities or workshops, by students and employees. All employees are given a copy of Board Policy 3550 and the **District Policy on Drug Free Environment** during their hiring process. Employees acknowledge receipt of these policies stating they have received an explanation. They also acknowledge the rules and regulations of this policy and have a reasonable understanding of the policy.

Mt. San Antonio College will impose disciplinary sanctions on students and employees, consistent with local, State and Federal law. The description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct is discussed in Board Policy 3550.

<http://zeus.mtsac.edu/governance/trustees/apbp/BP%203550%20-%20Drug-Free%20Environment%20and%20Drug%20Prevention%20Program.pdf>

Mt. San Antonio Board Policy 7360, Discipline and Dismissals – Academic, addresses the basis upon which academic employees might be disciplined as a result of the failure to comply with the District's AOD policy.

<http://zeus.mtsac.edu/governance/trustees/apbp/BP%207360%20-%20Discipline%20and%20Dismissals%20-%20Academic%20Employees.pdf>

Mt. San Antonio Board Policy 7365, Discipline and Dismissals – Classified, addresses the basis upon which classified, confidential, supervisory and management employees might be disciplined as a result of the failure to comply with the District's AOD policy. <http://zeus.mtsac.edu/governance/trustees/apbp/BP%207365%20-%20Discipline%20and%20Dismissals%20-%20Classified%20Employees.pdf>

Mt. San Antonio College Student Standards of Conduct:

Mt. San Antonio College updates and publishes the Student Standards of Conduct annually in the Student Handbook. The unlawful possession, use, sale, offer to sell, or furnishing, or being under the influence of, any controlled substance listed in Chapter 2, Section 11053, Division 10 of the California Health and Safety Code, an alcoholic beverage, or an intoxicant of any kind; or unlawful possession of, or offering, arranging or negotiating the sale of any drug paraphernalia (California Health and Safety Code Section 11014.5) shall constitute good cause to discipline, including but not limited to the removal, suspension or expulsion <http://www.mtsac.edu/studentlife/standardsofconduct.html>

Students are made aware of College policies, procedures, standards of conduct, resources, preventive programs, etc., through a variety of methods. These include:

- a. College website;
- b. College catalog <http://catalog.mtsac.edu/college-policies-notice/>;
- c. Student Handbook, which is distributed during orientation and at key campus locations;
- d. Anti-drug symbol prominently visible on all college parking permits.

Mt. San Antonio Alcohol and Other Drugs Prevention Programs:

Mt. San Antonio Student Health Center offers Alcohol and other Drug outreach programs each semester. These programs include:

- **“Alcohol & You” Awareness Booth:** The Mt Sac Peer Health Educators set-up a booth several times a semester to conduct activities that demonstrate the physical effects of Alcohol. The students wear “Alcohol impairment *simulation goggles*”, which alter vision, perception and balance. This provides the participant a realistic simulation of intoxication. While wearing the goggles, the students attempt to walk a line and stack cups in the shape of a pyramid. This is a very popular Alcohol awareness outreach with around 150 students participating.
- **Buzz Fest: So You Live to See Tomorrow:** A multi-disciplinary event, the Student Health Services Health Educators, Registered Nurses and Mental Health Counselors set-up numerous booths related to alcohol awareness. Students participate in different activities in each booth to receive a freebie. Our goal is to create a fun, hands-on learning experience that provides young people with the knowledge and skills they need to make responsible decisions about alcohol use.
- **Welcome to the Party:** A sexual violence interactive awareness and prevention presentation utilizing a PowerPoint discussion and a video that addresses sexual violence and partying smarter/safer. The Mt. SAC professors invite Student Health Services to present this two-part presentation (90 minutes each) on this topic.

For a current list of Student Health outreach educations, please go to <http://www.mtsac.edu/healthcenter/events/index.html>

COMMONLY USED AND ABUSED SUBSTANCES:

Commonly used and abused drugs include alcohol, marijuana, cocaine, amphetamines, methamphetamine (crystal meth), prescription drugs such as Vicodin, and anabolic steroids (used to build muscle). While some of these substances are legal, they all may result in addiction, serious health problems, death, financial and legal challenges, and negative social implications.

Common Side Effects

Controlled Substances – Uses and Effects

DRUGS CSA SCHEDULES	TRADE OR OTHER NAMES	MEDICAL USES	DEPENDENCE Physical Psychological	TOLER- ANCE	DURATION (Hours)	USUAL METHODS OF ADMINIS- TRATION	POSSIBLE EFFECTS	EFFECTS OF OVERDOSE	WITHDRAWAL SYNDROME	
NARCOTICS										
Opium II III V II III V	Dover's Powder, Paregoric, Parepectolin	Analgesic, Antidiarrheal	High	High	Yes	3-6	Oral, smoked	Euphoria, drowsiness, respiratory depression, constricted pupils, nausea	Slow and shallow breathing, clammy skin, convulsions, coma, possible death	Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills, and sweating
Morphine II III	Morphine, MS-Contin, Roxanol, Roxanol-SR	Analgesic, Antitussive	High	High	Yes	3-6	Oral, smoked, injected			
Codeine	Tylenol w/Codeine, Empirin w/Codeine, Robitussin A-C, Fiorinal w/Codeine	Analgesic, Antitussive	Moderate	Moderate	Yes	3-6	Oral, injected			
Heroin I I	Diacetylmorphine, Horse, Smack	None	High	High	Yes	3-6	Injected, sniffed, smoked			
Hydromorphone II	Dilaudid	Analgesic	High	High	Yes	3-6	Oral, injected			
Meperidine (Pethidine) II	Demerol, Mepergan	Analgesic	High	High	Yes	3-6	Oral, injected			
Methadone II II	Dolophine, Methadone, Methadose	Analgesic	High	High-Low	Yes	12-24	Oral, injected			
Other Narcotics I II III IV V	Numorphan, Percodan, Percocet, Tylox, Tussionex, Fentanyl, Darvon, Lomotil, Talwin	Analgesic, antidiarrheal, antitussive	High-Low	High-Low	Yes	Variable	Oral, injected			
DEPRESSANTS										
Chloral Hydrate IV IV	Noctec	Hypnotic	Moderate	Moderate	Yes	5-8	Oral	Slurred speech, disorientation, drunken behavior without odor of alcohol	Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death	Anxiety, insomnia, tremors, delirium, convulsions, possible death
Barbiturates II III IV II III IV	Amytal, Butisol, Florinal, Lotusate, Nembutal, Seconal, Tuinal, Phenobarbital	Anesthetic, anticonvulsant, sedative, hypnotic, veterinary euthanasic agent	High- Mod.	High-Mod.	Yes	1-16	Oral			
Benzodiazepines IV IV	Ativan, Dalmane, Diazepam, Librium, Xanax, Serax, Valium, Tranxexa, Verstran, Versed, Halcion, Paxipam, Restoril	Antianxiety, anticonvulsant, sedative, hypnotic	Low	Low	Yes	4-8	Oral			
Methaqualone I	Quaalude	Sedative, hypnotic	High	High	Yes	4-8	Oral			
Glutethimide III	Doriden	Sedative, hypnotic	High	Moderate	Yes	4-8	Oral			
Other Depressants III IV	Equanil, Miltown, Noludar, Placidyl, Valmid	Antianxiety, sedative, hypnotic	Moderate	Moderate	Yes	4-8	Oral			

Common Side Effects of Alcohol, Marijuana, Methamphetamines and Steroids

Substance	Possible Effects	Effects of Overdose	Dependence
Alcohol-determined on the amount consumed	Euphoria, Excitement, Confusion	Stupor, Coma, Death	Low to moderate alcohol withdrawal syndrome is a potentially life threatening, seizures, irregular heartbeat, coma
Marijuana	impaired short-term memory and concentration, distorted perception and judgment, diminished motor skills Marijuana smoke irritates the lungs, and frequent marijuana smokers can have the same breathing problems that tobacco smokers have	accelerated heart rate and increased blood pressure, apathy	Low to Moderate Marijuana affects brain development. When marijuana users begin using as teenagers, the drug may reduce thinking, memory, and learning functions and affect how the brain builds connections between the areas necessary for these functions
Methamphetamine	wakefulness, increased physical activity, decreased appetite, increased respiration, rapid heart rate, irregular heartbeat, increased blood pressure, and increased body temperature	delusions, hallucinations, psychosis, Heart arrhythmias	Moderate psychological and physical dependence. long-term may experience anxiety, confusion, insomnia, and mood disturbances, hallucinations and display violent behavior
Steroids	Cancers of various types including liver, brain and prostate, increase blood pressure, Testicular shrinking, decreased sperm count, and infertility	dramatic mood swings, depression, paranoia high doses, increase irritability and aggression	Low to moderate withdrawal symptoms when stopping steroids, such as mood swings, fatigue, restlessness, loss of appetite, insomnia, reduced sex drive, and steroid cravings. The most dangerous of the withdrawal symptoms is depression, because it sometimes leads to suicide attempts.
Cocaine	Accelerated heart rate and increase blood pressure, dilated pupils, nasal damage requiring medical and surgical intervention	seizures and strokes	Moderate Psychological and physical dependence

Penalties of Illegal Alcohol and other Drug Abuse:

California Uniform Controlled Substance Act

<p style="text-align: center;">AOD <u>California Schedules under the California</u> <u>Uniform Controlled Substances Act</u></p>	<p style="text-align: center;"><u>SPECIFICS</u></p>	<p style="text-align: center;"><u>SENTENCES</u></p>
<p>Alcohol</p>	<p>Driving a motor vehicle while intoxicated is a misdemeanor</p>	<p>Up to one year in jail. Will include fines Subsequent offenses may be charged as a felony under certain circumstances.</p>
<p>Cannabis Schedule 1</p>	<p>2011, SB 1449 possession of under one ounce of cannabis and misdemeanor to a civil infraction. 2003 Marijuana Program Act, 2004, SB 420, Medicinal Marijuana patients may possess 8 ounces of dried Marijuana and 6 mature plants</p>	
<p>Heroin and other Opiates Schedule 1</p> <ul style="list-style-type: none"> • Raw Opium • Opium Poppy and Straw • Morphine • Oxycodone • Hydrocodone Schedule 2 • Codeine Schedule 2 	<p>Heroin is illegal to possess under California Health and Safety Code 11350</p>	<p>Possession can be prosecuted as a misdemeanor or Felony with up to 3 years in prison. California Health and Safety Code 11351 Possession for sale is 2,3,4 years in state prison Health and Safety Code 11352 pertains to sale/trafficking with increased penalties. Those convicted for sale under Health and Safety Code 11351 or sale/trafficking under 11352 can serve 1year to 18 months in county jail</p>
<p>Cocaine/Crack Schedule 2</p>	<p>Cocaine is illegal to possess under California Health and Safety Code 11350. Crack Cocaine, Cocaine Salt is illegal to possess under California Health and Safety Code 11351</p>	<p>Possession can be prosecuted as a misdemeanor or felony with up to 3 years in prison. Penalties for Possession for sale of cocaine salt are 2,3,4 years. Prior conviction of selling cocaine salt may serve more time in state prison.</p>
<p>MDMA (Ecstasy) Schedule 1</p>	<p>MDMA is illegal to possess under the California Health and Safety Code 11377, possession to sale under HS 11378</p>	<p>Conviction of HS 11378, possession of MDMA for sale may receive anything from Probation up to 4 years in prison</p>
<p>Amphetamines Schedule 2</p> <ul style="list-style-type: none"> • Methamphetamine • dimethylamphetamine 	<p>Amphetamines are illegal for possession under California Health and Safety Code 11377, and for sale under Health and Safety Code 11378</p>	<p>No prior conviction of 11377, PC1000, Proposition 36, or felony probation. Conviction of HS 11378, possession of amphetamines for sale, may receive probations up to 4 years in prison. Harsher sentences are given for those convicted of manufacturing amphetamines such as methamphetamines</p>
<p>Psilocybin (mushrooms) Schedule 1</p>	<p>Mushrooms containing psilocybin, psilocybin, psilocybin spores are illegal to possess, import, buy sell, trade or give away if intended to be cultivated. Growing psilocybin-containing mushrooms from spores is considered manufacturing a controlled substance</p>	
<p>Other drugs</p> <ul style="list-style-type: none"> • Lysergic acid diethylamide (LSD) is Schedule 1 • Peyote all forms of Peyote and its derivatives, included its active compound mescaline are Schedule 1 • Phencyclidine (PCP) is Schedule 2 • Ketamine Schedule 3 • Anabolic Steroids, including testosterone and human chorionic gonadotropin is a Schedule 3 	<p>LSD is illegal for possession under the California Health and Safety Act 11377 and illegal for sale under 11378</p> <p>PCP is illegal for possession for sale under California Health and Safety Code 11378 Ketamine is illegal under Health and Safety Code 11377</p>	<p>Ketamine-it is a misdemeanor to possess and punishment includes 6 months in jail and up to \$1,000 fine. Under PC 1000, Prop 36 supervised probation or no jail time. Prior records will be given small jail terms 30.90 or 180 days, along with felony probation.</p>

Federal Trafficking Penalties

CSA	PENALTY		Quantity	DRUG	Quantity	PENALTY				
	2nd Offense	1st Offense				1st Offense	2nd Offense			
I and II	Not less than 10 years. Not more than life. If death or serious injury, not less than life. Fine of not more than \$4 million individual, \$10 million other than individual.	Not less than 5 years. Not more than 40 years. If death or serious injury, not less than 20 years. Not more than life. Fine of not more than \$2 million individual, \$5 million other than individual.	10-99 gm or 100-999 gm mixture	METHAMPHETAMINE	100 gm or more or 1 kg ¹ or more mixture	Not less than 10 years. Not more than life. If death or serious injury, not less than 20 years. Not more than life. Fine of not more than \$4 million individual. \$10 million other than individual.	Not less than 20 years. Not more than life. If death or serious injury, not less than life. Fine of not more than \$8 million individual. \$20 million other than individual.			
			100-999 gm mixture	HEROIN	1 kg or more mixture					
			500-4.999 gm mixture	COCAINE	5 kg or more mixture					
			5-49 gm mixture	COCAINE BASE	50 gm or more mixture					
			0-99 gm or 100-999 gm PCP		100 gm or more or 1 kg or more mixture					
			1-10 gm mixture	LSD	10 gm or more mixture					
			40-399 gm mixture	FENTANYL	400 gm or more mixture					
			10-99 gm mixture	FENTANYL ANALOGUE	100 gm or more mixture					
			Drug	Quantity	First Offense			Second Offense		
			Others ²	Any	Not more than 20 years. If death or serious injury, not less than 20 years, not more than life. Fine \$1 million individual. \$5 million not individual.			Not more than 30 years. If death or serious injury, life. Fine \$2 million individual. \$10 million not individual.		
III	All	Any	Not more than 5 years. Fine not more than \$250,000 individual. \$1 million not individual.		Not more than 10 years. Fine not more than \$500,000 individual. \$2 million not individual.					
IV	All	Any	Not more than 3 years. Fine not more than \$250,000 individual. \$1 million not individual.		Not more than 6 years. Fine not more than \$500,000 individual. \$2 million not individual.					
V	All	Any	Not more than 1 year. Fine not more than \$100,000 individual. \$250,000 not individual.		Not more than 2 years. Fine not more than \$200,000 individual. \$500,000 not individual.					

¹Law as originally enacted states 100 gm. Congress requested to make technical correction to 1 kg.

²Does not include marijuana, hashish, or hash oil. (See separate chart.)

Federal Trafficking Penalties - Marijuana

As of November 18, 1988

Quantity	Description	First Offense	Second Offense
1,000 kg or more; or 1,000 or more plants	Marijuana Mixture containing detectable quantity*	Not less than 10 years, not more than life. If death or serious injury, not less than 20 years, not more than life. Fine not more than \$4 million individual, \$10 million other than individual.	Not less than 20 years, not more than life. If death or serious injury, not less than life. Fine not more than \$8 million individual, \$20 million other than individual.
100 kg to 1,000 kg; or 100-999 plants	Marijuana Mixture containing detectable quantity*	Not less than 5 years, not more than 40 years. If death or serious injury, not less than 20 years, not more than life. Fine not more than \$2 million individual, \$5 million other than individual.	Not less than 10 years, not more than life. If death or serious injury, not less than life. Fine not more than \$4 million individual, \$10 million other than individual.
50 to 100 kg	Marijuana	Not more than 20 years. If death or serious injury, not less than 20 years, not more than life. Fine \$1 million individual, \$5 million other than individual.	Not more than 30 years. If death or serious injury, life. Fine \$2 million individual, \$10 million other than individual.
10 to 100 kg	Hashish		
1 to 100 kg	Hashish Oil		
50-99 plants	Marijuana		
Less than 50 kg	Marijuana	Not more than 5 years. Fine not more than \$250,000, \$1 million other than individual.	Not more than 10 years. Fine \$500,000 individual, \$2 million other than individual.
Less than 10 kg	Hashish		
Less than 1 kg	Hashish Oil		

*Includes Hashish and Hashish Oil (Marijuana is a Schedule I Controlled Substance)

Referrals and Resources:

On-Campus

Student Health Center Building 67B.....(909) 274-4400

Off-Campus

NORTH ORANGE COUNTY

Alcoholic Anonymous (24 hrs. help)(714) 773-4357

Al-Anon (for family members of alcoholic & friends) ...(714) 748-1113

Center for Substance Abuse Treatment

(24 hr. hotline for drug abuse) (800) 662-4357

Narcotics Anonymous Southern California (800) 863-2962

SAN GABRIEL/ POMONA VALLEY

- A.A. (626) 914-1861
- National Council on Alcoholism (909) 629-4084
- Narcotics Anonymous(626) 359-0084
- Adult Children of Alcoholics(310) 534-1815

INLAND EMPIRE

- Alcoholics Anonymous(909) 825-4700
- Al-Anon (909) 824-1516
- National Council on Alcoholism(909) 629- 4084

Additional information can be found at:

- <https://www.drugabuse.gov/publications/drugfacts/marijuana>
- http://www.emedicinehealth.com/cocaine_abuse/article_em.htm
- <http://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption>
- <https://www.drugabuse.gov/publications/research-reports/anabolic-steroid-abuse/what-effects-do-anabolic-steroids-have-behavior>
- <https://www.drugabuse.gov/publications/drugfacts/methamphetamine>

- <http://catalog.mtsac.edu/college-policies-notice/>

References:

- Complying with the Drug-Free Schools and Campuses Regulations, A Guide for University and College Administrators. U.S Department of Education, Edgar Part 86
- Health and Safety Code Section 11350-11356.5
- Health and Safety Code Section 11377-11382.5