

Athletics Update

Friday, April 23, 2021

Below is an update on our athletics programs, latest news and updates.

Testing:

We continue to follow the guidelines set forth in the Cal OSHA (State), NCAA, CCCAA, CCCATA requirements. The testing procedures for our student-athletes and staff has been running very smoothly, thanks in large part to our Athletic Training Staff who oversee it.

Competition:

Our Spring Teams have had competitions with members of the Orange Empire, Western States and Inland Empire Conferences. Although Orange Empire has not been as accommodating as we had hoped (Softball and Beach Volleyball Coaches cut our season games). We still have managed to assemble very competitive opportunities on the teams' schedules. With some of our South Coast Conference Schools returning to campus, we can work with those schools interested in scrimmaging our teams if we have allowable contests remaining.

Conditioning:

We completed our first week of Spring I Sports Conditioning! (Fall/Winter Sports). Virtual orientation sessions were conducted for our coaching staff and our student-athletes, with education components relating to COVID, Safety Plans and Health Checks. Tammy and I are on campus, each day, observing the teams for both the Spring II and Spring I Sport Classes. First week went extremely well. Looking forward to seeing them progress in their team classes.

Facilities:

We received approvals from Return to Campus Workgroup, with Safety Plans to allow our student-athletes for Track and Field to have access to the new stadium weight room! That has been running very well, and all are appreciative of the opportunity. We have also been cleared to use the Athletic Training Rooms in Buildings 45 and 742, for the in-season sports and any needed rehabilitation and treatment for the care of our student-athletes.

All are so appreciative of the support we have received and can already see the immense benefits this has had on our students' physical, mental and emotional well-being. Thank you again! Please let us know if there is any additional information you would like to have.

Joe and Tammy