



Counselor: _____ Major: _____ A.A. _____ A.S. _____

B. The Physical Universe and Life (3 units minimum): One Course from the Physical Science (B-1) <u>OR</u> Life Sciences (B-2).						C	IP	N
B-1 - Physical Science:								
ASTR 5	Introduction to Astronomy (3)	GEOG 1H	Physical Geography - H (3)	OCEA 10H	Introduction to Oceanography - H (3)			
ASTR 5H	Introduction to Astronomy - H (3)	GEOG 1L	Physical Geography Laboratory (1)	OCEA 10L	Introduction to Oceanography Lab.(1)			
ASTR 5L	Astronomical Observing Lab. (1)	GEOG 1LH	Physical Geography Laboratory - H (1)	PHSC 3	Energy Science (4)			
ASTR 7	Astrophysics of the Solar System (3)	GEO 1	Physical Geology (4)	PHSC 9	Physical Science (4)			
ASTR 8	Stars, Galaxies, & Universe (3)	GEO 7	Geology of California (3)	PHYS 1	Physics (4)			
CHEM 10	Chemistry for Allied Health Majors (5)	GEO 8	Earth Science (3)	PHYS 2AG	General Physics (4)			
CHEM 20	Intro. to Organic and Biochemistry (5)	GEO 8H	Earth Science - H (3)	PHYS 2BG	General Physics (4)			
CHEM 40	Introduction to General Chemistry (5)	GEO 8L	Earth Science Laboratory (1)	PHYS 4A	Engineering Physics (5)			
CHEM 50	General Chemistry I (5)	GEO 9	Environmental Geology (3)	PHYS 4B	Engineering Physics (5)			
CHEM 50H	General Chemistry I - H (5)	GEO 10	Natural Disasters (3)	PHYS 4C	Engineering Physics (5)			
CHEM 51	General Chemistry II (5)	METO 3	Weather/Atmosphere Environment (3)	PHYS 6A	General Physics with Calculus (5)			
CHEM 51H	General Chemistry II - H (5)	METO 3L	Weather/Atmosphere Environment Lab (1)	PHYS 6B	General Physics with Calculus (5)			
GEOG 1	Physical Geography (3)	OCEA 10	Introduction to Oceanography (3)					
B-2 - Life Science:								
AGOR 1	Horticultural Science (3)	BIOL 2	Plant and Animal Biology (4)	BIOL 21	Marine Biology Laboratory (1)			
ANAT 10A	Introductory Human Anatomy (4)	BIOL 3	Ecology and Field Biology (4)	BIOL 25	Conservation Biology (3)			
ANAT 10B	Introductory Human Physiology (4)	BIOL 4	Biology for Majors (4)	BIOL 34	Fundamentals of Genetics (3)			
ANAT 35	Human Anatomy (5)	BIOL 4H	Biology for Majors - H (4)	BIOL 34L	Fundamentals of Genetics Lab (1)			
ANAT 36	Human Physiology (5)	BIOL 6	Humans and the Environment (3)	MICR 1	Principles of Microbiology (5)			
ANTH 1	Biological Anthropology (3)	BIOL 6L	Humans and the Environment Lab (2)	MICR 22	Microbiology (4)			
ANTH 1H	Biological Anthropology - H (1)	BIOL 8	Cell and Molecular Biology (4)	PSYC 1B	Biological Psychology (3)			
ANTH 1L	Biological Anthropology Laboratory (1)	BIOL 17	Neurobiology and Behavior (3)					
BIOL 1	General Biology (4)	BIOL 20	Marine Biology (3)					

Revised: 8/30/17

C. Arts and Humanities (6 units): Two courses (6 units) minimum with at least one course from Arts (C-1) AND one course from Humanities (C-2).						C	IP	N
C-1: Arts – Select one course (3 units):								
AHIS 1	Understanding the Visual Arts (3)	AHIS 14	Rome: The Ancient City (3)	MUS 7	Fundamentals of Music (3)			
AHIS 3	History of Women and Gender in Art (3)	*AHIS 15	Culture and Art of Pompeii (3)	MUS 11A	Music Literature Survey (3)			
AHIS 3H	History of Women in Art - H (3)	ARCH 250	World Architecture I (3)	MUS 11B	Music Literature Survey (3)			
AHIS 4	Prehistoric-Gothic Art (3)	ARCH 251	World Architecture II (3)	MUS 12	History of Jazz (3)			
AHIS 4H	Prehistoric-Gothic Art - H (3)	ARTB 1	Understanding the Visual Arts(3)	MUS 13	Introduction to Music Appreciation (3)			
AHIS 5	Renaissance to Modern (3)	ARTB 14	Basic Studio Arts (3)	MUS 13H	Introduction to Music Appreciation - H (3)			
AHIS 5H	Renaissance to Modern - H (3)	ARTD 15A	Drawing: Beginning (3)	MUS 14A	World Music (3)			
AHIS 6	History of Modern Art (3)	ARTD 20	Design: Two-Dimensional (3)	MUS 14B	American Folk Music (3)			
AHIS 6H	History of Modern Art - H (3)	ARTD 25A	Beginning Painting I (3)	MUS 15	Rock Music History & Appreciation (3)			
AHIS 8	Medieval Art and Architecture (3)	ARTG 20	Art, Artists and Society (3)	MUS 15H	Rock Music History & Appreciation - H (3)			
*AHIS 9	Asian Art and Architecture (3)	ARTS 22	Design: Three-Dimensional (3)	PHOT 15	History of Photography (3)			
AHIS 10	Greek/Roman Art & Architect (3)	ARTS 30A	Ceramics: Beginning I (3)	SPCH 4	Performance of Literature (3)			
AHIS 11	African and Native American Art (3)	ARTS 40A	Sculpture: Beginning (3)	THTR 9	Introduction to Theater Arts (3)			
*AHIS 12	Pre-Columbian Art & Architecture (3)	DN-T 20	Appreciation of Dance (3)	THTR 10	History of Theater Arts (3)			
*AHIS 12H	Pre-Columbian Art & Architecture - H (3)	ID 14	Furniture and Decorative Arts (3)	THTR 11	Principles of Acting (3)			
C-2: Humanities – Select one course (3 units):								
ARAB 1	Elementary Arabic (4)	* HIST 31	History of the African American (3)	LIT 36	Introduction to Mythology (3)			
ARAB 2	Continuing Elementary Arabic (4)	HIST 35	History of Africa (3)	LIT 40	Children's Literature (3)			
CHIN 1	Elementary Chinese (4)	* HIST 36	Women in American History (3)	LIT 46	The Bible as Literature: Old Testament (3)			
CHIN 2	Continuing Elementary Chinese (4)	HIST 39	California History (3)	LIT 47	The Bible as Literature: New Testament (3)			
CHIN 3	Intermediate Chinese (4)	* HIST 40	History of the Mexican American (3)	PHIL 5	Introduction to Philosophy (3)			
CHIN 4	Continuing Intermediate Chinese (4)	HUMA 1	The Humanities (3)	PHIL 5H	Introduction to Philosophy - H (3)			
ENGL 1B	English – Intro. to Literary Types (3)	ITAL 1	Elementary Italian (4)	PHIL 12	Introduction to Ethics (3)			
ENGL 1BH	English – Intro. to Literary Types - H (3)	ITAL 2	Continuing Elementary Italian (4)	PHIL 12H	Introduction to Ethics - H (3)			
FRCH 1	Elementary French (4)	ITAL 3	Intermediate Italian (4)	PHIL 15	Major World Religions (3)			
FRCH 2	Continuing Elementary French (4)	ITAL 4	Continuing Intermediate Italian (4)	PHIL 15H	Major World Religions - H (3)			
FRCH 3	Intermediate French (4)	ITAL 60	Italian Culture through Cinema (3)	PHIL 20A	History of Ancient Philosophy (3)			
FRCH 4	Continuing Intermediate French (4)	JAPN 1	Elementary Japanese (4)	PHIL 20AH	History of Ancient Philosophy - H (3)			
FRCH 60	French Culture Through Cinema (3)	JAPN 2	Continuing Elementary Japanese (4)	PHIL 20B	History of Modern Philosophy (3)			
GERM 1	Elementary German (4)	JAPN 3	Intermediate Japanese (4)	PHIL 20BH	History of Modern Philosophy - H (3)			
GERM 2	Continuing Elementary German (4)	JAPN 4	Continuing Intermediate Japanese (4)	* POLI 5	Political Theory I (3)			
GERM 3	Intermediate German (4)	JAPN 5	Advanced Japanese (4)	* POLI 7	Political Theory II (3)			
* HIST 1	History of the United States (3)	LATN 1	Elementary Latin (4)	SIGN 101	American Sign Language 1 (4)			
HIST 3	World History: to 1500 (3)	LATN 2	Continuing Elementary Latin (4)	SIGN 101H	American Sign Language 1 - H (4)			
HIST 3H	World History to 1500 - H (3)	LIT 1	Early American Literature (3)	SIGN 102	American Sign Language 2 (4)			
HIST 4	World History Since 1500 (3)	LIT 2	Modern American Literature (3)	SIGN 103	American Sign Language 3 (4)			
HIST 4H	World History Since 1500 - H (3)	LIT 3	Multicultural American Literature (3)	SIGN 104	American Sign Language 4 (4)			
* HIST 7	History of the United States to 1877 (3)	LIT 6A	Survey of English Literature (3)	SIGN 202	American Deaf Culture (3)			
* HIST 7H	History of the US to 1877 - H (3)	LIT 6B	Survey of English Literature (3)	SPAN 1	Elementary Spanish (4)			
* HIST 8	History of the US from 1865 (3)	LIT 10	Survey of Shakespeare (3)	SPAN 2	Continuing Elementary Spanish (4)			
* HIST 8H	History of the US from 1865 - H (3)	LIT 11A	World Literature to 1650 (3)	SPAN 3	Intermediate Spanish (4)			
HIST 10	History of Premodern Asia (3)	LIT 11B	World Literature from 1650 (3)	SPAN 4	Continuing Intermediate Spanish (4)			
HIST 11	History of Modern Asia (3)	LIT 14	Introduction to Modern Poetry (3)	SPAN 1S	Spanish for the Spanish Speaking (4)			
HIST 16	The Wild West History, 1800-1890 (3)	LIT 15	Introduction to Cinema (3)	SPAN 2S	Cont. Span. for the Span. Speaking (4)			
HIST 19	History of Mexico (3)	LIT 20	African American Literature (3)					
* HIST 30	Hist. of African Amer. 1619-1877 (3)	LIT 25	Contemporary Mexican Amer. Lit. (3)					
D. Social, Political and Economic Institutions (6 units): Two courses (6 units) with at least one course from D1 AND at least one course from D2.						C	IP	N
D-1: U.S. History & American Institutions (Select one course):								
* HIST 1	History of the United States (3)	* HIST 30	History of African Amer. 1619-1877 (3)	POLI 1	Intro. to American Gov't & Politics (3)			
* HIST 7	History of the United States to 1877 (3)	* HIST 31	History of the African American (3)	POLI 1H	Intro. to American Gov't & Politics - H (3)			
* HIST 7H	History of U.S. to 1877 - H (3)	* HIST 36	Women in American History (3)	POLI 25	Latino Politics in the United States (3)			
* HIST 8	History of the US from 1865 (3)	* HIST 40	History of the Mexican American (3)	POLI 35	African American Politics (3)			
* HIST 8H	History of the US from 1865 - H (3)							
D-2: Elective course (Select one Course):								
AGAG 1	Land Use & Politics--GP (3)	GEOG 30	Geography of California (3)	PSYC 14H	Developmental Psychology - H (3)			
* AHIS 9	Asian Art & Architecture (3)	GEOG 30H	Geography of California - H (3)	* PSYC 15	Introduction to Child Psychology (3)			
* AHIS 12	Pre-Columbian Art (3)	* HIST 3	World History to 1500 (3)	PSYC 19	Abnormal Psychology (3)			
* AHIS 12H	Pre-Columbian Art H (3)	* HIST 3H	World History to 1500 - H (3)	* PSYC 25	The Psychology of Women (3)			
* AHIS 15	Culture and Art of Pompeii (3)	* HIST 4	World History since 1500 (3)	R-TV 01	Introduction to Electronic Media (3)			
ANTH 3	Archaeology (3)	* HIST 4H	World History since 1500 - H (3)	SOC 1	Sociology (3)			
ANTH 4	Archaeology (3)	* HIST 10	History of Premodern Asia (3)	SOC 1H	Sociology - H (3)			
ANTH 5	Cultural Anthropology (3)	* HIST 11	History of Modern Asia (3)	SOC 2	Contemporary Social Problems (3)			
ANTH 22	General Cultural Anthropology (3)	* HIST 16	The Wild West History, 1800-1890 (3)	SOC 2H	Contemporary Social Problems - H (3)			
ANTH 30	The Native American (3)	* HIST 19	History of Mexico (3)	SOC 4	Introduction to Gerontology (3)			
BUSC 1A	Principles of Economics/Macro. (3)	* HIST 35	History of Africa (3)	SOC 5	Introduction to Criminology (3)			
BUSC 1AH	Principles of Economics/Macro. - H (3)	* HIST 39	California History (3)	SOC 5H	Introduction to Criminology - H (3)			
BUSC 1B	Principles of Economics/Micro. (3)	HIST 44	History of Native Americans (3)	SOC 14	Marriage and the Family (3)			
BUSC 1BH	Principles of Economics/Micro. - H (3)	JOUR 100	Introduction to Mass Media (3)	SOC 14H	Marriage and the Family - H (3)			
CHLD 1	Child, Family, and Community (3)	JOUR 107	Race, Culture, Sex, and Media (3)	* SOC 15	Child Development (3)			
* CHLD 10	Child Growth & Development (3)	POLI 2	Comparative Politics (3)	SOC 20	Sociology of Ethnic Relations (3)			
* CHLD 10H	Child Growth & Development - H (3)	* POLI 5	Political Theory I (3)	SOC 20H	Sociology of Ethnic Relations - H (3)			
* CHLD 11	Child & Adolescent Development (3)	* POLI 7	Political Theory II (3)	SPCH 7	Intercultural Communication (3)			
* FASH 14	Dress, Culture, and Identity (3)	POLI 9	Intro. to International Relations (3)	SPCH 7H	Intercultural Communication - H (3)			
GEOG 2	Human Geography (3)	POLI 10	Environmental Politics (3)	* SPCH 26	Interpersonal Communication (3)			
GEOG 2H	Human Geography - H (3)	PSYC 1A	Introduction to Psychology (3)	* SPCH 26H	Interpersonal Communication - H (3)			
GEOG 5	World Regional Geography (3)	PSYC 1AH	Introduction to Psychology - H (3)	SPCH 30	Gateway to Communication Studies (3)			
GEOG 8	The Urban World (3)	* PSYC 14	Developmental Psychology (3)					
E. Lifelong Understanding and Self-Development (3 units): Select one course from the following.						C	IP	N
AD 3	Chemical Dependency: I (3)	FCS 41	Life Management (3)	PSYC 14H	Developmental Psychology - H (3)			
BIOL 5	Contemporary Health Issues (3)	KIN 34	Fitness for Living (3)	* PSYC 15	Introduction to Child Psychology (3)			
BIOL 13	Human Repro., Develop & Aging (3)	LEAD 55	Exploring Leadership (3)	* PSYC 25	The Psychology of Women (3)			
BIOL 15	Human Sexuality (3)	NF 10	Nutrition for Health & Wellness (3)	PSYC 26	Psychology of Sexuality (3)			
BIOL 15H	Human Sexuality - H (3)	NF 12	Sports Nutrition (3)	PSYC 33	Psychology for Effective Living (3)			
* CHLD 10	Child Growth & Development (3)	NF 25	Essentials of Nutrition (3)	PUBH 24	Introduction to Public Health (3)			
* CHLD 10H	Child Growth & Development - H (3)	NF 25H	Essentials of Nutrition - H (3)	* SOC 15	Child Development (3)			
* CHLD 11	Child & Adolescent Development (3)	NF 28	Cultural and Ethnic Foods (3)	* SPCH 26	Interpersonal Communication (3)			
COUN 5	Career/Life Planning (3)	* PSYC 14	Developmental Psychology (3)	* SPCH 26H	Interpersonal Communication - H (3)			

LEGEND:

* = Courses may not be double counted to satisfy more than one area

Bold = Courses without prerequisites

H = Honors Courses

Numbers in brackets (3), (4), (5) indicate units per class

C = Completed Course(s); IP = In Progress Course(s); N = Needed Course(s)