

Attachment 1

Smoke Free & Tobacco Free California Community Colleges Resolution

WHEREAS, in the United States of America tobacco use is responsible for about one in five deaths annually (i.e., about 480,000 deaths per year, and an estimated 41,000 of these tobacco-related deaths are the result of secondhand smoke exposure)¹; and

WHEREAS, the Environmental Protection Agency has designated secondhand smoke to be a Group A carcinogen, where there is sufficient evidence that the substance causes cancer in humans and the Surgeon General has established that there is no safe level of second hand smoke exposure² people with and without medical conditions such as asthma, allergies, and other chronic illness experience worsening health outcomes as a result of smoke exposure³; and

WHEREAS, tobacco smoke outside of campus buildings can be drawn in through ventilation intakes and/or open doors and windows, and students, staff, faculty and guests should be able to walk through campus and enter their respective buildings free of exposure to tobacco smoke;² and

WHEREAS, to date 2,106 colleges and universities in the United States alone have become tobacco or smoke-free campuses⁵; and 100% smoke-free campus policies have been shown to be an effective intervention in reducing tobacco use among college students⁶; smoking remnants litter campus building entrances and increases the amount of time, labor and costs spent cleaning;⁴ and

WHEREAS, these smoke and tobacco-free policies apply to the use of any lighted or heated cigar, cigarette, or pipe, or any other lighted or heated tobacco or plant product intended for inhalation, whether natural or synthetic, in any manner or in any form, and include the use of an electronic smoking device that creates an aerosol or vapor, in any manner or in any form.

THEREFORE, LET IT BE RESOLVED,

THAT the Board of Governors of the California Community Colleges urges the adoption and implementation of 100% smoke and tobacco-free policies at all 114 California Community Colleges and all 72 college districts.

THAT the Board of Governors of the California Community Colleges encourages campuses to provide tobacco cessation services to students, faculty, and staff and/or refer to free services offered by the California Smokers Helpline at 1-800-NOBUTTS and www.nobutts.org.

THAT all students, faculty, and staff share in the responsibility for adhering to and making this policy successful.

THAT the California Community Colleges Chancellor's Office support this Resolution by making available to college districts model smoke-free campus guidelines, resolutions and similar information for adoption by college campuses.

Selected References

1. U.S. Department of Health and Human Services. The Health Consequences of Smoking — 50 Years of Progress A Report of the Surgeon General. *US Centers Dis Control Prev.* 2014.
2. Zeise L, Dunn A, Donald J, et al. Respiratory health effects of exposure to environmental tobacco smoke. *Calif Environ Prot Agency.* 2003;8(2):131-139. <http://www.ncbi.nlm.nih.gov/pubmed/18815714>.
3. Services H. *The Health Consequences of Involuntary Exposure to Tobacco Smoke A Report of the Surgeon General.*
4. Sawdey M, Lindsay RP, Novotny TE. Smoke-free college campuses: no ifs, ands or toxic butts. *Tob Control.* 2011;20.
5. American Nonsmokers' Rights Foundation. Smokefree and Tobacco - Free U . S . and Tribal Colleges and Universities. 2018. <https://no-smoke.org/at-risk-places/colleges/>.
6. Seo D, Macy J, Torabi M, Middlestadt S. The effect of a smoke-free campus policy on college students' smoking behaviors and attitude. *Prev Med (Baltim).* 2011;(53):347-352. doi:10.1016/j.ypmed.2011.07.015.