



## Men's Track and Field Captures 2016 South Coast Conference Championship

May 3, 2016

(Long Beach, CA) **The Mt. SAC Men's Track & Field Team continued their winning tradition by capturing the 2016 South Coast Conference (SCC) Championships.** This marks the 3rd consecutive SCC Championship, 26th in SCC History and an amazing 18th championship in the past 20 years. The Mounties scored 418 points, one the highest point totals in SCC History and 225 points ahead of runner-up Cerritos College.

On the women's side, the Mounties scored 241.5 points, 98.5 points behind SCC Team Champion, Cerritos College. [Crystal Jardines](#) and [Brittany Mitchell](#) led the Mountie Women by capturing two events a piece. Jardines captured the 5,000 and 10,000 meters, while Mitchell captured both hurdle races (100m hurdles/400m hurdles).

[Cameron Akins](#) and [Kevin Herrera](#) were multiple event winners for the men. Akins captured the 110 meter high hurdles, the 100 meters and the 200 meters, while Herrera captured the two long distance races, winning the 5,000 and 10,000 meters. Mt. SAC captured 19 individual events, seven for the women and 13 for the men.

#	NAME	EVENT	MARK
1	Cameron Akins	110M Hurdles	14.04
2	Cameron Akins	100M	10.56
3	Cameron Akins	200M	21.52
4	<a href="#">Anthony Applequist</a>	Triple Jump	48-11.75
5	<a href="#">Dylan Atencio</a>	400M Hurdles	52.40
6	<a href="#">Giovanni Hernandez</a>	Pole Vault	15-09.75
7	Kevin Herrera	5,000M	15:16.93
8	Kevin Herrera	10,000M	32:15.10
9	<a href="#">Nicholas Medina</a>	3,000M Steeplechase	9:41.4H
10	<a href="#">Raymond Owens</a>	High Jump	6-07.50
11	Taylor Tubotein	400M	48.05
12	Mt. SAC	4X100M	40.26
13	Mt. SAC	4X400M	3:17.53
1	<a href="#">Madison Apolar</a>	High Jump	5-01.25
2	<a href="#">Khadija Imara</a>	400M	55.75
3	<a href="#">Crystal Jardines</a>	5,000M	18:55.67
4	<a href="#">Crystal Jardines</a>	10,000M	41:17.27
5	<a href="#">Brittany Mitchell</a>	100M Hurdles	14.80
6	<a href="#">Brittany Mitchell</a>	400M Hurdles	1:04.52
7	Mt. SAC	4X400M	3:52.51

[Click here to view the complete results from the 2016 SCC Championships.](#)

The Track and Field Team will now travel to Antelope Valley College this Saturday, May 7th for the CCCAA Southern California Track and Field Championships.