

A Message About Ebola

There has been widespread attention to Ebola cases in West Africa and the few recent cases in the United States. Mt. San Antonio College is closely monitoring the situation. We have response plans in place and have updated them should a need arise.

LIKELIHOOD

It is [highly unlikely](#) for an outbreak of Ebola to take place in the United States, according to public health experts. The virus spreads through bodily fluids, not casual contact. To learn more about the virus:

- The [Centers for Disease Control](#) has a helpful [question and answer](#) web page
- The [World Health Organization](#) provides a global perspective
- The [Los Angeles County Department of Public Health](#) also has regular updates

EBOLA VERSUS FLU

The Ebola virus concerns are emerging at the same time as flu season. The two sicknesses can appear similar in the early stages. However, Ebola symptoms can include rash, chest pain and bleeding. A helpful graphic comparing the two is provided by [USA Today](#).

In general, careful hygiene is important to avoid the spread of germs. This includes thoroughly washing hands and avoiding contact with bodily fluids. The CDC provides additional tips on the [prevention of flu](#) and [Ebola](#).

If you feel ill, call your doctor or medical provider for guidance.

QUESTIONS?

If you have any questions, contact the Student Health Center at (909) 274-4400.