

## Understanding the DiSC<sup>®</sup> Styles



### During the FIRST video

Use the space below to identify which **DiSC<sup>®</sup> style** corresponds to each team member.



Tom  
DiSC<sup>®</sup> Style:



Sally  
DiSC<sup>®</sup> Style:



Stephanie  
DiSC<sup>®</sup> Style:



Dante  
DiSC<sup>®</sup> Style:



### During the SECOND video

Use the space below to identify the **stressor(s)** for each team member.

Tom

Sally

Stephanie

Dante



### During the THIRD video

Use the space below to identify how each team member **reacts in conflict**.

Tom

Sally

Stephanie

Dante