# FOMAR Classes & Equivalent Classes

**FOMA Readiness (FOMAR) Part 1:  Canvas Basics**

*(complete****one****of the following)*

* FOMA Readiness (FOMAR) Series: Teaching with Canvas
* In-person Session: Basics for Remote Instruction in Canvas
* Mt. SAC FCLT Training: Basics for Remote Instruction in Canvas
* Introduction to Canvas
* Introduction to Canvas (Aeronautics Department Only)
* Introduction to Canvas (Consumer and Design Technologies Department Only)
* Fall Canvas Intensive Series 1A: Online/Hybrid Course setup and Design (2018)
* Fall Canvas Intensive Series 1A: Online and Hybrid Course Setup and Design (2017)
* Spring Canvas Intensive Series 1A: Online/Hybrid Course Setup and Design (2018)
* Canvas Pre-Semester Intensive: Setup and Design
* Think Like a Course Designer

**FOMA Readiness (FOMAR) 2A:  Regular and Effective Contact**

*(complete****one****of the following)*

* FOMA Readiness (FOMAR) Series: Regular and Effective Contact
* Are You Present in Your Distance Learning (DL) Course? Ways to Show Regular and Effective Contact in Your DL Course

**FOMA Readiness (FOMAR) 2B:  Gradebook**

*(complete****one****of the following)*

* FOMA Readiness (FOMAR) Series: Gradebook
* Mt. SAC FCLT Training: Assignments and Grading in Canvas
* Canvas Complete: Grading in Canvas
* Grading in Canvas
* Fall Canvas Intensive Series 2A: Online and Hybrid Activities and Gradebook (2017)
* Fall Canvas Intensive Series 2A: Online/Hybrid Course Activities and Gradebook (2018)
* Spring Canvas Intensive Series 2A: Online/Hybrid Course Activities and Gradebook (2018)
* Canvas Pre-Semester Intensive: Activities and Grades

Any of following @ONE courses will be accepted in lieu FOMAR parts 1 & 2:

* @ONE Introduction to Course Design (part A of OTD)
* @ONE Interaction segment (part B of OTD)
* @ONE Assessments segment (part C of OTD), or
* @ONE Introduction to Teaching with Canvas.