

FUNDRAISING PILATES DAY FOR LAURA

Saturday November 4th

A fun day of Pilates classes to raise money for Laura's cancer treatment.

Class Schedule

Time	Mat Class (45-1411)	Equipment Class (45-1421)
9:00 - 9:40	Mat Challenge with Pilates Ball	Reformer
10:00 - 10:40	Pilates: Going Deep with the Band	Reformer
11:00 - 11:40	Rock & Roller Pilates	Reformer
12:00 - 12:40	Pilates for Sanity	Chair
1:00 - 1:40	Explore the Magic Circle	Reformer
2:00 - 2:40	Pilates Sculpting with Hand Weight	Chair

*Please arrive 20 minutes early
for registration*

Mt. San Antonio College

1100 N. Grand Ave.,
Walnut, CA 91789

Room 45-1411/ 45-1421

Suggested Donation

\$10 Mat Class & \$20 Equipment Class
(40 mins per session)

Parking Fee: \$4 , Please park in student lot W



Gofundme



Campus Map