

**Resources for Lactating and Breastfeeding Parents:**

Mt. SAC is committed to serving faculty, staff, and students who need to either breastfeed or express milk on campus during hours of operation. Mt. SAC provides lactation suites in close proximity to classrooms and work spaces, adequate break time for students and employees to breastfeed or express milk, and information to students and employees regarding their rights and locations of lactation suites.

Locations of Lactation Suites:

Lactation suites are private spaces on campus that can be used by breastfeeding or lactating students and employees. At a minimum, lactation suites are private spaces shielded from the view of co-workers, classmates, and the public. Suites are sanitary, not in a restroom or toilet stall, equipped with a seat and table, and supplied with electrical outlets.

Individuals using the suite are asked to please clean-up after themselves, remove all litter from the suite after use, and refrain from using the suite for purposes other than breastfeeding or expressing milk.

Please note that nursing parents are expected to make their own arrangements for refrigeration, including sealed containers and proper storage. Mt. SAC is not responsible for the integrity or security of breast milk stored in any refrigerator on campus and does not guarantee the safety of any storage method used.

Administration Building 4, room 1480A (inside employee break room)

- Walk-ins welcome (Monday – Friday 7:30 AM – 5:00 PM)*
- Check in at the front desk of Human Resources (4-1460) during business hours and inquire with front desk staff whether or not the room is occupied, or call to inquire at (909) 274-4225
- After hours (5:00 PM – 9:30 PM) contact Campus Safety at (909) 274-4555

Student Health Center - Building 9E

- Appointment preferred, call (909) 274-4400
- Monday – Thursday 8:00 AM – 4:30 PM; Friday 8:00 AM – 12:00 PM*

Student Health Center - Building 67B

- Appointment preferred, call (909) 274-4400
- Monday – Thursday 8:30 AM – 6:00 PM; Friday 8:00 AM – 4:30 PM*

*hours may vary

Library - Building 6 - 2-Mech-1

- Walk-ins welcome
- No check in needed
- Available during Library hours of operation

Business & Computer Technology Center – Building 77, room 2000

- Check in at the front desk of the Division office or the lab across the hall during business hours and inquire with front desk staff whether or not the room is occupied
- Available during the Division office and/or lab hours of operation

Mamava Lactation Suites Locations:

Each suite locks securely from the inside, is brightly lit, and comes equipped with seating, counter, USB and electrical outlets. They're also Americans with Disabilities Act compliant and accommodate wheelchairs. The suite's smart entry system unlocks the suite with an app on your smart phone. If you don't have a smart phone, for access, please

contact Student Health Services at (909) 274-4400 or Human Resources at (909) 274-4225. Download the Mamava App to access the Mamava Lactation Suites at <https://www.mamava.com/mobile-app>.

Proposed Locations:

- Building 9C
- Building 66
- Building 80



Adequate Break Time and Accommodations:

Adequate break time for breastfeeding or lactating employees will be provided and should accommodate the time to walk to and from the lactation station as well as retrieve, set up, wash, and clean a pump or other supplies for breastfeeding, expressing or storing milk. Requests should be made to supervisors for adequate break time. For more information regarding employee reasonable accommodations, contact Human Resources at (909) 274-4225.

While students should breastfeed or pump between classes if possible, reasonable academic accommodations will be provided to ensure that students do not incur an academic penalty due to breastfeeding or expressing milk. Requests for reasonable academic accommodations can be made to the Accessibility Resource Centers (ACCESS) at (909) 274-4290, or the Office of Title IX & EEO Programs at (909) 274-4225.

To request cleaning of a lactation suite, please contact Custodial Services at (909) 274-4850. To report an immediate safety or security concern, please contact Mt. San Antonio College Police and Campus Safety at (909) 274-4555. For emergencies, call 911.

Support for Lactating and Breastfeeding Parents:

Mt. SAC also recognizes that parents have the right to breastfeed wherever children are allowed to be on campus. Discrimination, harassment, and retaliation against lactating parents is a violation of Mt. SAC's policies. To inquire about this or make a complaint, students and employees may contact the Title IX Coordinator, Sokha Song via email at sokha.song@mtsac.edu or phone at (909) 274-4225.

Additional Resources for Lactating and Breastfeeding Parents:

[US Department of Health and Human Services Office on Women's Health - Breastfeeding Resources](#)

[Breastfeed LA](#)

[California WIC \(Women, Infants & Children\)](#)

California State Law and Regulations Regarding Breastfeeding:

Under California Civil Code § 43.3, a mother may breastfeed their child in a location, public or private, where the mother and child are authorized to be present.

California Labor Code § 1030 states every employer shall provide reasonable lactation breaks and California Labor Code § 1031 requires employers to make reasonable efforts to provide employees with lactation rooms.

California Education Code 66271.9 states that California Community Colleges shall provide reasonable accommodations on their respective campuses for a lactating student to express breast milk, breast-feed an infant child, or address other needs related to breast-feeding. Students shall not incur an academic penalty as a result of their use of the reasonable accommodations listed above, and shall be provided the opportunity to make up any work missed due to such use.

California Labor Code § 1030 - 1031 and California Education Code 66271.9 do not infringe on any right to breastfeed in public pursuant to California Civil Code § 43.3.