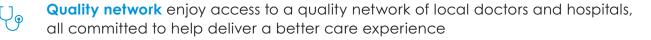


Moving to Blue Shield of California's Trio HMO plan is smart and easy

More counties, lower premiums

Blue Shield's Trio HMO plan is designed to give you an affordable way to access a quality, local network of providers and innovative programs.







- \$0 for virtual care doctor consultation with Teladoc
- \$0 NurseHelp 24/7SM
 Immediate, reliable healthcare advice from a registered nurse
- \$0 first visit for doctor house calls¹ and
 \$0 prescription delivery fee with Heal™
- \$0 meal delivery and non-emergency transport services for qualified members recovering from serious illness
- Option to self-refer to specialists² within the same medical group
 - Enhanced customer service with CalPERS-dedicated Shield Concierge
 - **Extensive pharmacy network** including Safeway, Costco, and CVS (including CVS Pharmacy® in Target stores)
- Urgent and emergency care coverage worldwide
 - Our CalPERS-dedicated Shield Concierge team is here to help. We can:
 - Explain Trio HMO plan benefits
 - Find a primary care physician for you and your family
 - Transfer your medical records from your current provider
- Move your medications to a Blue Shield participating pharmacy
- Help transition your care from your current healthcare provider if they are not in Blue Shield's network

Take the first step. Switch to Trio HMO. Learn more at **blueshieldca.com/calpers**.



- 1 Subsequent Heal visits will typically be your \$15 copay.
- 2 The Trio+ Specialist option allows members direct access to participating specialists in the same medical group or Independent Practice Association (IPA) as their primary care physician for a \$30 copay. Not all medical groups or IPAs participate in this program.

Heal is a trademark of Get Heal, Inc.

NurseHelp 24/7 is a service mark of Blue Shield of California.

