



BETTER HEALTH MAY START IN YOUR DENTIST'S CHAIR.

At Cigna, we see the whole person – not just a dental condition.

Did you know that:

There's an association between oral health and overall health. By getting the right oral health care, along with regular medical care, you may be able to improve your overall health.

The Cigna Dental Oral Health Integration Program® can help. You may qualify for full reimbursement* of the costs you pay for certain dental procedures if you have any of these medical conditions:

- › Heart disease
- › Stroke
- › Diabetes
- › Maternity
- › Chronic kidney disease
- › Organ transplants
- › Head and neck cancer radiation

How does it work?

Once you are enrolled, you visit your dentist and pay your usual out-of-pocket costs (deductible, copay or coinsurance). If you visit a Cigna network dentist, they will send us a claim. If you choose to see a dentist not in the Cigna network, you may need to submit the claim yourself. We review the claim and will refund your out-of-pocket costs for eligible services. Once we receive your claim, you can expect to be reimbursed in about 30 days.

You must enroll in this program prior to receiving treatment to be eligible for reimbursement.

How do I enroll?

1. You must fill out the online Registration Form found on **myCigna.com**. You can also call the number on the back of your ID card to have an enrollment form sent to you. You only need to complete the form one time per qualifying condition.
2. Once you're logged in on **myCigna.com**, go to your "Dental Coverage" page. The enrollment form is located at the bottom of the page.
3. Visit your dentist and pay your usual out-of-pocket cost for the covered service. We'll send your reimbursement.

* If your dental plan includes a deductible, you do not have to meet your deductible to be eligible for reimbursement. All reimbursements apply to and are subject to any plan calendar year maximum as well as in-network and out-of-network reimbursement rules.

Together, all the way.®



The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under this program is subject to plan terms and conditions, including applicable calendar year maximums and exclusions and limitations. For costs and details of coverage, see your plan documents.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna HealthCare of Connecticut, Inc., and Cigna Dental Health, Inc. and its subsidiaries. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc. All pictures are used for illustrative purposes only.