





MetLife has partnered with Empathy to provide you and your family with on-demand personalized guidance to help you throughout the weeks and months ahead.

From settling the estate to dealing with grief, Empathy's tech-enabled assistance and real-time human support help MetLife beneficiaries save valuable time while dealing with the challenges that loss brings. Empathy helps ease the burden, so you can pay attention to the things that matter most.

On-demand assistance from Care Managers

Guidance for probate and estate settlement processes

Automated tools that take care of tasks on your behalf

**Emotional support** and help for dealing with grief



## Access your Empathy account, courtesy of MetLife

Create your account using the method that works best for you



To register online scan the QR code or go to join.empathy.com/metlife



Download the Empathy app via the App Store/Google Play and use access code MET23



Call us at (201) 720-1584 to register over the phone

Empathy's bereavement services and platform are provided through an agreement with The Empathy Project, Inc., (doing business as Empathy). Empathy is not an affiliate of MetLife, and the services Empathy provides are separate and apart from the insurance provided by MetLife. This program is available to beneficiaries, and insureds who are terminally ill and eligible to accelerate life proceeds under MetLife's Accelerated Benefit Option. Not available on all policy forms or in all jurisdictions. Empathy is only available to insureds and beneficiaries who are US residents. Information disclosed directly to Empathy is not disclosed to MetLife, and therefore is not subject to MetLife's privacy policy.