

# Daydream Careers<sup>1</sup>



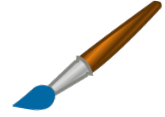
1. Think of every job you have ever thought of or considered. Begin with careers you were interested in as a child and work your way through your career ideas up until now.
2. Don't worry about a career being silly or good. Just list all the ideas you have ever had.
3. Read about the Holland Code letters on page 2.
4. Assign each of your career ideas, one or two Holland Code letters (R=Realistic, I=Investigative, A=Artistic, S=Social, E= Enterprising, C=Conventional)
5. Look for patterns, which Holland Code Themes are you most drawn to?

Career Ideas	Holland Code




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<sup>1</sup> This activity was adapted from Occupational Daydreams from the Self Directed Search Assessment Holland, J. L. (1985). *The Self Directed Search*. Psychological Assessment Resources.

# Holland Code Hexagon (RIASEC)

R: Realistic	I: Investigative	A: Artistic
 <p><b>The “Do-ers”</b></p> <ul style="list-style-type: none"> <li>• Practical</li> <li>• Hands-on</li> <li>• Build</li> <li>• Fix</li> </ul> <p><b>Sample Jobs:</b>  Mechanic  Carpenter  Park Ranger</p>	 <p><b>The “Thinkers”</b></p> <ul style="list-style-type: none"> <li>• Inquisitive</li> <li>• Insightful</li> <li>• Research</li> <li>• Innovate</li> </ul> <p><b>Sample Jobs:</b>  Scientist  Computer Programmer  Researcher</p>	 <p><b>The “Creators”</b></p> <ul style="list-style-type: none"> <li>• Creative</li> <li>• Expressive</li> <li>• Dream</li> <li>• Design</li> </ul> <p><b>Sample Jobs:</b>  Writer  Artist  Musician</p>



C: Conventional	E: Enterprising	S: Social
 <p><b>The “Organizers”</b></p> <ul style="list-style-type: none"> <li>• Orderly</li> <li>• Systemic</li> <li>• Organize</li> <li>• Implement</li> </ul> <p><b>Sample Jobs:</b>  Accountant  Database Manager  Administrative Assistant</p>	 <p><b>The “Persuaders”</b></p> <ul style="list-style-type: none"> <li>• Competitive</li> <li>• Savvy</li> <li>• Lead</li> <li>• Sell</li> </ul> <p><b>Sample Jobs:</b>  Real Estate Agent  Executive Manager  Entrepreneur</p>	 <p><b>The “Helpers”</b></p> <ul style="list-style-type: none"> <li>• Caring</li> <li>• Compassionate</li> <li>• Help</li> <li>• Teach</li> </ul> <p><b>Sample Jobs:</b>  Teacher  Counselor  Nurse</p>