

COUN 1 - Introduction to College

Degree Applicable, CSU, UC

Higher education and the college experience including orientation to college and higher education resources. Explores degree and transfer requirements, factors in educational decision-making, educational planning.

NOTE: Click on CRN link for further class details.

Status	Icon	CRN	Cred		Meeting Time	Building/Room	Cap	Act	Rem	Instructor	Email	Date	Weeks
Open	COUN 1	21193	1.0	T	09:45am - 11:50am	TBA	30	0	30	Sandra Padilla	sandra.padilla@mtsac.edu	08/26-10/20	8
Open	COUN 1	21194	1.0	W	12:00pm - 02:05pm	12 - 1060	30	0	30	Stephanie Alvarez	sgonzalez197@mtsac.edu	08/26-10/20	8
Open	COUN 1	21195	1.0	WEB		ONLINE - ASYNC	30	0	30	Chan-Phuong Ton	cton@mtsac.edu	08/26-10/20	8
Open	COUN 1	21198	1.0	T	09:45am - 11:50am	TBA	30	0	30	Mimi Ly	mly36@mtsac.edu	10/21-12/15	8
Open	COUN 1	21200	1.0	W	12:00pm - 02:05pm	12 - 1060	30	0	30	Stephanie Alvarez	sgonzalez197@mtsac.edu	10/21-12/15	8
Open	COUN 1	21201	1.0	WEB		ONLINE - ASYNC	30	0	30	Gilbert Alvarado	galvarado17@mtsac.edu	10/21-12/15	8
Open	COUN 1	21204	1.0	WEB		ONLINE - ASYNC	30	0	30	Moises Perez Martinez	mperezmartinez2@mtsac.edu	10/21-12/15	8

COUN 2 - College Success Strategies

Degree Applicable, CSU, UC

Strategies and techniques to be a successful college student including self-management, study habits, campus resources, career exploration and educational planning. Develop skills necessary to reach educational and career goals.

NOTE: Click on CRN link for further class details.

Status	Icon	CRN	Cred		Meeting Time	Building/Room	Cap	Act	Rem	Instructor	Email	Date	Weeks
Open	COUN 2	21205	3.0	T Th	09:45am - 11:10am	12 - 1020	30	0	30	Elmer Rodriguez Anzora	erodriguez@mtsac.edu	08/26-12/15	16
Open	COUN 2	21207	3.0	W	11:30am - 02:40pm	12 - 1020	30	0	30	Sandra Padilla	sandra.padilla@mtsac.edu	08/26-12/15	16
Open	COUN 2	21210	3.0	WEB		ONLINE - ASYNC	30	0	30	Chan-Phuong Ton	cton@mtsac.edu	08/26-10/20	8
Open	COUN 2	21216	3.0	WEB		ONLINE - ASYNC	30	0	30	Jeremy Hart	jhart@mtsac.edu	08/26-12/15	16
Open	COUN 2	21218	3.0	WEB		ONLINE - ASYNC	30	0	30	Rudy Santacruz	rsantacruz1@mtsac.edu	08/26-12/15	16
Open	COUN 2	21220	3.0	WEB		ONLINE - ASYNC	30	0	30	Rudy Santacruz	rsantacruz1@mtsac.edu	08/26-12/15	16
Open	COUN 2	21221	3.0	M W	01:15pm - 04:25pm	12 - 1080	30	0	30	Lin Liu	lliu126@mtsac.edu	10/21-12/15	8
Restricted	COUN 2	21706	3.0	M W	01:15pm - 02:40pm	9E - 1060	25	0	25	Julie Bradley	jkb Bradley@mtsac.edu	08/26-12/15	16
Open	COUN 2	23156	3.0	M W	08:00am - 09:25am	12 - 1080	30	0	30	Gilbert Alvarado	galvarado17@mtsac.edu	08/26-12/15	16
Open	COUN 2	23157	3.0	M W	09:45am - 11:10am	12 - 1020	30	0	30	Anabel Perez	aperez@mtsac.edu	08/26-12/15	16
Open	COUN 2	23158	3.0	M W	09:45am - 11:10am	12 - 1080	30	0	30	Andrea Torres	artorres@mtsac.edu	08/26-12/15	16
Open	COUN 2	23159	3.0	M W	09:45am - 11:10am	TBA	30	0	30	Charlie Nguyen	cnguyen245@mtsac.edu	08/26-12/15	16
Open	COUN 2	23160	3.0	T Th	09:45am - 11:10am	13 - 1245	30	0	30	Diana L. Casas	dcasas15@mtsac.edu	08/26-12/15	16
Open	COUN 2	23161	3.0	T Th	09:45am - 11:10am	12 - 1060	30	0	30	Rudy Santacruz	rsantacruz1@mtsac.edu	08/26-12/15	16
Open	COUN 2	23162	3.0	T	09:45am - 11:10am	TBA	30	0	30	Chan-Phuong Ton	cton@mtsac.edu	08/26-12/15	16
				WEB		ONLINE - ASYNC						08/26-12/15	
Open	COUN 2	23163	3.0	M W	11:30am - 12:55pm	12 - 1080	30	0	30	Andrea Torres	artorres@mtsac.edu	08/26-12/15	16

COUN 7 - Introduction to the Transfer Process

Degree Applicable, CSU

Advisory: Eligibility for ENGL 1A or ENGL 1AH or ENGL 1AM or AMLA 1A

Exploration of transfer admissions procedures, major requirements and academic planning. Explore four-year institutions' academic programs, support services, financial aid, and potential transition challenges to assist students in making informed decisions related to transfer. Off campus assignments are required.

NOTE: Click on CRN link for further class details.

Status	Icon	CRN	Cred		Meeting Time	Building/Room	Cap	Act	Rem	Instructor	Email	Date	Weeks
Open	COUN 7	21271	2.0	T Th	12:05pm - 02:05pm	12 - 1020	30	0	30	Guadalupe Jimenez	lupita.jimenez@mtsac.edu	08/26-10/20	8
Open	COUN 7	21273	2.0	W	04:30pm - 06:35pm	12 - 1020	30	0	30	Guadalupe Jimenez	lupita.jimenez@mtsac.edu	08/26-12/15	16
Open	COUN 7	21275	2.0	WEB		ONLINE - ASYNC	30	0	30	Ana Silvia Turcios	asturcios@mtsac.edu	08/26-10/20	8
Open	COUN 7	21276	2.0	WEB		ONLINE - ASYNC	30	0	30	Ana Silvia Turcios	asturcios@mtsac.edu	10/21-12/15	8

COUN 5 - Career and Life Planning

Degree Applicable, CSU

A systematic approach to self-exploration related to the career and life planning process, including identification of values, interests, skills, personality and self-management style. Develop decision making and goal setting skills and identify barriers to success. Explores and evaluates careers and job search techniques.

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Status	Icon	CRN	Cred		Meeting Time	Building/Room	Cap	Act	Rem	Instructor	Email	Date	Weeks
Open	COUN 5	21244	3.0	M W	09:45am - 11:10am	12 - 1060	30	0	30	Stephanie Alvarez	sgonzalez197@mtsac.edu	08/26-12/15	16
Open	COUN 5	21245	3.0	T Th	09:45am - 11:10am	TBA	30	0	30	Shane Poulter	spoulter@mtsac.edu	08/26-12/15	16
Open	COUN 5	21246	3.0	T Th	10:15am - 11:40am	TBA	30	0	30	Cynthia Orozco	corozco23@mtsac.edu	08/26-12/15	16
Open	COUN 5	21248	3.0	T	03:00pm - 06:10pm	12 - 1020	30	0	30	Bernadette Flameno	bflameno@mtsac.edu	08/26-12/15	16
Open	COUN 5	21249	3.0	WEB		ONLINE - ASYNC	30	0	30	Stanley Mbuthi	smbuthi@mtsac.edu	08/26-10/20	8
Open	COUN 5	21250	3.0	WEB		ONLINE - ASYNC	30	0	30	Stanley Mbuthi	smbuthi@mtsac.edu	08/26-10/20	8
Open	COUN 5	21251	3.0	WEB		ONLINE - ASYNC	30	0	30	Stanley Mbuthi	smbuthi@mtsac.edu	10/21-12/15	8
Open	COUN 5	21256	3.0	WEB		ONLINE - ASYNC	30	0	30	Emily Versace	eversace@mtsac.edu	08/26-12/15	16
Open	COUN 5	21259	3.0	WEB		ONLINE - ASYNC	30	0	30	Emily Versace	eversace@mtsac.edu	08/26-12/15	16
Open	COUN 5	21265	3.0	WEB		ONLINE - ASYNC	30	0	30	Jeremy Hart	jhart@mtsac.edu	08/26-12/15	16
Open	COUN 5	21267	3.0	WEB		ONLINE - ASYNC	30	0	30	Jeremy Hart	jhart@mtsac.edu	08/26-12/15	16
Open	COUN 5	21270	3.0	WEB		ONLINE - ASYNC	30	0	30	Bernie Somers	bsomers@mtsac.edu	08/26-12/15	16
Open	COUN 5	21704	3.0	WEB		ONLINE - ASYNC	30	0	30	Mary Barrios	mbarrios@mtsac.edu	08/26-12/15	16
Open	COUN 5	23164	3.0	T	09:45am - 11:10am	12 - 1080	30	0	30	Lyssette Trejo	ltrepo@mtsac.edu	08/26-12/15	16
				WEB		ONLINE - ASYNC						08/26-12/15	
Open	COUN 5	23166	3.0	T Th	09:45am - 11:10am	12 - 1280	30	0	30	Bernadette Flameno	bflameno@mtsac.edu	08/26-12/15	16
Open	COUN 5	23169	3.0	T Th	11:30am - 12:55pm	12 - 1080	30	0	30	Lyssette Trejo	ltrepo@mtsac.edu	08/26-12/15	16

COUN 7 - Introduction to the Transfer Process

Degree Applicable, CSU

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Open	COUN 7	21273	2.0	W	04:30pm - 06:35pm	12 - 1020	30	0	30	Guadalupe Jimenez	lupita.jimenez@mtsac.edu	08/26-12/15	16
Open	COUN 7	21275	2.0	WEB		ONLINE - ASYNC	30	0	30	Ana Silvia Turcios	asturcios@mtsac.edu	08/26-10/20	8
Open	COUN 7	21276	2.0	WEB		ONLINE - ASYNC	30	0	30	Ana Silvia Turcios	asturcios@mtsac.edu	10/21-12/15	8

COUN 20 - Introduction to Peer Mentoring

Degree Applicable, CSU

Group experience with interpersonal communication and approaches to student to student peer mentoring. Provide opportunities to develop skills with a variety of communication styles that include open expression, active listening, and feedback.

NOTE: Click on CRN link for further class details.

Status	Icon	CRN	Cred		Meeting Time	Building/Room	Cap	Act	Rem	Instructor	Email	Date	Weeks
Restricted	COUN 20	21705	2.0	T	02:15pm - 04:20pm	12 - 1060	30	0	30	Elizabeth Hernandez	ehernandez@mtsac.edu	08/26-12/15	16

COUN 51 - Introduction to Career Exploration

Degree Applicable, CSU

Introductory career planning course designed for students who want assistance in making informed career decisions. A variety of assessments, inventories, and computer generated information will be used to help students explore careers and majors.

NOTE: Click on CRN link for further class details.

Status	Icon	CRN	Cred		Meeting Time	Building/Room	Cap	Act	Rem	Instructor	Email	Date	Weeks
Open	COUN 51	21278	1.0	WEB		ONLINE - ASYNC	30	0	30	Gilbert Alvarado	galvarado17@mtsac.edu	08/26-10/20	8
Open	COUN 51	21280	1.0	W	09:45am - 11:50am	13 - 1245	30	0	30	Patricia Maestro	pmaestro@mtsac.edu	10/21-12/15	8

COUN 54 - Student Success for Single Parents

Degree Applicable, Non-Transferable

Identify behavior patterns that influence student success. Develop skills and strategies to be a successful single parent college student. Topics include communication, assertiveness, conflict resolution, goal setting, decision making, time management, educational planning, career assessment, college resources, self-advocacy, and building a strong support system.

NOTE: Click on CRN link for further class details.

Status	Icon	CRN	Cred		Meeting Time	Building/Room	Cap	Act	Rem	Instructor	Email	Date	Weeks
Open	COUN 54	21281	3.0	T Th	09:45am - 11:10am	TBA	30	0	30	Ana Silvia Turcios	asturcios@mtsac.edu	08/26-12/15	16

LEAD 55 - Exploring Leadership

Degree Applicable, CSU

Advisory: Eligibility for ENGL 68

Explores leadership theories and models, values and beliefs. Develops a personal philosophy of leadership that includes an understanding of self, others and community. Prepares students for leadership roles in any environment including college life.

NOTE: Click on CRN link for further class

Open	LEAD 55	21282	3.0	M	11:30am - 02:45pm	12 - 1020	30	0	30	Sandra Padilla	sandra.padilla@mtsac.edu	08/26-12/15	16
Open	LEAD 55	21283	3.0	T Th	11:30am - 12:55pm	12 - 1060	30	0	30	Rocio Gonzalez Santillan	rgonzalezsantillan@mtsac.edu	08/26-12/15	16
Open	LEAD 55	21284	3.0	WEB		ONLINE - ASYNC	30	0	30	Bernie Somers	bsomers@mtsac.edu	08/26-12/15	16