

Name: \_\_\_\_\_

ID: A \_\_\_\_\_

Date: \_\_\_\_\_

## MT. SAC FIRST SEMESTER MY ACADEMIC PLAN (MAP)

**This abbreviated student educational plan provides  
first semester course options that reflect your academic goal.**

Note: By the 6<sup>th</sup> week of your first semester, schedule a counseling appointment to meet with a counselor to create a **comprehensive educational plan**. Counseling appointments can be made in-person at the front counter (Bldg. 9B, second floor) or by calling (909) 274-4380 or at [www.mtsac.edu/counseling/](http://www.mtsac.edu/counseling/)

### Educational Assessment

**Primary Academic Goal: (Check all that apply)**

☐ Certificate   ☐ Associate's Degree   ☐ Transfer   ☐ Undecided/Exploring

**Have you chosen a major?**

☐ Yes, my major is \_\_\_\_\_ ☐ I have no idea what to major in

☐ I have ideas, but I'm still exploring. My ideas are: \_\_\_\_\_

**Have you chosen a career goal?**

☐ Yes, my goal is to be a \_\_\_\_\_ ☐ I have no idea what my career goal is

☐ I have ideas, but I'm still exploring. My ideas are: \_\_\_\_\_

**If Undecided, two options to assist you with career planning:**

- Enroll in a career exploration class: COUN 5-Career & Life Planning (3 units) or COUN 51-Career Planning (1 unit)
- Attend an *"Undecided Majors Workshop"*. Sign-up at the Counseling Department, 9B or call 909-274-4380

**Have you completed college level work (e.g., dual enrollment or special admit)?** ☐ Yes   ☐ No

☐ College (e.g., Mt SAC, Citrus, etc.) \_\_\_\_\_

☐ AP test scores for (e.g., Spanish Language, etc.) & Score (e.g., 3, 4 or 5) \_\_\_\_\_

Other Exams: \_\_\_\_\_ Course: \_\_\_\_\_ Score: \_\_\_\_\_

**Inform the Counselor and submit official transcripts to Admissions & Records for other colleges, AP/IB exams.**

# Math \* English \* Reading \* Placement

English (e.g., 1A)

Math (e.g., 100, 110, 180)

Reading: (for AA or AS only)

Select Term: ☐ Summer (6 weeks) ☐ Winter (6 weeks)

Course ID (ENGL 1A, PSYC 1A, AHIS 1) & Course Name (Intro to Psychology)	Units	Notes
COUN 1 -Intro to College	1	STEP/Bridge Program* *The Bridge program will require additional courses; contact program for information.
General Education:		

Total Units: \_\_\_\_\_

Select Term: ☐ Fall (16 weeks) ☐ Spring (16 weeks)

Course ID (ENGL 1A, AMLA 1A, AHIS 1) & Course Name (Intro to Psychology)	Units	Notes
English:	4	
Math:		
COUN 5-Career & Life Planning <u>or</u> COUN 2-College Success Strategies	3	
General Education:		
Major:		
Elective:		

Total Units: \_\_\_\_\_

Counselor's Name (reviewed and approved suggested courses): \_\_\_\_\_ Date: \_\_\_\_\_