

# Employee Wellness Committee



## MEETING AGENDA

**September 6, 2023**

**Facilitator: Lorraine Jones and Duetta Wasson**

**Location: 720-2210G or Zoom**

**Time: 2:00pm-3:30pm**

### **Committee Members:**

|                |                           |                         |
|----------------|---------------------------|-------------------------|
| Duetta Wasson  | Sandra Weatherilt         |                         |
| Lucy De Leon   | Seth Meyers/ Chris Failla | Stacy Lee               |
| Joe Jennum     | Norma Vizcarra            | Andie Solorzano (notes) |
| Lorraine Jones | Lizette Henderson         |                         |
| Alexis Carter  | Arthur Gonzalez           |                         |
| Marta Lopez    | Misty Kolchakian          |                         |

### **AGENDA ITEMS:**

1. Welcome/Introduction
2. Review agenda
3. Review meeting notes from August 2, 2023
4. Walker Tracker Challenge Update
5. Upcoming Employee Wellness Classes
6. Employee mental health update – Marta/Seth/Chris
7. Employee Wellness Fair Update – October 19, 2032

### **Employee Wellness Committee upcoming meetings:**

October 4, 2023

### **Future Agenda Items:**

Wellness Program Incentive Point System