



## MEETING AGENDA October 4, 2023

**Facilitator: Lorraine Jones and Duetta Wasson** 

Location: 720-2210G or Zoom Time: <u>2:00pm-3:30pm</u>

## **Committee Members:**

Duetta Wasson Sandra Weatherilt

Lucy De Leon Seth Meyers/ Chris Failla Stacy Lee

Joe Jennum Norma Vizcarra Andie Solorzano (notes)

Lorraine Jones Lizette Henderson Alexis Carter Arthur Gonzalez Marta Lopez Misty Kolchakian

## **AGENDA ITEMS:**

- 1. Welcome/Introduction
- 2. Review agenda
- 3. Review meeting notes from September 6, 2023
- 4. Walker Tracker Challenge Update and Wrap Up Party
- 5. Upcoming Employee Wellness Classes
- 6. Employee mental health update Marta/Chris
- 7. Employee Wellness Fair Updates October 19, 2023
- 8. Review Purpose and Function/ Goals for PAC submission due November 2023.

**Employee Wellness Committee upcoming meetings:** 

November 1, 2023

## **Future Agenda Items:**

Wellness Program Incentive Point System