Employee Wellness Committee



MEETING AGENDA

May 2, 2018

Facilitator: K.C. Kranz

Location: Building 4, Room 2320 Time: 2:00pm-3:30pm

Committee Members:

Duetta Langevin Sandra Weatherilt Melissa Aguirre Joanne Franco Marti Whitford Stacy Lee

Joe Jennum Zaira Jimenez Carmen Conover – Kaiser K.C. Kranz Lianne Greenlee Meagan Nolan- Marion Mari Ceja David Castro/ Arthur Sandy Cisneros - UHC Gonzalez Andie Solorzano

(Notes)

AGENDA ITEMS:

- 1. Welcome/Introduction
- 2. Agenda Review
- 3. Review meeting notes from March 7, 2018
- 4. Current and future Employee Wellness Activities
 - Finding Balance Stress Management Campaign
 - Melanoma/Skin Cancer Detection and Prevention Month (May)
 - Healthy Cooking Class (May 17)
 - Real Food Challenge (June)

5. Walker Tracker

Employee Wellness Committee upcoming meetings:

June 6, 2018 July (TBD)

Future Agenda Items:

Date for Employee Wellness Fair