

# Employee Wellness Committee



## MEETING AGENDA

March 7, 2018

Facilitator: K.C. Kranz

Location: Building 4, Room 2320

Time: 2:00pm-3:30pm

### Committee Members:

Duetta Langevin	Sandra Weatherilt	Melissa Aguirre
Joanne Franco	Marti Whitford	Stacy Lee
Joe Jennum	Zaira Jimenez	Carmen Conover – Kaiser
K.C. Kranz	Lianne Greenlee	Meagan Nolan- Marion
Mari Ceja	David Castro/ Arthur Gonzalez	Sandy Cisneros - UHC
		Andie Solorzano (Notes)

### AGENDA ITEMS:

1. Welcome/Introduction
2. Agenda Review
3. Review meeting notes from February 7, 2018
4. Upcoming Employee Wellness Activities
  - Stress Reduction Lecture
  - Healthy Cooking Classes
5. Walker Tracker
6. Employee Wellness Fair Survey

### Employee Wellness Committee upcoming meetings:

April 4, 2018  
May 2, 2018  
June 6, 2018

### Future Agenda Items: