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| **Employee**  **Wellness Committee** |



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##### MEETING AGENDA

##### December 4, 2024

**Facilitator: Lorraine Jones and Lizette Henderson**

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| **Location: 720-2210G or Zoom Time: 2:00pm-3:30pm** |
| **Committee Members:**   |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | Lorraine Jones | Sandra Weatherilt |  | |  | | | Lizette Henderson | Chris Failla | Haneen Alghita-Aguilar | |  | | | Marta Lopez | Norma Vizcarra | Vanessa Salazar (notes) | |  | | Stacy Lee  Lucy De Leon  Larry Silva  Elda Blount | Joe Jennum  Art Gonzalez  Misty Kolchakian  Duetta Wasson |  |  | | |
| **AGENDA ITEMS:**  1. Welcome/Introduction  2. Review Agenda  3. Review Meeting Minutes from (11/6/24)  4. Walker Tracker/Be Well  5. Winter Pilates Fitness Class  6. Health Webinar Updates  7. Employee Wellness Fair Debrief  8. Mobile Health Van (2025 Employee Wellness Fair)  9. Member Updates |
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**Employee Wellness Committee upcoming meetings:**

December 6, 2023

**Future Agenda Items:**