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| **Employee** **Wellness Committee** |



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##### MEETING AGENDA

##### December 4, 2024

**Facilitator: Lorraine Jones and Lizette Henderson**

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| **Location: 720-2210G or Zoom Time: 2:00pm-3:30pm** |
| **Committee Members:**

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| Lorraine Jones  | Sandra Weatherilt  |  |  |
| Lizette Henderson  | Chris Failla | Haneen Alghita-Aguilar |  |
| Marta Lopez | Norma Vizcarra | Vanessa Salazar (notes) |  |
| Stacy Lee Lucy De LeonLarry SilvaElda Blount | Joe JennumArt GonzalezMisty KolchakianDuetta Wasson |  |  |

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| **AGENDA ITEMS:**1. Welcome/Introduction 2. Review Agenda3. Review Meeting Minutes from (11/6/24)4. Walker Tracker/Be Well5. Winter Pilates Fitness Class6. Health Webinar Updates7. Employee Wellness Fair Debrief 8. Mobile Health Van (2025 Employee Wellness Fair)9. Member Updates  |
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**Employee Wellness Committee upcoming meetings:**

December 6, 2023

**Future Agenda Items:**