

Employee Wellness Committee



MEETING AGENDA

March 1, 2023

Facilitator: Lorraine Jones and Duetta Wasson

Location: 720-2210G or Zoom

Time: 2:00pm-3:30pm

Committee Members:

Duetta Wasson	Sandra Weatherilt	
Lucy De Leon	Seth Meyers/ Chris Failla	Stacy Lee
Joe Jennum	Norma Vizcarra	Andie Solorzano (notes)
Lorraine Jones	Lizette Henderson	
Alexis Carter	Arthur Gonzalez	
Marta Lopez	Misty Kolchakian	

AGENDA ITEMS:

1. Welcome/Introduction
2. Review agenda
3. Review meeting notes from February 8, 2023
4. Walker Tracker Update – Upcoming Challenge
5. Upcoming Employee Wellness Classes
6. Employee mental health update – Marta/Seth/Chris

Employee Wellness Committee upcoming meetings:

April 5, 2023

Future Agenda Items:

New Wellness Facility
Wellness Program Incentive Point System
Employee Wellness Fair