

# 1. Assessment Plan - Four Column



## PIE - Kinesiology, Athletics & Dance: Kinesiology Unit

### Narrative Reporting Year

**2018-19**

**Contact Person:** Liz Ward

**Email/Extension:** eward@mtsac.edu

**Internal Conditions, Trends, or Impacts :** Facilities: The demolition of 50G has impacted other facilities, especially the soccer fields and Building 44. The fire agility classes, football classes, track and field classes have had to be creative in facility usage.

**Critical Decisions Made by Unit:** Developed Distance Learning curriculum for KIN 3 - First Aid/CPR.

Developed Distance Learning curriculum for KIN 17 - Intro to Kinesiology

Developed Distance Learning curriculum for KIN 44 - Theory of Coaching

**Notable Achievements for Theme A: To Advance Academic Excellence and Student Achievement:** Chancellor's Office has approved Kinesiology AA-T 422 AA with Emphasis in Kinesiology Degrees were awarded to students in 2017-2018.

10 Athletic Trainer Certificates awarded to students Fall 2018.

10 Coaching Certificates awarded to students Fall 2018.

6 Personal Trainer Certificates awarded to students Fall 2018.

**Contributors to the Report:** Robert Jastrab - Kinesiology

KC Kranz - Kinesiology

Mike Landas - Kinesiology

Ali Oliver - Kinesiology

Robert Purcell - Kinesiology

David Rivera - Kinesiology

Ruby Rojas - Kinesiology

Juan Sanchez - Kinesiology

Ron Kamaka - Kinesiology

Elva Salcido - Athletic Training

Brian Crichlow - Kinesiology

Chris Jackson - Kinesiology

Ron Kamaka - Kinesiology

Liz Ward - Kinesiology

Clark Maloney - Kinesiology

Isaac Carter - Kinesiology

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>	
<p><b>Provide Outstanding programs for students</b> - Support individual programs success through improved resources  <b>Status:</b> Active  <b>Goal Year(s):</b> 2016-17, 2017-18, 2018-19  <b>Date Goal Entered (Optional):</b> 09/01/2016</p>	<p><b>Request - Full Funding Requested -</b> Adidas soccer balls  <b>Lead:</b> Juan Sanchez  <b>Planning Unit Priority:</b> Medium  <b>One-Time Funding Requested (if applicable):</b> 900</p>	<p><b>Reporting Year:</b> 2018-19  <b>% Completed:</b> 100  Allowed students to improve skills and meet course SLO's. (05/12/2019)</p>	
	<p><b>Request - Full Funding Requested -</b> 3 cases of Elastikon Tape 3" x 2.5 yd. (48/case)  <b>Lead:</b> Mike Landas  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 800</p>		
	<p><b>Request - Full Funding Requested -</b> Dumb-Bells (5lbs - 100 lbs) &amp; Racks  <b>Lead:</b> Bob Jastrab  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 13500</p>	<p><b>Reporting Year:</b> 2017-18  <b>% Completed:</b> 100  Dumbbells used to develop muscular strength and endurance. (07/20/2018)</p>	
	<p><b>Request - Full Funding Requested -</b> Olympic Bars &amp; Rubber Weights  <b>Lead:</b> Bob Jastrab  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 22000</p>	<p><b>Reporting Year:</b> 2016-17  <b>% Completed:</b> 100  Provided a safer and more functional lifting environment increasing the number of lifting stations resulting in an increase in student success. (06/23/2017)</p>	<p>: Students' productivity increased due to students having less downtime between exercise sessions resulting in an increase in student success. (06/25/2017)</p>
	<p><b>Request - Full Funding Requested -</b> Professional Stability Balls &amp; Inflator  <b>Lead:</b> Bobby Purcell  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 1050</p>		
	<p><b>Request - Full Funding Requested -</b> 12 Person TRX Professional Pack  <b>Lead:</b> Bobby Purcell  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 2999</p>		

Unit Goals	Resources Needed	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>	
	<b>Request - Full Funding Requested -</b> Functional Mount Structure <b>Lead:</b> K C Kranz <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 2250		
	<b>Request - Full Funding Requested -</b> Abdominal Strength Machine <b>Lead:</b> K C Kranz <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 3088		
	<b>Request - Full Funding Requested -</b> HD Video Camera <b>Lead:</b> Bob Jastrab <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 900		
	<b>Request - Full Funding Requested -</b> Kwik equipment, cones, sticks, hurdles and vests <b>Lead:</b> Juan Sanchez <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 1000	<b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 Cones and vests provided structure to teach and demonstrate technical and tactical skills. Sticks were used for various fitness, technical and tactical training sessions. (06/23/2017)	: The Kwik equipment allowed for student improvement and success in Soccer. (06/28/2017)
	<b>Request - Full Funding Requested - 3</b> Slosh Balls (1 medium @ \$144; 2 small @ \$135) <b>Lead:</b> Brian Crichlow <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 414		
	<b>Request - Full Funding Requested -</b> 24 Molten Fabric Volleyballs <b>Lead:</b> Ali Carey Oliver <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 360		
	<b>Request - Full Funding Requested -</b>		

Unit Goals	Resources Needed	Where We Make an Impact: Closing the Loop on Goals and Plans	
	Molten Ball Cart <b>Lead:</b> Ali Carey Oliver <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 200 <b>Request - Full Funding Requested -</b> Polar Heart Rate Monitors <b>Lead:</b> Melinda Bowe <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 7500	<b>Reporting Year:</b> 2017-18 <b>% Completed:</b> 100 Demonstrate the benefits of physical conditioning and exercise guidelines. (07/20/2018)	
	<b>Request - Full Funding Requested -</b> Instruction DVDs <b>Lead:</b> Melinda Bowen <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 300	<b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 High positive impact on student learning and success. (06/23/2017)	: Students' learning and success were positively impacted due to the viewing of related DVDs (06/28/2017)
	<b>Request - Full Funding Requested -</b> Deep tissue foam rollers <b>Lead:</b> Melinda Bowen <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 250		
	<b>Request - Full Funding Requested - 2</b> Sit and Reach boxes <b>Lead:</b> Melinda Bowen <b>Planning Unit Priority:</b> Medium <b>One-Time Funding Requested (if applicable):</b> 310		
	<b>Request - Full Funding Requested -</b> Voodoo flossing bands (Pair) (4) <b>Lead:</b> Mike Landas <b>Planning Unit Priority:</b> Medium <b>One-Time Funding Requested (if applicable):</b> 96		
	<b>Request - Full Funding Requested -</b> Thera Balls <b>Lead:</b> Melinda Bowen <b>Planning Unit Priority:</b> Medium		

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
	<p><b>One-Time Funding Requested (if applicable):</b> 250</p> <p><b>Request - Full Funding Requested -</b> HP Office jet Pro X476dw All in one printer</p> <p><b>Lead:</b> K C Kranz</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 699</p>	
	<p><b>Request - Full Funding Requested -</b> Shade Structure</p> <p><b>Lead:</b> Chris Jackson</p> <p><b>Planning Unit Priority:</b> High</p>	
	<p><b>Completed -</b> 5 TOM (Training Opponent Mannequins)</p> <p><b>Lead:</b> Juan Sanchez</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 1280</p>	<p><b>Reporting Year:</b> 2016-17</p> <p><b>% Completed:</b> 100</p> <p>TOM Mannequins have provided instruction on specific techniques and used as defenders to apply tactical offensive movements enabling student skill improvement and success. (06/23/2017)</p>
	<p><b>Completed -</b> TRX Training System and training and accessories</p> <p><b>Lead:</b> Melinda Bowen</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 3000</p>	<p><b>Reporting Year:</b> 2016-17</p> <p><b>% Completed:</b> 100</p> <p>TRX Training System was received after Spring semester and consequently the impact can not be calculated until Fall semester. (07/05/2017)</p>
	<p><b>Request - Full Funding Requested -</b> Lift Chair replacement: Spectrum Product Manufacturer Part No. 27336 water powered lift</p> <p><b>Lead:</b> Chris Jackson</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 4800</p>	
	<p><b>Request - Full Funding Requested -</b> Endless Pool 7.5 HP motor</p> <p><b>Lead:</b> Chris Jackson</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 33950</p>	

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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**Request - Full Funding Requested - 4**  
 Large wheeled storage bins (ULine H1956R 20 bushel poly box truck red or blue \$325 ea  
**Lead:** Chris Jackson  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 1300

**Completed - 5 Stationary Bikes**  
**Lead:** Bob Jastrab  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 16500

**Reporting Year:** 2016-17  
**% Completed:** 100  
 Replaced old and outdated equipment and provided more options for warm-up and col-down. Better cardio options on program design enabled student improvement and success. (06/23/2017)

**Request - Full Funding Requested - 2**  
 Go Pro cameras and software  
**Lead:** Chris Jackson  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 800

**Request - Full Funding Requested -**  
 Custom sized mats for Wrestling/  
 Martial Arts Room  
**Lead:** David Rivera  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 30000

**Completed - Outdoor rated video monitor (LED screen)**  
**Lead:** Chis Jackson  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 9500

**Request - Full Funding Requested - 2**  
 Perfect Shade Covers \$3000 each  
**Lead:** Melinda Bowen  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 6000

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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**Request - Full Funding Requested -**  
 50 cones  
**Lead:** Melinda Bowen  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 25

**Request - Full Funding Requested -**  
 Multiple Play and Training equipment (Balls, whistles, flags, clipboards)  
**Lead:** Melinda Bowe  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 500

**Request - Full Funding Requested -**  
 HawkGrips Soft Tissue Therapy IASTM Tools  
**Lead:** Mike Landas  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 1623

**Reporting Year:** 2018-19  
**% Completed:** 100  
 Students were able to achieve X course SLOs due to results of adhesion breakdown and spasm reduction as a result of these Soft Tissue IASTM Tools. (06/11/2019)

**Request - Full Funding Requested - 4**  
 Voodoo flossing bands (Pair)  
**Lead:** Mike Landas  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 96

**Request - Full Funding Requested - 4**  
 Elastic stretching straps  
**Lead:** Mike Landas  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 60

**Request - Full Funding Requested - 5**  
 boxes of Stitch/Seam 1 1/2 White Tape (100/case)  
**Lead:** Mike Landas  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 60

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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**applicable):** 500  
**Request - Full Funding Requested -**  
 Increase Lifeguard Budget  
**Lead:** Chris Jackson  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 3000

**Request - Full Funding Requested - 4**  
 x 14 lbs. Medicine Balls  
**Lead:** Chris Jackson  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 288

**Request - Full Funding Requested -**  
 Body Fat Analyzer  
**Lead:** Melinda Bowen  
**Planning Unit Priority:** Medium  
**One-Time Funding Requested (if applicable):** 67

**Completed - 10 Fire Structure Gloves**  
**Lead:** Liz Ward  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 690

**Reporting Year:** 2016-17  
**% Completed:** 100  
 Students were able to perform tasks using gloves that are mandated by by Fire Agencies. (06/28/2017)

**Completed - 2 Turnout Jackets**  
**Lead:** Liz Ward  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 1150

**Reporting Year:** 2016-17  
**% Completed:** 100  
 Students were able to perform required testing with mandatory turnout jackets . (06/28/2017)

**Request - Full Funding Requested -**  
 10 Jump Ropes (not leather)  
**Lead:** Liz Ward  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 200

**Completed - 5 foam rollers**  
**Lead:** Liz Ward  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 200

**Reporting Year:** 2016-17  
**% Completed:** 100  
 Students are able to perform deep tissue massage preventing future injury allowing for continued



<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
	<p><b>applicable):</b> 175</p> <p><b>Completed</b> - 20 S &amp; R Sport (\$20 ea)  <b>Lead:</b> Chris Jackson  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 400</p>	<p>improvement in performance and student success.  (06/23/2017)</p>
	<p><b>Request - Full Funding Requested -</b>  20 Traditional Hand Paddles (\$12 ea)  <b>Lead:</b> Chris Jackson  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 240</p>	
	<p><b>Request - Full Funding Requested -</b> 2  8 lbs. Sledge Hammers  <b>Lead:</b> Liz Ward  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 60</p>	
	<p><b>Completed</b> - 2 Three-in-one wood plyometric box Gopher Performance  <b>Lead:</b> Chris Jackson  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 150</p>	
	<p><b>Completed</b> - 165 lbs. Dummy  <b>Lead:</b> Liz Ward  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 1005</p>	<p><b>Reporting Year:</b> 2016-17  <b>% Completed:</b> 100  Students perfected dummy drag techniques required for fire agility testing. (06/23/2017)</p>
	<p><b>Request - Full Funding Requested -</b>  Yoga Straps/Resistance Bands  <b>Lead:</b> Bobby Purcell  <b>Planning Unit Priority:</b> High  <b>One-Time Funding Requested (if applicable):</b> 325</p>	
	<p><b>Request - Full Funding Requested -</b>  Push/Pull Sled  <b>Lead:</b> Bobby Purcell</p>	

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 700  
**Request - Full Funding Requested -**  
 Lock Down Collars  
**Lead:** Bobby Purcell

**Planning Unit Priority:** Medium  
**One-Time Funding Requested (if applicable):** 540

**Completed -** 12 Dozen Diamond 12 Cal-CC Softballs  
**Lead:** Ruby Rojas  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 720

**Reporting Year:** 2016-17  
**% Completed:** 100  
 Student were able to practice and improve softball skills achieving student success. (06/23/2017)

**Request - Full Funding Requested -** 5  
 Louisville Softball Bats  
**Lead:** Ruby Rojas  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 2000

**Completed -** 3 Dozen Mini Training Softballs  
**Lead:** Ruby Rojas  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 300

**Reporting Year:** 2016-17  
**% Completed:** 100  
 Students were able to improve eye-hand coordination using smaller diameter training balls. (06/23/2017)

**Request - Full Funding Requested -** 4  
 Elastic stretching Straps  
**Lead:** Mike Landas  
**Planning Unit Priority:** Medium  
**One-Time Funding Requested (if applicable):** 60

**Request - Full Funding Requested -** 2  
 Complex Edge Muscle Simulator  
**Lead:** Mike Landas  
**Planning Unit Priority:** Low  
**One-Time Funding Requested (if applicable):** 800

Unit Goals	Resources Needed	Where We Make an Impact: Closing the Loop on Goals and Plans
	<p><b>Request - Full Funding Requested -</b> Kettlebell Stand - Gopher Performance <b>Lead:</b> Chris Jackson <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 375</p>	
	<p><b>Request - Full Funding Requested - 2</b> Rip Trainers <b>Lead:</b> Brian Crichlow <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 400</p>	<p><b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 Students were able develop necessary core strength to effectively reach SLO's in the activity course. (06/28/2017)</p>
	<p><b>Completed -</b> 60 kicking shields (\$85 ea.) <b>Lead:</b> David Rivera <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 5100</p>	<p><b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 Kickshields have been used to improve a variety of kicking strikes partner training. (06/23/2017)</p>
	<p><b>Request - Full Funding Requested -</b> Medium ball storage cart. <b>Lead:</b> David Rivera <b>Planning Unit Priority:</b> Medium <b>One-Time Funding Requested (if applicable):</b> 750</p>	
	<p><b>Completed -</b> 25 Thai Pads (\$100 ea.) <b>Lead:</b> David Rivera <b>Planning Unit Priority:</b> Medium <b>One-Time Funding Requested (if applicable):</b> 2500</p>	<p><b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 Thai pads have allowed student to develop punching and kicking technique against a real target, while providing student safety by offering protection to the partner. (06/23/2017)</p>
	<p><b>Completed -</b> 40 pairs Focus Mitts (\$65 ea.) <b>Lead:</b> David Rivera <b>Planning Unit Priority:</b> Medium <b>One-Time Funding Requested (if applicable):</b> 2600</p>	<p><b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 Focus Mitts have allowed student to develop fighting reflexes (rhythm, timing, accuracy) punching technique, defense technique and fighting strategy. (06/23/2017)</p>
	<p><b>Request - Full Funding Requested -</b> 40 jump ropes (not leather - \$20 ea.)</p>	

Unit Goals	Resources Needed	Where We Make an Impact: Closing the Loop on Goals and Plans
	<b>Lead:</b> David Rivera <b>Planning Unit Priority:</b> Medium <b>One-Time Funding Requested (if applicable):</b> 800	
	<b>Request - Full Funding Requested -</b> 12 Wilson Evolution Basketballs <b>Lead:</b> Brian Crichlow <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 600	<b>Reporting Year:</b> 2018-19 <b>% Completed:</b> 100 Equipment enabled skill improvement allowing students to meet course SLO's (05/12/2019)
	<b>Completed -</b> 2 Fire Helmets <b>Lead:</b> Liz Ward <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 500	<b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 Students were able to perform Fire Agility testing with mandatory fire helmets. (06/28/2017)
	<b>Request - Full Funding Requested -</b> 2 TRX Pro Suspension trainers <b>Lead:</b> Brian Crichlow <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 500	<b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 Students were able develop necessary core strength to effectively reach SLO's in the activity course. (06/28/2017)
	<b>Request - Full Funding Requested -</b> Circle slide circle slide board <b>Lead:</b> Brian Crichlow <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b> 550	<b>Reporting Year:</b> 2016-17 <b>% Completed:</b> 100 The circle slide increased the students ability to change direction and react quicker laterally during drills and exercises. (06/28/2017)
	<b>Request - Full Funding Requested -</b> Indoor Drive Sled II <b>Lead:</b> Brian Crichlow <b>Planning Unit Priority:</b> Medium <b>One-Time Funding Requested (if applicable):</b> 300	
	<b>Request - Full Funding Requested -</b> 50 Exercise Mats <b>Lead:</b> KC Kranz <b>Planning Unit Priority:</b> High <b>One-Time Funding Requested (if applicable):</b>	

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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**applicable):** 1300  
**Request - Full Funding Requested - 2**  
 Mat Storage Racks  
**Lead:** KC Kranz  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 300

**Request - Full Funding Requested -**  
 Stability Ball Rack  
**Lead:** KC Kranz  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 200

**Request - Full Funding Requested - 2**  
 Upright Stationary Bikes  
**Lead:** KC Kranz  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 4782

**Reporting Year:** 2016-17  
**% Completed:** 100  
 Allowed students to improve cardiovascular endurance and overall fitness. (06/23/2017)

**Request - Full Funding Requested -**  
 55" flat screen TV with Apple TV.  
**Lead:** David Rivera  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 1000

**Reporting Year:** 2017-18  
**% Completed:** 100  
 TV Monitor has been used to critique student performance and provide personal feedback. (07/20/2018)

**Request - Full Funding Requested -**  
 Projector and screen in team/class room  
**Lead:** Brian Crichlow  
**Planning Unit Priority:** Medium  
**One-Time Funding Requested (if applicable):** 1500

**Reporting Year:** 2016-17  
**% Completed:** 100  
 The TV provided students with an opportunity to view themselves pre and post competition to aide in physical improvements during their physical activities. (06/28/2017)

**Request - Full Funding Requested -**  
 Smart Classroom - 27A 109  
**Lead:** Liz Ward  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 5000

*Unit Goals*

*Resources Needed*

*Where We Make an Impact: Closing the Loop on Goals and Plans*

**Request - Full Funding Requested -**

WiFi in 27C mat room

**Lead:** David Rivera

**Planning Unit Priority:** High

**Request - Full Funding Requested -**

Multipurpose Storage Rack

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 190

**Request - Full Funding Requested - 5**

cases of Stitch/Seam 1 1/2 White

Tape (100/case)

**Lead:** Mike Landas

**Planning Unit Priority:** High

**Request - Full Funding Requested -**

24 Molten Lite Volleyballs

**Lead:** Ali Carey Oliver

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 840

**Request - Full Funding Requested - 8**

x 65 cm SKLZ stability ball from Eastbay at \$26 each x 8 = \$208 + tax and shipping = \$250

10 S&R Sport Stretchcordz with handles \$37 each x 10 = \$370 tax & shipping \$444

**Describe Plans & Activities**

**Supported (Justification of Need):**

Swimming (W) - To allow for student improvement and success in the sport of Swimming.

**Lead:** Chris Jackson

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 694

**Request - Full Funding Requested - 3**

KAP7 Water Polo Bounce Back (for KIN A 14) 3x\$200.00=\$600.00

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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+tax/shipping \$720.00 Low Priority  
 20 SwimOutlet Fins - various sizes  
 20x\$25.00 = \$500.00 + tax/shipping  
 \$600.00 High Priority

**Describe Plans & Activities**  
**Supported (Justification of Need):**  
 Water Polo - To allow for student improvement and success in the sport of Water Polo.  
**Lead:** Chris Jackson  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 1320

**Request - Full Funding Requested - 2**  
 sets York Barbells \$1000 each x 2 = \$2000 with tax and Shipping \$2400  
 5 Weighted Vests \$120 each x 25= \$600 with tax and Shipping \$720  
 2 Sets of Medicine Balls \$500 x 2 = \$1000 with tax and Shipping \$1200  
 1 Set of Synergy Software \$8000 with tax and Shipping \$9600

**Describe Plans & Activities**  
**Supported (Justification of Need):**  
 Basketball (M) - To allow for student improvement and success in the sport of basketball.

**Lead:** Clark Maloney  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 13920

**Request - Full Funding Requested -**  
 48 Rubber Olympic Weights from 5-45 lbs. \$50.00 x 48=\$2,400.00 + tax/ship \$2,880.00  
 set Medical Balls \$2,109.00

1 Kettlebells set \$1,500.00 +

**Reporting Year:** 2017-18  
**% Completed:** 100  
 Free weight equipment allowed students to meet KINX and KINF 10A/B course SLOs increasing muscular strength. (06/11/2019)

*Unit Goals*

*Resources Needed*

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tax/ship = \$1,800.00  
12 TRX - student pack \$200.00 x 12=  
\$2,400.00 + tax/ship = \$2,880.00  
6 Plyo Boxes \$135.00 x 6= \$810.00 +  
tax/ship = \$972.00  
3 Beast Band Packs \$259.00 x 3=  
\$777.00 + tax/ship = \$932.40  
1 Troy dumbbell set & rack (3-15lbs)  
\$1,800.00 \$1,800.00 +  
tax/ship = \$2,160.00  
1 Troy dumbbells (55-100)  
\$2,500.00 \$2,500.00  
+ tax/ship = \$3,000.00  
6 Rogue Bars 2.0 \$255.00 x6 =  
\$1,530.00 + tax/ship = \$1,836.00  
16 Rogue Barbell Collars \$49.50 x  
16= \$792.00 + tax/ship = \$950.40  
4 Rogue MG-2 Multi Grip Bar  
\$245.00 x 4= \$980.00 + tax/ship =  
\$1,176.00  
2 Rogue TB-2 Trap Bar \$375.00 x 2=  
\$750.00 + tax/ship = \$900.00

**Describe Plans & Activities**

**Supported (Justification of Need):**

Bld. 44 Weight Training - To allow for student improvement and success in weight training classes.

**Lead:** Robert Jastrab

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 7862.4

**Request - Full Funding Requested -**

Volleyball - To allow for student improvement and success in the sport of Volleyball.

3 Volleyball nets \$20,000 x 3 =  
\$60,000 + tax/ship = \$72,000

**Describe Plans & Activities**

**Supported (Justification of Need):**

Volleyball - To allow for student



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improvement and success in the sport of Volleyball.  
**Lead:** Ali Oliver  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 72000  
**Request - Full Funding Requested -**  
30 Bulgarian weight bags \$259.00 x 30 = \$7,770.00 + tax/ship = \$9,324.00  
35 Champion Leather Jump Rope \$17.99 x 35 = \$629.65 + tax/ship = \$755.58  
120 Kali Stick \$8.99 x 120 = \$1,078.80 + tax/ship = \$1,294.56  
1 Century Bob Torso Training Bag \$369.99 \$369.99 + tax/ship = \$443.99  
60 Standard Yoga Bolster \$74.95 x 60 = \$4,497.00 + tax/ship = \$5,396.40  
4 Assault Airbike aka Airdyne \$799.00 x 4 = \$3,196.00 + tax/ship = \$3,835.20  
8 Cases of Mat Tape \$179.90 x 8 = \$1,439.20 + tax/ship = \$1,727.04

**Describe Plans & Activities Supported (Justification of Need):**  
Wrestling - To allow for student improvement and success in the sport of Wrestling.  
**Lead:** David Rivera  
**Planning Unit Priority:** Medium  
**One-Time Funding Requested (if applicable):** 22777

**Request - Full Funding Requested -**  
\$500.000 for construction.  
**Describe Plans & Activities Supported (Justification of Need):**

Unit Goals	Resources Needed	Where We Make an Impact: Closing the Loop on Goals and Plans
	<p>Wrestling Team Room - Will be use by Wrestling Team during fall to build team bonding and encourage collaboration and team work/team spirit. Will help with getting to know each other better and communication each other.</p> <p><b>Lead:</b> David Rivera</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 500</p> <p><b>Request - Full Funding Requested - 1</b></p> <p>MATRIX REAR DELT/FLY MACHINE \$2,312.50</p> <p>1 MATRIX SEATED LEG CURL MACHCINE \$2,227.50</p> <p>1 MATRIX 3 WAY PRESS MACHINE \$2,312.50</p> <p>1 MATRIX HIP ADDUCTOR/ABDUCTOR MACHINE \$2,562.50</p> <p>1 SHIPPING FOR ABOVE MACHINES \$699.00</p> <p>1 INSTALLATION FOR ABOVE MACHINES \$399.00</p> <p>+ Tax of \$858.76</p> <p>ESWC - Equipment upgrade to provide students with the equipment necessary for cardiovascular and strength improvement to achieve success.</p> <p><b>Describe Plans &amp; Activities Supported (Justification of Need):</b></p> <p>ESWC - Equipment upgrade to provide students with the equipment necessary for cardiovascular and strength improvement to achieve success.</p> <p><b>Lead:</b> KC Kranz</p> <p><b>Planning Unit Priority:</b> High</p>	<p><b>Reporting Year:</b> 2017-18</p> <p><b>% Completed:</b> 100</p> <p>Allows students to achieve SLO's #1 and #2 to increase muscular strength and endurance. (07/20/2018)</p>

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**One-Time Funding Requested (if applicable):** 11371

**Request - Full Funding Requested -**  
20 Gopher Pacer 200 Stop watches \$10.95 x 20 = \$219.00 + tax/ship = \$239.00  
1 set of 6 Neverwear Segmented Jump ropes \$25.00 + tax/ship = \$28.00  
4 Bosu Balance Balls \$209.00 x 4 = \$836.00 = tax/ship = \$911.24  
2 Turnout Jackets \$670.00 x 2 = \$1,340.00 tax/ship = \$1,460.00  
20 Fire Structure Gloves \$40.00 x 20 = \$800.00 = ship/tax = \$872.00  
2 Fire Helmets \$220.00 x 2 = \$440.00 + tax/ship = \$479.60

**Describe Plans & Activities**

**Supported (Justification of Need):**

Fire Agility - To upgrade existing equipment as well as add additional equipment to allow students to improve and succeed in meeting fire agency physical agility standards as well as meet Agility course SLOs.

**Lead:** Liz Ward

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 3989.84

**Request - Full Funding Requested -**  
2 Baby Anne 4 Pack 2 x \$445.00 = \$890.00 + ship/hand = \$1,000.00  
6 MATResponder Tourniquet 2 x \$31.00 = \$189.00 + ship/hand = \$213.00  
20 AED Pads (Non-link) 20 x \$26.98 = \$537.00 + ship/hand =

**Reporting Year:** 2018-19

**% Completed:** 100

Allowed students to improve and succeed in meeting fire agency physical agility standards as well as meet Agility course SLOs. (05/12/2019)

**Reporting Year:** 2017-18

**% Completed:** 25

Only 2 Turnouts received in 2017-18. (07/20/2018)

**Reporting Year:** 2017-18

**% Completed:** 100

To provide training allowing students to achieve CPR Training and Certification (07/20/2018)

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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\$607.99  
 4 CPR Kyle Three Year Old Child Manikin 4 x \$337.00 = \$1,348.00 = ship/hand = \$1,500.00  
**Describe Plans & Activities**  
**Supported (Justification of Need):**  
 To allow for student success in meeting First Aid/CPR SLO's.  
**Lead:** Ruby Rojas  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 3321  
**Request - Full Funding Requested -**  
 A set of York Barbells  
**Describe Plans & Activities**  
**Supported (Justification of Need):**  
 Most used equipment Must be replaced. Bags have a lifespan of 2-3 years  
**Lead:** Clark Maloney  
**What would success look like and how would you measure it?:** Increase in student success  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 2400  


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**Request - Full Funding Requested -** 5 weighted vests  
**Describe Plans & Activities**  
**Supported (Justification of Need):**  
 Provides full participation when training and development in class  
**Lead:** Clark Maloney  
**What would success look like and how would you measure it?:** Increase in student performance and success  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 720  


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**Request - Full Funding Requested -**

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2 sets of Medicine Balls

**Describe Plans & Activities**

**Supported (Justification of Need):**

Enables students to increase speed and conditioning levels

**Lead:** Clark Maloney

**What would success look like and how would you measure it?:** Enable student improvement and success

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 1200

**Request - Full Funding Requested -**

12 dozen Diamond Softballs

**Describe Plans & Activities**

**Supported (Justification of Need):**

Equipment needed to provide student improvement and success to achieve student learning outcomes.

**Lead:** Ruby Rojas

**What would success look like and how would you measure it?:**

Equipment needed to provide student improvement and success to achieve student learning outcomes.

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 787

**Request - Full Funding Requested -**

12 dozen Sterling Status softballs

**Describe Plans & Activities**

**Supported (Justification of Need):**

Equipment needed to enable student improvement and success.

**Lead:** Ruby Rojas

**What would success look like and how would you measure it?:** Student improvement and success in achieving SLO's.

**Planning Unit Priority:** High

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**One-Time Funding Requested (if applicable):** 683

**Request - Full Funding Requested -**  
24 Easton Bats

**Describe Plans & Activities**

**Supported (Justification of Need):**  
Enable student improvement and success.

**Lead:** Ruby Rojas

**What would success look like and how would you measure it?:** Student improvement in skill development to meet course SLOs

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 4200

**Request - Full Funding Requested -**  
24 Easton Helmets

**Describe Plans & Activities**

**Supported (Justification of Need):**  
Provide safety for students and enabling student performance and success

**Lead:** Ruby Rojas

**What would success look like and how would you measure it?:** Provides safety and enables student improvement and success in attaining SLOs.

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 1440

**Request - Full Funding Requested -** 2 sets of Easton Catcher's Gear

**Describe Plans & Activities**

**Supported (Justification of Need):**  
Safety equipment needed to provide student improvement and success.

**Lead:** Ruby Rojas

**What would success look like and**

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**how would you measure it?:** Provide student safety and improvement to meet course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 400

**Request - Full Funding Requested -** 12 J Bands

**Describe Plans & Activities Supported (Justification of Need):**  
Equipment needed to prevent shoulder injury and enable student success.

**Lead:** Ruby Rojas  
**What would success look like and how would you measure it?:**  
Equipment prevents injury and enables student improvement success allowing student to achieve course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 410

**Request - Full Funding Requested -** 2  
XP Self Defense Instructor Red Man suit

**Describe Plans & Activities Supported (Justification of Need):**  
Needed for Women's Self Defense to improve skill development

**Lead:** David Rivera  
**What would success look like and how would you measure it?:** Student improvement is skill development to meet course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 3325

**Request - Full Funding Requested -** 1 **Reporting Year:** 2018-19  
Tumble Track Air Floor PRO 9 m **% Completed:** 100

Unit Goals	Resources Needed	Where We Make an Impact: Closing the Loop on Goals and Plans
	<p>length</p> <p><b>Describe Plans &amp; Activities Supported (Justification of Need):</b> Promotes safety and confidence for students and allows students to progress with skill development.</p> <p><b>Lead:</b> RG Ignacio</p> <p><b>What would success look like and how would you measure it?:</b> Promotes safety and confidence for students and allows students to progress with skill development to achieve course SLOs.</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 3770</p> <p><b>Request - Full Funding Requested -</b> 200 Plastic Golf Balls</p> <p><b>Describe Plans &amp; Activities Supported (Justification of Need):</b> Enable student improvement in full long range swings to meet course SLOs.</p> <p><b>Lead:</b> Greg Osbourne</p> <p><b>What would success look like and how would you measure it?:</b> Student improvement in full long range swings to meet course SLOs.</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 135</p>	<p>Equipment enabled skill improvement allowing students to meet course SLO's. (05/12/2019)</p>
	<p><b>Request - Full Funding Requested - 3</b> G Volcano foam Rollers</p> <p><b>Describe Plans &amp; Activities Supported (Justification of Need):</b> Prevent injuries and enable student skill improvement to meet course SLOs.</p> <p><b>Lead:</b> Liz Ward</p> <p><b>What would success look like and</b></p>	<p><b>Reporting Year:</b> 2018-19</p> <p><b>% Completed:</b> 100</p> <p>Equipment enabled skill improvement allowing students to meet course SLO's (05/12/2019)</p>



<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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**how would you measure it?:** Prevent injuries and enable student skill improvement to meet course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 112

**Request - Full Funding Requested - 3**  
 Round Rung Agility Ladder

**Describe Plans & Activities Supported (Justification of Need):**  
 Ladder provides speed work for students and enables student success in achieving course SLOs.

**Lead:** Liz Ward

**What would success look like and how would you measure it?:** Ladder provides speed work for students and enables student success in achieving course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 207

**Reporting Year:** 2018-19  
**% Completed:** 100  
 Equipment enabled skill improvement allowing students to meet course SLO's (05/12/2019)

**Request - Full Funding Requested - 2**  
 Yellow Training Hurdles

**Describe Plans & Activities Supported (Justification of Need):**  
 Hurdles provide speed work for students and enables student success in achieving course SLOs.

**Lead:** Liz Ward

**What would success look like and how would you measure it?:** Hurdles provide speed work for students and enables student success in achieving course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 109

**Reporting Year:** 2018-19  
**% Completed:** 100  
 Equipment enabled skill improvement allowing students to meet course SLO's (05/12/2019)

**Request - Full Funding Requested -      Reporting Year:** 2018-19

Unit Goals	Resources Needed	Where We Make an Impact: Closing the Loop on Goals and Plans
	<p>2 Orange TrainingHurdles</p> <p><b>Describe Plans &amp; Activities Supported (Justification of Need):</b> Hurdles provide speed work for students and enables student success in achieving course SLOs.</p> <p><b>Lead:</b> Li z Ward</p> <p><b>What would success look like and how would you measure it?:</b> Hurdles provide speed work for students and enables student success in achieving course SLOs.</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 120</p>	<p><b>% Completed:</b> 100</p> <p>Equipment enabled skill improvement allowing students to meet course SLO's. (05/12/2019)</p>
	<p>Request - Full Funding Requested - 3 sets of Green plastic cones</p> <p><b>Describe Plans &amp; Activities Supported (Justification of Need):</b> Cones provide speed work for students and enables student success in achieving course SLOs.</p> <p><b>Lead:</b> Liz Ward</p> <p><b>What would success look like and how would you measure it?:</b> Cones provide speed work for students and enables student success in achieving course SLOs.</p> <p><b>Planning Unit Priority:</b> High</p> <p><b>One-Time Funding Requested (if applicable):</b> 77</p>	<p><b>Reporting Year:</b> 2018-19</p> <p><b>% Completed:</b> 100</p> <p>Equipment enabled skill improvement allowing students to meet course SLO's (05/12/2019)</p>
	<p>Request - Full Funding Requested - 2 10-Gallon Gatorade Coolers</p> <p><b>Describe Plans &amp; Activities Supported (Justification of Need):</b> Provide proper hydration for students enabling student success.</p> <p><b>Lead:</b> Liz Ward</p> <p><b>What would success look like and how would you measure it?:</b> Provide</p>	<p><b>Reporting Year:</b> 2018-19</p> <p><b>% Completed:</b> 100</p> <p>Gatorade coolers enabled students to keep hydrated allowing students to meet course SLO's. (05/12/2019)</p>

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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proper hydration for students enabling student success.  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 207  
**Request - Full Funding Requested -** 20 pairs of Kneepads  
**Describe Plans & Activities Supported (Justification of Need):** Provides safety for students agility testing.  
**Lead:** Liz Ward  
**What would success look like and how would you measure it?:** Provides safety for students performing agility test and enables student success in agility testing.  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 315

**Reporting Year:** 2018-19  
**% Completed:** 100  
 Equipment enabled skill improvement allowing students to meet course SLO's. (05/12/2019)

**Request - Full Funding Requested -** 2 16' Roof Ladders  
**Describe Plans & Activities Supported (Justification of Need):** Enables student success in graduating from the Fire Academy  
**Lead:** Liz Ward  
**What would success look like and how would you measure it?:** Enables student success in graduating from the Fire Academy.  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 874

**Reporting Year:** 2018-19  
**% Completed:** 100  
 Ladders enabled skill improvement allowing students to meet course SLO's (05/12/2019)

**Request - Full Funding Requested -** 40 Reflective Vests  
**Describe Plans & Activities Supported (Justification of Need):** Provide safety for students running in the dark early mornings and

**Reporting Year:** 2018-19  
**% Completed:** 100  
 Equipment provided safety reflectors for students running in the dark enabling skill improvement so students would be able to meet course SLO's. (05/12/2019)

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provide student success.

**Lead:** Liz Ward

**What would success look like and how would you measure it?:** Provide safety for students running in the dark early mornings and provide student success.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 271

**Request - Full Funding Requested -**

MATRIX U5X Upright Cycle

**Describe Plans & Activities**

**Supported (Justification of Need):**  
Replacement of old stationary bike and provide student success in meeting course SLOs.

**Lead:** KC Kranz

**What would success look like and how would you measure it?:**  
Replacement of old stationary bike and provide student success in meeting course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 2800

**Request - Full Funding Requested - 1**

Hoist Chin/Dip RS 1700

**Describe Plans & Activities**

**Supported (Justification of Need):**  
Replacement of old chin/dip hoist and provide student success in meeting course SLOs.

**Lead:** KC Kranz

**What would success look like and how would you measure it?:**  
Replacement of old chin/dip hoist and provide student success in meeting course SLOs.

**Planning Unit Priority:** High

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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**One-Time Funding Requested (if applicable):** 4930  
**Request - Full Funding Requested - 2**  
 Run Excite 600 UL LED Treadmills  
**Describe Plans & Activities Supported (Justification of Need):**  
 Replacement of old treadmills and provide student success in meeting course SLOs.  
**Lead:** KC Kranz  
**What would success look like and how would you measure it?:**  
 Replacement of old treadmills and provide student success in meeting course SLOs.  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 12412

**Request - Full Funding Requested - 1**  
 Life Fitness Dual Adjustable Pully  
**Describe Plans & Activities Supported (Justification of Need):**  
 Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.  
**Lead:** Bob Jastrab  
**What would success look like and how would you measure it?:** Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 5500

**Request - Full Funding Requested - 36** Weights ranging from 5 - 45 lbs.  
**Describe Plans & Activities Supported (Justification of Need):**

**Reporting Year:** 2018-19  
**% Completed:** 100  
 Equipment enabled skill improvement allowing students to meet course SLO's. (05/12/2019)

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Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

**Lead:** Bob Jastrab

**What would success look like and**

**how would you measure it?:** Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 2200

**Request - Full Funding Requested - 3**

Beast Band Packs

**Describe Plans & Activities**

**Supported (Justification of Need):**

Increase student flexibility and enable student success in achieving course SLOs.

**Lead:** Bob Jastrab

**What would success look like and**

**how would you measure it?:** Increase student flexibility and enable student success in achieving course SLOs.

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 940

**Request - Full Funding Requested - 1**

Troy Dumbbells set ranging from 55 - 100 lb.

**Describe Plans & Activities**

**Supported (Justification of Need):**

Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

**Lead:** Bob Jastrab

**What would success look like and**

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**how would you measure it?:** Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 2500

**Request - Full Funding Requested - 8**  
Rogue Bars

**Describe Plans & Activities Supported (Justification of Need):**  
Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

**Lead:** Bob Jastrab

**What would success look like and how would you measure it?:** Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 2800

**Request - Full Funding Requested - 8**  
Rogue Barbell Collars

**Describe Plans & Activities Supported (Justification of Need):**  
Provide safety for students enabling student improvement and success.

**Lead:** Bob Jastrab

**What would success look like and how would you measure it?:** Provide safety for students enabling student improvement and success.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 485

**Reporting Year:** 2017-18

**% Completed:** 100

Equipment enabled skill improvement allowing students to meet course SLO's. (05/12/2019)

**Reporting Year:** 2018-19

**% Completed:** 100

Equipment enabled skill improvement allowing students to meet course SLO's (05/12/2019)

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**Request - Full Funding Requested - 4**

(4 x 6) Deluxe European Club Soccer Goal thumb ID 2B3001

**Describe Plans & Activities**

**Supported (Justification of Need):**

Small Soccer Goal- To meet SLO testing on passing accuracy on 10-15 yards.- Also to teach Defensive tactics to shift to two small goals

**Lead:** Juan Sanchez

**What would success look like and how would you measure it?:** Small Soccer Goal- To meet SLO testing on

passing accuracy on 10-15 yards.- Also to teach Defensive tactics to shift to two small goals

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 5463

**Request - Full Funding Requested -**

20 Adidas Soccer Balls

**Describe Plans & Activities**

**Supported (Justification of Need):**

Equipment required to meet SLO's technical skills.

**Lead:** Juan Sanchez

**What would success look like and how would you measure it?:**

Equipment required to meet SLO's technical skills.

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 544

**Request - Full Funding Requested - 3**

SKLZ PRO Agility Poles

**Describe Plans & Activities**

**Supported (Justification of Need):**

Training Poles to meet SLO warm-ups (dynamic movements) enabling student success.



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**Lead:** Juan Sanchez  
**What would success look like and how would you measure it?:** Training Poles to meet SLO warm-ups (dynamic movements) enabling student success.  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 261

**Request - Full Funding Requested - 2**  
 SKLZ GOALSHOT  
**Describe Plans & Activities Supported (Justification of Need):**  
 Goalshot will help to develop accuracy in shooting on goals and helps with SLO testing

**Reporting Year:** 2018-19  
**% Completed:** 100  
 Equipment enabled skill improvement allowing students to meet course SLO's (05/12/2019)

**Lead:** Juan Sanchez  
**What would success look like and how would you measure it?:**  
 Goalshot will help to develop accuracy in shooting on goals and helps with SLO testing  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 707

**Request - Full Funding Requested -**  
 TRX Suspension Trainers  
**Describe Plans & Activities Supported (Justification of Need):**  
 KINF 25 is focused on exercises and movement patterns that train specifically muscles in the core. Most exercises performed o TRX also engage core due to the nature of body stabilization.

**Lead:** Chris Jackson  
**What would success look like and how would you measure it?:**  
 Students will be able to improve core strength and endurance.

**Type of Request:** INSTRUCTIONAL SUPPORT PROGRAM FUNDING (INSTRUCTIONAL EQUIPMENT): Equipment, library material, or technology for classroom instruction, student instruction or demonstration, or in preparation of learning materials in an instructional program, equal or over \$500.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 1500

**Request - Full Funding Requested -**  
Exercise Bands

**Describe Plans & Activities Supported (Justification of Need):**  
Used in KINF 25 to engage stabilizing muscles in warm up and corrective exercises.

**Lead:** Chris Jackson  
**What would success look like and how would you measure it?:**

Students will be able to improve in performance and skills.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 500

**Request - Full Funding Requested -**  
First Place Drive Sled 2

**Describe Plans & Activities Supported (Justification of Need):**  
This equipment will enhance the student's strength and technique development.

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**Lead:** Isaac Carter

**What would success look like and how would you measure it?:**

Students will be able to improve strength and execution technique.

**Type of Request:** NON

INSTRUCTIONAL EQUIPMENT:

Tangible property with useful life of more than one year, other than land or buildings improvements, equal and over \$500 per individual item. Used for administrative or non-instructional purposes.

**Planning Unit Priority:** High

**One-Time Funding Requested (if applicable):** 950

**Request - Full Funding Requested - 5**  
upright stationary bikes to replace older equipment.

**Describe Plans & Activities**

**Supported (Justification of Need):**

Stationary bikes are needed to improve student cardio-respiratory endurance.

**Lead:** KC Kranz

**What would success look like and how would you measure it?:**

Stationary bikes will improve student cardio-respiratory endurance.

**Type of Request:** INSTRUCTIONAL

SUPPORT PROGRAM FUNDING

(INSTRUCTIONAL EQUIPMENT):

Equipment, library material, or technology for classroom instruction, student instruction or demonstration, or in preparation of learning materials in an instructional program, equal or over \$500.

**Planning Unit Priority:** High

**One-Time Funding Requested (if**

**applicable):** 20845  
**Request - Full Funding Requested -**  
10 Wilson soccer balls  
**Describe Plans & Activities**  
**Supported (Justification of Need):**  
Soccer balls are needed for students to improve soccer skills.  
**Lead:** Kristen Purper  
**What would success look like and how would you measure it?:**  
Students will be able to improve soccer skills and meet course SLO's.  
**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.  
**Planning Unit Priority:** High  
**One-Time Funding Requested (if applicable):** 1000

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**Request - Full Funding Requested -**  
White Board  
**Describe Plans & Activities**  
**Supported (Justification of Need):**  
White board is needed to enhance learning through visual instruction.  
**Lead:** Kristen Purper  
**What would success look like and how would you measure it?:**  
Students will be able to improve offensive and defensive strategies through visual instruction.  
**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.  
**Planning Unit Priority:** High

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**Documentation Attached?:** No  
**One-Time Funding Requested (if applicable):** 50  
**Request - Full Funding Requested -**  
Mat Tape  
**Describe Plans & Activities Supported (Justification of Need):**  
Mat tape is used for safety and health of mats. Mat tape stabilizes mats to eliminate any mat shifting creating gaps in the mat surface thus ensuring student safety.  
**Lead:** David Rivera  
**What would success look like and how would you measure it?:**  
Students will be able to execute wrestling skills without incurring injuries due to shifting mats.  
**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.  
**Planning Unit Priority:** High  
**Documentation Attached?:** No  
**On-Going Funding Requested (if applicable):** 993  
**Request - Full Funding Requested -**  
Robic 3 Memory Timer M-603  
**Describe Plans & Activities Supported (Justification of Need):**  
Timer needed to keep time of drill for effective time management.  
**Lead:** David Rivera  
**What would success look like and how would you measure it?:**  
Students will be allowed to improve their wrestling skills.  
**Type of Request:** SUPPLIES AND

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**MATERIALS:** Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** Medium

**Documentation Attached?:** No

**One-Time Funding Requested (if applicable):** 100

**Request - Full Funding Requested - 5**  
Heavy-Gauge Steel Construction Plus Swivel Chain.

**Describe Plans & Activities**

**Supported (Justification of Need):**

These will be used to hold up boxing bags against the wall for students to work on bag drills.

**Lead:** David Rivera

**What would success look like and how would you measure it?:** Allow students to improve boxing skills and techniques.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** High

**Documentation Attached?:** No

**One-Time Funding Requested (if applicable):** 200

**Request - Full Funding Requested -**  
KWIK Soccer Goals NXT Soccer Goal 8 x 24 (Portable Goals)

**Describe Plans & Activities**

**Supported (Justification of Need):**

Goals will be used for students to help with offensive and defensive techniques and tactics.

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**Lead:** Juan Sanchez

**What would success look like and how would you measure it?:**

Students will be able to improve their offensive and defensive skills and techniques.

**Type of Request:** INSTRUCTIONAL SUPPORT PROGRAM FUNDING (INSTRUCTIONAL EQUIPMENT): Equipment, library material, or technology for classroom instruction, student instruction or demonstration, or in preparation of learning materials in an instructional program, equal or over \$500.

**Planning Unit Priority:** High

**Documentation Attached?:** No

**One-Time Funding Requested (if applicable):** 5000

**Request - Full Funding Requested -**

Team parkas needed to replace old team parkas.

**Describe Plans & Activities**

**Supported (Justification of Need):**

Team parka replacement is necessary to prevent student injury due to inadequate muscle warmth.

**Lead:** Chris Jackson

**What would success look like and how would you measure it?:**

Students will be able to improve skills and achieve success due to muscle warmth before performing activity.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** High

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**One-Time Funding Requested (if applicable):** 1200

**Request - Full Funding Requested -**  
Adidas pennies

**Describe Plans & Activities**

**Supported (Justification of Need):**

Pennies are needed for students to practice and improve offensive and defensive strategies.

**Lead:** Juan Sanchez

**What would success look like and how would you measure it?:**

Students will be able to improve offensive and defensive strategies.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** Medium

**Documentation Attached?:** No

**One-Time Funding Requested (if applicable):** 200

**Request - Full Funding Requested -** 8  
x 1 1/2" fire hose

**Describe Plans & Activities**

**Supported (Justification of Need):**

This equipment provides equipment practice for students to receive certification for the fire service.

**Lead:** Liz Ward

**What would success look like and how would you measure it?:**

Students will be able to achieve success by receiving certification required by the fire service.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by



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students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** High  
**Documentation Attached?:** No  
**One-Time Funding Requested (if applicable):** 1110

**Request - Full Funding Requested - 5**  
Firefighter Turnout Jackets for certification testing practice.

**Describe Plans & Activities Supported (Justification of Need):**  
This equipment will allow students to improve entry level testing skills to receive certification for the fire service.

**Lead:** Liz Ward

**What would success look like and how would you measure it?:**  
Students will improve entry level testing skills allowing them to receive certification for the fire service.

**Type of Request:** INSTRUCTIONAL SUPPORT PROGRAM FUNDING (INSTRUCTIONAL EQUIPMENT):  
Equipment, library material, or technology for classroom instruction, student instruction or demonstration, or in preparation of learning materials in an instructional program, equal or over \$500.

**Planning Unit Priority:** High  
**Documentation Attached?:** No  
**One-Time Funding Requested (if applicable):** 3461

**Request - Full Funding Requested - 2**  
Fire Helmets

**Describe Plans & Activities Supported (Justification of Need):**  
This equipment will allow students

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to improve entry level testing skills to receive certification for the fire service.

**Lead:** Liz Ward

**What would success look like and how would you measure it?:** This equipment will allow students to improve entry level testing skills to receive certification for the fire service.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** High

**Documentation Attached?:** No

**One-Time Funding Requested (if applicable):** 566

**Request - Full Funding Requested -**  
10 x Fire Pro Gloves

**Describe Plans & Activities**

**Supported (Justification of Need):**  
This equipment will allow students to improve entry level testing skills to receive certification for the fire service.

**Lead:** Liz Ward

**What would success look like and how would you measure it?:** This equipment will allow students to improve entry level testing skills to receive certification for the fire service.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional

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program, less than \$500.

**Planning Unit Priority:** High

**Documentation Attached?:** No

**One-Time Funding Requested (if applicable):** 785

**Request - Full Funding Requested -**

Therapeutic Modality - Gameready Med4 Elite

**Describe Plans & Activities**

**Supported (Justification of Need):**

This equipment will enhance student learning by incorporating the latest technology in therapeutic rehabilitation into the curriculum. Students in the KIN 19 and KIN 92 course will have first-hand knowledge and experience with this industry-leading technology equipment. Employers will be motivated to hire graduates of the Athletic Training certificate due to their experience and knowledge of this advanced therapeutic modality.

**Lead:** Elva Salcido

**What would success look like and how would you measure it?:** This

equipment will enhance student learning by incorporating the latest technology in therapeutic rehabilitation into the curriculum. Students in the KIN 19 and KIN 92 course will have first-hand knowledge and experience with this industry-leading technology equipment. Employers will be motivated to hire graduates of the Athletic Training certificate due to their experience and knowledge of this advanced therapeutic modality.

**Type of Request:** INSTRUCTIONAL

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SUPPORT PROGRAM FUNDING (INSTRUCTIONAL EQUIPMENT): Equipment, library material, or technology for classroom instruction, student instruction or demonstration, or in preparation of learning materials in an instructional program, equal or over \$500.

**Planning Unit Priority:** High  
**Documentation Attached?:** No  
**One-Time Funding Requested (if applicable):** 20000

**Request - Full Funding Requested -**  
20 pairs of fins

**Describe Plans & Activities Supported (Justification of Need):**  
New fins are needed each year to replace deteriorated fins. Used in swimming classes to build leg strength and proper kicking techniques.

**Lead:** Marc Ruh  
**What would success look like and how would you measure it?:**  
Students will be able to improve swimming skills to meet course SLOs.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** High  
**Documentation Attached?:** No  
**One-Time Funding Requested (if applicable):** 750

**Request - Full Funding Requested -**  
15 x 15 lb. rubber medicine balls

**Describe Plans & Activities Supported (Justification of Need):**

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Used in the weight room and in the pool to increase core and total body strength.

**Lead:** Marc Ruh

**What would success look like and how would you measure it?:**

Students will be able to improve core and body strength to meet course SLOs

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

**Planning Unit Priority:** High

**Documentation Attached?:** No

**One-Time Funding Requested (if applicable):** 650

**Request - Full Funding Requested -**  
18 MAXSPIN Ball-bearing speed jump ropes (3 sets of 6 in 8', 9' and 10' lengths)

**Describe Plans & Activities**

**Supported (Justification of Need):**

Used to increase student cardiovascular endurance, agility and speed.

**Lead:** Liz Ward

**What would success look like and how would you measure it?:**

Students will improve in their cardiovascular endurance, agility and speed.

**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.

<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
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**Planning Unit Priority:** High  
**Documentation Attached?:** No  
**One-Time Funding Requested (if applicable):** 210  
**Request - Full Funding Requested -**  
 30 Molten Beach Volleyballs  
**Describe Plans & Activities Supported (Justification of Need):**  
 New beach volleyballs and needed for the 3 new beach volleyball courts. These volleyballs will enable students to improve skills needed for student success .  
**Lead:** Ali Oliver  
**What would success look like and how would you measure it?:**  
 Volleyballs will enable students to improve skills needed for student success.  
**Type of Request:** SUPPLIES AND MATERIALS: Instructional supplies and materials are items to be used by students, faculty and other personnel in connection with an instructional program, less than \$500.  
**Planning Unit Priority:** High  
**Documentation Attached?:** No  
**One-Time Funding Requested (if applicable):** 1150

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**Proficiency -** Continue to create curriculum that provides for proficiency development through leveled courses  
**Status:** Active  
**Goal Year(s):** 2016-17, 2017-18, 2018-19  
**Date Goal Entered (Optional):**  
 09/01/2016

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<i>Unit Goals</i>	<i>Resources Needed</i>	<i>Where We Make an Impact: Closing the Loop on Goals and Plans</i>
<p><b>Curriculum</b> - Create and update KIN Theory and Activity Curriculum  <b>Status:</b> Active  <b>Goal Year(s):</b> 2017-18, 2018-19  <b>Date Goal Entered (Optional):</b> 07/20/2018</p>	<p><b>Report directly on Goal</b></p>	<p><b>Reporting Year:</b> 2017-18  <b>% Completed:</b> 100            KIN 34 Distance Learning curriculum created and implemented. DL KIN 34 offered in 2018. (07/20/2018)</p>
	<p><b>Completed</b> - Create KIN 34 Distance Learning class_copy  <b>Lead:</b> Melinda Bowen  <b>Type of Request:</b> OTHER OPERATING EXPENSES AND SERVICES: Requests for contracted, legal/ audit, personal/ consultant, rent/ leases, repairs/ maintenance, and other misc. services. May also include request for travel and conference that does not require the assistance of POD.  <b>Planning Unit Priority:</b> High  <b>Documentation Attached?:</b> No</p>	<p><b>Reporting Year:</b> 2017-18  <b>% Completed:</b> 100            Create Distance Learning (Hybrid) Curriculum for KIN 3. (07/20/2018)</p>
	<p><b>Request - No Funding Requested</b> - Professional Development_copy  <b>Describe Plans &amp; Activities Supported (Justification of Need):</b> Creation of KIN 3 Distance Learning course.  <b>Lead:</b> Rubilena Rojas  <b>Type of Request:</b> OTHER OPERATING EXPENSES AND SERVICES: Requests for contracted, legal/ audit, personal/ consultant, rent/ leases, repairs/ maintenance, and other misc. services. May also include request for travel and conference that does not require the assistance of POD.  <b>Planning Unit Priority:</b> High  <b>Documentation Attached?:</b> No</p>	