

PRESENTED BY: MT. SAC STUDENT HEALTH SERVICES

Women's Empowerment Group

Identifying as female comes with its own unique challenges with identity, body image, and boundaries. Facilitated by Student Health Services, join a group discussion focused on your unique female experience to help empower you and build your confidence. All students who identify as female are welcome. Drop in for one or all group sessions. No prior registration is required.

Topics:

TUESDAY 3/26/24-IDENTITY

TUESDAY 4/2/24-BODY IMAGE

TUESDAY 4/9/24-BOUNDARIES

TIME: 12PM-1 PM

LOCATION: THE MULTICUTURAL CENTER
BLDG. 410 ROOM 2030

IF YOU NEED DISABILITY-RELATED ACCOMMODATIONS, SUCH AS SIGN LANGUAGE INTERPRETER, NOTE TAKER, CAPTIONING, ETC., PLEASE CONTACT STUDENT HEALTH SERVICES AT (909) 274-4400 AT LEAST 5 DAYS IN ADVANCE OF THE EVENT, WORKSHOP, OR MEETING.