

# **FITTER HAPPIER MORE PRODUCTIVE (TEACHING)**

**The English, Literature, and Creative Writing Department  
cordially invites you to the**

## **WINTER COMMUNITY OF PRACTICE 2.19.25 & 2.20.25**

**in the Multicultural Center**

**Building 410, Room 2030**

**Our theme is self care and humanization in the modern teaching era  
with topics such as healthier communicating, balancing boundaries,  
RSI, Designated Writing Specialists, and more.**

**Please register interest below by 2.11.25:**

## **COP ELCW 2025**

**Participants are compensated at their  
non-instructional hourly rate. Food will  
be offered. Spears shall be shaken.**

**Interested in speaking at a break-out session?  
Reach out to us at [ELCWDC@mtsac.edu](mailto:ELCWDC@mtsac.edu)**

