

Dear EOPS/CARE students,

Happy 2021!!! I hope you all had a restful break. The EOPS/CARE Team and I have been meeting to plan the activities for the upcoming semester. We plan to continue holding Monthly EOPS/CARE Check In's, workshops on several topics, and Open Zoom hours during critical times. We are also excited to be launching our Peer Navigator Program. To learn more about our Peer Navigator Program, please visit our website: [www.mtsac.edu/eops](http://www.mtsac.edu/eops).

As we prepare for the start of the Spring 2021 Semester, I would also like to share some reminders:

**Program Contact Information:**

- Our EOPS Temporary Number is (909) 637-2506.
- We answer our phones Monday – Friday: 8:00 am – 4:30 pm.
- Please leave a message with your name, contact #, and student ID # if no one answers or it goes to voicemail. We may be busy helping another student.
- Contact information for specific staff members can be found on our webpage: [www.mtsac.edu/eops](http://www.mtsac.edu/eops).

**EOPS Communication:**

- Please make sure to accept our CANVAS invitation. We post all announcements, flyers, and messages on our page. If you do not see our page in your CANVAS portal please call or e-mail Alex at [abrambila5@mtsac.edu](mailto:abrambila5@mtsac.edu).

**EOPS Counseling Requirements:**

You are required to complete THREE (3) Counseling Contacts during the Spring 2021 semester. Apts. between January 1st and June 11th all count. Appointments must be made with an EOPS/CARE Counselor. However, keep in mind that contacts should be spaced out by a minimum of two weeks. This means that you cannot complete all our contacts in one month.

Counseling Contact requirement information can be found on our homepage [www.mtsac.edu/eops](http://www.mtsac.edu/eops).

- There are two options to meet with an EOPS/CARE Counselor:
  - **Phone Appointment:** This option does NOT require you to be on a computer, however, we highly encourage you to be near a computer in case counselors want to refer to your Education Plan, etc.) To book a PHONE Appointment, click [HERE](#)
  - **Video Appointment:** This option REQUIRES that you have a computer with internet. To book a VIDEO Appointment, click [HERE](#)

Counseling appointments **CANNOT** be made via e-mail, and they also cannot be made by directly e-mailing a counselor. If you are having a challenging time finding a time that works for you, please contact us at (909) 637-2506. A staff member can further assist you.

**EOPS Book Grant**

- If you completed your three counseling appointments during the Fall 2020 semester and are enrolled in 12 + units, you will receive a \$300 EOPS Book Grant. If you are enrolled in 6 –11.5 units, you will receive \$150. **REMEMBER YOUR GRANT IS BASED ON THE UNITS YOU ARE ENOLLED**

**ON 2/1.** If you add classes after, we will not be able to adjust your grant amount since grants are released a week before school starts.

**EOPS/CARE Tutoring:**

- EOPS is still offering online tutoring. In preparation, we would like you to complete a questionnaire about your tutoring needs for Spring 2021. To complete the survey, visit: [https://mtsac.co1.qualtrics.com/jfe/form/SV\\_b26JFjPj3mz8qgZ](https://mtsac.co1.qualtrics.com/jfe/form/SV_b26JFjPj3mz8qgZ)
- For more information about our tutoring services, please call Huu. He can be reached at: (909) 345 – 0460

**CARE Program:**

- If you are a single head of household, have at least one child under the age of 18, and receive cash aid for yourself and/or your children, you may qualify for the CARE Program (not to be confused with CAREs Act.) Please see the attached flyer for more information or call Maria Hernandez Figueroa (CARE Coordinator) at (909) 529-0807.

**Laptop/Hot Spot Loans:**

- You may request to borrow a laptop completing visiting: <https://www.mtsac.edu/laptoploansrequestform>
- If you have questions about the laptop loan program, please e-mail [laptoploans@mtsac.edu](mailto:laptoploans@mtsac.edu).

**Workshops:**

- We will be offering two exciting workshops for the month of January 2021.
- **Next Steps for Transferring Students:**
  - **Description:** Students will learn about strategies for a successful transfer. This workshop will cover important deadlines, updating the admissions applications, understanding the admission offer, accepting admission/submitting the intent to register, submitting an admissions appeal, reading financial aid package, etc.
  - **Intended Audience:** Students transferring to a university for Fall 2021 admission.
  - **When:** Monday, January 25, 2021; 2:00 pm – 4:00 pm.
  - **Facilitators:** Guadalupe De La Cruz; Transfer Center Specialist and Urias Garcia M.S.; EOPS/CARE Counselor.
- **Check-In with Counselor:**
  - **Description:** Check-In with your counselors, receive updates, ask questions, share your progress, and build community with other students.
  - **Intended Audience:** All EOPS/CARE students
  - **When:** Friday, January 29, 2021; 10:00 am- 11:30 am
  - **Facilitators:** Urias Garcia M.S.; EOPS/CARE Counselor and Maria Hernandez Figueroa; EOPS/CARE Coordinator.

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