

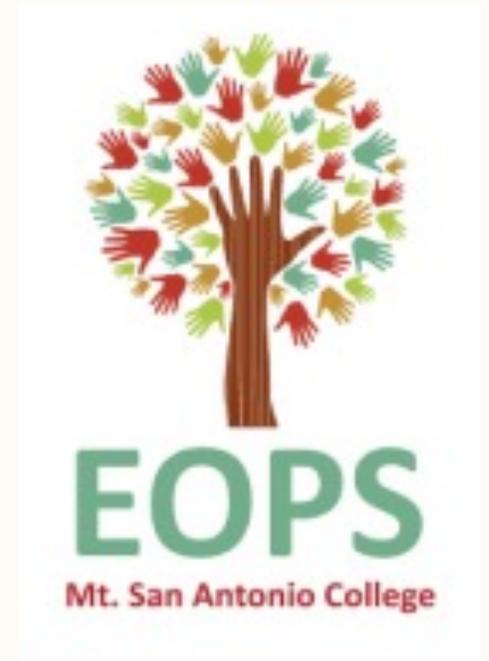


EOPS/CARE Advisory Board Meeting

Spring 2021

Agenda

- Welcome & Introductions (10:00 –10:10 am)
- EOPS/CARE Enrollment (10:10 –10:25 am)
- Peer Navigator Pilot Program (10:25- 10:55 am)
- Supporting CARE Students / Student Parents (10:55 – 11:25 am)
- Closing (11:25 – 11:30 am)





Spring 2020 Semester:

The impact at the onset of the pandemic

Enrolled at the start of Spring 2020

- 1339 students were enrolled at the start of the Spring 2021 semester
- 211 were newly admitted in Spring 2020
- 1,128 were continuing students

Enrolled at the end of Spring 2020

- 1,171 (87.5%) of EOPS/CARE students remained enrolled in at least 1 class for the entire Spring 2020 semester
- 168 (12.5%) of EOPS/CARE dropped all units by the end of the Spring 2021 semester



Fall 2020 EOPS/CARE Enrollment

Enrolled at the start of Fall 2020

- 1167 student served through the EOPS Program in Fall 2020
- 892 out of 919 (97%) that were eligible to return registered for Fall 2020 semester
- 276 new students accepted for Fall 2020 semester
- 279 students did not return because they either graduated with an AA/transferred (approximately 225) or because they were no longer eligible to continue in the program (exceeded 70 DA units and were not enrolled in a high unit major)
- Majority of our students who made it through Spring 2020 without dropping enrolled in Fall 2020. It is the students that dropped during the Spring 2020 semester that decided not to enroll in Fall 2020.



Spring 2021 EOPS/CARE Enrollment

Enrollment at the start of Spring 2021

- 1229 students being served through the EOPS/CARE Program
- 243 new students, 986 continuing students
- 986 of the 1167 (84.5%) students enrolled in Fall 2020 enrolled in at least one class during Spring 2021.
- **88% of our EOPS/CARE students persisted from Fall 2020 to Spring 2021.**



General Analysis of Pandemic

EOPS/CARE Enrollment

- EOPS tends to "lose" 10-15% of students from semester to semester. During the onset of the pandemic, we "lost" 12.5%. This is surprising since it's within our average. However, many of our students dropped at least one class during the Spring 2020 semester.
- Mt. SAC's EOPS/CARE program generally has a retention rate of 85%
- We conducted a survey to ask if the EOPS/CARE Program could have done anything to prevent them from dropping, almost all students said "no." Most reasons for dropping including:
 - Difficulty with courses being online / lack of communication/clarity from professors
 - Family obligations
 - Got very ill/ lost loved one due to COVID



Peer Navigator Pilot
Program

Spring 2021



Maximizing Student Potential through Mentorship

Mission

The Peer Navigator Program's main purpose is to help EOPS/CARE students make connections at Mt. SAC's community by providing them with support and resources to increase their success and engagement with the college.



Leveraging Student Talent to Meet Program Needs

Objective

The Peer Navigator Programs' objective is to create a transformational experience for all participants involved (Peer Navigators, Mentors, and Mentees) by exchanging ideas and knowledge, community building, empowerment, and validation.

Peer Navigator Pilot Program Implementing Team

Urias Garcia, M.S.
EOPS/CARE Counselor



Dr. Julie Marquez
Director, EOPS/CARE



Alex Brambila, M.S. Candidate
Administrative Specialist II,
EOPS/CARE



Maria Hernandez-Figueroa,
M.P.A.
Coordinator, EOPS/CARE



Jana Crawford, B.S. Candidate
Administrative Specialist III,
EOPS/CARE



Implementation Timeline

Overview Sessions	Thursday, January 14, 2021 (2:00 pm -3:00 pm) <ul style="list-style-type: none"> ▪ RSVP: http://bit.ly/peernavigator1 Friday, January 15, 2021 (10:00 am – 11:00 am) <ul style="list-style-type: none"> ▪ RSVP: http://bit.ly/peernavigator2
Applications Due	Friday, January 22, 2021 at 5:00 pm
Interviews	February 3-4, 2021
Selection	February 8-12, 2021
Training	Every Fridays (11:00 am – 1:00 pm)
Employment	Spring 2021 semester
Peer Navigator Evaluations	May/June TBD

Applicants, must:

- Submit a complete Peer Navigator Application
- Provide 2 professional references.
- Provide a resume
- If selected, participate in an interview over Zoom.

Extended Opportunity Programs and Services (EOPS)
 Cooperative Agencies Resources for Education (CARE)
 2021 Peer Navigator Program
 1100 N. Grand Ave.
 Building 9B 1st Floor
 Walnut, CA 91789
 Phone: (909) 637-2506
 Email: eops@mtsac.edu



Thank you for your interest in the EOPS/CARE Peer Navigator Program! Please complete this application and submit it along with your resume by 5:00 p.m. on Friday, January 22, 2021 by email to Alex Brambila at abrambila5@mtsac.edu

Personal Information

Full Name:	Student ID:	Mt. SAC Email:
Street Address:	City:	Zip Code:
Preferred Phone Number:	Shirt Size:	Are you in EOPS?

Academic Information

Major:	Cumulative GPA:	Expected Graduation Date:
Spring 2021 - Units Enrolled:	Units Completed at Mt. SAC:	What other Programs are you a participant in?

Availability

Will you be able to attend the Peer Navigator trainings on the last Fridays of every month from 10:00 am -12:00 pm? YES NO

Professional References (Please provide two)

Name	Title	Email Address	Phone Number

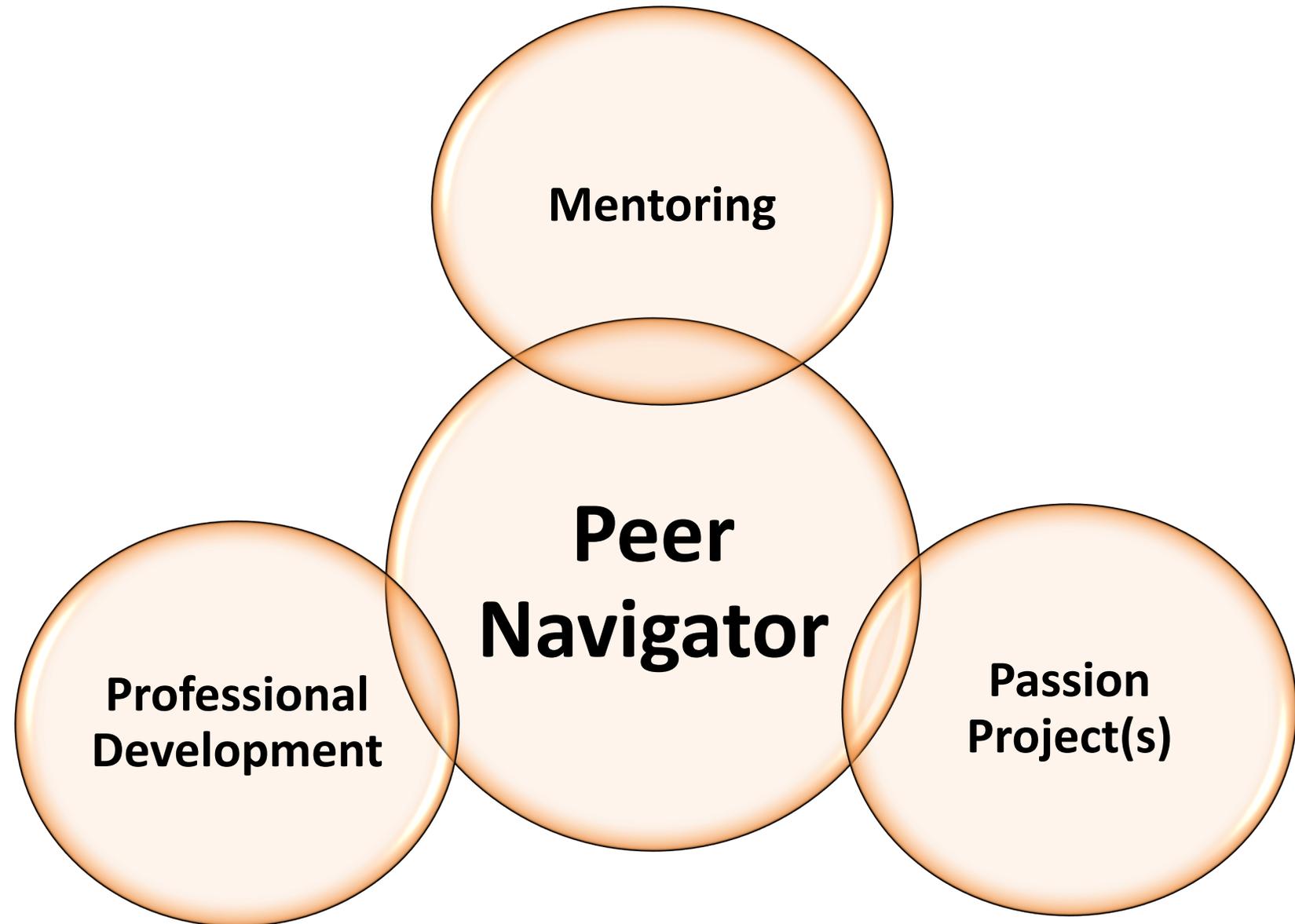
2021 Peer Navigator Pilot Program

Peer Navigator	Major
Jose D. (Danny) Arenas	Psychology
Carlos Romero	Sociology, Psychology, Social & Behavioral Sciences
Gregorio Arias	Theater & Journalism
Jasmine Toms	Social & Behavioral Sciences
An Ha	Business & TV Production
Xinyi (Audrey) Jiang	Music Performance

Peer Navigator Selection Criteria:

- Attend an Overview Session in January.
- Be an EOPS/CARE student in good standing.
- Have at least a 3.0 GPA (preferred).
- Have completed at least 12 units at Mt. SAC.
- Be enrolled in a minimum of 6 units in the Spring 2021 semester.

The Peer Navigator Experience



The Peer Navigator Experience – Mentoring

Average Cohort Size
39 Spring 2021 Admits

Goal

Help them schedule
an EOPS/CARE
Contact



Communication Strategy

1. Email them
2. Virtual Group Meet Ups
3. Phone Calls
4. Text from Google Number
5. Social Media (Instagram)

Professional Mentors provide guidance, support, share knowledge, and promote additional growth.

They will help with the following:

Weekly Meetings

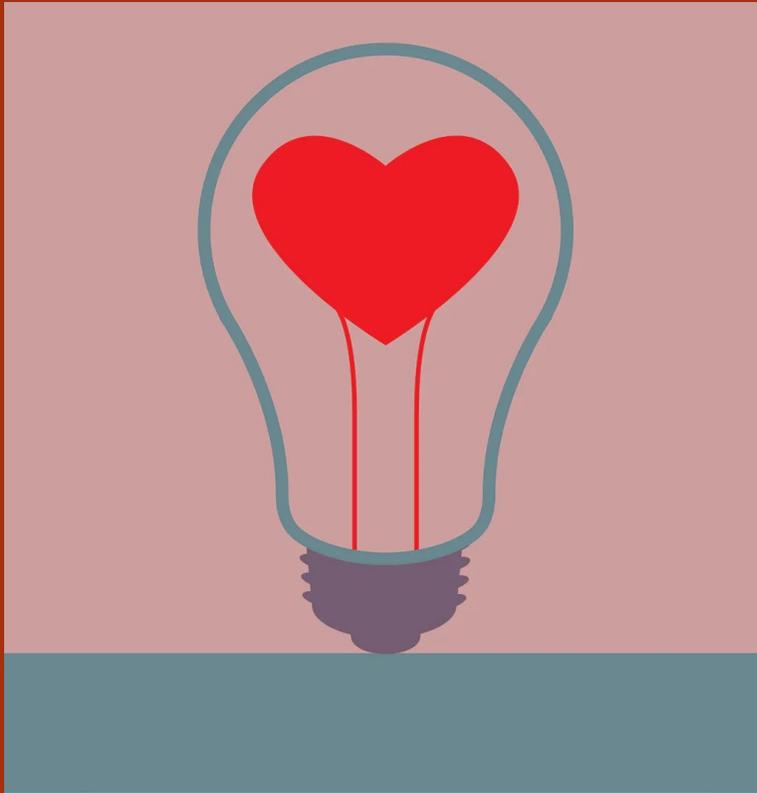
Provide guidance that will help them interactions with their cohort.

Support them in developing their passion project.

Offer professional development opportunities



The Peer Navigator Experience – Passion Project



The project will bring:

- Joy
- Satisfaction
- Purpose

The project will provide:

- Learn/Improve a skill
- Create connections.
- Develop you professionally.

The Peer Navigator Experience – Passion Project

Peer Navigator	Passion Project
Jose D. (Danny) Arenas	Supporting Student Populations (DREAM or REACH)
Carlos Romero	Advocacy for and ACCESS Accommodations
Gregorio Arias	EOPS/CARE Talent Show
Jasmine Toms	Supporting Student Parents
An Ha	Recruitment & Outreach for High School Students
Xinyi (Audrey) Jiang	Academic Support Services Across Campus



The Peer Navigator Experience – Professional Development

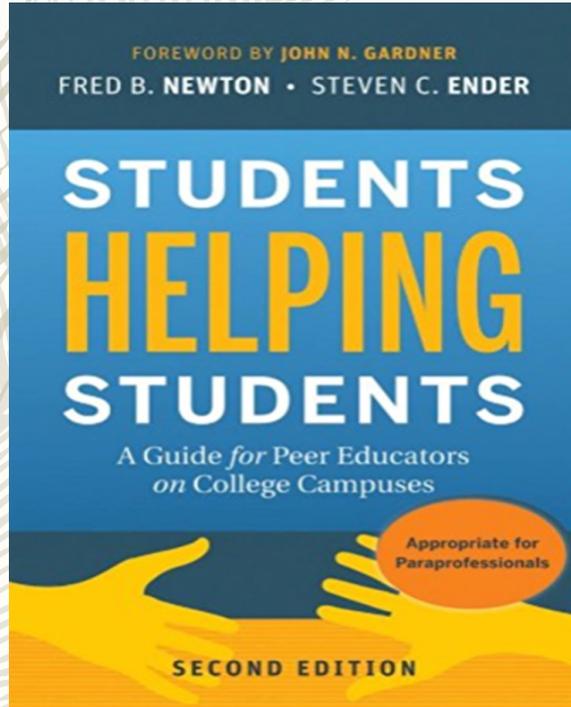
Mt. SAC Professional & Organizational Development (POD)

- Cultivating a Growth Mindset
- Managing Stress for Positive Change
- De-Escalating Intense Situations
- Working with Upset Customers
- Equity-Minded Student Services in the Online Environment

Mt. SAC Trainings

- FERPA for Higher Education
- Title IV
- DREAM Ally Training
- Career Center (Interview/Resume)

The Peer Navigator Experience – Professional Development



Students Helping Students: A Guide for Peer Educators on College Campuses, 2nd Edition Peer Educators on Campus

- Student Maturation and the Impact of Peers
- Ethics and Strategies for Good Practice
- Interpersonal Communication Skills
- Problem Solving with Individuals
- Strategies for Academic Success
- Enhancing Cultural Proficiency



Peer Navigator Student Panel

Gregorio Arias



Jasmine Toms



Audrey Jiang



Peer Navigator Panel Question 1

What were your greatest challenges during the closures resulting from COVID-19 from a student perspective?

Peer Navigator Panel Question 2

What is your experience with
the campus closure?

Peer Navigator Panel Question 3

What is your experience with the Peer Navigator Program so far?

The background of the image is a close-up, slightly blurred view of numerous colorful wooden blocks and letters. The colors include shades of red, yellow, blue, and green. The blocks are scattered across the frame, creating a textured and vibrant backdrop. The text is overlaid on this background in a white, serif font.

CARE Program & Support for EOPS Student Parents

2020 CARE Adopt A Family





Supportive Campus Community

We supported 55 CARE families which included 115 children.

Department of Communications adopted 5 families & provided gift wrap and cookie making kits for each family.

We raised almost \$10,000 in campus support through our Mt. SAC Foundation.

Provided delivery to those who lacked transportation (12 students)

MT. SAC EOPS/CARE

SOROPTOMIST LIVE YOUR DREAM AWARD APPLICATION WORKSHOP

Soroptimist's Live Your Dream Award is a unique education grant for women who provide the primary financial support for their families.

DATES & TIMES

FRIDAY, OCTOBER 2 (10:30 AM - 12:00 PM)

TUESDAY, OCTOBER 6 (3:00 - 4:30 PM)

WEDNESDAY, OCTOBER 14 (10:30 AM - 12:00 PM)

MONDAY, OCTOBER 19 (4:30 - 6:00 PM)

WEDNESDAY, OCTOBER 28 (2:00 - 3:30 PM)

RSVP AT

[HTTP://BIT.LY/LYDAWARD](http://bit.ly/lydaward)

If you have questions or need disability-related accommodations or services such as sign language interpreter, note taker, or captioning, please contact the EOPS/CARE Program, at (909) 529 - 0807 at least 5 days in advance of workshop.

Soroptimist International Live Your Dream Award

Soroptimist's Live Your Dream Awards program is a unique education award for women who provide the primary financial support for their families. The Live Your Dream Awards give women the resources they need to improve their education, skills and employment prospects.

Student A	OC Collaborative - Laguna Beach	EOPS/CARE & CalWORKs	\$5,000
Student B	Puente Hills Chapter	EOPS/CARE	\$500
Student C	San Dimas / LaVerne Chapter	EOPS/CARE	\$1,000
Student D	OC Collaborative - Huntington Beach	EOPS/CARE & CalWORKs	\$500
Student E	OC Collaborative - Huntington Beach	EOPS/CARE & CalWORKs	\$2,000
Student F	OC Collaborative - Buena Park	EOPS/CARE	\$1,000
Student G	OC Collaborative - Orange	EOPS/CARE	\$3,000
Student H	West Covina Chapter	EOPS/CARE & CalWORKs	\$2,000

Workshops for Student Parents



The Mt. SAC EOPS/CARE Program Presents

THE TRAP LIFE Solutions for Single Parents in College by Sade Burrell

This workshop is designed specifically for single parents in college. You will be introduced to a variety of solutions to assist you with accomplishing your academic and personal goals while managing your role as a parent. You will learn how you can create solutions and change the trajectory of your lives as students, parents, and community leaders.

**Wednesday, March 24, 2021
10:00 - 11:00 am**

RSVP REQUIRED:
<https://bit.ly/careparents21>

Mt. SAC students who need disability-related accommodations or services such as sign language interpreter, please contact the CARE Program, at (909) 529 - 0807 at least 5 days in advance of event

Sade Burrell is a Masters of Social Work graduate from the University of Southern California, and undergraduate of San Diego State University. Sade has been recognized throughout the state of California for her efforts to eliminate child abuse through her advocacy work which has led to the passing of Senate Bill 1252, a bill that provides former foster youth with stable housing until age 25 while enrolled in post-secondary education. As an author of two published books, *What Are You Reach For?* and *The Opportunity Guide*, Sade has traveled the country impacting many lives. Now, as a doctoral student, Sade desires to provide a practical perspective of the foster care system and how it affects post-secondary education.



The Mt. SAC EOPS/CARE Program Presents

The 4 C's by Sade Burrell

Taking control and full ownership of your life can be a daunting task. This is especially true when a person does not have guidance or support. This master class will focus on the four people everyone should have in their life to not only guide and support them but to also become the building blocks for their path towards success. The goal with this class is to provide attendees with characteristics, traits and attributes they should seek when building their team of support. Attendees will have a greater understanding of their own gifts and how to use their gifts to impact others.

**Tuesday, March 30, 2021
3:00 - 4:00 pm**

RSVP REQUIRED:
<https://bit.ly/careparents21>

Mt. SAC students who need disability-related accommodations or services such as sign language interpreter, please contact the CARE Program, at (909) 529 - 0807 at least 5 days in advance of event

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The Mt. SAC EOPS/CARE Program Presents

Protect the Crown by Sade Burrell

What are you protecting? Is it your dreams or aspirations? Your future? The future of your children? In this workshop we identify what your "crown" is and how we can protect it. The crown represents whatever has the most value in your life. Something you would protect with every fiber in your body. Using the metaphor, "protect the crown", attendees will learn what their crown is and how to protect it. The crown represents something or someone different during different stages in life. **As a parent, your child may be your crown, as a student your crown may be your education—whatever your crown is, after you've identified it, you must learn to protect it.** This master class focuses on mastering one's inner peace and going after one's most precious aspirations.

**Tuesday, April 6, 2021
3:00 - 4:00 pm**

RSVP REQUIRED:
<https://bit.ly/careparents21>

Mt. SAC students who need disability-related accommodations or services such as sign language interpreter, please contact the CARE Program, at (909) 529 - 0807 at least 5 days in advance of event

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Participant Feedback

The workshops are great. I would not improve it in any way except to have more people attend.

Offer more! Provide a copy of her book to our students/participants. I know it's tough but possibly record it to share it out to students who couldn't attend.

I think these workshops are very inspirable and can help many students like myself to keep working towards our goals even if they are short term or long term. Motivators like Ms. Sade are great, and just to see how she came a long way is admirable. Thanks CARE for this great experience!!!

You guys did an amazing job!!! I feel extremely empowered! Thank you!

Will you have more of these empowering workshops.

I actually think we should have more workshops with Sade because not only is she inspiring us as students but is helping us grow as one.

Everything was perfect for me.



Student Takeaways

I felt empowered and renewed with wonderful tips for life. I enjoyed the workshop very much and hope to be able to attend many more. Best part was learning about setting boundaries.

I learned that I am not the only one struggling and that with dedication, a good mindset, and the right people I can achieve bigger and better things.

How to make a safe space for myself by limiting access. How i treat myself is how i teach other how to treat me. I teach others how to treat me by treating myself well.

Protect the new me from the old me.

Make sure to prioritize my time and make healthy decisions and set healthy boundaries. Don't let anyone steal my time.

I need to treat myself better.

Don't let negativity bring your crown down (aka yourself).

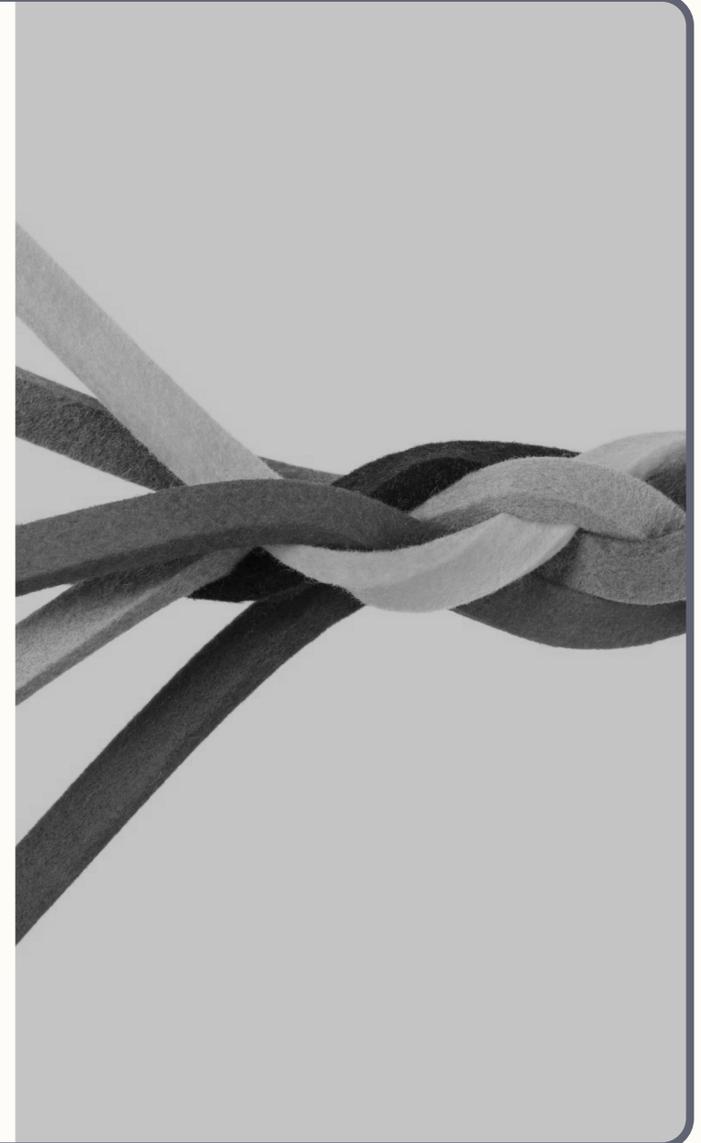


CARE Circle

The purpose of the CARE Circle is to provide a space for CARE Professionals to enhance their knowledge and increase efficiency of services for CARE students. In the spirit of collaboration, the CARE Circle provides an environment of support, community, and equitable knowledge that will ultimately enhance the student experience.

CARE Circle Planning Team

- **Cecelia Blanks, CARE Coordinator, Cuyamaca College**
- **Breeanna Bond, CARE Advisor, El Camino College**
- **Maria Hernandez Figueroa, EOPS/CARE Coordinator, Mt. SAC**
- **Julianne Jackson, EOPS/CARE Coordinator, Cuesta College**
- **Nora Martinez, EOPS/CARE Coordinator, Merced College**
- Guest: Jillian Luis, California Community Colleges Chancellors Office
- Guest: Representative, EOPS Association



Date	Topic	2019 CARE Implementing Guidelines	Attend
January 21, 2021	Student Eligibility and Intake Process: Verification of Benefits & Single Head of Household. Types of Proof of Aid during a pandemic. Welcome Meeting.	CARE Program Requirements: Student Eligibility	75
February 18, 2021	Managing CARE Budgets: Tracking Expenditures and Managing Allocations	CARE Program Expenditures	80
March 18, 2021	CARE Events: End-of-Year Celebrations	CARE Program Expenditures	88
April 15, 2021	CARE Student Files: What is required for state compliance?	CARE Program Compliance and Performance	85
May 20, 2021	Outreach & Recruitment: How to get our students back.	CARE Program Expenditures	125 RSVP
June 17, 2021	CARE Year-End Report: What to include in your report. Planning for the next year. Closing Meeting.	CARE Program Compliance and Performance	97 RSVP

College Success for

MOMS



How to Finish
with **Confidence**
and a Bright
Future
While Raising
Your **Family**

Dianna Blake

Looking Ahead – Goals for Strengthening Student Identities

*“You are more than a mom,
and you’re allowed to dream,
set goals, and achieve those
goals.”*

Looking Ahead – Goals for Strengthening Student Identities

- **Classroom Connections**

- Relationships with faculty members at Mt. SAC
- Seeing faculty outside of the classroom.



- **Community Connections**

- Expand the support in surrounding counties.





Looking Ahead – Goals for Strengthening Student Identities

- **Transfer Connections – Parent Support Programs at Universities**
 - CSUF Women’s Center
 - CSULB CalWORKs Program
 - CPP Parenting Student Support
 - UCR R’Kids (Women’s Resource Center)
 - UCI Student Parents & Families Program
 - CSUDH – Mamava Pods
- * In addition, build connections with campus childcare centers.



How can we accomplish this?

1. Fall Workshop Series for Student Parents. (Facilitated by faculty, speakers, counselors, alumni, organizations, and CARE students themselves)
2. Field Trips to Universities targeting EOP Programs, Student Parent Support Programs, Child Care Centers, and Family Housing.
3. Feedback from Advisory Board.

CLOSING & QUESTIONS?

HOLD THE DATE

FALL ADVISORY BOARD MEETING