**Counseling Courses**

**COUN 1—Introduction to College**

1 Unit *Degree Applicable, CSU, UC*

Higher education and the college experience including educational decision-making and educational planning.

**COUN 2—College Success Strategies**

3 Units *Degree Applicable, CSU, UC*

Strategies and techniques to be an effective college student and achieve educational goals.

**COUN 5—Career/Life Planning**

3 Units *Degree Applicable, CSU*

Evaluate career options using a systematic approach to self-exploration, career and life planning.

**COUN 7—Introduction to the Transfer Process**

2 Units *Degree Applicable, CSU*

Exploration of transfer requirements, admission procedures and requirements for majors. Field trips are required.

**COUN 20—Peer Counseling Training**

2 Units *Degree Applicable, CSU*

Interpersonal communication and approaches to peer counseling through group experience.

**COUN 51—Career Planning**

1 Unit *Degree Applicable, CSU*

Exploration of career and majors through an abbreviated timeline.

**COUN 54—Single Parent Academy**

3 Units *Degree Applicable*

Explores and develops strategies and techniques to be an effective college student as a single parent.

**COUN 99A—Special Projects in Counseling**

0.5 to 3 Units *Degree Applicable, CSU*

Exploration of academic interests and aspirations. Instructor’s authorization is required.