



Mt. San Antonio College

Education for Older Adults

EOA

Courses designed for older adults (age 55+ years) provide the full continuum of education from vocational classes to the pursuit of long-standing educational goals. Classes are offered at various senior/community centers and residential sites throughout the Mt. San Antonio College District. These courses are designed for older adults. However, anyone 18 years of age and older may enroll.

Mission

Education for Older Adults provides educational opportunities to develop and share a new vision of life's second half, to acquire new skills, age healthfully and participate in civic engagement.

Vision

Education for Older Adults strives to be a leading educational resource for older adults transitioning into life's second half.

**Mt. San Antonio College
Education for Older Adults
1100 North Grand Avenue
Walnut, CA 91789
(909) 274-4192**

Email: oap@mtsac.edu

Student Photo ID

To get your photo ID, you must get a printout of your current schedule from the Continuing Education Registration Counter in Building 40 and present it to the Photo ID window at the Bursars office in Building 9A. There is a \$10 fee. You will be able to pick up your photo ID immediately.

ABE Computer Lab

If you need extra help outside of your computer class you can find it at the ABE Computer Lab in building 30. For more information contact the Adult Basic Education Center at (909) 274-4845.

EOA WEBSITE:

Did you know Education for Older Adults has a website? You can get the latest program information including registration dates. Just go to WWW.mtsac.edu and click on Noncredit students. From there you click on Education for Older Adults and follow the links.

EOA Stats:

- 4,500 students
- 25 off-campus locations
- 152 classes per week
- 40 adjunct faculty members

Programs, Events and Activities

Mountie Volunteer Program (MVP)

The MVP coordinates and provides volunteer opportunities while providing training and support services for MVP participants. Partnering with the Retired Senior Volunteer Program (RSVP) of the greater Pomona Valley, which provides recruiting and screening of potential volunteers.

Generations

The Generations Program provides educational activities which foster intergenerational relationships that link generations for the good of society, such as student athletes providing volunteer hours for the EOA.

Gerontology Classes

These fee-based courses prepare participants for careers in aging and/or provide valuable information to those caring for loved ones. The program is also a valuable resource to professionals in need of professional hours to update their licenses.

Internships

Working with Colleges and Universities, students interested in Gerontology may participate in an internship opportunity in the EOA.

EOA Courses

Computer Skills:

VOC CPBC1 Basic Computing Level 1
VOC CPBC2 Basic Computing Level 2
VOC CPBC3 Basic Computing Level 3
VOC CPCC Creative Computing
VOC CPDI Digital Photography for the Beginner
VOC CPNET Internet Research and Intro
VOC BCDP Basic Computing –Desktop Publishing *
VOC BCPP1 PowerPoint Basics 1 *
VOC BCPP2 PowerPoint Basics 2 *
VOC CPBE1 Basic Excel – Level 1 *
VOC CPBE2 Basic Excel – Level 2 *
VOC CPBE3 Basic Excel – Level 3 *
* Pending Approval

Vocational:

VOC EDS02 Production of Boutique Crafts for Retail Sales
VOC ESD03 Lettering Styles and Advertising Calligraphy
VOC ESD07 Handcrafted Needlework for Retail Sales and Boutiques
VOC ESD08 Jewelry Production and Design for Retail Sales
VOC ESD09 Sewing and Design
VOC EAD10 Beginning Decorative Art Production for Retail Sales
VOC ESD11 Intermediate Decorative Art Production for Retail Sales
VOC ESD15 Jewelry/Lapidary Production Design for Retail Sales
VOC HBBUS Starting a Home-Based Business

Decorative/Home and Fine Art:

OAD FNA03 Oil Painting
OAD FNA04 Watercolor Painting
OAD FNA32 Drawing- Beginning through Advanced

Health:

OAD MOX01 Healthy Aging
OAD MOX02 Healthy Aging – Principles of Slow Movement
OAD MOX 04 Healthy Aging – Principles of Posture and Flexibility
OAD MOX06 Healthy Aging- Principles of Aquatic Resistance
OAD MOX11 Fall Prevention- Balance and Mobility
OAD BHTH1 Brain Health 1
OAD BHTH2 Brain Health 2

Lifelong Learning:

OAD ELL04 Lifelong Learning for Older Adults
OAD ELL05 Lifelong Learning for Older Adults – Current Events

Disabled Students:

DSPS ELL01 Lifelong Learning for the Special Needs Population

EOA Certificates:

Home Based Business *
Brain Health *
Computer Presentation and Publication Applications *
Excel Applications *
Office Computer Applications –Level 1
Office Computer Applications –Level 2
* Pending Approval

EOA Staff

Supervisor: Mary Lange
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Lead Faculty: Shelby White
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Receptionist: Kim Keene
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Computer Support: Aaron Tom
E-Mail: atom@mtsac.edu
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Faculty Senate

EOA Senator: Erica Ledezma

Faculty Association

Representatives at Large:

Patricia Cridland, Susan Stringfellow, and Robin Beizai

EOA Representatives: Margaret Velarde, Ray Tucker and Shelby White

EOA Advisory Group

Adolph Bergler, Carol Jones, Ed Jones, Esther Villegas, Francis Martin, Gary Paterson, John Chin, Jules Martin, June Wentworth, Lee Coleman, Nanette Peterson and Phyllis Friar