



## Older Adult Program Advisory Group Meeting

Friday 9-16-11

### Meeting Minutes

**Attended:** Adolf Bergler, Esther Villegas, Francis Martin, Gary Peterson, John Chin, Jules Martin, June Wentworth, Lee Coleman, Nanette Peterson and Shelby White.

#### **Welcome & Introductions:**

Mary Lange OAP Supervisor, called the meeting to order.

Group members introduced themselves.

#### **Review of the minutes from June 1, 2011**

Action: The Minutes of the June focus group were reviewed and accepted. It is noted that the group feels the summaries are a little too critical. Mary will share this comment with Lianne Greenlee, as she administered the focus group on June 1, 2011.

#### **Information Flyer / Fast Fact Sheet**

Draft directions for the OAP Web site was circulated solicitation for suggestions on important information to be included on the back are:

- How to get
  - Mt SAC student I.D
  - Mt. SAC email
  - Information on:
    - Library resources
    - Open computer labs
    - Planetarium shows
    - Sporting events
    - Performing arts information
    - Registration dates

- Semester dates

### **Multiple enrollment for high demand classes**

Many classes with high demand have students taking multiple classes of the same course offering such as Healthy Aging at various off site locations. Mary will talk to the division dean on limiting/managing enrollment for students to register for one course in order to increase course accessibility for the community. Similar process as practiced for the computer classes.

Suggested policy to be stated in the schedule of classes:

- Students may register for only one Healthy Aging class.
- Students may register for only one Healthy Aging – Principles of Slow Movement class.
- Students may register for only one Healthy Aging Principles of Posture and Flexibility class.

### **Newsletter**

- Name – Currently the newsletter has no name. A contest will be initiated to gather ideas from the community to name the newsletter
- Include campus events along with contact information
- Articles of interest- The inspirational aspect of student success has a strong appeal
- Members are encouraged to submit articles and idea's for articles

### **WASC**

Visitation date is March 25-March 28 mark your calendars

### **Student Survey for Vocational Classes**

OAP will be conducting a survey of vocational classes to determine how many students are able to supplement their income through topics covered in class.

### **Oil Extraction Fee**

Oil extraction fee information was shared. Members asked questions and took petitions to collect signatures.

### **Important Dates**

Semester and winter registration dates were shared with the group.

### **Brain Fitness PositScience Insight Program**

Discussed the possibility of purchasing the insight brain fitness program for the campus computer lab. A brief demonstration and overview of the computer program and the scientific benefits were covered.

Members agree with the importance of the brain fitness curriculum and would like to see the program purchased. The current program on campus will be relocated to the West Covina Computer lab.

### **Masonic Pool Vs. San Dimas Swim & Racquet Pool**

Discussed that the Masonic Homes would like us to have our Healthy Aging Principles of Aquatic Resistance class at their facility year round. Pros and Cons were discussed and it was determined that we should continue at San Dimas Swim and Racquet and move the class to the Masonic Home during the summer months. During the discussion it was discovered that the class offered by Pomona Adult Education in Diamond Bar was coming to an end. Melody Tamburro is the current instructor and the class meets Tuesday & Thursday 9:30-10:30. Mary will talk to Melody about the possibility of the college taking over the class in lieu of Pomona Adult Education.

**Other Items:**

- Mary will forward the article in the Tribune about our new college president Dr. Scroggins to the members.
- Mary will check with the Wellness center on campus to see if we can work out an arraignment for older adult program students to receive a discount for membership

**Next Meeting & Adjournment**

Next meeting is scheduled for December 2 at 1:30 in Building 36 room2