Mt. San Antonio College Child Development Center
July 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				7/1	7/2
Breakfast					
WEEK 2	7/5	7/6	7/7	7/8	7/9
Breakfast		WG Cinnamon Toast (1/2 slice) Apples (1/2c) (Sub) Applesauce (1/2c) 1% Milk (3/4c)	String Cheese (1oz) WG Wheat Toast (1/2 slice) Bananas (1/2c) 1% Milk (3/4c)	WG Kix Cereal (3/4c) Strawberries (1/2c) 1% Milk (3/4c)	WG Eggo Waffles (1/2 slice) Bananas (1/2c) 1% Milk (3/4c)
WEEK 3	7/12	7/13	7/14	7/15	7/16
Breakfast	WG French Toast Sticks (1/2 serv) Pears (1/2c) 1% Milk (3/4c)	Egg & Cheese Breakfast Burritos (1oz) WG Wheat Tortillas (1/2 serv) Oranges (1/2c) sub Mandarins (1/2c) 1% Milk (3/4c)	WG Wheat Bagels (1/2 slice) Cream Cheese (1oz) Bananas (1/2c) 1% Milk (3/4c)	WG Corn Flakes Cereal (1/2c) Mandarins (1/2 c) 1% Milk (3/4c)	WG Wheat Toast (1/2 serv) Turkey Sausage (1oz) Orange Juice (1/2c) Sub Pears (1/2c) 1% Milk (3/4c)
WEEK 4	7/19	7/20	7/21	7/22	7/23
Breakfast	WG Eggo Waffles (1/2 slice) Bananas (1/2c) 1% Milk (3/4c)	WG Cinnamon Toast (1/2 slice) 100% Apple Juice (1/2 cup) Sub - Applesauce (1/2 cup) 1% Milk	WG Biscuits (1/2serv) Turkey Sausage (1oz) Oranges (1/2c) Sub - Mandarins (1/2c) 1% Milk (3/4c)	Scrambled Eggs & Cheese (D-15) (1oz) Crossiants (1/2 serv) Bananas (1/2c) 1% Milk (3/4c)	WG Oatmeal Muffin Squares (A-16) (1/2 serv) Pears (1/2 c) 1% Milk (3/4c)
Week 5	7/26	7/27	7/28	7/29	7/30
Breakfast	WG Kix Cereal (3/4c) Applesauce (1/2c) 1% Milk (3/4c)	WG Pancakes (A-12) (1/2 serv) 100% Apple Juice (1/2 c) 1% Milk (3/4c)	WG French Toast (1/2 serv) Cinnamon Peaches (1/2c) 1% Milk (3/4c)	WG Blueberry Muffins (A-03) (1/2 serv) Grape Juice (1/2c) Sub Pears (1/2c) 1% Milk (3/4c)	WG Corn Flakes (1/2c) Pears (1/2c) 1% Milk (3/4c)

*Menu subject to change

**Modifications will be made for children requiring food allergy substitutions

This facility is operated in accordance with US Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, handicap, religion, or national origin.

Children Age 1 - 2 years are offered Whole Milk, Age 2 and above are offered 1% milk.   Rice, Soy, Oat milk available upon Doctors request.

WG = Whole Grain