

Mt. San Antonio College Child Development Center

Meal Menu for February 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				2/1	2/2
Breakfast				WG French Toast (1/2 serv) Strawberries (1/2c) 1% Milk (3/4c)	Egg & Cheese (1oz) WG Wheat Tortillas (1/2 serv) Oranges / Mandarins (1/2c) 1% Milk (3/4c)
Lunch				Turkey & Cheese Sandwich (1/2 serv) Carrots (1/4c) Honeydew Melon (1/4c) 1% Milk (3/4c)	BBQ Chicken Sandwich(1.5oz) WG Wheat Buns (1/2 serv) Corn (1/4c) Peaches (1/4c) 1% Milk (3/4c)
WEEK 2	2/5	2/6	2/7	2/8	2/9
Breakfast	WG Corn Flakes (1/2c) Pears (1/2c) 1% Milk (3/4c)	WG Wheat Bagels (1/2 slice) Cream Cheese (1oz) Tropical Fruit (1/2c) 1% Milk (3/4c)	WG Rice Chex Cereal (1/2c) Peaches (1/2c) 1% Milk (3/4c)	WG Biscuits (1/2 serv) Turkey Sausage (1oz) Pears (1/2c) 1% Milk (3/4c)	WG Blueberry Muffins (A-03) (1/2 serv) Applesauce (1/2c) 1% Milk (3/4c)
Lunch	WG Chicken Patties (1.5oz) on Wheat Bun (1/2 serv) Carrots (1/4c) Mandarins (1/4c) 1% Milk (3/4c)	WG Pollock Fish Sticks (1.5oz) Cucumbers (1/4c) Bananas (1/4c) 1% Milk (3/4c)	Chicken Quesadilla on WG Wheat Tortilla (1/2 serv) Cauliflower (1/4c) Apples (1/4c) 1% Milk (3/4c)	WG Macaroni & Cheese (D-260) (1.5oz) California Veggie Mix (1/4c) Bananas (1/4c) 1% Milk (3/4c)	Cheeseburgers (1.5oz) WG Wheat Bun (1/2 serv) Broccoli (1/4c) Oranges (1/4c) 1% Milk (3/4c)
WEEK 3	2/12	2/13	2/14	2/15	2/16
Breakfast	WG Biscuits (1/2 serv) Turkey Sausage (1oz) Pears (1/2c) 1% Milk (3/4c)	WG Cheese slice on Bagel (1/2 serv) Peaches (1/2c) 1% Milk (3/4c)	WG Wheat Bagels (1/2 slice) Cream Cheese (1oz) Bananas (1/2c) 1% Milk (3/4c)	WG Cinnamon Toast (1/2 slice) Bananas (1/2c) 1% Milk (3/4c)	In observance of the President's Day Holiday, the CDC will be closed.
Lunch	WG Cheese Pizza Bagels (1/2serv) Carrots (1/4c) Tropical Mixed Fruit (1/4c) 1% Milk (3/4c)	Taco Salad (1.5oz) (E-13) Tortilla Strips (1/4c) Beans & Cheese (1/4c) Applesauce (1/4c) 1% Milk (3/4c)	Teriyaki Chicken (1.5oz) (D-12) WG Brown Rice (1/4c) Broccoli (1/4c) Tropical Mixed Fruit (1/4c) 1% Milk (3/4c)	BBQ Chicken Sandwiches (1.5oz) WG Buns (1/2 serv) Mixed Veggies (1/4c) Pears (1/4c) 1% Milk (3/4c)	
WEEK 4	2/19	2/20	2/21	2/22	2/23
Breakfast	In observance of the President's Day Holiday, the CDC will be closed.	WG Eggo Waffles (1/2 slice) Applesauce (1/2c) 1% Milk (3/4c)	WG Biscuits (1/2 serv) Turkey Sausage (1oz) Applesauce (1/2c) 1% Milk (3/4c)	WG Corn Muffins (1/2 serv) Pears (1/2c) 1% Milk (3/4c)	WG Rice Chex Cereal (1/2c) Applesauce (1/2c) 1% Milk (3/4c)
Lunch		Whole Wheat Chicken (1.5oz) Caesar (1/4oz) Wrap (1/2 serv) Oranges (1/4c) 1% Milk (3/4c)	WG Macaroni & Cheese (D-260) (1.5oz) Cali Veggie Mix (1/4c) Melon Cubes (1/4c) 1% Milk (3/4c)	WG Popcorn Chicken (1.5oz) Soba/ GF Noodles (1/4c) Broccoli (1/4c) Oranges (1/4c) 1% Milk (3/4c)	WG Cheese Pizza Bagels (1/2 serv) Cucumbers (1/4c) Bananas (1/4c) 1% Milk (3/4c)
WEEK 5	2/26	2/27	2/28	2/29	
Breakfast	WG Eggo Waffles (1/2 slice) Peaches (1/2c) 1% Milk (3/4c)	WG Cheerios (1/2c) Applesauce (1/2c) 1% Milk (3/4c)	WG Biscuits (1/2 serv) Turkey Sausage (1oz) Tropical Mixed Fruit (1/2c) 1% Milk (3/4c)	WG Corn Muffins (1/2 serv) Bananas (1/2c) 1% Milk (3/4c)	
Lunch	Turkey & Cheese Sandwich (1/2 serv) Potato Tots (1/4c) Bananas (1/4c) 1% Milk (3/4c)	Meat Loaf (D-28) (1.5oz) Mashed Potatoes (1/2 serv) Peas & Carrots (1/4c) Mandarins (1/4c) 1% Milk (3/4c)	Chicken Alfredo (C-7) (1.5oz) WG Penne (1/4c) Carrots (1/4c) Bananas (1/4c) 1% Milk (3/4c)	Teriyaki Chicken (1.5oz) (D-12) WG Brown Rice (1/4c) Cali Veggie Mix (1/4c) Pears (1/4c) 1% Milk (3/4c)	

****Menu subject to change ****

****Modifications will be made for children requiring food allergy substitutions.**

This facility is operated in accordance with US Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, handicap, religion, or national origin.

Children Age 1 - 2 years are offered Whole Milk, Age 2 and up are offered 1% milk. **Rice and Soy milk available upon Doctor's request.*

WG=Whole Grain

