**Meeting Date:** September 12th, 2023

**Meeting Attendees:** Seth Meyers, Haneen Alghita-Aguilar, Koji, Uesugi, Lesley Johnson, Michael Williams, Ryan Yang, Sage Overoye, Robin Cash, Tim Leslie, Candie Marin, Brian Owen, Julia Walker, Tom Mauch, Jamie Solis,Tyler Gutierrez, Karelyn Hoover, Roger Willis

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| 1. Welcome and Introductions
 | Seth:* This meeting is our second BW Committee meeting
* This committee was created to provide oversight for Mental Health services and wellness supports provided on campus
* Let us take a minute to introduce ourselves and state your role in the committee.
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| 1. Review of Committee Statement and Purpose
 | **Seth:*** The BW committee’s function is to review issues, concerns, and make recommendations regarding the behavioral wellness of students on campus
* The committee reviews the mental health social work case management service needs of students
* Recommendations are based on stakeholder input

**Haneen:*** BWT is a multi-discipline team. With 13 members from different departments throughout campus.
* There has been a rise in students mental health concerns since COVID.
* To provide mental health resources for students, Mt. SAC hired case managers and placed them throughout centers on campus.
* Unfortunately, this created silos because case managers did not have a structure in place to document BWT cases.
* All case managers now have a system to refer students and assign case managers to cases, called Maxim.
* This integrated system allows all case managers to be under one umbrella
* All case mangers have a standardized assessment they use.
* This has eliminated the silos within the case managers team
* BWT team meets once a week where they discuss protocols, services, communication, and high-risk cases.
* We ensure that we always follow up on all cases reported.
* All case managers have knowledge with Maxim and have been onboarded.
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| 1. Review of items discussed in the first Committee meeting on May 9, 2023, including goals discussed in the May meeting, including suicide training for all case managers and clinicians in the 2023-24 academic year
 | **Seth:*** Current mental health support that are already in place are: Mental health assessment, and a brief psycho-therapy protocol that includes 8 mental health appointments.
* We also provide co-located shifts in multiple support programs on campus
* We have a clinician stationed one shift a week in the Pride Center, once a week in Aspire program, and the Equity Center on campus.

**Haneen:*** BWT works in a non-clinical capacity to connects student with additional resources.
* Referrals help implement as much support as possible for students.
* Due to funding we do not have any classified BWT case managers.
* COVID Block grant has allowed us to hire temporary employees to help us assess cases throughout campus.
* We have mostly LCSW except for two.
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| 1. Review of Behavior and Wellness Team (BWT) data
 | **Haneen:*** Academic year 2022-2023 we had 365 referrals. That is a 43% increased from previous academic year.
* Disclosure of mental and emotional health conditions increased by 41%
* Disclosure of academic difficulty increased by 46%
* Since the case management integration beginning in June, we had 169 referrals.
* Haneen provides quality assurance for all individual cases
* Student are now receiving the mental health services and resources they are inquiring about.
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| 1. Review of Behavior and Wellness integrated case management system developments since last meeting in May
 | **Haneen:** All case managers currently documenting in the same database system (Maxient) |
| 1. Review of current mental health supports being provided on campus
 | **Seth:*** Every year the mental health program adds one or two additional services on campus.
* One of those additional services is: Wellness Wednesday in the Equity Center where we provide mental help support stations and mental health workshops.
* In addition, we have a mental health weekly activity lounge, Thriving Space – all students are welcomed
* Student Health Services have clinicians on campus that provide crisis intervention.
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| 1. Questions or comments from the group
 | Q: What are we doing to train our faculty staff members to identify and correctly refer them to BWT instead of faculty referring students to campus safety?A: We want to ensure student safety. Always submit a BWT referral. We want to connect a student to any resources they might need. Q: We would like to help you reach all departments. Please come to our student senate meeting where you can share all the mental health resources for student. A: We would love to. Thank you for your collaboration. Q: What if a student calls a professor after hours. How can we get the student help?A: We have an after-hours crisis line that you can call. They will provide crisis intervention. Same phone number as the clinic.Q: The after-hours services are through student health? Is that identical to students for continuing Ed?A: We have a responsibility to the campus community to provide support for those in a mental health crisis. That service can be utilized by credit and non-credit students.**Seth:** We can reach out to POD for faculty training and to provide management crisis information. **Haneen:** We used to have presentations, unfortunately after COVID we have not had any, but we are working on providing training for staff and faculty on campus.  |
| 1. Next Meeting
 | **Haneen:** 2nd Week of October, an email will be sent to members.  |