

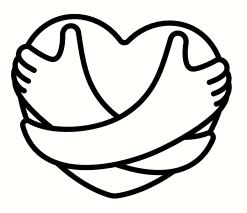
SUMMER BRIDGE WORKSHOP

## SELF CARE as a College Student Wednesday, June 29th 10:30-11:30 am

Zoom ID: 955 0048 1736

**Zoom Link:** 





If you need disability-related accommodations or services such as sign language interpreter, note taker, captioning, etc., please contact Jolene Chong, at (909)274-5392 or bridgeprogram@mtsac.edu, at least 5 days in advance of event.