CAREER EXPOSURE

OPPORTUNITIES AT MT. SAC

WORK EXPERIENCE	• Through your Division, you work or intern at a work site approved by your course professor. • You earn college credits for the hours you work. • Your position must relate to your educational or career program. • Can be paid or unpaid. • You establish learning objectives and goals unique to you and your areas of growth and development. • Work with a professor and worksite supervisor who mentor you closely. • Opportunities can vary by credit hours, with as little as 3-4 hours per week.
FEDERAL (CALWORKS) WORK STUDY	• Usually part-time employment, often on campus. • You receive a paycheck. • Jobs may include office assistant, library assistant, reception, tutoring, and other campus positions - they may not be related to your area of study. • Generally requires financial aid eligibility and demonstrated financial need. • Federal Work Study students generally work up to 20 hours per week. • Through Financial Aid.
INTERNSHIPS	• Temporary position with a company, nonprofit, or organization. • Can be paid or unpaid. • Mt. SAC posts internship opportunities through Handshake. • Can be through various methods of job acceptance. • ***If it is related to your area of study, and there is a Work Experience course in your area of study, these internships can also count toward Work Experience college credit!***
ON CAMPUS JOBS	• Regular student employment at Mt. SAC. • Positions can include office assistant, department assistant, receptionist, and other campus roles - may not be related to your area of study. • You earn a paycheck. • Unlike Work Study, these positions aren't necessarily dependent on financial aid eligibility. • Through Handshake/Career Center.