please check-in at the Arise office for event updates

September

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

September	Description of Activity
2	Holiday: Labor Day
12	Welcome Back
17	Fale Fono: Academic Planning

October

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

October	Description of Activity
1	Fale Fono: Career Planning
7	Talking Circle: Ta'ahine 'o Moana
14	Talking Circle: Kapamilya
15	Fale Fono: Mindfulness
21	Talking Circle: Male Athletes
28	Talking Circle: South Asians
29	Fale Fono: Identity

November

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

November	Description of Activity
11	Holiday: Veteran's Day
12	Fale Fono: Transfer
26	Fale Fono: "Porch Talk"
28	Thanksgiving Holiday
29	Holiday

December

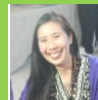| S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

December	Description of Activity
9-15	Finals Week
8-10	Finals Frenzie
23-31	Holiday

Counselors Available (Appointments)

Bernadette Flameno: Tuesdays 11:30am-2:30pm

Chan Ton: Mondays 10:30am-2pm

Maria Rodriguez: Tuesday 2:30pm-7pm

Arise Calendar Fall 2019

Welcome Back

The Welcome Back is a mandatory event that the Arise Program holds usually on the 3rd week of Fall and Spring semester, where students are able to meet new and continuing Arise members. This will also give us the opportunity to announce upcoming events we will be hosting for the semester. It is our first "check-in" to help make sure you are staying on track, aware of resources and get answers to questions.

Fale Fono

The Samoan term "Fale Fono" is translated in English as "community meeting house." At each *Fale Fono* , we use "talk story" (group discussion) and reflective writing to encourage participants to share on various topics throughout the semester. Previous topics include stereotypes of the Pacific Islander student, personal motivation and challenges, strategies to manage obstacles, and working toward personal success. Building on the collective with positive reinforcements, *Fale Fono* is a safe space for vulnerable students to voice their struggles in trying to engage in positive student behaviors, encourages group accountability for meeting academic goals, while helping students motivate each other toward student success.

Study Hall

Need some help in Math or Writing? Then "Study Hall" is for you. We have tutors available during this time in the Arise "Study Hall" area to help students with writing or math. It is open to all Arise students.

Digital Stories

Would you like to share your story? Digital Stories is a year long Arise Program project where students will learn digital tools to share their stories in a fun and intense project building friendships, trust, and purpose as students navigate through their academics and personal lives. 8-10 students will be chosen to complete the project which will begin in December and conclude in June 2020.