

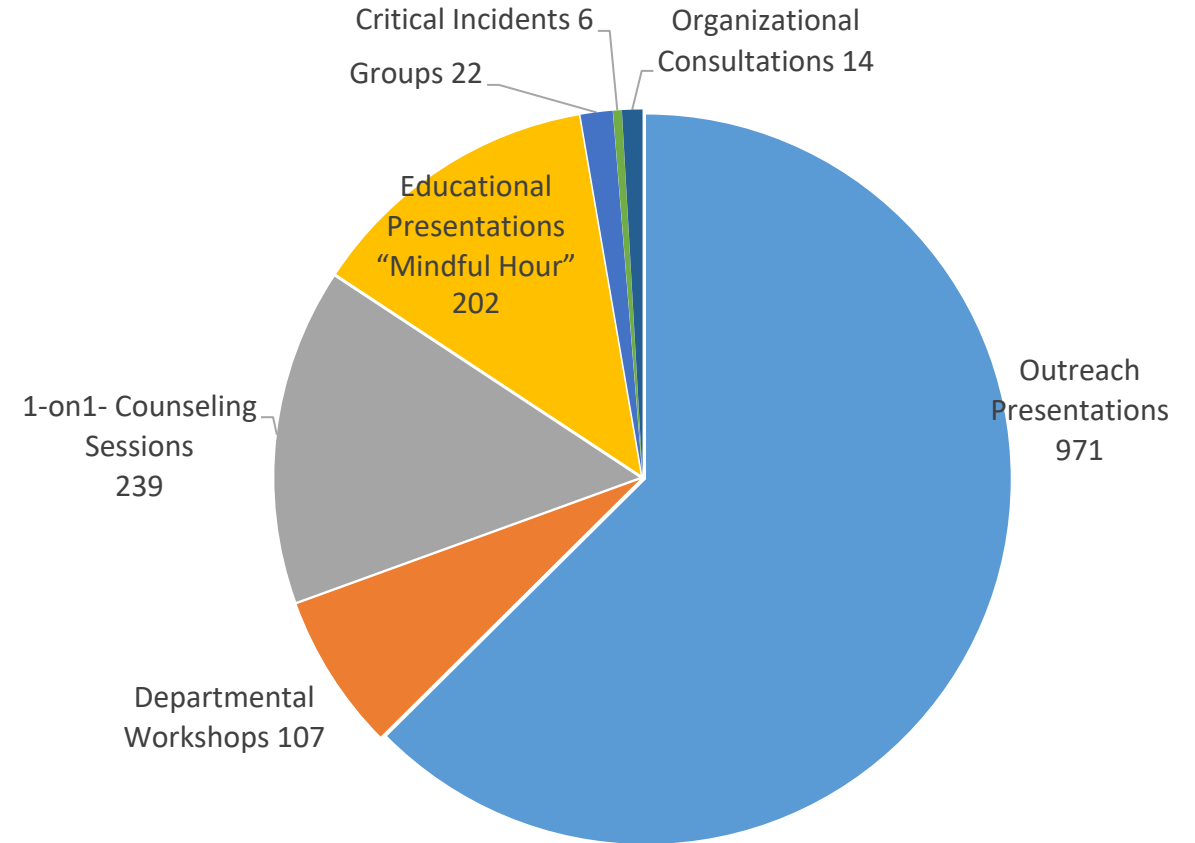


ECC

MT. SAC Employee  
Counseling Center

## Employee Counseling Center YTD Data Snapshot (November 2021 to July 2022)

- **971**- Employees Attended **Outreach Presentations**
  - 23 Outreach presentations
- **107**- Employees Attended **Departmental Workshops**
  - 6 Departmental Workshops
- **239**- Employees made Contact for **1-on-1 Counseling Sessions** (via phone, email, ECC website)
  - 173 **Counseling Sessions Scheduled** (Initial & Follow-Up Appointments)
- **202**- Employees Registered for **Educational Presentations "The Mindful Hour"**
  - 8 Mindful Hour presentations
- **22**- Employees Attended **Groups**
  - 2 Grief Groups
- **6- Critical Incidents (CI):** Clinicians were available & involved in CI
  - 3 Employee Deaths
  - 1 Bomb Threat
  - 1 False Active Shooter
  - Texas School Shooting
- **14- Organizational Consultations**
  - 8 Consultations with Division/Departmental leaders
  - **399- Projected # of Attendees** (out of the combined 8 consultations it was projected that approximately 371 employees would be invited to participate in Departmental Workshops)



- |                                |                             |
|--------------------------------|-----------------------------|
| ■ Outreach Presentations       | ■ Departmental Workshops    |
| ■ 1-on-1 Counseling Sessions   | ■ Educational Presentations |
| ■ Groups                       | ■ Critical Incidents        |
| ■ Organizational Consultations |                             |

**1,561 : Total # of Employees Supported by Mt. SAC ECC**

## July 2022 Data Snapshot

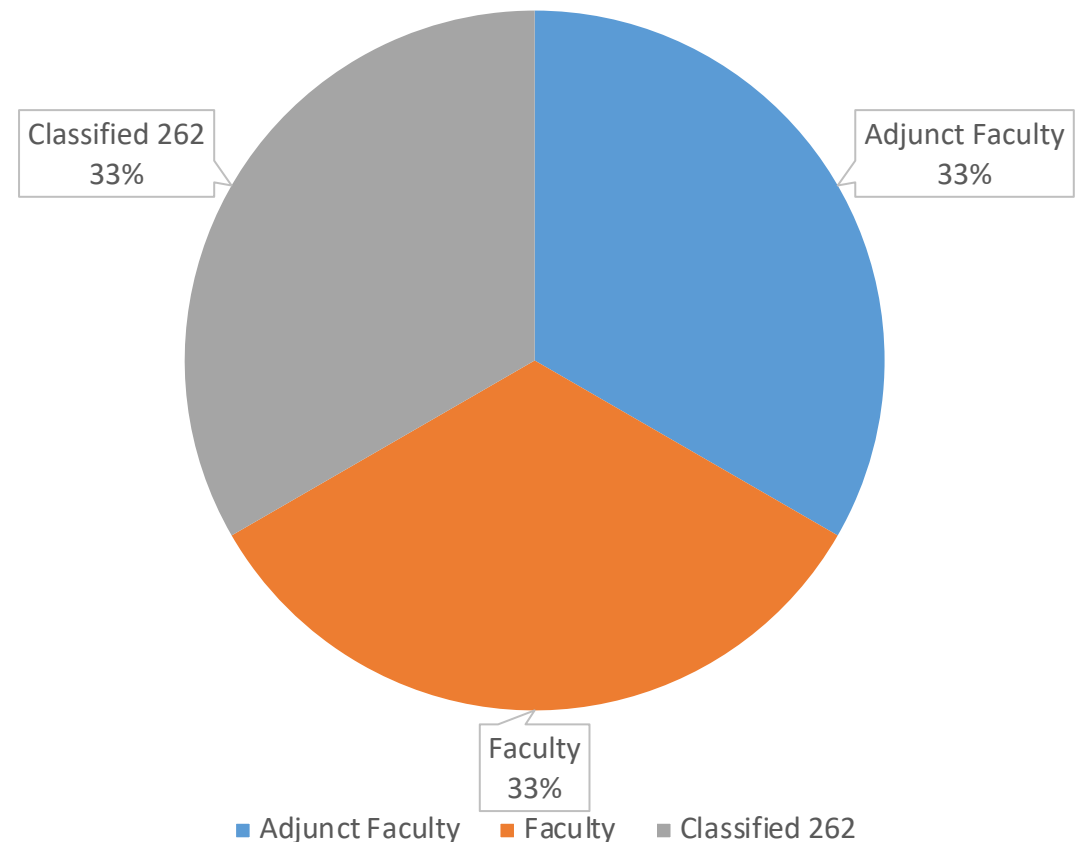
- **16- Employees Attended Outreach Presentations**
  - 1 Outreach Presentation
- **9- Employees Made Contact Regarding 1-on-1 Counseling Sessions** (via phone, email, ECC website)
  - 3- Counseling Sessions Scheduled (Initial & Follow-Up Appointments)
    - Out of 7 scheduled appointments, 3 employees attended
- **25 Total # of Employees Supported by Mt. SAC ECC Services**

# July 2022

## 1-on-1 Counseling Appointments

- 3 Appointments Attended:

- Adjunct Faculty- 1
- Faculty- 1
- Classified 262- 1



## June 2022 Data Snapshot

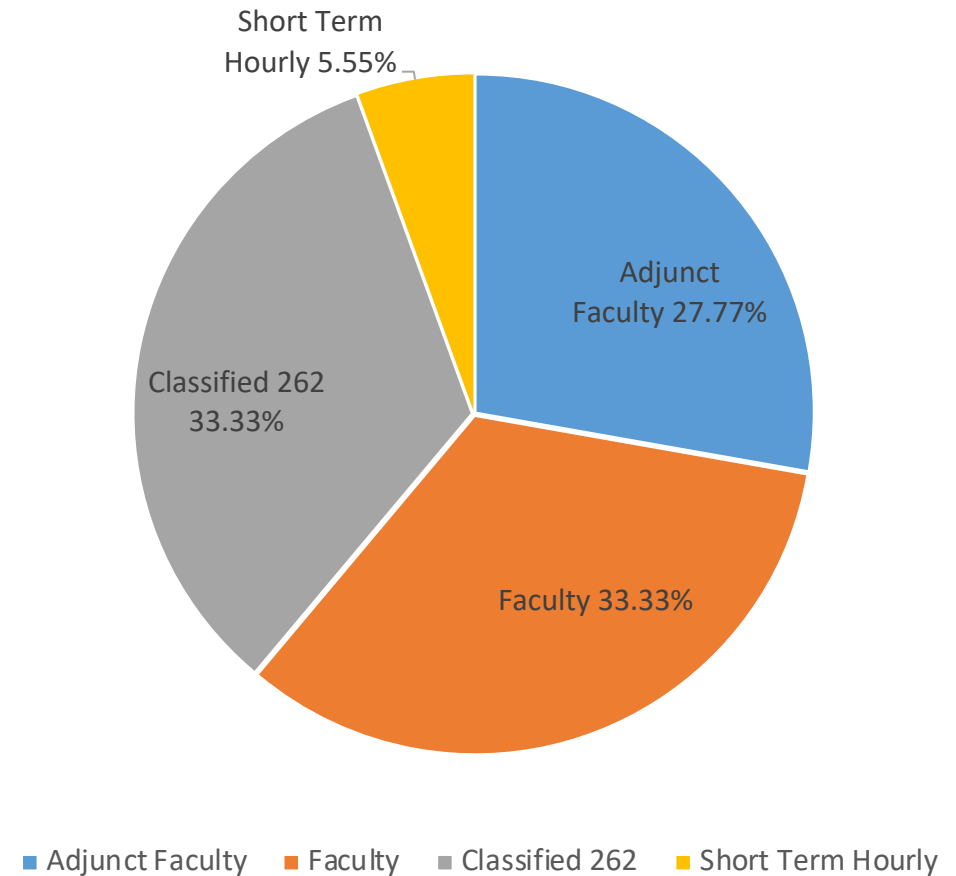
- **11- Employees Attended Outreach Presentations**
  - 1 Outreach Presentation
    - 2 Outreach Presentations were canceled (1 canceled by HR, 1 canceled by Science Division)
- **26- Employees Attended Departmental Workshops**
  - 1 Departmental Workshop
    - 28 people expected, 26 attended
- **28- Employees Made Contact Regarding 1-on-1 Counseling Sessions (via phone, email, ECC website)**
  - 23 Counseling Sessions Scheduled (Initial & Follow-Up Appointments)
    - Out of 23 scheduled appointments, 18 employees attended
- **1- Critical Incident**
  - 1 Employee Death
- **66 Total # of Employees Supported by Mt. SAC ECC Services**

# June 2022

## 1-on-1 Counseling Appointments

- 18 Appointments Attended:

- Adjunct Faculty- 5
- Faculty- 6
- Classified 262- 6
- Short Term Hourly- 1



## May 2022 Data Snapshot

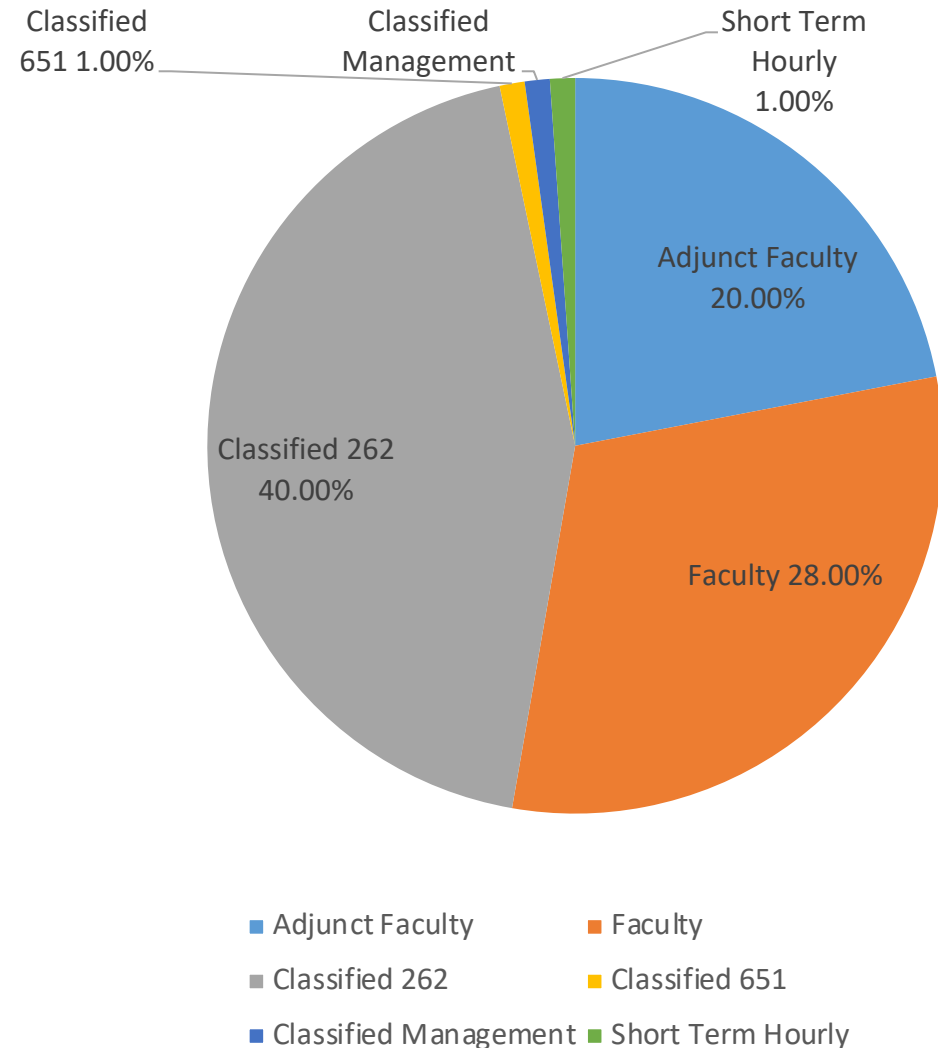
- **514- Employees Attended Outreach Presentations**
  - 3 Outreach Presentations
    - This includes tabling-outreach during CSEW (Classified School Employee Week)
      - Approximately 300 people at the Classy's
      - Approximately 200 people at Goofy Golf BBQ
    - 1 Outreach Presentation was canceled
      - 30 people were expected to attend that presentation
- **9- Employees Attended Departmental Workshops**
  - 1 Departmental Workshop
- **33- Employees Made Contact Regarding 1-on-1 Counseling Sessions** (via phone, email, ECC website)
  - **28** Counseling Sessions Scheduled (Initial & Follow-Up Appointments)
    - Out of 28 scheduled appointments, 25 employees attended
- **6- Employees Registered for Mindful Hour Presentations**
  - Out of 6 registered employees, 4 employees attended
- **1- Critical Incident**
  - Texas School Shooting
    - Campus Announcement email sent out with ECC services
- **2- Organizational Consultations**
- **565 Total # of Employees Supported by Mt. SAC ECC Services**

# May 2022

## 1-on-1 Counseling Appointments

- 25 Appointments Attended:

- Adjunct Faculty- 5
- Faculty- 7
- Classified 262- 10
- Classified 651- 1
- Classified Management- 1
- Short Term Hourly- 1





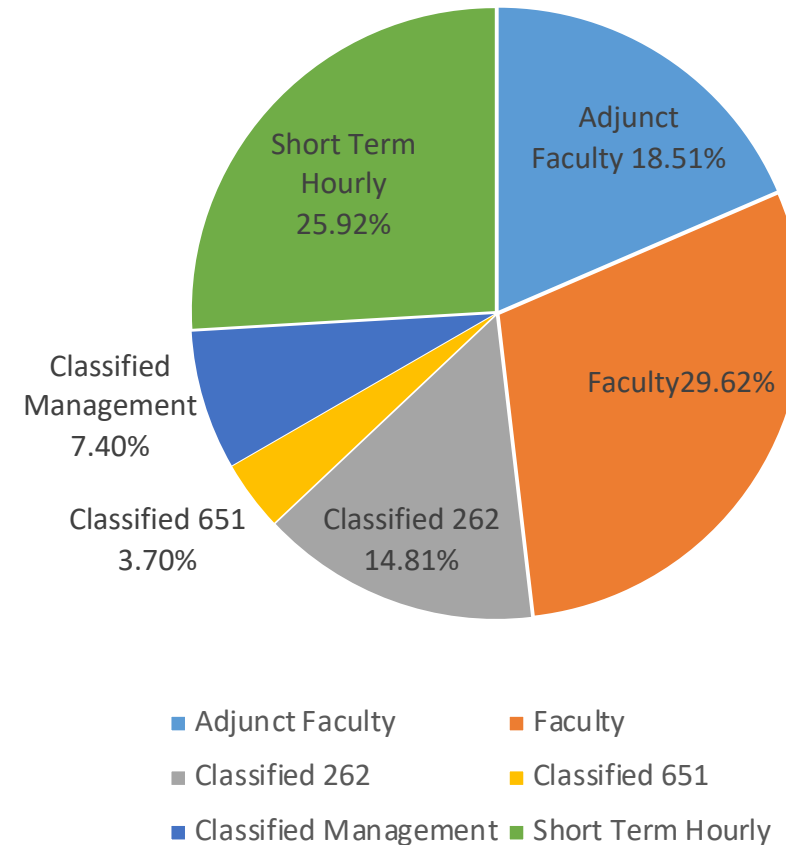
## April 2022 Data Snapshot

- **Outreach Presentation Scheduled**
  - 1 Outreach presentation was canceled
- **43** - Employees Made Contact Regarding **1-on-1 sessions** (via phone, email, ECC website)
  - **34** Counseling Sessions Scheduled (Initial & Follow-Up Appointments)
    - Out of 34 scheduled appointments, 27 employees attended
- **15** - Employees Registered for **Mindful Hour Presentations**
  - Out of 15 registered employees, 8 employees attended
- **2- Organizational Consultations** with Division/Departmental leaders
  - 250 - Projected # of Attendees (out of the 2 combined consultations it was projected that approximately 250 would be invited to participate in Departmental Workshops)
- **0- Critical Incidents**
- **60 Total # of Employees Supported by Mt. SAC ECC Services**

# April 2022 1-on-1 Counseling Appointments

- 27 Appointments Attended:

- Adjunct Faculty- 5
- Faculty- 8
- Classified 262- 4
- Classified 651- 1
- Classified Management- 2
- Short Term Hourly- 7



## March 2022 Data Snapshot

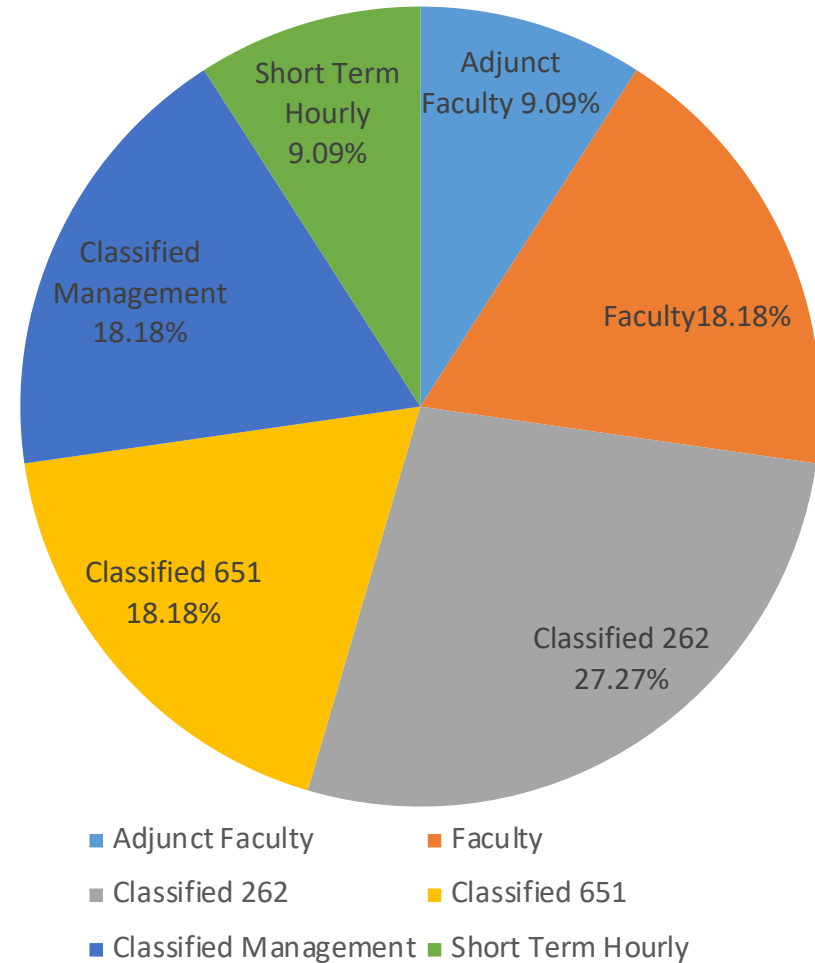
- **75- Employees Attended Outreach Presentations**
  - 3 Outreach presentations
- **24- Employees Attended Departmental Workshops**
  - 2 Departmental Workshops
- **34- Employees Made Contact Regarding 1-on-1 sessions** (via phone, email, ECC website)
  - 18 Counseling Sessions Scheduled (Initial & Follow-Up Appointments)
    - Out of 18 appointments scheduled, 11 employees attended
- **52- Employees Registered for Mindful Hour Presentations**
  - Out of 52 registered employees, 26 employees attended
- **0- Employees Attended Groups**
  - 1 Grief Group (from the March Employee Death)
- **1- Critical Incidents**
  - 1 Employee Death
    - Campus Announcement email sent out with ECC services
    - Direct contact was made with the department affected by the death
- **1- Organizational Consultation**
  - 15- Projected # of Attendees (out of the 1 consultation it was projected that 15 employees would be invited to participate in the Departmental Workshop)

**187 Total # of Employees Supported by Mt. SAC ECC Services**

# March 2022 1-on-1 Counseling Appointments

- 11 Appointments Attended:

- Adjunct Faculty- 1
- Faculty- 2
- Classified 262- 3
- Classified 651- 2
- Classified Management- 2
- Short Term Hourly- 1



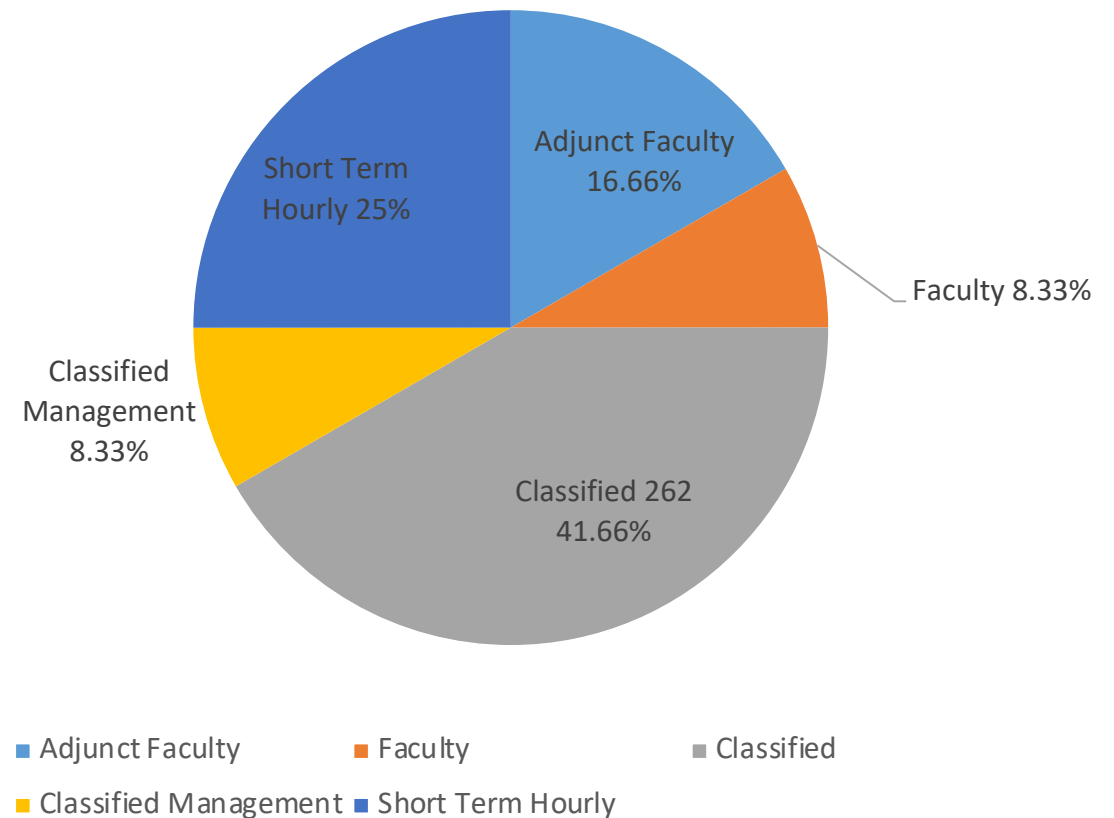
## February 2022 Data Snapshot

- **82- Employees Attended Outreach Presentation**
  - 2 Outreach Presentations
- **48- Employees Attended Departmental Workshops**
  - 3 Departmental Workshops
- **13 - Employees Made Contact Regarding 1-on-1 sessions** (via phone, email, ECC website)
  - **13** Counseling Sessions Scheduled (Initial & Follow-Up Appointments)
    - Out of 13 scheduled appointments, 12 employees attended
- **51 Employees Registered for Mindful Hour Presentations**
  - Out of 51 registered employees, 26 employees attended
- **2- Organizational Consultations** with Division/Departmental leaders
- **196 Total # of Employees Supported by Mt. SAC ECC Services**

# February 2022 1-on-1 Counseling Appointments

- 12 Appointments Attended:

- Adjunct Faculty- 2
- Faculty- 1
- Classified 262- 5
- Classified Management- 1
- Short Term Hourly- 3



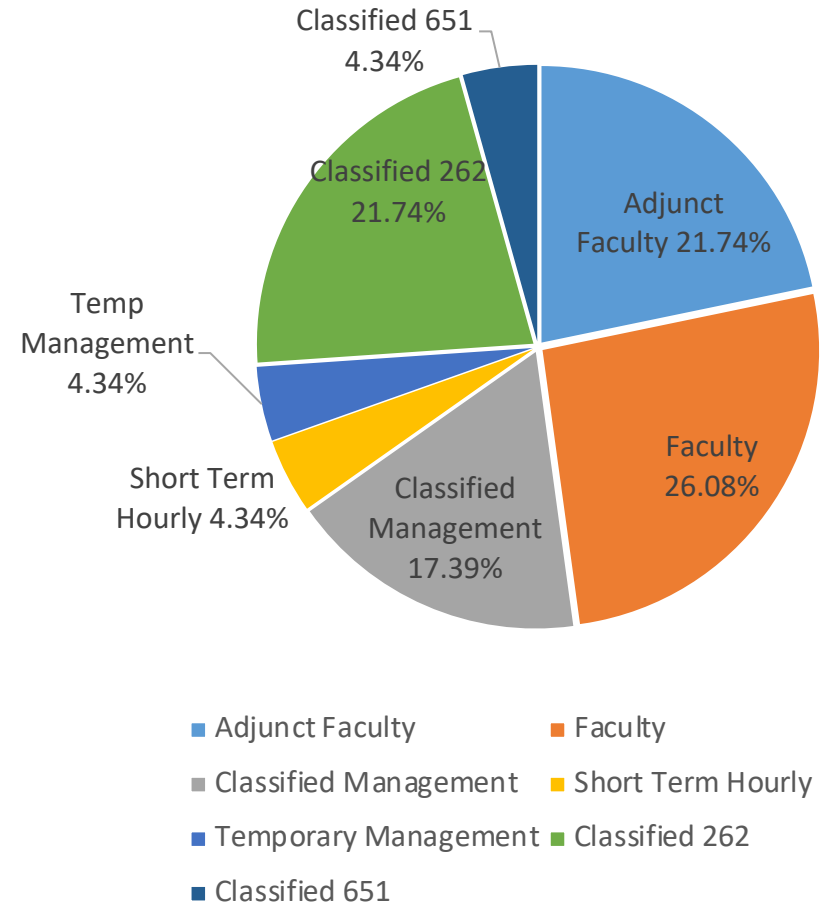
## January 2022 Data Snapshot

- **145** - Employees Attended **Outreach Presentations**
  - 5 Outreach Presentations
- **29** - Employees Made Contact Regarding **1-on-1 sessions** (via phone, email, ECC website)
  - 23 Counseling Sessions Scheduled (Initial & Follow-Up Appointments)
    - Out of 23 scheduled appointments, 23 employees attended
- **21**- Employees Registered for **Mindful Hour Presentations**
  - Out of registered employees, 21 employees attended
- **2** - **Organizational Consultations** with Division/Departmental leaders
- **22** - Employees Attended **Groups**
  - 2 Grief Groups (from December's employee death)
- **1** - **Critical Incident**
  - Bomb threat
- **220 Total # of Employees Supported by Mt. SAC ECC Services**

# January 2022 Appointments

- 23 Appointments:

- Adjunct Faculty- 5
- Faculty- 6
- Classified 262- 5
- Classified 651- 1
- Classified Management- 4
- Short Term Hourly- 1
- Temporary Management- 1





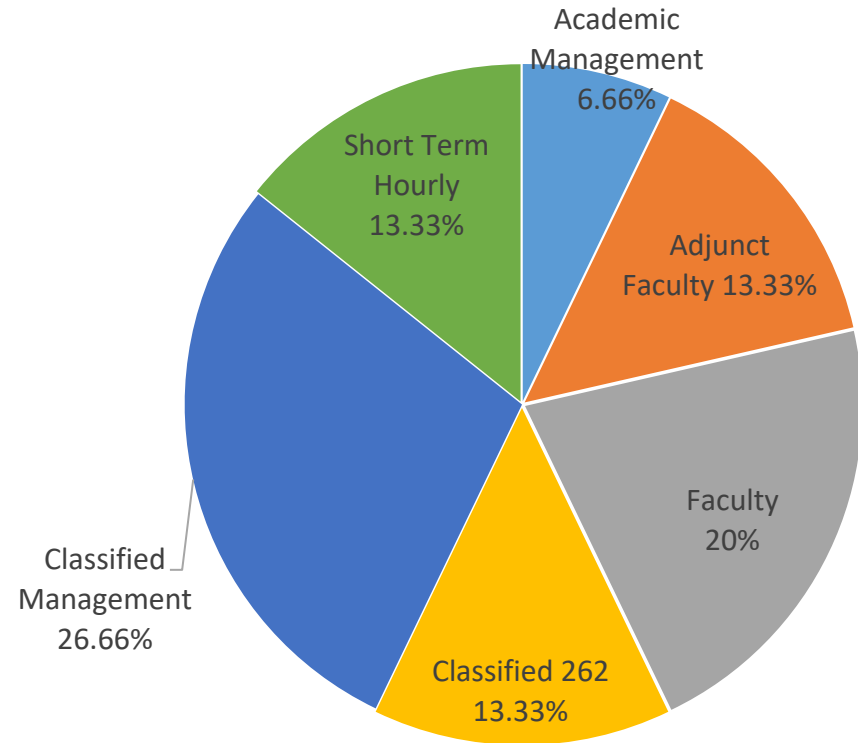
## December 2021 Data Snapshot

- **23** - Employees Attended **Outreach Presentations**
  - 4 Outreach Presentations
- 11 - Employees Made Contact Regarding **1-on-1 sessions** (via phone, email, ECC website)
  - **18**- Counseling Sessions Scheduled (Initial & Follow-Up Appointments)
    - Out of 18 scheduled appointments, 15 employees attended
- **34**- Employees Registered for **Mindful Hour Presentations**
  - Out of 34 registered employees, 10 employees attended
- **1- Critical Incident**
  - 1 Employee Death
    - Campus Announcement email sent out with ECC services
    - Direct contact was made with the department affected by the death
- **76 Total # of Employees Supported by Mt. SAC ECC Services**

# December 2021 Appointments

- 15 Appointments:

- Academic Management- 1
- Adjunct Faculty- 2
- Faculty- 3
- Classified 262- 2
- Classified Management- 4
- Short Term Hourly- 3



■ Academic Management ■ Adjunct Faculty  
■ Faculty ■ Classified  
■ Classified Management ■ Short Term Hourly

## November 2021 Data Snapshot

- **105 - Employees Attended Outreach Presentation**
  - 8 Outreach Presentations
- **32 - Employees Made Contact Regarding 1-on-1 sessions** (via phone, email, ECC website)
  - **27 - Counseling Sessions Scheduled** (Initial & Follow-Up Appointments)
    - Out of 27 scheduled appointments, 23 employees attended
- **23- Employees Registered for Mindful Hour Presentations**
  - Out of 23 registered employees, 23 employees attended
- **5 - Organizational Consultations** with Division/Departmental leaders
- **1 - Critical Incident**
  - False active shooter
    - Clinicians were available & involved in CI
- **166 Total # of Employees Supported by Mt. SAC ECC Services**

# November 2021 Appointments

- 23 Appointments:

- Adjunct Faculty- 3
- Faculty- 6
- Classified 262- 10
- Classified Management- 2
- Confidential- 1
- Short Term Hourly- 1

